

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	LE A	XR	LE B	XR	XR	XR	LE B	XR	LE A	XR	XR	XR	XR	LE C	XR	XR	XR	LE D
Reading (RDG) 7 d																		
Twyford (TWY) 3 d																		
Maidenhead (MAI) 3 d												0513				0527		
Taplow (TAP) d												0516				0530		
Burnham (BNM) d												0519				0533		
Slough (SLO) 3 d												0523				0538		
Langley (LNY) d												0526				0542		
Iver (IVR) d												0529				0544		
West Drayton (WDT) d												0531				0547		
Heathrow Terminal 5 (HWV) 7 d								0515										
Heathrow Terminal 4 (HAF) 7 d													0530					
Heathrow Terminals 2 & 3 (HXX) 7 d								0521					0536					
Hayes & Harlington (HAY) 3 d								0527			0536		0542			0552		
Southall (STL) d								0530			0540		0545			0556		
Hanwell (HAN) d								0533					0548					
West Ealing (WEA) 3 d								0535					0550					
Ealing Broadway (EAL) 3 d								0538			0546		0552			0601		
Acton Main Line (AML) d								0540					0555					
London Paddington EL (PAD) 15 d						0545		0549		0552	0556	0600	0604		0607	0610	0613	
Bond Street (BDS) d						0548		0552		0555	0559	0603	0607		0610	0613	0616	
Tottenham Court Road (TCR) d						0550		0554		0557	0601	0605	0609		0612	0615	0618	
Farringdon (ZFD) 3 d						0553		0557		0600	0604	0608	0612		0615	0618	0621	
London Liverpool Street EL (LST) 4 d						0556		0600		0603	0607	0611	0615		0618	0621	0624	
London Liverpool Street (LST) 15 d	0523	0524	0536	0539	0554		0600		0602					0617				0630
Whitechapel (ZLW) d						0559		0603		0605	0610	0613	0618		0620	0624	0626	
Canary Wharf (CWX) DLR d						0603		0607			0614		0622			0628		
Custom House (CUS) d						0606		0611			0618		0625			0632		
Woolwich (WWC) d						0610		0615			0622		0629			0636		
Abbey Wood (ABW) a						0616		0621			0628		0635			0642		
Stratford (SRA) 7 d	0530	0531	0543	0546	0601		0607		0609	0611		0619		0624	0626		0632	0637
Maryland (MYL) d		0533		0548	0603					0613		0621			0628		0634	
Forest Gate (FOG) d		0535		0550	0605					0615		0623			0630		0636	
Manor Park (MNP) d		0538		0553	0608					0618		0626			0633		0639	
Ilford (IFD) 2 d		0540		0555	0610					0620		0628			0635		0641	
Seven Kings (SVK) d		0543		0558	0613					0623		0631			0638		0644	
Goodmayes (GMY) d		0545		0600	0615					0625		0633			0640		0646	
Chadwell Heath (CTH) d		0547		0602	0617					0627		0635			0642		0648	
Romford (RMF) d	0538	0551		0606	0621					0631		0639			0646		0652	
Gidea Park (GDP) 2 d		0554		0609	0624					0634		0642			0649		0655	
Harold Wood (HRO) d		0557		0612	0627					0637		0645			0652		0658	
Brentwood (BRE) d		0601		0616	0631					0641		0649			0656		0702	
Shenfield (SNF) 3 a	0547	0607	0601	0622	0637		0623		0625	0647		0655		0639	0703		0709	0652

Times shown at London Paddington EL and London Liverpool Street EL are at the Elizabeth Line lower level platforms. All other times are from the Mainline platforms

For the complete service between Reading, Heathrow Airport and London Paddington, see table 116

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A To Clacton-on-Sea
B To Southend Victoria
C To Braintree
D To Harwich Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	XR	LE B	XR	XR	XR	XR	LE E	XR	XR	LE B	XR	XR	XR	XR	LE F	XR	XR	XR
Reading (RDG)	7 d										0545							
Twyford (TWY)	3 d										0551							
Maidenhead (MAI)	3 d				0543						0558							0613
Taplow (TAP)	d				0546						0601							0616
Burnham (BNM)	d				0549						0604							0619
Slough (SLO)	3 d				0553						0608							0623
Langley (LNY)	d				0556						0612							0626
Iver (IVR)	d				0559						0614							0629
West Drayton (WDT)	d				0602						0617							0633
Heathrow Terminal 5 (HWV)	7 d			0546													0620	
Heathrow Terminal 4 (HAF)	7 d							0600								0615		
Heathrow Terminals 2 & 3 (HXX)	7 d			0551				0606								0621	0625	
Hayes & Harlington (HAY)	3 d			0557		0607		0612			0621					0628	0632	0638
Southall (STL)	d			0600		0612		0615			0625					0631		0642
Hanwell (HAN)	d			0603				0618								0635		
West Ealing (WEA)	3 d			0605				0620								0637	0639	
Ealing Broadway (EAL)	3 d			0607		0616		0622			0629					0639	0642	0648
Acton Main Line (AML)	d			0610				0625								0642		
London Paddington EL (PAD)	15 d	0616		0619	0623	0626	0630	0633	0636		0639	0642	0645	0648		0651	0654	0657
Bond Street (BDS)	d	0619		0622	0626	0629	0633	0636	0639		0642	0645	0648	0651		0654	0657	0700
Tottenham Court Road (TCR)	d	0621		0624	0628	0631	0635	0638	0641		0644	0647	0650	0653		0656	0659	0702
Farringdon (ZFD)	3 d	0624		0627	0631	0634	0638	0641	0644		0647	0650	0653	0656		0659	0702	0705
London Liverpool Street EL (LST)	4 d	0627		0630	0634	0637	0641	0644	0647		0650	0653	0656	0659		0702	0705	0708
London Liverpool Street (LST)	15 d		0635				0644			0650					0704			
Whitechapel (ZLW)	d	0629		0633	0636	0640	0643		0647	0649		0653	0655	0659	0701		0705	0707
Canary Wharf (CWX)	DLR			0637		0644			0651			0657		0703			0709	0715
Custom House (CUS)	d			0641		0648			0654			0700		0706			0712	0718
Woolwich (WWC)	d			0646		0652			0658			0704		0710			0716	0722
Abbey Wood (ABW)	a			0651		0658			0704			0710		0716			0722	0728
Stratford (SRA)	7 d	0637	0642		0642		0649	0651		0655	0658		0701		0707	0711		0713
Maryland (MYL)	d	0639			0645		0651			0657			0703		0709			0715
Forest Gate (FOG)	d	0641			0647		0653			0659			0705		0711			0717
Manor Park (MNP)	d	0644			0649		0656			0702			0708		0714			0720
Ilford (IFD)	2 d	0646			0652		0658			0704			0710		0716			0722
Seven Kings (SVK)	d	0649			0655		0701			0707			0713		0719			0725
Goodmayes (GMY)	d	0651			0657		0703			0709			0715		0721			0727
Chadwell Heath (CTH)	d	0653			0659		0705			0711			0717		0723			0729
Romford (RMF)	d	0657	0650		0702		0709	0659		0715			0721		0727			0733
Gidea Park (GDP)	2 d	0700			0705		0712			0718			0724		0730			0736
Harold Wood (HRO)	d	0703			0708		0715			0721			0727		0733			0739
Brentwood (BRE)	d	0707			0713		0719			0725			0731		0737			0743
Shenfield (SNF)	3 a	0713	0659		0720		0725	0708		0733	0714		0739		0745	0726		0750

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

B To Southend Victoria
E To Witham
F To Ipswich

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	XR	LE B	LE A	XR	XR	XR	XR	XR	XR	LE B	XR	XR	LE G	XR	XR	LE C	XR	XR
Reading (RDG)	7 d					0614		0624										
Twyford (TWY)	3 d					0619		0629										
Maidenhead (MAI)	3 d					0626		0636						0643				
Taplow (TAP)	d					0629								0646				
Burnham (BNM)	d					0632		0641						0649				
Slough (SLO)	3 d					0636		0645						0653				
Langley (LNY)	d					0640								0656				
Iver (IVR)	d					0642								0659				
West Drayton (WDT)	d					0645		0651						0702				
Heathrow Terminal 5 (HWV)	⊖← d				0630						0645		0650				0700	
Heathrow Terminal 4 (HAF)	⊖← d				0636						0651	0655					0706	
Heathrow Terminals 2 & 3 (HXX)	⊖← d				0642		0650				0657	0702		0707			0712	
Hayes & Harlington (HAY)	3 d				0645		0654				0700			0710			0715	
Southall (STL)	d				0648						0703						0718	
Hanwell (HAN)	d				0650						0705	0710					0720	
West Ealing (WEA)	3 d				0652		0659		0704		0707	0713		0716			0722	
Ealing Broadway (EAL)	⊖ 3 d				0655						0710						0725	
Acton Main Line (AML)	d				0700						0721	0724		0727	0730		0733	0736
London Paddington EL (PAD)	⊖ 15 d	0700			0703	0706	0709	0712	0715	0718		0721	0724		0727	0730		0733
Bond Street (BDS)	⊖ d	0703			0706	0709	0712	0715	0718	0721		0724	0727		0730	0733		0736
Tottenham Court Road (TCR)	⊖ d	0705			0708	0711	0714	0717	0720	0723		0726	0729		0732	0735		0738
Farringdon (ZFD)	⊖ 3 d	0708			0711	0714	0717	0720	0723	0726		0729	0732		0735	0738		0741
London Liverpool Street EL (LST)	⊖ 4 d	0711			0714	0717	0720	0723	0726	0729		0732	0735		0738	0741		0744
London Liverpool Street (LST)	⊖ 15 d		0713	0716							0733		0736				0746	
Whitechapel (ZLW)	⊖ d	0713			0717	0719	0723	0725	0729	0731		0735	0737		0741	0743		0747
Canary Wharf (CWX)	⊖ d				0721		0727		0733			0739			0745			0751
Custom House (CUS)	d				0724		0732		0737			0743			0748			0754
Woolwich (WWC)	d				0728		0737		0742			0747			0752			0758
Abbey Wood (ABW)	a				0734		0741		0747			0753			0758			0804
Stratford (SRA)	⊖ DLR 7 d	0719	0720	0724		0725		0731		0737	0741		0743	0745		0749	0754	0755
Maryland (MYL)	d	0721				0727		0733		0739			0745			0751		0757
Forest Gate (FOG)	d	0723				0729		0735		0741			0747			0753		0759
Manor Park (MNP)	d	0726				0732		0738		0744			0750			0756		0802
Ilford (IFD)	2 d	0728				0734		0740		0746			0752			0758		0804
Seven Kings (SVK)	d	0731				0737		0743		0749			0755			0801		0807
Goodmayes (GMY)	d	0733				0739		0745		0751			0757			0803		0809
Chadwell Heath (CTH)	d	0735				0741		0747		0753			0759			0805		0811
Romford (RMF)	d	0739				0745		0751		0757			0803			0809		0815
Gidea Park (GDP)	2 d	0742				0748		0754		0800			0806			0813		0818
Harold Wood (HRO)	d	0745				0751		0757		0803			0809			0816		0821
Brentwood (BRE)	d	0749				0755		0801		0807			0813			0820		0825
Shenfield (SNF)	3 a	0757	0735	0740		0803		0809		0815	0757		0821	0800		0826	0810	0831

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A To Clacton-on-Sea
B To Southend Victoria
C To Braintree
G To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	XR	XR	LE B	XR	XR	LE F	XR	XR	XR	XR	XR	XR	LE B	LE A	XR	XR	XR	XR
Reading (RDG)	7 d	0644		0654													0714	
Twyford (TWY)	3 d	0649		0659													0719	
Maidenhead (MAI)	3 d	0657		0706								0713					0726	
Taplow (TAP)	d	0700										0716					0729	
Burnham (BNM)	d	0703		0711								0719					0732	
Slough (SLO)	3 d	0707		0715								0723					0736	
Langley (LNY)	d	0710										0726					0740	
Iver (IVR)	d	0713										0729					0742	
West Drayton (WDT)	d	0717		0721								0732					0745	
Heathrow Terminal 5 (HWV)	⊖← d									0720								
Heathrow Terminal 4 (HAF)	⊖← d					0715									0730			
Heathrow Terminals 2 & 3 (HXX)	⊖← d					0721				0725					0736			
Hayes & Harlington (HAY)	3 d	0721				0727				0733	0737				0742		0750	
Southall (STL)	d	0725				0730				0736	0742				0745		0754	
Hanwell (HAN)	d					0733				0739					0748			
West Ealing (WEA)	3 d					0735				0741					0750			
Ealing Broadway (EAL)	⊖ 3 d	0729		0734		0738				0744	0748				0752		0759	
Acton Main Line (AML)	d					0740				0746					0755			
London Paddington EL (PAD)	⊖ 15 d	0739	0741	0744	0746	0749	0751	0754	0756	0759	0801				0804	0806	0809	0811
Bond Street (BDS)	⊖ d	0742	0744	0747	0749	0752	0754	0757	0759	0802	0804				0807	0809	0812	0814
Tottenham Court Road (TCR)	⊖ d	0744	0747	0749	0752	0754	0757	0759	0802	0804	0807				0809	0812	0814	0817
Farringdon (ZFD)	⊖ 3 d	0747	0749	0752	0754	0757	0759	0802	0804	0807	0809				0812	0814	0817	0819
London Liverpool Street EL (LST)	⊖ 4 d	0749	0752	0754	0757	0759	0802	0804	0807	0809	0812				0814	0817	0819	0822
London Liverpool Street (LST)	⊖ 15 d			0753		0802						0812	0816					
Whitechapel (ZLW)	⊖ d	0752	0754	0757	0759		0802	0804	0807	0809	0812	0814			0817	0819	0822	0824
Canary Wharf (CWX)	DLR d	0756		0801			0806		0811		0816				0821		0826	
Custom House (CUS)	d	0759		0804			0809		0814		0819				0824		0829	
Woolwich (WWC)	d	0803		0808			0813		0818		0823				0828		0833	
Abbey Wood (ABW)	a	0809		0814			0819		0824		0829				0834		0839	
Stratford (SRA)	⊖ DLR 7 d		0800	0801		0805	0810		0810		0815		0820	0821	0824		0825	0830
Maryland (MYL)	d		0802			0807			0812		0817		0822				0827	0832
Forest Gate (FOG)	d		0804			0809			0814		0819		0824				0829	0834
Manor Park (MNP)	d		0807			0812			0817		0822		0827				0832	0837
Ilford (IFD)	2 d		0809			0814			0819		0824		0829				0834	0839
Seven Kings (SVK)	d		0812			0817			0822		0827		0832				0837	0842
Goodmayes (GMY)	d		0814			0819			0824		0829		0834				0839	0844
Chadwell Heath (CTH)	d		0816			0821			0826		0831		0836				0841	0846
Romford (RMF)	d		0820	0810		0825			0830		0835		0840				0845	0850
Gidea Park (GDP)	2 d		0823			0828			0833		0838		0843				0848	0853
Harold Wood (HRO)	d		0826			0831			0836		0841		0846				0851	0856
Brentwood (BRE)	d		0830			0835			0840		0845		0850				0855	0900
Shenfield (SNF)	3 a		0836	0819		0841	0826		0848		0851		0856	0837	0840		0901	0906

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time
- A To Clacton-on-Sea
B To Southend Victoria
F To Ipswich

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	XR	XR	XR	XR	LE B	LE G	XR	XR	XR	XR	LE C	XR	XR	LE B	XR	XR	XR	XR
Reading (RDG)	7 d	0724													0745		0754	
Twyford (TWY)	3 d	0729													0750		0759	
Maidenhead (MAI)	3 d	0737								0743					0757		0807	
Taplow (TAP)	d									0746					0800			
Burnham (BNM)	d	0741								0749					0803		0811	
Slough (SLO)	3 d	0745								0753					0807		0815	
Langley (LNY)	d									0756					0811			
Iver (IVR)	d									0759					0813			
West Drayton (WDT)	d	0751								0802					0816		0821	
Heathrow Terminal 5 (HWV)	⊖← d							0750										
Heathrow Terminal 4 (HAF)	⊖← d			0745								0800						
Heathrow Terminals 2 & 3 (HXX)	⊖← d			0751				0755				0806						
Hayes & Harlington (HAY)	3 d			0757				0803	0807			0812			0820			
Southall (STL)	d			0800				0806	0810			0815			0824			
Hanwell (HAN)	d			0803				0809				0818						
West Ealing (WEA)	3 d			0805				0811				0820						
Ealing Broadway (EAL)	⊖ 3 d	0802		0808				0814	0817			0822			0828		0832	
Acton Main Line (AML)	d	0804		0810				0816				0825					0834	
London Paddington EL (PAD)	⊖ 15 d	0814	0816	0819	0821			0824	0826	0829	0831		0834	0836		0839	0841	0844
Bond Street (BDS)	⊖ d	0817	0819	0822	0824			0827	0829	0832	0834		0837	0839		0842	0844	0847
Tottenham Court Road (TCR)	⊖ d	0819	0822	0824	0827			0829	0832	0834	0837		0839	0842		0844	0847	0849
Farringdon (ZFD)	⊖ 3 d	0822	0824	0827	0829			0832	0834	0837	0839		0842	0844		0847	0849	0852
London Liverpool Street EL (LST)	⊖ 4 d	0824	0827	0829	0832			0834	0837	0839	0842		0844	0847		0849	0852	0854
London Liverpool Street (LST)	⊖ 15 d					0833	0836					0846		0853				
Whitechapel (ZLW)	⊖ d	0827	0829	0832	0834			0837	0839	0842	0844		0847	0849		0852	0854	0857
Canary Wharf (CWX)	DLR d	0831		0836				0841		0846			0851			0856		0901
Custom House (CUS)	d	0834		0839				0844		0849			0854			0859		0904
Woolwich (WWC)	d	0838		0843				0848		0853			0858			0904		0909
Abbey Wood (ABW)	a	0844		0849				0854		0859			0904			0910		0915
Stratford (SRA)	⊖ DLR 7 d		0835		0840	0841	0844		0845		0850	0854		0855	0900		0900	0905
Maryland (MYL)	d		0837		0842				0847		0852			0857			0902	0907
Forest Gate (FOG)	d		0839		0844				0849		0854			0859			0904	0909
Manor Park (MNP)	d		0842		0847				0852		0857			0902			0907	0912
Ilford (IFD)	2 d		0844		0849				0854		0859			0904			0909	0914
Seven Kings (SVK)	d		0847		0852				0857		0902			0907			0912	0917
Goodmayes (GMY)	d		0849		0854				0859		0904			0909			0914	0919
Chadwell Heath (CTH)	d		0851		0856				0901		0906			0911			0916	0921
Romford (RMF)	d		0855		0900				0905		0910			0915	0908		0920	0925
Gidea Park (GDP)	2 d		0858		0903				0908		0913			0918			0923	0928
Harold Wood (HRO)	d		0901		0906				0911		0916			0921			0926	0931
Brentwood (BRE)	d		0905		0910				0915		0920			0925			0930	0935
Shenfield (SNF)	3 a		0911		0916	0857	0900		0921		0926	0910		0931	0917		0936	0941

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time
- B To Southend Victoria
C To Braintree
G To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	LE F	XR	XR	XR	XR	LE B	XR	XR	LE A	XR	XR	XR	XR	XR	XR	LE B	LE G	XR
Reading (RDG)	7 d												0813		0824			
Twyford (TWY)	3 d												0818		0829			
Maidenhead (MAI)	3 d						0813						0825		0836			
Taplow (TAP)	d						0816						0828					
Burnham (BNM)	d						0819						0831		0841			
Slough (SLO)	3 d						0823						0836		0845			
Langley (LNY)	d						0826						0840					
Iver (IVR)	d						0829						0842					
West Drayton (WDT)	d						0831						0845		0851			
Heathrow Terminal 5 (HWV)	7 d				0820													0845
Heathrow Terminal 4 (HAF)	7 d		0815							0830								0845
Heathrow Terminals 2 & 3 (HXX)	7 d		0821		0825					0836								0851
Hayes & Harlington (HAY)	3 d		0827		0832		0835			0842		0850						0857
Southall (STL)	d		0830		0835		0840			0845		0854						0900
Hanwell (HAN)	d		0833		0838					0848								0904
West Ealing (WEA)	3 d		0835		0842					0850								0906
Ealing Broadway (EAL)	3 d		0837		0845		0848			0852		0858		0904				0909
Acton Main Line (AML)	d		0840		0847					0855								0911
London Paddington EL (PAD)	15 d		0849	0851	0854	0856		0859	0901		0904	0906	0909	0912	0915	0918		0921
Bond Street (BDS)	d		0852	0854	0857	0859		0902	0904		0907	0909	0912	0915	0918	0921		0924
Tottenham Court Road (TCR)	d		0854	0857	0859	0902		0904	0907		0909	0912	0914	0917	0920	0923		0926
Farringdon (ZFD)	3 d		0857	0859	0902	0904		0907	0909		0912	0914	0917	0920	0923	0926		0929
London Liverpool Street EL (LST)	4 d		0859	0902	0904	0907		0909	0912		0914	0917	0920	0923	0926	0929		0932
London Liverpool Street (LST)	15 d	0902				0913			0918							0933	0936	
Whitechapel (ZLW)	d		0902	0904	0907	0909		0912	0914		0917	0919	0923	0925	0929	0931		0935
Canary Wharf (CWX)	d		0906		0911			0916			0921		0927		0933			0939
Custom House (CUS)	d		0909		0914			0919			0924		0930		0936			0942
Woolwich (WWC)	d		0913		0918			0923			0928		0934		0940			0946
Abbey Wood (ABW)	a		0919		0924			0929			0934		0940		0946			0952
Stratford (SRA)	7 d	0909		0910		0915	0920		0920	0925		0925		0931		0937	0940	0943
Maryland (MYL)	d			0912		0917			0922			0927		0933		0939		
Forest Gate (FOG)	d			0914		0919			0924			0929		0935		0941		
Manor Park (MNP)	d			0917		0922			0927			0932		0938		0944		
Ilford (IFD)	2 d			0919		0924			0929			0934		0940		0946		
Seven Kings (SVK)	d			0922		0927			0932			0937		0943		0949		
Goodmayes (GMY)	d			0924		0929			0934			0939		0945		0951		
Chadwell Heath (CTH)	d			0926		0931			0936			0941		0947		0953		
Romford (RMF)	d			0930		0935	0928		0940			0945		0951		0957		
Gidea Park (GDP)	2 d			0933		0938			0943			0948		0955		1000		
Harold Wood (HRO)	d			0936		0941			0946			0951		0958		1003		
Brentwood (BRE)	d			0940		0945			0950			0955		1002		1007		
Shenfield (SNF)	3 a	0924		0946		0953	0937		0957	0941		1001		1007		1013	0955	0958

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
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Mondays to Fridays

Operator Days of operation/Notes	XR	XR	XR	LE C	XR	XR	LE B	XR	XR	XR	XR	LE F	XR	XR	XR	XR	LE B	LE A
Reading (RDG) 7 d								0845								0858		
Twyford (TWY) 3 d								0850								0904		
Maidenhead (MAI) 3 d		0843						0857								0914		
Taplow (TAP) d		0846						0901								0917		
Burnham (BNM) d		0849						0904								0920		
Slough (SLO) 3 d		0853						0908								0924		
Langley (LNY) d		0856						0912								0927		
Iver (IVR) d		0859						0914								0930		
West Drayton (WDT) d		0902						0917								0933		
Heathrow Terminal 5 (HWV) 7 d	0850													0920				
Heathrow Terminal 4 (HAF) 7 d					0900								0915					
Heathrow Terminals 2 & 3 (HXX) 7 d	0855				0906								0921	0925				
Hayes & Harlington (HAY) 3 d	0902	0907			0912			0922					0927	0932	0939			
Southall (STL) d		0910			0915			0925					0930		0942			
Hanwell (HAN) d					0918								0933					
West Ealing (WEA) 3 d	0909				0920								0935	0939				
Ealing Broadway (EAL) 3 d	0912	0917			0922			0930					0937	0941	0947			
Acton Main Line (AML) d					0925								0940					
London Paddington EL (PAD) 15 d	0924	0927	0930		0933	0936		0939	0942	0945	0948		0951	0954	0957	1000		
Bond Street (BDS) d	0927	0930	0933		0936	0939		0942	0945	0948	0951		0954	0957	1000	1003		
Tottenham Court Road (TCR) d	0929	0932	0935		0938	0941		0944	0947	0950	0953		0956	0959	1002	1005		
Farringdon (ZFD) 3 d	0932	0935	0938		0941	0944		0947	0950	0953	0956		0959	1002	1005	1008		
London Liverpool Street EL (LST) 4 d	0935	0938	0941		0944	0947		0950	0953	0956	0959		1002	1005	1008	1011		
London Liverpool Street (LST) 15 d				0948			0950					1002					1013	1018
Whitechapel (ZLW) d	0937	0941	0943		0947	0949		0953	0955	0959	1001		1005	1007	1011	1013		
Canary Wharf (CWX) DLR d		0945			0951			0957		1003			1009		1015			
Custom House (CUS) d		0948			0955			1000		1006			1012		1018			
Woolwich (WWC) d		0952			1000			1004		1010			1016		1022			
Abbey Wood (ABW) a		0958			1005			1010		1016			1022		1028			
Stratford (SRA) 7 d	0943		0949	0955		0955	0958		1001		1007	1009		1013		1019	1020	1025
Maryland (MYL) d	0945		0951			0957			1003		1009			1015		1021		
Forest Gate (FOG) d	0947		0953			0959			1005		1011			1017		1023		
Manor Park (MNP) d	0950		0956			1002			1008		1014			1020		1026		
Ilford (IFD) 2 d	0952		0958			1004			1010		1016			1022		1028		
Seven Kings (SVK) d	0955		1001			1007			1013		1019			1025		1031		
Goodmayes (GMY) d	0957		1003			1009			1015		1021			1027		1033		
Chadwell Heath (CTH) d	0959		1005			1011			1017		1023			1029		1035		
Romford (RMF) d	1003		1009			1015	1007		1021		1027			1033		1039	1028	
Gidea Park (GDP) 2 d	1006		1012			1018			1025		1030			1036		1042		
Harold Wood (HRO) d	1009		1015			1021			1028		1033			1039		1045		
Brentwood (BRE) d	1013		1019			1025			1032		1037			1043		1049		
Shenfield (SNF) 3 a	1019		1025	1011		1031	1016		1037		1044	1024		1049		1055	1039	1041

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Mondays to Fridays

Operator Days of operation/Notes	XR	XR	XR	XR	LE B	XR	XR	LE G	XR	XR	LE C	XR	XR	LE B	XR	XR	LE F	XR
Reading (RDG)	7 d		0916						0928									
Twyford (TWY)	3 d		0921						0933									
Maidenhead (MAI)	3 d		0928						0940					1000				
Taplow (TAP)	d		0931						0943									
Burnham (BNM)	d		0934						0946					1004				
Slough (SLO)	3 d		0938						0950					1008				
Langley (LNY)	d		0942						0954					1012				
Iver (IVR)	d		0944						0957					1014				
West Drayton (WDT)	d		0947						1000					1017				
Heathrow Terminal 5 (HWV)	7 d						0950											
Heathrow Terminal 4 (HAF)	7 d	0930				0945					1000							1015
Heathrow Terminals 2 & 3 (HXX)	7 d	0936				0951	0955				1006							1021
Hayes & Harlington (HAY)	3 d	0942		0951		0958	1002		1005		1012			1022				1027
Southall (STL)	d	0945		0954		1001			1008		1015			1025				1030
Hanwell (HAN)	d	0948				1004					1018							1033
West Ealing (WEA)	3 d	0950				1006	1009				1020							1035
Ealing Broadway (EAL)	3 d	0952		0959		1008	1011		1015		1022			1030				1037
Acton Main Line (AML)	d	0955				1011					1025							1040
London Paddington EL (PAD)	15 d	1004	1007	1011	1015	1019	1022		1026	1030		1034	1037		1041	1045		1049
Bond Street (BDS)	d	1007	1010	1014	1018	1022	1025		1029	1033		1037	1040		1044	1048		1052
Tottenham Court Road (TCR)	d	1009	1012	1016	1020	1024	1027		1031	1035		1039	1042		1046	1050		1054
Farringdon (ZFD)	3 d	1012	1015	1019	1023	1027	1030		1034	1038		1042	1045		1049	1053		1057
London Liverpool Street EL (LST)	4 d	1015	1018	1022	1026	1030	1033		1037	1041		1045	1048		1052	1056		1100
London Liverpool Street (LST)	15 d				1033			1036			1048			1050			1102	
Whitechapel (ZLW)	d	1018	1020	1025	1028	1033	1035		1040	1043		1048	1050		1055	1058		1103
Canary Wharf (CWX)	DLR d	1022		1029		1037			1044			1052			1059			1107
Custom House (CUS)	d	1026		1033		1041			1048			1056			1103			1111
Woolwich (WWC)	d	1030		1037		1045			1052			1100			1107			1115
Abbey Wood (ABW)	a	1036		1043		1051			1058			1106			1113			1121
Stratford (SRA)	7 d		1026		1034	1040		1043		1049	1055		1056	1058		1104	1109	
Maryland (MYL)	d		1028		1036			1043		1051			1058			1106		
Forest Gate (FOG)	d		1030		1038			1045		1053			1100			1108		
Manor Park (MNP)	d		1033		1041			1048		1056			1103			1111		
Ilford (IFD)	2 d		1035		1043			1050		1058			1105			1113		
Seven Kings (SVK)	d		1038		1046			1053		1101			1108			1116		
Goodmayes (GMY)	d		1040		1048			1055		1103			1110			1118		
Chadwell Heath (CTH)	d		1042		1050			1057		1105			1112			1120		
Romford (RMF)	d		1046		1054			1101		1109			1116	1107		1124		
Gidea Park (GDP)	2 d		1049		1057			1104		1112			1119			1127		
Harold Wood (HRO)	d		1052		1100			1107		1115			1122			1130		
Brentwood (BRE)	d		1056		1104			1111		1119			1126			1134		
Shenfield (SNF)	3 a		1102		1110	1055		1117	1058	1125	1111		1132	1116		1140	1124	

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Operator Days of operation/Notes	XR	XR	XR	LE B	LE A	XR	XR	XR	XR	LE B	XR	XR	LE G	XR	XR	LE C	XR	XR
Reading (RDG)	7 d	0958												1029				
Twyford (TWY)	3 d	1003												1034				
Maidenhead (MAI)	3 d	1010						1030						1041				
Taplow (TAP)	d	1013												1044				
Burnham (BNM)	d	1016						1035						1047				
Slough (SLO)	3 d	1020						1039						1051				
Langley (LNY)	d	1024						1043						1055				
Iver (IVR)	d							1045										
West Drayton (WDT)	d	1029						1048						1100				
Heathrow Terminal 5 (HWV)	7 d	1020										1050						
Heathrow Terminal 4 (HAF)	7 d					1030					1045						1100	
Heathrow Terminals 2 & 3 (HXX)	7 d	1025				1036					1051	1055					1106	
Hayes & Harlington (HAY)	3 d	1032	1035			1042		1052			1057	1102		1105			1112	
Southall (STL)	d		1038			1045		1055			1100			1108			1115	
Hanwell (HAN)	d					1048					1103						1118	
West Ealing (WEA)	3 d	1039				1050					1105	1109					1120	
Ealing Broadway (EAL)	3 d	1041	1045			1052		1101			1107	1111		1115			1122	
Acton Main Line (AML)	d					1055					1110						1125	
London Paddington EL (PAD)	15 d	1052	1056	1100		1104	1107	1111	1115		1119	1122		1126	1130		1134	1137
Bond Street (BDS)	d	1055	1059	1103		1107	1110	1114	1118		1122	1125		1129	1133		1137	1140
Tottenham Court Road (TCR)	d	1057	1101	1105		1109	1112	1116	1120		1124	1127		1131	1135		1139	1142
Farringdon (ZFD)	3 d	1100	1104	1108		1112	1115	1119	1123		1127	1130		1134	1138		1142	1145
London Liverpool Street EL (LST)	4 d	1103	1107	1111		1115	1118	1122	1126		1130	1133		1137	1141		1145	1148
London Liverpool Street (LST)	15 d				1113	1118				1133			1136			1148		
Whitechapel (ZLW)	d	1105	1110	1113		1118	1120	1125	1128		1133	1135		1140	1143		1148	1150
Canary Wharf (CWX)	DLR d		1114			1122		1129			1137			1144			1152	
Custom House (CUS)	d		1118			1126		1133			1141			1148			1156	
Woolwich (WWC)	d		1122			1130		1137			1145			1152			1200	
Abbey Wood (ABW)	a		1128			1136		1143			1151			1158			1206	
Stratford (SRA)	7 d	1111		1119	1120	1125		1126		1134	1140		1141	1143		1149	1155	1156
Maryland (MYL)	d	1113		1121				1128		1136			1143			1151		1158
Forest Gate (FOG)	d	1115		1123				1130		1138			1145			1153		1200
Manor Park (MNP)	d	1118		1126				1133		1141			1148			1156		1203
Ilford (IFD)	2 d	1120		1128				1135		1143			1150			1158		1205
Seven Kings (SVK)	d	1123		1131				1138		1146			1153			1201		1208
Goodmayes (GMY)	d	1125		1133				1140		1148			1155			1203		1210
Chadwell Heath (CTH)	d	1127		1135				1142		1150			1157			1205		1212
Romford (RMF)	d	1131		1139	1128			1146		1154			1201			1209		1216
Gidea Park (GDP)	2 d	1134		1142				1149		1157			1204			1212		1219
Harold Wood (HRO)	d	1137		1145				1152		1200			1207			1215		1222
Brentwood (BRE)	d	1141		1149				1156		1204			1211			1219		1226
Shenfield (SNF)	3 a	1147		1155	1139	1141		1202		1210	1155		1217	1158		1225	1212	1232

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Operator Days of operation/Notes	LE B	XR	XR	LE F	XR	XR	XR	XR	LE B	LE A	XR	XR	XR	XR	LE B	XR	XR	LE G
Reading (RDG)	7 d						1059											
Twyford (TWY)	3 d						1104											
Maidenhead (MAI)	3 d		1100				1111					1131						
Taplow (TAP)	d						1114											
Burnham (BNM)	d		1104				1117					1135						
Slough (SLO)	3 d		1108				1121					1139						
Langley (LNY)	d		1112				1125					1143						
Iver (IVR)	d		1114									1145						
West Drayton (WDT)	d		1117				1130					1148						
Heathrow Terminal 5 (HWV)	⊖← d					1120											1150	
Heathrow Terminal 4 (HAF)	⊖← d				1115					1130						1145		
Heathrow Terminals 2 & 3 (HXX)	⊖← d				1121	1125				1136						1151	1155	
Hayes & Harlington (HAY)	3 d		1121		1127	1132	1135			1142		1152				1157	1202	
Southall (STL)	d		1124		1131		1138			1145		1155				1200		
Hanwell (HAN)	d				1134					1148						1203		
West Ealing (WEA)	3 d				1136	1139				1150						1205	1209	
Ealing Broadway (EAL)	⊖ 3 d		1131		1138	1141	1144			1152		1201				1207	1212	
Acton Main Line (AML)	d				1141					1155						1210		
London Paddington EL (PAD)	⊖ 15 d		1141	1145		1149	1152	1156	1200		1204	1207	1211	1215		1219	1222	
Bond Street (BDS)	⊖ d		1144	1148		1152	1155	1159	1203		1207	1210	1214	1218		1222	1225	
Tottenham Court Road (TCR)	⊖ d		1146	1150		1154	1157	1201	1205		1209	1212	1216	1220		1224	1227	
Farringdon (ZFD)	⊖ 3 d		1149	1153		1157	1200	1204	1208		1212	1215	1219	1223		1227	1230	
London Liverpool Street EL (LST)	⊖ 4 d		1152	1156		1200	1203	1207	1211		1215	1218	1222	1226		1230	1233	
London Liverpool Street (LST)	⊖ 15 d	1150			1202					1213	1218				1233			1236
Whitechapel (ZLW)	⊖ d		1155	1158		1203	1205	1210	1213		1218	1220	1225	1228		1233	1235	
Canary Wharf (CWX)	DLR d		1159			1207		1214			1222		1229			1237		
Custom House (CUS)	d		1203			1211		1218			1226		1233			1241		
Woolwich (WWC)	d		1207			1215		1222			1230		1237			1245		
Abbey Wood (ABW)	a		1213			1221		1228			1236		1243			1251		
Stratford (SRA)	⊖ DLR 7 d	1158		1204	1209		1211		1219	1221	1225		1226		1234	1240		1243
Maryland (MYL)	d			1206			1213		1221				1228		1236			1243
Forest Gate (FOG)	d			1208			1215		1223				1230		1238			1245
Manor Park (MNP)	d			1211			1218		1226				1233		1241			1248
Ilford (IFD)	2 d			1213			1221		1228				1235		1243			1250
Seven Kings (SVK)	d			1216			1224		1231				1238		1246			1253
Goodmayes (GMY)	d			1218			1226		1233				1240		1248			1255
Chadwell Heath (CTH)	d			1220			1228		1235				1242		1250			1257
Romford (RMF)	d	1207		1224			1231		1239	1229			1246		1254			1301
Gidea Park (GDP)	2 d			1227			1234		1242				1249		1257			1304
Harold Wood (HRO)	d			1230			1237		1245				1252		1300			1307
Brentwood (BRE)	d			1234			1241		1249				1256		1304			1311
Shenfield (SNF)	3 a	1216		1240	1224		1247		1255	1239	1241		1302		1310	1255		1317
																		1258

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A To Clacton-on-Sea
B To Southend Victoria
F To Ipswich
G To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	XR	XR	LE C	XR	XR	LE B	XR	XR	LE F	XR	XR	XR	XR	LE B	LE A	XR	XR	XR
Reading (RDG)	7 d	1129											1159					
Twyford (TWY)	3 d	1134											1204					
Maidenhead (MAI)	3 d	1141					1200						1211					1230
Taplow (TAP)	d	1144											1214					
Burnham (BNM)	d	1147					1204						1217					1234
Slough (SLO)	3 d	1152					1208						1221					1238
Langley (LNY)	d	1156					1212						1225					1242
Iver (IVR)	d						1214											1244
West Drayton (WDT)	d	1201					1217						1230					1247
Heathrow Terminal 5 (HWV)	⊖← d											1220						
Heathrow Terminal 4 (HAF)	⊖← d			1200						1215						1230		
Heathrow Terminals 2 & 3 (HXX)	⊖← d			1206						1221	1225					1236		
Hayes & Harlington (HAY)	3 d	1205		1212			1223			1227	1232	1235				1242		1251
Southall (STL)	d	1208		1215			1226			1230		1239				1245		1254
Hanwell (HAN)	d			1218						1233						1248		
West Ealing (WEA)	3 d			1220						1235	1238					1250		
Ealing Broadway (EAL)	⊖ 3 d	1215		1222			1230			1237	1240	1243				1252		1259
Acton Main Line (AML)	d			1225						1240						1255		
London Paddington EL (PAD)	⊖ 15 d	1226	1230		1234	1237		1241	1245		1249	1252	1256	1300		1304	1307	1311
Bond Street (BDS)	⊖ d	1229	1233		1237	1240		1244	1248		1252	1255	1259	1303		1307	1310	1314
Tottenham Court Road (TCR)	⊖ d	1231	1235		1239	1242		1246	1250		1254	1257	1301	1305		1309	1312	1316
Farringdon (ZFD)	⊖ 3 d	1234	1238		1242	1245		1249	1253		1257	1300	1304	1308		1312	1315	1319
London Liverpool Street EL (LST)	⊖ 4 d	1237	1241		1245	1248		1252	1256		1300	1303	1307	1311		1315	1318	1322
London Liverpool Street (LST)	⊖ 15 d			1248		1250			1302						1313	1318		
Whitechapel (ZLW)	⊖ d	1240	1243		1248	1250		1255	1258		1303	1305	1310	1313		1318	1320	1325
Canary Wharf (CWX)	DLR d	1244			1252			1259			1307		1314			1322		1329
Custom House (CUS)	d	1248			1256			1303			1311		1318			1326		1333
Woolwich (WWC)	d	1252			1300			1307			1315		1322			1330		1337
Abbey Wood (ABW)	a	1258			1306			1313			1321		1328			1336		1343
Stratford (SRA)	⊖ DLR 7 d		1249	1255		1256	1258		1304	1309		1311		1319	1320	1325		1326
Maryland (MYL)	d		1251			1258			1306			1313		1321				1328
Forest Gate (FOG)	d		1253			1300			1308			1315		1323				1330
Manor Park (MNP)	d		1256			1303			1311			1318		1326				1333
Ilford (IFD)	2 d		1258			1305			1313			1320		1328				1335
Seven Kings (SVK)	d		1301			1308			1316			1323		1331				1338
Goodmayes (GMY)	d		1303			1310			1318			1325		1333				1340
Chadwell Heath (CTH)	d		1305			1312			1320			1327		1335				1342
Romford (RMF)	d		1309			1316	1307		1324			1331		1339	1328			1346
Gidea Park (GDP)	2 d		1312			1319			1327			1334		1342				1349
Harold Wood (HRO)	d		1315			1322			1330			1337		1345				1352
Brentwood (BRE)	d		1319			1326			1334			1341		1349				1356
Shenfield (SNF)	3 a		1325	1311		1332	1316		1340	1324		1347		1355	1339	1341		1402

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A To Clacton-on-Sea
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Mondays to Fridays

Operator Days of operation/Notes	XR	LE B	XR	XR	LE G	XR	XR	LE C	XR	XR	LE B	XR	XR	LE F	XR	XR	XR	XR
Reading (RDG) 7 d						1229											1259	
Twyford (TWY) 3 d						1234											1304	
Maidenhead (MAI) 3 d						1241						1300					1311	
Taplow (TAP) d						1244											1314	
Burnham (BNM) d						1247						1304					1317	
Slough (SLO) 3 d						1251						1308					1321	
Langley (LNY) d						1255						1312					1325	
Iver (IVR) d												1314						
West Drayton (WDT) d						1259						1317					1330	
Heathrow Terminal 5 (HWV) 7 d					1250											1320		
Heathrow Terminal 4 (HAF) 7 d			1245						1300						1315			
Heathrow Terminals 2 & 3 (HXX) 7 d			1251	1255					1306						1321	1325		
Hayes & Harlington (HAY) 3 d			1258	1302		1305			1312			1323			1327	1332	1335	
Southall (STL) d			1301			1309			1315			1326			1331		1340	
Hanwell (HAN) d			1304						1318						1334			
West Ealing (WEA) 3 d			1306	1309					1320						1336	1340		
Ealing Broadway (EAL) 3 d			1308	1311		1315			1323			1330			1338	1342	1345	
Acton Main Line (AML) d			1311						1325						1341			
London Paddington EL (PAD) 15 d	1315		1319	1322		1326	1330		1334	1337		1341	1345		1349	1352	1356	1400
Bond Street (BDS) 7 d	1318		1322	1325		1329	1333		1337	1340		1344	1348		1352	1355	1359	1403
Tottenham Court Road (TCR) 7 d	1320		1324	1327		1331	1335		1339	1342		1346	1350		1354	1357	1401	1405
Farringdon (ZFD) 3 d	1323		1327	1330		1334	1338		1342	1345		1349	1353		1357	1400	1404	1408
London Liverpool Street EL (LST) 4 d	1326		1330	1333		1337	1341		1345	1348		1352	1356		1400	1403	1407	1411
London Liverpool Street (LST) 15 d		1333			1336			1348			1350			1402				
Whitechapel (ZLW) 7 d	1328		1333	1335		1340	1343		1348	1350		1355	1358		1403	1405	1410	1413
Canary Wharf (CWX) DLR d			1337			1344			1352			1359			1407		1414	
Custom House (CUS) d			1341			1348			1356			1403			1411		1418	
Woolwich (WWC) d			1345			1352			1400			1407			1415		1422	
Abbey Wood (ABW) a			1351			1358			1406			1413			1421		1428	
Stratford (SRA) 7 d	1334	1340		1341	1343		1349	1355		1356	1358		1404	1409		1411		1419
Maryland (MYL) d	1336			1343			1351			1358			1406			1413		1421
Forest Gate (FOG) d	1338			1345			1353			1400			1408			1415		1423
Manor Park (MNP) d	1341			1348			1356			1403			1411			1418		1426
Ilford (IFD) 2 d	1343			1350			1358			1405			1413			1420		1428
Seven Kings (SVK) d	1346			1353			1401			1408			1416			1423		1431
Goodmayes (GMY) d	1348			1355			1403			1410			1418			1425		1433
Chadwell Heath (CTH) d	1350			1357			1405			1412			1420			1427		1435
Romford (RMF) d	1354			1401			1409			1416	1407		1424			1431		1439
Gidea Park (GDP) 2 d	1357			1404			1412			1419			1427			1434		1442
Harold Wood (HRO) d	1400			1407			1415			1422			1430			1437		1445
Brentwood (BRE) d	1404			1411			1419			1426			1434			1441		1449
Shenfield (SNF) 3 a	1410	1355		1417	1358		1425	1411		1432	1416		1440	1424		1447		1455

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
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- B To Southend Victoria
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Mondays to Fridays

Operator Days of operation/Notes	LE B	LE A	XR	XR	XR	XR	LE B	XR	XR	LE G	XR	XR	LE C	XR	XR	LE B	XR	XR
Reading (RDG)	7 d										1329							
Twyford (TWY)	3 d										1334							
Maidenhead (MAI)	3 d				1330						1341						1359	
Taplow (TAP)	d										1344							
Burnham (BNM)	d				1334						1347						1403	
Slough (SLO)	3 d				1339						1351						1407	
Langley (LNY)	d				1343						1355						1411	
Iver (IVR)	d				1345												1413	
West Drayton (WDT)	d				1348						1359						1416	
Heathrow Terminal 5 (HWV)	7 d								1350									
Heathrow Terminal 4 (HAF)	7 d		1330					1345						1400				
Heathrow Terminals 2 & 3 (HXX)	7 d		1336					1351	1355					1406				
Hayes & Harlington (HAY)	3 d		1342		1354			1357	1402			1405		1412			1420	
Southall (STL)	d		1345		1357			1400			1409			1415			1423	
Hanwell (HAN)	d		1348					1403						1418				
West Ealing (WEA)	3 d		1350					1406	1410					1421				
Ealing Broadway (EAL)	3 d		1352		1402			1408	1412		1415			1423			1429	
Acton Main Line (AML)	d		1355					1411						1426				
London Paddington EL (PAD)	15 d		1404	1407	1411	1415		1419	1422		1426	1430		1434	1437		1441	1445
Bond Street (BDS)	d		1407	1410	1414	1418		1422	1425		1429	1433		1437	1440		1444	1448
Tottenham Court Road (TCR)	d		1409	1412	1416	1420		1424	1427		1431	1435		1439	1442		1446	1450
Farringdon (ZFD)	3 d		1412	1415	1419	1423		1427	1430		1434	1438		1442	1445		1449	1453
London Liverpool Street EL (LST)	4 d		1415	1418	1422	1426		1430	1433		1437	1441		1445	1448		1452	1456
London Liverpool Street (LST)	15 d	1413	1418				1433		1436				1448			1450		
Whitechapel (ZLW)	d		1418	1420	1425	1428		1433	1435		1440	1443		1448	1450		1455	1458
Canary Wharf (CWX)	DLR d		1422		1429			1437			1444			1452			1459	
Custom House (CUS)	d		1426		1433			1441			1448			1456			1503	
Woolwich (WWC)	d		1430		1437			1445			1452			1500			1507	
Abbey Wood (ABW)	a		1436		1443			1451			1458			1506			1513	
Stratford (SRA)	7 d	1420	1425		1426		1434	1440		1441	1443		1449	1455		1456	1458	1504
Maryland (MYL)	d				1428		1436			1443			1451			1458		1506
Forest Gate (FOG)	d				1430		1438			1445			1453			1500		1508
Manor Park (MNP)	d				1433		1441			1448			1456			1503		1511
Ilford (IFD)	2 d				1435		1443			1451			1458			1505		1513
Seven Kings (SVK)	d				1438		1446			1454			1501			1508		1516
Goodmayes (GMY)	d				1440		1448			1456			1503			1510		1518
Chadwell Heath (CTH)	d				1442		1450			1458			1505			1512		1520
Romford (RMF)	d	1428			1446		1454			1501			1509			1516	1507	1524
Gidea Park (GDP)	2 d				1449		1457			1504			1512			1519		1527
Harold Wood (HRO)	d				1452		1500			1507			1515			1522		1530
Brentwood (BRE)	d				1456		1504			1511			1519			1526		1534
Shenfield (SNF)	3 a	1439	1441		1502		1510	1455		1517	1458		1525	1511		1532	1516	1540

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Mondays to Fridays

Operator Days of operation/Notes	LE F	XR	XR	XR	XR	LE B	LE A	XR	XR	XR	XR	LE B	XR	XR	LE G	XR	XR	LE C
Reading (RDG)	7 d				1359											1429		
Twyford (TWY)	3 d				1404											1434		
Maidenhead (MAI)	3 d				1411						1430					1441		
Taplow (TAP)	d				1414											1444		
Burnham (BNM)	d				1417						1434					1447		
Slough (SLO)	3 d				1421						1438					1451		
Langley (LNY)	d				1425						1442					1455		
Iver (IVR)	d										1444							
West Drayton (WDT)	d				1430						1447					1459		
Heathrow Terminal 5 (HWV)	7 d			1420											1450			
Heathrow Terminal 4 (HAF)	7 d		1415					1430					1445					
Heathrow Terminals 2 & 3 (HXX)	7 d		1421	1425				1436					1451	1455				
Hayes & Harlington (HAY)	3 d		1427	1432	1435			1442		1452			1457	1502		1505		
Southall (STL)	d		1430		1439			1445		1455			1500			1508		
Hanwell (HAN)	d		1433					1448					1503					
West Ealing (WEA)	3 d		1435	1439				1450					1505	1509				
Ealing Broadway (EAL)	3 d		1438	1441	1445			1453		1459			1507	1511		1515		
Acton Main Line (AML)	d		1440					1455					1510					
London Paddington EL (PAD)	15 d		1449	1452	1456	1500		1504	1507	1511	1515		1519	1522		1526	1530	
Bond Street (BDS)	d		1452	1455	1459	1503		1507	1510	1514	1518		1522	1525		1529	1533	
Tottenham Court Road (TCR)	d		1454	1457	1501	1505		1509	1512	1516	1520		1524	1527		1531	1535	
Farringdon (ZFD)	3 d		1457	1500	1504	1508		1512	1515	1519	1523		1527	1530		1534	1538	
London Liverpool Street EL (LST)	4 d		1500	1503	1507	1511		1515	1518	1522	1526		1530	1533		1537	1541	
London Liverpool Street (LST)	15 d	1502				1513	1518					1533			1536			1548
Whitechapel (ZLW)	d		1503	1505	1510	1513		1518	1520	1525	1528		1533	1535		1540	1543	
Canary Wharf (CWX)	d		1507		1514			1522		1529			1537			1544		
Custom House (CUS)	d		1511		1518			1526		1533			1541			1548		
Woolwich (WWC)	d		1515		1522			1530		1537			1545			1552		
Abbey Wood (ABW)	a		1521		1528			1536		1543			1551			1558		
Stratford (SRA)	7 d	1509		1511		1519	1520	1525		1526		1534	1540		1541	1543		1549
Maryland (MYL)	d			1513		1521				1528		1536			1543			1551
Forest Gate (FOG)	d			1515		1523				1530		1538			1545			1553
Manor Park (MNP)	d			1518		1526				1533		1541			1548			1556
Ilford (IFD)	2 d			1521		1528				1535		1543			1550			1558
Seven Kings (SVK)	d			1524		1531				1538		1546			1554			1601
Goodmayes (GMY)	d			1526		1533				1540		1548			1556			1603
Chadwell Heath (CTH)	d			1528		1535				1542		1550			1558			1605
Romford (RMF)	d			1531		1539	1528			1546		1554			1602			1609
Gidea Park (GDP)	2 d			1534		1542				1549		1557			1605			1612
Harold Wood (HRO)	d			1537		1545				1552		1600			1608			1615
Brentwood (BRE)	d			1542		1549				1556		1604			1612			1619
Shenfield (SNF)	3 a	1524		1547		1555	1539	1541		1602		1610	1555		1618	1558		1625

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Mondays to Fridays

Operator Days of operation/Notes	XR	XR	LE B	XR	XR	LE F	XR	XR	LE B	XR	XR	XR	LE H	XR	XR	XR	XR	LE B
Reading (RDG) 7 d										1459								
Twyford (TWY) 3 d										1505								
Maidenhead (MAI) 3 d				1500						1512						1530		
Taplow (TAP) d										1515								
Burnham (BNM) d				1505						1518						1534		
Slough (SLO) 3 d				1509						1522						1538		
Langley (LNY) d				1513						1526						1542		
Iver (IVR) d				1515												1544		
West Drayton (WDT) d				1519						1530						1547		
Heathrow Terminal 5 (HWV) 7 d								1520										
Heathrow Terminal 4 (HAF) 7 d	1500						1515							1530				
Heathrow Terminals 2 & 3 (HXX) 7 d	1506						1521	1525						1536				
Hayes & Harlington (HAY) 3 d	1512			1523			1527	1532		1535				1542		1552		
Southall (STL) d	1515			1526			1530			1538				1545		1555		
Hanwell (HAN) d	1518						1533							1548				
West Ealing (WEA) 3 d	1520						1535	1539						1550				
Ealing Broadway (EAL) 3 d	1523			1530			1537	1541		1545				1552		1600		
Acton Main Line (AML) d	1525						1540							1555				
London Paddington EL (PAD) 15 d	1534	1537		1541	1545		1549	1552		1556		1600		1603	1606	1609	1612	
Bond Street (BDS) d	1537	1540		1544	1548		1552	1555		1559		1603		1606	1609	1612	1615	
Tottenham Court Road (TCR) d	1539	1542		1546	1550		1554	1557		1601		1605		1608	1611	1614	1617	
Farringdon (ZFD) 3 d	1542	1545		1549	1553		1557	1600		1604		1608		1611	1614	1617	1620	
London Liverpool Street EL (LST) 4 d	1545	1548		1552	1556		1600	1603		1607		1611		1614	1617	1620	1623	
London Liverpool Street (LST) 15 d			1550			1602			1608		1610		1614					1622
Whitechapel (ZLW) d	1548	1550		1555	1558		1603	1605		1610		1613		1617	1619	1623	1625	
Canary Wharf (CWX) DLR d	1552			1559			1607			1614				1621		1627		
Custom House (CUS) d	1556			1603			1611			1618				1624		1630		
Woolwich (WWC) d	1600			1607			1616			1622				1628		1634		
Abbey Wood (ABW) a	1606			1613			1621			1628				1634		1640		
Stratford (SRA) 7 d		1556	1558		1604	1610		1611	1617		1617	1621	1622		1626		1631	1632
Maryland (MYL) d		1558			1606			1613			1619	1623			1628		1633	
Forest Gate (FOG) d		1600			1608			1615			1621	1625			1630		1635	
Manor Park (MNP) d		1603			1611			1618			1624	1628			1633		1638	
Ilford (IFD) 2 d		1605			1613			1620			1626	1630			1635		1641	
Seven Kings (SVK) d		1608			1616			1623			1629	1633			1638		1644	
Goodmayes (GMY) d		1610			1618			1625			1631	1635			1640		1646	
Chadwell Heath (CTH) d		1612			1620			1627			1633	1637			1642		1648	
Romford (RMF) d		1616	1607		1624			1631			1637	1641			1646		1651	
Gidea Park (GDP) 2 d		1619			1627			1634			1640a	1644			1649		1654	
Harold Wood (HRO) d		1622			1630			1637				1647			1652		1657	
Brentwood (BRE) d		1626			1634			1641				1651			1656		1702	
Shenfield (SNF) 3 a		1633	1616		1640	1625		1648	1632			1657	1637		1703		1708	1647

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time
- B To Southend Victoria
F To Ipswich
H To Clacton-on-Sea/Walton-on-the-Naze

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	XR	XR	LE C	XR	XR	LE B	XR	XR	LE J	XR	XR	XR	XR	XR	LE B	XR	XR	XR
Reading (RDG) 7 d							1529											
Twyford (TWY) 3 d							1534											
M Maidenhead (MAI) 3 d							1541						1601					
Taplow (TAP) d							1544											
Burnham (BNM) d							1547							1605				
Slough (SLO) 3 d							1551							1609				
Langley (LNY) d							1555							1613				
Iver (IVR) d														1615				
West Drayton (WDT) d							1600							1618				
Heathrow Terminal 5 (HWV) 7 d					1550													
Heathrow Terminal 4 (HAF) 7 d				1545							1600							1615
Heathrow Terminals 2 & 3 (HXX) 7 d				1551	1555						1606							1621
Hayes & Harlington (HAY) 3 d				1557	1602		1605				1612		1622					1627
Southall (STL) d				1600			1608				1615		1625					1630
Hanwell (HAN) d				1603							1618							1633
West Ealing (WEA) 3 d				1605	1608						1620							1635
Ealing Broadway (EAL) 3 d				1607	1610		1614				1622		1629					1637
Acton Main Line (AML) d				1610							1625							1640
London Paddington EL (PAD) 15 d	1615	1618		1621	1624		1627			1630	1633	1636	1639	1642		1645	1648	1651
Bond Street (BDS) d	1618	1621		1624	1627		1630			1633	1636	1639	1642	1645		1648	1651	1654
Tottenham Court Road (TCR) d	1620	1623		1626	1629		1632			1635	1638	1641	1644	1647		1650	1653	1656
Farringdon (ZFD) 3 d	1623	1626		1629	1632		1635			1638	1641	1644	1647	1650		1653	1656	1659
London Liverpool Street EL (LST) 4 d	1626	1629		1632	1635		1638			1641	1644	1647	1650	1653		1656	1659	1701
London Liverpool Street (LST) 15 d			1635		1639		1640	1642							1654			
Whitechapel (ZLW) d	1629	1631		1635	1637		1641			1643	1647	1649	1653	1655		1659	1701	1704
Canary Wharf (CWX) DLR d	1633			1639			1645				1651		1657			1703		1708
Custom House (CUS) d	1636			1644			1649				1655		1700			1706		1711
Woolwich (WWC) d	1640			1649			1654				1659		1704			1710		1715
Abbey Wood (ABW) a	1646			1653			1659				1705		1710			1716		1721
Stratford (SRA) DLR 7 d		1637	1643		1643	1647		1647	1650	1651		1656		1701	1702		1707	
Maryland (MYL) d		1639			1645			1649		1653		1658		1703			1709	
Forest Gate (FOG) d		1641			1647			1651		1655		1700		1705			1711	
Manor Park (MNP) d		1644			1650			1654		1658		1703		1708			1714	
Ilford (IFD) 2 d		1646			1652			1656		1700		1706		1710			1716	
Seven Kings (SVK) d		1649			1655			1659		1703		1708		1713			1719	
Goodmayes (GMY) d		1651			1657			1701		1705		1710		1715			1721	
Chadwell Heath (CTH) d		1653			1659			1703		1707		1712		1717			1723	
Romford (RMF) d		1657			1703			1707		1711		1716		1721			1727	
Gidea Park (GDP) 2 d		1700			1706			1710a		1714		1719		1724			1730	
Harold Wood (HRO) d		1703			1709					1717		1722		1727			1733	
Brentwood (BRE) d		1707			1713					1721		1726		1731			1737	
Shenfield (SNF) 3 a		1713	1658		1719	1702				1727		1733		1738	1717		1743	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time
- B To Southend Victoria
C To Braintree
J To Clacton-on-Sea/Harwich Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	XR	LE E	XR	XR	LE B	XR	LE K	XR	XR	XR	XR	LE C	LE B	XR	XR	XR	XR	LE G
Reading (RDG)	7 d		1559											1616				
Twyford (TWY)	3 d		1604											1621				
Maidenhead (MAI)	3 d		1611											1628				
Taplow (TAP)	d		1614											1631				
Burnham (BNM)	d		1617											1634				
Slough (SLO)	3 d		1621											1639				
Langley (LNY)	d		1627											1643				
Iver (IVR)	d		1630											1645				
West Drayton (WDT)	d		1632											1648				
Heathrow Terminal 5 (HWV)	⊖← d	1620																
Heathrow Terminal 4 (HAF)	⊖← d									1630								
Heathrow Terminals 2 & 3 (HXX)	⊖← d	1625								1636								
Hayes & Harlington (HAY)	3 d	1632		1636						1642				1652				
Southall (STL)	d			1640						1645				1655				
Hanwell (HAN)	d									1648								
West Ealing (WEA)	3 d	1639								1650								
Ealing Broadway (EAL)	⊖ 3 d	1641		1645						1652				1659				
Acton Main Line (AML)	d									1655								
London Paddington EL (PAD)	⊖ 15 d	1653		1656			1658		1701	1703	1706	1708		1711	1713	1716	1718	
Bond Street (BDS)	⊖ d	1656		1659			1701		1704	1706	1709	1711		1714	1716	1719	1721	
Tottenham Court Road (TCR)	⊖ d	1659		1701			1704		1706	1709	1711	1714		1716	1719	1721	1724	
Farringdon (ZFD)	⊖ 3 d	1701		1704			1706		1709	1711	1714	1716		1719	1721	1724	1726	
London Liverpool Street EL (LST)	⊖ 4 d	1704		1706			1709		1711	1714	1716	1719		1721	1724	1726	1729	
London Liverpool Street (LST)	⊖ 15 d		1706		1709	1709	1714						1720	1723				1732
Whitechapel (ZLW)	⊖ d	1706		1709			1711		1714	1716	1719	1721		1724	1726	1729	1731	
Canary Wharf (CWX)	DLR d			1713					1718		1723			1728		1733		
Custom House (CUS)	d			1716					1721		1726			1731		1736		
Woolwich (WWC)	d			1720					1725		1730			1735		1740		
Abbey Wood (ABW)	a			1726					1731		1736			1741		1746		
Stratford (SRA)	⊖ DLR 7 d	1712	1714		1716	1717	1720	1722		1724		1728	1729	1732		1737	1741	
Maryland (MYL)	d	1714			1718		1722			1726		1730			1734		1739	
Forest Gate (FOG)	d	1716			1720		1724			1728		1732			1736		1741	
Manor Park (MNP)	d	1719			1723		1727			1731		1735			1739		1744	
Ilford (IFD)	2 d	1721			1725		1729			1733		1737			1741		1746	
Seven Kings (SVK)	d	1724			1728		1732			1736		1740			1744		1749	
Goodmayes (GMY)	d	1726			1730		1734			1738		1742			1746		1751	
Chadwell Heath (CTH)	d	1728			1732		1736			1740		1744			1748		1753	
Romford (RMF)	d	1732			1736		1740			1744		1748			1752		1757	
Gidea Park (GDP)	2 d	1735			1739a		1743			1747		1751			1755		1800	
Harold Wood (HRO)	d	1738					1746			1750		1754			1758		1803	
Brentwood (BRE)	d	1742					1750			1754		1758			1802		1807	
Shenfield (SNF)	3 a	1749	1729			1732	1755	1737		1800		1805	1744	1748	1809		1813	1756

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- B To Southend Victoria
- C To Braintree
- E To Witham
- G To Colchester Town
- K To Southminster

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	XR	XR	LE B	XR	XR	XR	LE B	XR	XR	XR	XR	LE E	LE B	XR	XR	LE K	XR	XR
Reading (RDG)	7 d			1631										1647				
Twyford (TWY)	3 d			1636										1652				
Maidenhead (MAI)	3 d			1643										1659				
Taplow (TAP)	d			1646										1702				
Burnham (BNM)	d			1649										1705				
Slough (SLO)	3 d			1653										1709				
Langley (LNY)	d			1658										1713				
Iver (IVR)	d			1700										1715				
West Drayton (WDT)	d			1703										1718				
Heathrow Terminal 5 (HWV)	⊖← d		1650															
Heathrow Terminal 4 (HAF)	⊖← d	1645								1700								
Heathrow Terminals 2 & 3 (HXX)	⊖← d	1651	1655							1706								
Hayes & Harlington (HAY)	3 d	1659	1702		1708					1712				1723				
Southall (STL)	d	1702			1711					1715				1726				
Hanwell (HAN)	d	1705								1718								
West Ealing (WEA)	3 d	1707	1710							1720								
Ealing Broadway (EAL)	⊖3 d	1709	1712		1716					1722				1730				
Acton Main Line (AML)	d	1712								1725								
London Paddington EL (PAD)	⊖15 d	1721	1723		1726		1728		1731	1733	1736	1738		1741	1743		1746	1748
Bond Street (BDS)	⊖ d	1724	1726		1729		1731		1734	1736	1739	1741		1744	1746		1749	1751
Tottenham Court Road (TCR)	⊖ d	1726	1729		1731		1734		1736	1739	1741	1744		1746	1749		1751	1754
Farringdon (ZFD)	⊖3 d	1729	1731		1734		1736		1739	1741	1744	1746		1749	1751		1754	1756
London Liverpool Street EL (LST)	⊖4 d	1731	1734		1736		1739		1741	1744	1746	1749		1751	1754		1756	1759
London Liverpool Street (LST)	⊖15 d			1736		1739		1745					1750	1752		1756		
Whitechapel (ZLW)	⊖ d	1734	1736		1739		1741		1744	1746	1749	1751		1754	1756		1759	1801
Canary Wharf (CWX)	⊖ DLR d	1738			1743				1748		1753			1758			1803	
Custom House (CUS)	d	1741			1746				1751		1756			1801			1806	
Woolwich (WWC)	d	1745			1750				1755		1800			1805			1810	
Abbey Wood (ABW)	a	1751			1756				1801		1806			1811			1816	
Stratford (SRA)	⊖ DLR 7 d		1742	1744		1746	1750	1753		1754		1758	1759	1801		1802	1804	1807
Maryland (MYL)	d		1744			1748	1752			1756		1800				1804		1809
Forest Gate (FOG)	d		1746			1750	1754			1758		1802				1806		1811
Manor Park (MNP)	d		1749			1753	1757			1801		1805				1809		1814
Ilford (IFD)	2 d		1751			1755	1759			1803		1807				1811		1816
Seven Kings (SVK)	d		1754			1758	1802			1806		1810				1814		1819
Goodmayes (GMY)	d		1756			1800	1804			1808		1812				1816		1821
Chadwell Heath (CTH)	d		1758			1802	1806			1810		1814				1818		1823
Romford (RMF)	d		1802			1806	1810			1814		1818				1822		1827
Gidea Park (GDP)	2 d		1805			1809a	1813			1817		1821				1825		1830
Harold Wood (HRO)	d		1808				1816			1820		1824				1828		1833
Brentwood (BRE)	d		1812				1820			1824		1828				1832		1837
Shenfield (SNF)	3 a		1819	1759			1825	1808		1830		1835	1814	1817		1839	1820	1843

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time
- B To Southend Victoria
E To Witham
K To Southminster

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	LE F	XR	XR	LE B	XR	XR	XR	XR	XR	XR	LE A	XR	LE E	LE B	XR	XR	XR	XR
Reading (RDG) 7 d					1701										1716			
Twyford (TWY) 3 d					1707										1721			
Maidenhead (MAI) 3 d					1714										1729			
Taplow (TAP) d					1717										1732			
Burnham (BNM) d					1720										1735			
Slough (SLO) 3 d					1724										1739			
Langley (LNY) d					1728										1742			
Iver (IVR) d					1730										1745			
West Drayton (WDT) d					1733										1747			
Heathrow Terminal 5 (HWV) 7 d			1720															
Heathrow Terminal 4 (HAF) 7 d		1715								1730								
Heathrow Terminals 2 & 3 (HXX) 7 d		1721	1725							1736								
Hayes & Harlington (HAY) 3 d		1727	1734		1738					1742					1751			
Southall (STL) d		1730			1741					1745					1755			
Hanwell (HAN) d		1733								1748								
West Ealing (WEA) 3 d		1735	1740							1750								
Ealing Broadway (EAL) 3 d		1737	1743		1746					1752					1800			
Acton Main Line (AML) d		1740								1755								
London Paddington EL (PAD) 15 d		1751	1753		1756		1758	1801	1803	1806		1808			1811	1813	1816	1818
Bond Street (BDS) d		1754	1756		1759		1801	1804	1806	1809		1811			1814	1816	1819	1821
Tottenham Court Road (TCR) d		1756	1759		1801		1804	1806	1809	1811		1814			1816	1819	1821	1824
Farringdon (ZFD) 3 d		1759	1801		1804		1806	1809	1811	1814		1816			1819	1821	1824	1826
London Liverpool Street EL (LST) 4 d		1801	1804		1806		1809	1811	1814	1816		1819			1821	1824	1826	1829
London Liverpool Street (LST) 15 d	1802			1807		1809					1816		1820	1822				
Whitechapel (ZLW) d		1804	1806		1809		1811	1814	1816	1819		1821			1824	1826	1829	1831
Canary Wharf (CWX) DLR d		1808			1813			1818		1823					1828		1833	
Custom House (CUS) d		1811			1816			1821		1826					1831		1836	
Woolwich (WWC) d		1815			1820			1825		1830					1835		1840	
Abbey Wood (ABW) a		1821			1826			1831		1836					1841		1846	
Stratford (SRA) 7 d	1811		1812	1815		1816	1820		1824		1824	1828	1829	1831		1832		1837
Maryland (MYL) d			1814			1818	1822		1826			1830				1834		1839
Forest Gate (FOG) d			1816			1820	1824		1828			1832				1836		1841
Manor Park (MNP) d			1819			1823	1827		1831			1835				1839		1844
Ilford (IFD) 2 d			1821			1825	1829		1833			1837				1841		1846
Seven Kings (SVK) d			1824			1828	1832		1836			1840				1844		1849
Goodmayes (GMY) d			1826			1830	1834		1838			1842				1846		1851
Chadwell Heath (CTH) d			1828			1832	1836		1840			1844				1848		1853
Romford (RMF) d			1832			1836	1840		1844			1848				1852		1857
Gidea Park (GDP) 2 d			1835			1839a	1843		1847			1851				1855		1900
Harold Wood (HRO) d			1838				1846		1850			1854				1858		1903
Brentwood (BRE) d			1842				1850		1854			1858				1902		1907
Shenfield (SNF) 3 a	1826		1849	1830			1855		1859			1903	1844	1847		1908		1913

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A To Clacton-on-Sea
B To Southend Victoria
E To Witham
F To Ipswich

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	LE G	XR	XR	LE B	XR	XR	XR	XR	XR	LE C	LE B	XR	XR	XR	XR	LE F	XR	XR
Reading (RDG)	7 d				1732							1746						
Twyford (TWY)	3 d				1737							1751						
Maidenhead (MAI)	3 d				1744							1758						
Taplow (TAP)	d				1747							1801						
Burnham (BNM)	d				1750							1804						
Slough (SLO)	3 d				1754							1808						
Langley (LNY)	d				1758							1812						
Iver (IVR)	d				1800							1814						
West Drayton (WDT)	d				1803							1817						
Heathrow Terminal 5 (HWV)	⊖← d			1750														1820
Heathrow Terminal 4 (HAF)	⊖← d		1745						1800								1815	
Heathrow Terminals 2 & 3 (HXX)	⊖← d		1751	1755					1806								1821	1825
Hayes & Harlington (HAY)	3 d		1758	1802		1809			1812			1821					1828	1832
Southall (STL)	d		1801			1812			1815			1825					1831	
Hanwell (HAN)	d		1804						1818								1834	
West Ealing (WEA)	3 d		1806	1809					1820								1836	1839
Ealing Broadway (EAL)	⊖ 3 d		1808	1811		1818			1822			1830					1838	1841
Acton Main Line (AML)	d		1811						1825								1841	
London Paddington EL (PAD)	⊖ 15 d		1821	1824		1827		1830	1833	1836		1839	1842	1845	1848		1851	1854
Bond Street (BDS)	⊖ d		1824	1827		1830		1833	1836	1839		1842	1845	1848	1851		1854	1857
Tottenham Court Road (TCR)	⊖ d		1826	1829		1832		1835	1838	1841		1844	1847	1850	1853		1856	1859
Farringdon (ZFD)	⊖ 3 d		1829	1832		1835		1838	1841	1844		1847	1850	1853	1856		1859	1902
London Liverpool Street EL (LST)	⊖ 4 d		1832	1835		1838		1841	1844	1847		1850	1853	1856	1859		1902	1905
London Liverpool Street (LST)	⊖ 15 d	1832			1837		1840				1848	1851						
Whitechapel (ZLW)	⊖ d		1835	1837		1841		1843	1847	1849		1853	1855	1859	1901		1905	1907
Canary Wharf (CWX)	DLR d		1839			1845			1851			1857		1903			1909	
Custom House (CUS)	d		1842			1848			1854			1900		1906			1912	
Woolwich (WWC)	d		1846			1852			1858			1904		1910			1916	
Abbey Wood (ABW)	a		1852			1858			1904			1910		1916			1922	
Stratford (SRA)	⊖ DLR 7 d	1841		1843	1845		1847	1851		1855	1856	1900		1901		1907	1909	1913
Maryland (MYL)	d			1845			1849	1853		1857				1903		1909		1915
Forest Gate (FOG)	d			1847			1851	1855		1859				1905		1911		1917
Manor Park (MNP)	d			1850			1854	1858		1902				1908		1914		1920
Ilford (IFD)	2 d			1852			1856	1900		1904				1910		1916		1922
Seven Kings (SVK)	d			1855			1859	1903		1907				1913		1919		1925
Goodmayes (GMY)	d			1857			1901	1905		1909				1915		1921		1927
Chadwell Heath (CTH)	d			1859			1903	1907		1911				1917		1923		1929
Romford (RMF)	d			1903			1907	1911		1915				1921		1927		1933
Gidea Park (GDP)	2 d			1906			1910a	1914		1918				1924		1930		1936
Harold Wood (HRO)	d			1909				1917		1921				1927		1933		1939
Brentwood (BRE)	d			1913				1921		1925				1931		1937		1943
Shenfield (SNF)	3 a	1857		1919	1900			1925		1931	1911	1916		1937		1943	1924	1949

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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F To Ipswich
G To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	XR	XR	LE B	LE A	XR	XR	XR	XR	XR	XR	LE B	LE L	XR	XR	XR	XR	LE C	XR
Reading (RDG)	7 d	1759						1815								1828		
Twyford (TWY)	3 d	1804						1820								1834		
Maidenhead (MAI)	3 d	1811						1828								1841		
Taplow (TAP)	d	1814						1831								1844		
Burnham (BNM)	d	1817						1834								1847		
Slough (SLO)	3 d	1821						1838								1851		
Langley (LNY)	d	1825						1841								1855		
Iver (IVR)	d	1827						1844								1857		
West Drayton (WDT)	d	1830						1846								1900		
Heathrow Terminal 5 (HWV)	⊖← d													1850				
Heathrow Terminal 4 (HAF)	⊖← d				1830								1845					1900
Heathrow Terminals 2 & 3 (HXX)	⊖← d				1836								1851	1855				1906
Hayes & Harlington (HAY)	3 d	1835			1842		1851						1857	1902	1905			1912
Southall (STL)	d	1838			1845		1855						1900		1908			1915
Hanwell (HAN)	d				1848								1903					1918
West Ealing (WEA)	3 d				1850								1905	1909				1920
Ealing Broadway (EAL)	⊖ 3 d	1845			1852		1900						1908	1911	1915			1922
Acton Main Line (AML)	d				1855								1910					1925
London Paddington EL (PAD)	⊖ 15 d	1857	1900		1903	1906	1909	1912	1915	1918			1921	1924	1927	1930		1934
Bond Street (BDS)	⊖ d	1900	1903		1906	1909	1912	1915	1918	1921			1924	1927	1930	1933		1937
Tottenham Court Road (TCR)	⊖ d	1902	1905		1908	1911	1914	1917	1920	1923			1926	1929	1932	1935		1939
Farringdon (ZFD)	⊖ 3 d	1905	1908		1911	1914	1917	1920	1923	1926			1929	1932	1935	1938		1942
London Liverpool Street EL (LST)	⊖ 4 d	1908	1911		1914	1917	1920	1923	1926	1929			1932	1935	1938	1941		1945
London Liverpool Street (LST)	⊖ 15 d			1913	1918						1933	1936					1948	
Whitechapel (ZLW)	⊖ d	1911	1913		1917	1919	1923	1925	1929	1931			1935	1937	1941	1943		1948
Canary Wharf (CWX)	⊖ DLR d	1915			1921		1927		1933				1939		1945			1952
Custom House (CUS)	d	1918			1924		1930		1936				1942		1948			1956
Woolwich (WWC)	d	1922			1928		1934		1940				1946		1952			2000
Abbey Wood (ABW)	a	1928			1934		1940		1946				1952		1958			2006
Stratford (SRA)	⊖ DLR 7 d		1919	1920	1925		1925		1931		1937	1940	1943		1943		1949	1955
Maryland (MYL)	d		1921				1927		1933		1939				1945		1951	
Forest Gate (FOG)	d		1923				1929		1935		1941				1947		1953	
Manor Park (MNP)	d		1926				1932		1938		1944				1950		1956	
Ilford (IFD)	2 d		1928				1934		1940		1946				1952		1958	
Seven Kings (SVK)	d		1931				1937		1943		1949				1955		2001	
Goodmayes (GMY)	d		1933				1939		1945		1951				1957		2003	
Chadwell Heath (CTH)	d		1935				1941		1947		1953				1959		2005	
Romford (RMF)	d		1939				1945		1951		1957				2003		2009	
Gidea Park (GDP)	2 d		1942				1948		1954		2000				2006		2012	
Harold Wood (HRO)	d		1945				1951		1957		2003				2009		2015	
Brentwood (BRE)	d		1949				1955		2001		2007				2013		2019	
Shenfield (SNF)	3 a		1955	1935	1941		2001		2007		2013	1955	1958		2019		2025	2011

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Mondays to Fridays

Operator Days of operation/Notes	XR	LE B	XR	XR	LE F	XR	XR	XR	XR	XR	LE B	LE A	XR	XR	XR	XR	LE B	XR	XR
Reading (RDG)	7 d		1845					1859											
Twyford (TWY)	3 d		1850					1904											
Maidenhead (MAI)	3 d		1858					1912							1930				
Taplow (TAP)	d		1901					1915											
Burnham (BNM)	d		1904					1918							1934				
Slough (SLO)	3 d		1908					1922							1938				
Langley (LNY)	d		1911					1925							1942				
Iver (IVR)	d		1914					1928							1944				
West Drayton (WDT)	d		1916					1930							1947				
Heathrow Terminal 5 (HWV)	⬅ d						1920												1950
Heathrow Terminal 4 (HAF)	⬅ d					1915							1930					1945	
Heathrow Terminals 2 & 3 (HXX)	⬅ d					1921	1925						1936					1951	1955
Hayes & Harlington (HAY)	3 d		1920			1927	1932	1935					1942		1951			1957	2002
Southall (STL)	d		1925			1930		1940					1945		1954			2000	
Hanwell (HAN)	d					1933							1948					2003	
West Ealing (WEA)	3 d					1935	1938						1950					2005	2009
Ealing Broadway (EAL)	⬅ 3 d		1930			1937	1941	1946					1952		2000			2007	2011
Acton Main Line (AML)	d					1940							1955					2010	
London Paddington EL (PAD)	⬅ 15 d	1937		1941	1945	1949	1952	1956	2000				2004	2007	2011	2015		2019	2022
Bond Street (BDS)	⬅ d	1940		1944	1948	1952	1955	1959	2003				2007	2010	2014	2018		2022	2025
Tottenham Court Road (TCR)	⬅ d	1942		1946	1950	1954	1957	2001	2005				2009	2012	2016	2020		2024	2027
Farringdon (ZFD)	⬅ 3 d	1945		1949	1953	1957	2000	2004	2008				2012	2015	2019	2023		2027	2030
London Liverpool Street EL (LST)	⬅ 4 d	1948		1952	1956	2000	2003	2007	2011				2015	2018	2022	2026		2030	2033
London Liverpool Street (LST)	⬅ 15 d		1950		2002						2013	2018					2033		
Whitechapel (ZLW)	⬅ d	1950		1955	1958		2003	2005	2010	2013			2018	2020	2025	2028		2033	2035
Canary Wharf (CWX)	⬅ d			1959			2007		2014				2022		2029			2037	
Custom House (CUS)	d			2003			2011		2018				2026		2033			2041	
Woolwich (WWC)	d			2007			2015		2022				2030		2037			2045	
Abbey Wood (ABW)	a			2013			2021		2028				2036		2043			2051	
Stratford (SRA)	⬅ 7 d	1956	1958		2004	2009		2011		2019	2020	2025		2026		2034	2040		2041
Maryland (MYL)	d	1958			2006			2013		2021				2028		2036			2043
Forest Gate (FOG)	d	2000			2008			2015		2023				2030		2038			2045
Manor Park (MNP)	d	2003			2011			2018		2026				2033		2041			2048
Ilford (IFD)	2 d	2005			2013			2021		2028				2036		2043			2050
Seven Kings (SVK)	d	2009			2016			2024		2031				2039		2046			2053
Goodmayes (GMY)	d	2011			2018			2026		2033				2041		2048			2055
Chadwell Heath (CTH)	d	2013			2020			2028		2035				2043		2050			2057
Romford (RMF)	d	2016			2024			2031		2039	2028			2046		2054			2101
Gidea Park (GDP)	2 d	2019			2027			2034		2042				2049		2057			2104
Harold Wood (HRO)	d	2022			2030			2037		2045				2052		2100			2107
Brentwood (BRE)	d	2026			2034			2041		2049				2056		2104			2111
Shenfield (SNF)	3 a	2032	2015		2040	2024		2047		2055	2039	2041		2102		2110	2055		2117

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Reading (RDG)	7 d	1929											2000					
Twyford (TWY)	3 d	1934											2005					
Maidenhead (MAI)	3 d	1941						2000					2012					
Taplow (TAP)	d	1945											2015					
Burnham (BNM)	d	1948						2004					2018					
Slough (SLO)	3 d	1952						2008					2022					
Langley (LNY)	d	1955						2012					2026					
Iver (IVR)	d							2014										
West Drayton (WDT)	d	2000						2017					2030					
Heathrow Terminal 5 (HWV)	⊖← d												2020					
Heathrow Terminal 4 (HAF)	⊖← d				2000							2015					2030	
Heathrow Terminals 2 & 3 (HXX)	⊖← d				2006							2021	2025				2036	
Hayes & Harlington (HAY)	3 d	2005			2012			2021				2027	2032	2035			2042	
Southall (STL)	d	2008			2015			2025				2030		2039			2045	
Hanwell (HAN)	d				2018							2033					2048	
West Ealing (WEA)	3 d				2020							2035	2039				2050	
Ealing Broadway (EAL)	⊖ 3 d	2016			2022			2030				2038	2041	2045			2052	
Acton Main Line (AML)	d				2025							2040					2055	
London Paddington EL (PAD)	⊖ 15 d	2026	2030		2034	2037		2041	2045		2049	2052	2056	2100			2104	2107
Bond Street (BDS)	⊖ d	2029	2033		2037	2040		2044	2048		2052	2055	2059	2103			2107	2110
Tottenham Court Road (TCR)	⊖ d	2031	2035		2039	2042		2046	2050		2054	2057	2101	2105			2109	2112
Farringdon (ZFD)	⊖ 3 d	2034	2038		2042	2045		2049	2053		2057	2100	2104	2108			2112	2115
London Liverpool Street EL (LST)	⊖ 4 d	2037	2041		2045	2048		2052	2056		2100	2103	2107	2111			2115	2118
London Liverpool Street (LST)	⊖ 15 d	2036		2047			2050			2102					2113	2118		
Whitechapel (ZLW)	⊖ d	2040	2043		2048	2050		2055	2058		2103	2105	2110	2113			2118	2120
Canary Wharf (CWX)	⊖ DLR d	2044			2052			2059			2107		2114				2122	
Custom House (CUS)	d	2048			2056			2103			2111		2118				2126	
Woolwich (WWC)	d	2052			2100			2107			2115		2122				2130	
Abbey Wood (ABW)	a	2058			2106			2113			2121		2128				2136	
Stratford (SRA)	⊖ DLR 7 d	2043		2049	2055		2056	2059		2104	2109		2111		2119	2120	2125	2126
Maryland (MYL)	d		2051				2058			2106			2113		2121			2128
Forest Gate (FOG)	d		2053				2100			2108			2115		2123			2130
Manor Park (MNP)	d		2056				2103			2111			2118		2126			2133
Ilford (IFD)	2 d		2058				2105			2113			2120		2128			2135
Seven Kings (SVK)	d		2101				2108			2116			2123		2131			2138
Goodmayes (GMY)	d		2103				2110			2118			2125		2133			2140
Chadwell Heath (CTH)	d		2105				2112			2120			2127		2135			2142
Romford (RMF)	d		2109				2116	2108		2124			2131		2139	2128		2146
Gidea Park (GDP)	2 d		2112				2119			2127			2134		2142			2149
Harold Wood (HRO)	d		2115				2122			2130			2137		2145			2152
Brentwood (BRE)	d		2119				2126			2134			2141		2149			2156
Shenfield (SNF)	3 a	2058		2125	2111		2132	2117		2140	2124		2147		2155	2139	2141	2202

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Mondays to Fridays

Operator Days of operation/Notes	XR	XR	LE B	XR	XR	LE G	XR	XR	LE E	XR	XR	LE B	XR	XR	LE M	XR	XR	XR
Reading (RDG) 7 d							2030											2100
Twyford (TWY) 3 d							2035											2105
Maidenhead (MAI) 3 d	2030						2042					2059						2112
Taplow (TAP) d							2045											2115
Burnham (BNM) d	2034						2048						2103					2118
Slough (SLO) 3 d	2038						2052						2107					2122
Langley (LNY) d	2042						2056						2111					2126
Iver (IVR) d	2044												2113					
West Drayton (WDT) d	2047						2100						2116					2130
Heathrow Terminal 5 (HWV) 7 d					2050												2120	
Heathrow Terminal 4 (HAF) 7 d				2045					2100							2115		
Heathrow Terminals 2 & 3 (HXX) 7 d				2051	2055				2106							2121	2125	
Hayes & Harlington (HAY) 3 d	2053			2057	2103		2106		2112			2120				2127	2134	2137
Southall (STL) d	2056			2100			2109		2115			2123				2130		2141
Hanwell (HAN) d				2103					2118							2133		
West Ealing (WEA) 3 d				2105	2110				2120							2135	2139	
Ealing Broadway (EAL) 3 d	2101			2108	2113		2116		2122			2128				2138	2142	2146
Acton Main Line (AML) d				2110					2125							2140		
London Paddington EL (PAD) 15 d	2111	2115		2119	2122		2126	2130		2134	2137		2141	2145		2149	2152	2156
Bond Street (BDS) d	2114	2118		2122	2125		2129	2133		2137	2140		2144	2148		2152	2155	2159
Tottenham Court Road (TCR) d	2116	2120		2124	2127		2131	2135		2139	2142		2146	2150		2154	2157	2201
Farringdon (ZFD) 3 d	2119	2123		2127	2130		2134	2138		2142	2145		2149	2153		2157	2200	2204
London Liverpool Street EL (LST) 4 d	2122	2126		2130	2133		2137	2141		2145	2148		2152	2156		2200	2203	2207
London Liverpool Street (LST) 15 d			2133			2136			2148			2150			2202			
Whitechapel (ZLW) d	2125	2128		2133	2135		2140	2143		2148	2150		2155	2158		2203	2205	2210
Canary Wharf (CWX) DLR d	2129			2137			2144			2152			2159			2207		2214
Custom House (CUS) d	2133			2141			2148			2156			2203			2211		2218
Woolwich (WWC) d	2137			2145			2152			2200			2207			2215		2222
Abbey Wood (ABW) a	2143			2151			2158			2206			2213			2221		2228
Stratford (SRA) 7 d		2134	2140		2141	2143		2149	2155		2156	2158		2204	2209		2211	
Maryland (MYL) d		2136			2143			2151			2158			2206			2213	
Forest Gate (FOG) d		2138			2145			2153			2200			2208			2215	
Manor Park (MNP) d		2141			2148			2156			2203			2211			2218	
Ilford (IFD) 2 d		2143			2150			2158			2206			2213			2221	
Seven Kings (SVK) d		2146			2153			2201			2209			2216			2224	
Goodmayes (GMY) d		2148			2155			2203			2211			2218			2226	
Chadwell Heath (CTH) d		2150			2157			2205			2213			2220			2228	
Romford (RMF) d		2154			2201			2209			2216	2207		2224			2231	
Gidea Park (GDP) 2 d		2157			2204			2212			2219			2227			2234	
Harold Wood (HRO) d		2200			2207			2215			2222			2230			2237	
Brentwood (BRE) d		2204			2211			2219			2226			2234			2241	
Shenfield (SNF) 3 a		2210	2155		2217	2158		2225	2211		2232	2216		2240	2224		2247	

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Operator Days of operation/Notes	XR	LE B	LE A	XR	XR	XR	XR	XR	XR	LE M	XR	XR	LE B	XR	XR	XR	XR	LE F
Reading (RDG) 7 d											2130							
Twyford (TWY) 3 d											2135							
Maidenhead (MAI) 3 d						2130					2142					2159		
Taplow (TAP) d											2145							
Burnham (BNM) d						2134					2148					2204		
Slough (SLO) 3 d						2138					2152					2208		
Langley (LNY) d						2142					2156					2211		
Iver (IVR) d						2144										2214		
West Drayton (WDT) d						2147					2200					2216		
Heathrow Terminal 5 (HWV) 7 d										2150								
Heathrow Terminal 4 (HAF) 7 d				2130				2145						2200				
Heathrow Terminals 2 & 3 (HXX) 7 d				2136				2151	2155					2206				
Hayes & Harlington (HAY) 3 d				2142		2152		2157	2202		2205			2212		2220		
Southall (STL) d				2145		2155		2200			2208			2215		2224		
Hanwell (HAN) d				2148				2203						2218				
West Ealing (WEA) 3 d				2150				2205	2209					2220				
Ealing Broadway (EAL) 3 d				2152		2200		2208	2211		2215			2222		2230		
Acton Main Line (AML) d				2155				2210						2225				
London Paddington EL (PAD) 15 d	2200			2204	2207	2211	2215	2219	2222		2226	2230		2234	2237	2241	2245	
Bond Street (BDS) d	2203			2207	2210	2214	2218	2222	2225		2229	2233		2237	2240	2244	2248	
Tottenham Court Road (TCR) d	2205			2209	2212	2216	2220	2224	2227		2231	2235		2239	2242	2246	2250	
Farringdon (ZFD) 3 d	2208			2212	2215	2219	2223	2227	2230		2234	2238		2242	2245	2249	2253	
London Liverpool Street EL (LST) 4 d	2211			2215	2218	2222	2226	2230	2233		2237	2241		2245	2248	2252	2256	
London Liverpool Street (LST) 15 d		2213	2218							2236			2245					2302
Whitechapel (ZLW) d	2213			2218	2220	2226	2228	2233	2235		2240	2243		2248	2250	2255	2258	
Canary Wharf (CWX) DLR d				2222		2230		2237			2244			2252		2259		
Custom House (CUS) d				2226		2234		2241			2248			2255		2302		
Woolwich (WWC) d				2230		2239		2245			2252			2259		2307		
Abbey Wood (ABW) a				2236		2244		2251			2258			2305		2312		
Stratford (SRA) 7 d	2219	2220	2225		2226		2234		2241	2243		2249	2252		2256		2304	2309
Maryland (MYL) d	2221				2228		2236		2243			2251			2258		2306	
Forest Gate (FOG) d	2223				2230		2238		2245			2253			2300		2308	
Manor Park (MNP) d	2226				2233		2241		2248			2256			2303		2312	
Ilford (IFD) 2 d	2230				2235		2243		2251			2258			2305		2314	
Seven Kings (SVK) d	2232				2238		2246		2254			2301			2308		2317	
Goodmayes (GMY) d	2234				2240		2248		2256			2303			2310		2319	
Chadwell Heath (CTH) d	2236				2242		2250		2258			2305			2312		2321	
Romford (RMF) d	2240	2228			2246		2254		2301			2309			2316		2325	
Gidea Park (GDP) 2 d	2243				2249		2257		2304			2312			2319		2328	
Harold Wood (HRO) d	2246				2252		2300		2307			2315			2322		2331	
Brentwood (BRE) d	2250				2256		2304		2311			2319			2326		2335	
Shenfield (SNF) 3 a	2255	2239	2241		2302		2310		2317	2258		2325	2307		2332		2340	2326

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Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	XR	XR	XR	XR	LE B	LE A	XR	XR	XR	XR	XR	LE B	XR	LE M	XR	XR	XR	XR
Reading (RDG)	7 d		2159									2228						
Twyford (TWY)	3 d		2204									2233						
Maidenhead (MAI)	3 d		2212									2240						
Taplow (TAP)	d		2215									2243						
Burnham (BNM)	d		2218									2246						
Slough (SLO)	3 d		2222									2250						
Langley (LNY)	d		2225									2254						
Iver (IVR)	d											2256						
West Drayton (WDT)	d		2229									2259						
Heathrow Terminal 5 (HWV)	7 d	2220													2300			
Heathrow Terminal 4 (HAF)	7 d	2215					2230			2245								2315
Heathrow Terminals 2 & 3 (HXX)	7 d	2221	2225				2236			2251					2306			2321
Hayes & Harlington (HAY)	3 d	2227	2232	2235			2242			2257	2305				2312			2327
Southall (STL)	d	2230		2238			2245			2300	2309				2315			2330
Hanwell (HAN)	d	2233					2250			2303					2318			2333
West Ealing (WEA)	3 d	2235	2239				2252			2305					2320			2335
Ealing Broadway (EAL)	3 d	2238	2241	2245			2254			2307	2315				2322			2338
Acton Main Line (AML)	d	2240					2257			2310					2325			2340
London Paddington EL (PAD)	15 d	2249	2252	2257	2302		2307	2312	2317	2322	2327		2332		2337	2342	2347	2351
Bond Street (BDS)	d	2252	2255	2300	2305		2310	2315	2320	2325	2330		2335		2340	2345	2350	2354
Tottenham Court Road (TCR)	d	2254	2257	2302	2307		2312	2317	2322	2327	2332		2337		2342	2347	2352	2356
Farringdon (ZFD)	3 d	2257	2300	2305	2310		2315	2320	2325	2330	2335		2340		2345	2350	2355	2359
London Liverpool Street EL (LST)	4 d	2300	2303	2308	2313		2318	2323	2328	2333	2338		2343		2348	2353	2358	0002
London Liverpool Street (LST)	15 d				2315	2318						2345		2348				
Whitechapel (ZLW)	d	2303	2305	2311	2315		2321	2325	2331	2335	2341		2345		2350	2355	0001	0004
Canary Wharf (CWX)	DLR d	2307		2315			2325		2335		2345				2354		0005	
Custom House (CUS)	d	2310		2318			2328		2339		2349				2358		0008	
Woolwich (WWC)	d	2314		2322			2332		2344		2353				0002		0012	
Abbey Wood (ABW)	a	2320		2328			2338		2348		2359				0007		0018	
Stratford (SRA)	7 d	2311		2321	2322	2325		2331		2341		2352	2351	2355		0002		0010
Maryland (MYL)	d	2313		2323			2333		2343				2353			0004		0012
Forest Gate (FOG)	d	2315		2325			2335		2345				2355			0006		0014
Manor Park (MNP)	d	2318		2328			2338		2348				2358			0009		0016
Ilford (IFD)	2 d	2320		2330			2340		2351				0001			0011		0019
Seven Kings (SVK)	d	2323		2333			2343		2354				0003			0014		0022
Goodmayes (GMY)	d	2325		2335			2345		2356				0005			0016		0024
Chadwell Heath (CTH)	d	2327		2337			2347		2358				0007			0018		0026
Romford (RMF)	d	2331		2341			2351		0001				0011			0022		0029
Gidea Park (GDP)	2 d	2335		2344			2354		0004				0014			0025		0032
Harold Wood (HRO)	d	2338		2347			2357		0007				0017			0028		0035
Brentwood (BRE)	d	2343		2351			0001		0011				0021			0032		0039
Shenfield (SNF)	3 a	2348		2357	2337	2340		0007		0017		0008	0027	0010		0037		0045

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time
- A To Clacton-on-Sea
B To Southend Victoria
M To Colchester

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	XR	LE TSM B	LE TSM M	XR	XR TSM	XR TSM	LE TSM M	LE TSM B	XR TSM
Reading (RDG)	7 d	2258							
Twyford (TWY)	3 d	2304							
Maidenhead (MAI)	3 d	2313							
Taplow (TAP)	d	2316							
Burnham (BNM)	d	2319							
Slough (SLO)	3 d	2323							
Langley (LNY)	d	2326							
Iver (IVR)	d	2329							
West Drayton (WDT)	d	2331							
Heathrow Terminal 5 (HWV)	⬅ 7 d			2330					
Heathrow Terminal 4 (HAF)	⬅ 7 d								
Heathrow Terminals 2 & 3 (HXX)	⬅ 7 d			2336					
Hayes & Harlington (HAY)	3 d	2335		2343					
Southall (STL)	d	2339		2346					
Hanwell (HAN)	d			2349					
West Ealing (WEA)	3 d			2351					
Ealing Broadway (EAL)	⬅ 3 d	2345		2353					
Acton Main Line (AML)	d			2356					
London Paddington EL (PAD)	⬅ 15 d	2359		0007	0014	0022			
Bond Street (BDS)	⬅ d	0002		0010	0017	0025			
Tottenham Court Road (TCR)	⬅ d	0004		0012	0019	0027			
Farringdon (ZFD)	⬅ 3 d	0007		0015	0022	0030			
London Liverpool Street EL (LST)	⬅ 4 d	0010		0018	0025	0033			
London Liverpool Street (LST)	⬅ 15 d		0015	0018			0046	0050	0055
Whitechapel (ZLW)	⬅ d	0012		0020	0027a	0035			
Canary Wharf (CWX)	DLR d	0016							
Custom House (CUS)	d	0020							
Woolwich (WWC)	d	0024							
Abbey Wood (ABW)	a	0030							
Stratford (SRA)	⬅ DLR 7 d		0022	0025	0026		0041	0053	0102
Maryland (MYL)	d				0028		0043		0104
Forest Gate (FOG)	d				0030		0045		0106
Manor Park (MNP)	d				0033		0047		0109
Ilford (IFD)	2 d				0035		0050		0112
Seven Kings (SVK)	d				0038		0052		0114
Goodmayes (GMY)	d				0040		0054		0116
Chadwell Heath (CTH)	d				0042		0056		0118
Romford (RMF)	d		0033		0046		0100		0122
Gidea Park (GDP)	2 d				0049		0102		0125
Harold Wood (HRO)	d				0052		0105		0128
Brentwood (BRE)	d				0056		0109		0132
Shenfield (SNF)	3 a		0045	0048	0102		0115	0120	0138

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

B To Southend Victoria
M To Colchester

TSM Tuesday to Saturday mornings

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	XR	LE A	LE B	XR	XR	XR	XR	LE A	XR	LE B	XR	XR	XR	LE C	XR	XR	XR	LE B
Reading (RDG)	7 d																	
Twyford (TWY)	3 d																	
Maidenhead (MAI)	3 d												0512					
Taplow (TAP)	d												0515					
Burnham (BNM)	d												0518					
Slough (SLO)	3 d												0522					
Langley (LNY)	d												0525					
Iver (IVR)	d												0528					
West Drayton (WDT)	d												0530					
Heathrow Terminal 5 (HWV)	7 d							0515										
Heathrow Terminal 4 (HAF)	7 d													0530				
Heathrow Terminals 2 & 3 (HXX)	7 d							0521						0536				
Hayes & Harlington (HAY)	3 d							0527				0535		0542				
Southall (STL)	d							0530				0538		0545				
Hanwell (HAN)	d							0533						0548				
West Ealing (WEA)	3 d							0535						0550				
Ealing Broadway (EAL)	3 d							0537				0545		0552				
Acton Main Line (AML)	d							0540						0555				
London Paddington EL (PAD)	15 d						0545	0549		0552		0556	0600	0604		0607	0611	0615
Bond Street (BDS)	d						0548	0552		0555		0559	0603	0607		0610	0614	0618
Tottenham Court Road (TCR)	d						0550	0554		0557		0601	0605	0609		0612	0616	0620
Farringdon (ZFD)	3 d						0553	0557		0600		0604	0608	0612		0615	0619	0623
London Liverpool Street EL (LST)	4 d						0556	0600		0603		0607	0611	0615		0618	0622	0626
London Liverpool Street (LST)	15 d	0524	0534	0537	0539	0554		0602		0605		0610	0613	0618	0618	0620	0625	0628
Whitechapel (ZLW)	d						0558	0603				0610	0613	0618		0620	0625	0628
Canary Wharf (CWX)	DLR d						0602	0607				0614	0618	0622		0629	0633	
Custom House (CUS)	d						0606	0611				0618	0626	0630		0637	0641	
Woolwich (WWC)	d						0610	0615				0622	0630	0634		0641	0645	
Abbey Wood (ABW)	a						0614	0619				0626	0634	0638		0645	0649	
Stratford (SRA)	7 d	0531	0541	0544	0546	0601		0609	0611	0612		0619		0625	0626		0634	0640
Maryland (MYL)	d	0533			0548	0603			0613			0621		0628			0636	
Forest Gate (FOG)	d	0535			0550	0605			0615			0623		0630			0638	
Manor Park (MNP)	d	0538			0553	0608			0618			0626		0633			0641	
Ilford (IFD)	2 d	0540			0555	0610			0620			0628		0635			0643	
Seven Kings (SVK)	d	0543			0558	0613			0623			0631		0638			0646	
Goodmayes (GMY)	d	0545			0600	0615			0625			0633		0640			0648	
Chadwell Heath (CTH)	d	0547			0602	0617			0627			0635		0642			0650	
Romford (RMF)	d	0551	0549		0606	0621			0631	0620		0639		0646			0654	
Gidea Park (GDP)	2 d	0554			0609	0624			0634			0642		0649			0657	
Harold Wood (HRO)	d	0557			0612	0627			0637			0645		0652			0700	
Brentwood (BRE)	d	0601			0616	0631			0641			0649		0656			0704	
Shenfield (SNF)	3 a	0607	0558	0600	0622	0637		0624	0647	0629		0655		0640	0702		0710	0655

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A To Ipswich
B To Southend Victoria
C To Clacton-on-Sea

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	XR	XR	LE D	XR	XR	LE E	XR	XR	XR	XR	LE A	XR	XR	LE B	XR	XR	LE C	XR
Reading (RDG) 7 d															0559			
Twyford (TWY) 3 d															0604			
Maidenhead (MAI) 3 d				0542											0611			
Taplow (TAP) d				0545											0614			
Burnham (BNM) d				0548											0617			
Slough (SLO) 3 d				0552											0621			
Langley (LNY) d				0555											0625			
Iver (IVR) d				0558											0627			
West Drayton (WDT) d				0600											0630			
Heathrow Terminal 5 (HWV) 7 d	0545											0615						
Heathrow Terminal 4 (HAF) 7 d						0600											0630	
Heathrow Terminals 2 & 3 (HXX) 7 d	0551					0606						0621					0636	
Hayes & Harlington (HAY) 3 d	0557			0605		0612						0627			0634		0642	
Southall (STL) d	0600			0608		0615						0630			0638		0645	
Hanwell (HAN) d	0603					0618						0633					0648	
West Ealing (WEA) 3 d	0605					0620						0635					0650	
Ealing Broadway (EAL) 3 d	0607			0615		0622						0637			0645		0652	
Acton Main Line (AML) d	0610					0625						0640					0655	
London Paddington EL (PAD) 15 d	0619	0622		0626	0630	0634	0637	0641	0645		0649	0652		0656	0700		0704	
Bond Street (BDS) d	0622	0625		0629	0633	0637	0640	0644	0648		0652	0655		0659	0703		0707	
Tottenham Court Road (TCR) d	0624	0627		0631	0635	0639	0642	0646	0650		0654	0657		0701	0705		0709	
Farringdon (ZFD) 3 d	0627	0630		0634	0638	0642	0645	0649	0653		0657	0700		0704	0708		0712	
London Liverpool Street EL (LST) 4 d	0630	0633		0637	0641	0645	0648	0652	0656		0700	0703		0707	0711		0715	
London Liverpool Street (LST) 15 d			0636			0648				0702			0705			0718		
Whitechapel (ZLW) d	0633	0635		0640	0643		0648	0650	0655	0658		0703	0705		0710	0713		0718
Canary Wharf (CWX) DLR d	0637			0644		0652		0659			0707				0714			0722
Custom House (CUS) d	0641			0648		0656		0703			0711				0718			0726
Woolwich (WWC) d	0645			0652		0700		0707			0715				0722			0730
Abbey Wood (ABW) a	0649			0656		0704		0711			0719				0726			0734
Stratford (SRA) 7 d		0641	0643		0649	0655		0656		0704	0709		0711	0712		0719	0725	
Maryland (MYL) d		0643			0651			0658		0706			0713			0721		
Forest Gate (FOG) d		0645			0653			0700		0708			0715			0723		
Manor Park (MNP) d		0648			0656			0703		0711			0718			0726		
Ilford (IFD) 2 d		0650			0658			0705		0713			0720			0728		
Seven Kings (SVK) d		0653			0701			0708		0716			0723			0731		
Goodmayes (GMY) d		0655			0703			0710		0718			0725			0733		
Chadwell Heath (CTH) d		0657			0705			0712		0720			0727			0735		
Romford (RMF) d		0701	0651		0709			0716		0724			0731	0720		0739		
Gidea Park (GDP) 2 d		0704			0712			0719		0727			0734			0742		
Harold Wood (HRO) d		0707			0715			0722		0730			0737			0745		
Brentwood (BRE) d		0711			0719			0726		0734			0741			0749		
Shenfield (SNF) 3 a		0717	0700		0725	0711		0732		0740	0724		0747	0729		0755	0741	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time
- A To Ipswich
B To Southend Victoria
C To Clacton-on-Sea
D To Harwich International
E To Braintree

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	XR	XR	XR	LE B	XR	XR	LE F	XR	XR	LE E	XR	XR	LE B	XR	XR	LE A	XR	XR
Reading (RDG)	7 d							0629										
Twyford (TWY)	3 d							0634										
M Maidenhead (MAI)	3 d							0641										
Taplow (TAP)	d							0644										
Burnham (BNM)	d							0647										
Slough (SLO)	3 d							0651										
Langley (LNY)	d							0655										
Iver (IVR)	d							0657										
West Drayton (WDT)	d							0700										
Heathrow Terminal 5 (HWV)	7 d				0645												0715	
Heathrow Terminal 4 (HAF)	7 d									0700								
Heathrow Terminals 2 & 3 (HXX)	7 d				0651					0706							0721	
Hayes & Harlington (HAY)	3 d				0657			0705		0712							0728	
Southall (STL)	d				0700			0708		0715							0731	
Hanwell (HAN)	d				0703					0718							0734	
West Ealing (WEA)	3 d				0706					0720							0736	
Ealing Broadway (EAL)	3 d				0708			0715		0722							0738	
Acton Main Line (AML)	d				0711					0725							0741	
London Paddington EL (PAD)	15 d	0707	0711	0715		0719	0722		0726	0730		0734	0737		0741	0745		0749 0752
Bond Street (BDS)	d	0710	0714	0718		0722	0725		0729	0733		0737	0740		0744	0748		0752 0755
Tottenham Court Road (TCR)	d	0712	0716	0720		0724	0727		0731	0735		0739	0742		0746	0750		0754 0757
Farringdon (ZFD)	3 d	0715	0719	0723		0727	0730		0734	0738		0742	0745		0749	0753		0757 0800
London Liverpool Street EL (LST)	4 d	0718	0722	0726		0730	0733		0737	0741		0745	0748		0752	0756		0800 0803
London Liverpool Street (LST)	15 d				0733		0736			0748			0750			0802		
Whitechapel (ZLW)	d	0720	0725	0728		0733	0735		0740	0743		0748	0750		0755	0758		0803 0805
Canary Wharf (CWX)	DLR d		0729			0737			0744			0752			0759			0807
Custom House (CUS)	d		0733			0741			0748			0756			0803			0811
Woolwich (WWC)	d		0737			0745			0752			0800			0807			0815
Abbey Wood (ABW)	a		0741			0749			0756			0804			0811			0819
Stratford (SRA)	7 d	0726		0734	0740		0741	0743		0749	0755		0756	0758		0804	0809	0811
Maryland (MYL)	d	0728		0736			0743			0751			0758			0806		0813
Forest Gate (FOG)	d	0730		0738			0745			0753			0800			0808		0815
Manor Park (MNP)	d	0733		0741			0748			0756			0803			0811		0818
Ilford (IFD)	2 d	0735		0743			0750			0758			0805			0813		0820
Seven Kings (SVK)	d	0738		0746			0753			0801			0808			0816		0823
Goodmayes (GMY)	d	0740		0748			0755			0803			0810			0818		0825
Chadwell Heath (CTH)	d	0742		0750			0757			0805			0812			0820		0827
Romford (RMF)	d	0746		0754			0801			0809			0816	0807		0824		0831
Gidea Park (GDP)	2 d	0749		0757			0804			0812			0819			0827		0834
Harold Wood (HRO)	d	0752		0800			0807			0815			0822			0830		0837
Brentwood (BRE)	d	0756		0804			0811			0819			0826			0834		0841
Shenfield (SNF)	3 a	0802		0810	0755		0817	0758		0825	0811		0832	0816		0840	0824	0847

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A To Ipswich
B To Southend Victoria
E To Braintree
F To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	XR	XR	LE B	LE C	XR	XR	XR	XR	LE B	XR	XR	LE F	XR	XR	LE E	XR	XR	LE B
Reading (RDG) 7 d	0659												0729					
Twyford (TWY) 3 d	0704												0734					
Maidenhead (MAI) 3 d	0711												0741					
Taplow (TAP) d	0714												0744					
Burnham (BNM) d	0717												0747					
Slough (SLO) 3 d	0721												0751					
Langley (LNY) d	0725												0755					
Iver (IVR) d	0727												0757					
West Drayton (WDT) d	0730												0800					
Heathrow Terminal 5 (HWV) 7 d										0745								
Heathrow Terminal 4 (HAF) 7 d					0730											0800		
Heathrow Terminals 2 & 3 (HXX) 7 d					0736					0751						0806		
Hayes & Harlington (HAY) 3 d	0735				0742					0757			0805			0812		
Southall (STL) d	0738				0745					0800			0808			0815		
Hanwell (HAN) d					0748					0803						0818		
West Ealing (WEA) 3 d					0750					0805						0820		
Ealing Broadway (EAL) 3 d	0745				0752					0807			0815			0822		
Acton Main Line (AML) d					0755					0810						0825		
London Paddington EL (PAD) 15 d	0756	0800			0804	0807	0811	0815		0819	0822		0826	0830		0834	0837	
Bond Street (BDS) d	0759	0803			0807	0810	0814	0818		0822	0825		0829	0833		0837	0840	
Tottenham Court Road (TCR) d	0801	0805			0809	0812	0816	0820		0824	0827		0831	0835		0839	0842	
Farringdon (ZFD) 3 d	0804	0808			0812	0815	0819	0823		0827	0830		0834	0838		0842	0845	
London Liverpool Street EL (LST) 4 d	0807	0811			0815	0818	0822	0826		0830	0833		0837	0841		0845	0848	
London Liverpool Street (LST) 15 d			0813	0818					0833			0836			0848			0850
Whitechapel (ZLW) d	0810	0813			0818	0820	0825	0828		0833	0835		0840	0843		0848	0850	
Canary Wharf (CWX) DLR d	0814				0822		0829			0837			0844			0852		
Custom House (CUS) d	0818				0826		0833			0841			0848			0856		
Woolwich (WWC) d	0822				0830		0837			0845			0852			0900		
Abbey Wood (ABW) a	0826				0834		0841			0849			0856			0904		
Stratford (SRA) 7 d		0819	0820	0825		0826		0834	0840		0841	0843		0849	0855		0856	0858
Maryland (MYL) d		0821				0828		0836			0843			0851			0858	
Forest Gate (FOG) d		0823				0830		0838			0845			0853			0900	
Manor Park (MNP) d		0826				0833		0841			0848			0856			0903	
Ilford (IFD) 2 d		0828				0835		0843			0850			0858			0905	
Seven Kings (SVK) d		0831				0838		0846			0853			0901			0908	
Goodmayes (GMY) d		0833				0840		0848			0855			0903			0910	
Chadwell Heath (CTH) d		0835				0842		0850			0857			0905			0912	
Romford (RMF) d		0839	0828			0846		0854			0901			0909			0916	0907
Gidea Park (GDP) 2 d		0842				0849		0857			0904			0912			0919	
Harold Wood (HRO) d		0845				0852		0900			0907			0915			0922	
Brentwood (BRE) d		0849				0856		0904			0911			0919			0926	
Shenfield (SNF) 3 a		0855	0839	0841		0902		0910	0855		0917	0858		0925	0911		0932	0916

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
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Saturdays

Operator Days of operation/Notes	XR	XR	LE A	XR	XR	XR	XR	LE B	LE C	XR	XR	XR	XR	LE B	XR	XR	LE F	XR
Reading (RDG) 7 d						0759												0829
Twyford (TWY) 3 d						0804												0834
Maidenhead (MAI) 3 d	0800					0811						0830						0841
Taplow (TAP) d						0814												0844
Burnham (BNM) d	0804					0817						0834						0847
Slough (SLO) 3 d	0808					0821						0838						0851
Langley (LNY) d	0812					0825						0842						0855
Iver (IVR) d	0814											0844						
West Drayton (WDT) d	0817					0830						0847						0900
Heathrow Terminal 5 (HWV) 7 d					0820											0850		
Heathrow Terminal 4 (HAF) 7 d				0815						0830					0845			
Heathrow Terminals 2 & 3 (HXX) 7 d				0821	0825					0836					0851	0855		
Hayes & Harlington (HAY) 3 d	0822			0827	0832	0835				0842		0852			0857	0902		0905
Southall (STL) d	0825			0830		0838				0845		0855			0900			0908
Hanwell (HAN) d				0833						0848					0903			
West Ealing (WEA) 3 d				0835	0839					0850					0905	0909		
Ealing Broadway (EAL) 3 d	0829			0837	0841	0845				0852		0859			0907	0911		0915
Acton Main Line (AML) d				0840						0855					0910			
London Paddington EL (PAD) 15 d	0841	0845		0849	0852	0856	0900			0904	0907	0911	0915		0919	0922		0926
Bond Street (BDS) d	0844	0848		0852	0855	0859	0903			0907	0910	0914	0918		0922	0925		0929
Tottenham Court Road (TCR) d	0846	0850		0854	0857	0901	0905			0909	0912	0916	0920		0924	0927		0931
Farringdon (ZFD) 3 d	0849	0853		0857	0900	0904	0908			0912	0915	0919	0923		0927	0930		0934
London Liverpool Street EL (LST) 4 d	0852	0856		0900	0903	0907	0911			0915	0918	0922	0926		0930	0933		0937
London Liverpool Street (LST) 15 d			0902					0913	0918					0933			0936	
Whitechapel (ZLW) d	0855	0858		0903	0905	0910	0913			0918	0920	0925	0928		0933	0935		0940
Canary Wharf (CWX) DLR d	0859			0907		0914				0922		0929			0937			0944
Custom House (CUS) d	0903			0911		0918				0926		0933			0941			0948
Woolwich (WWC) d	0907			0915		0922				0930		0937			0945			0952
Abbey Wood (ABW) a	0911			0919		0926				0934		0941			0949			0956
Stratford (SRA) 7 d		0904	0909		0911		0919	0920	0925		0926		0934	0940		0941	0943	
Maryland (MYL) d		0906			0913		0921				0928		0936			0943		
Forest Gate (FOG) d		0908			0915		0923				0930		0938			0945		
Manor Park (MNP) d		0911			0918		0926				0933		0941			0948		
Ilford (IFD) 2 d		0913			0920		0928				0935		0943			0950		
Seven Kings (SVK) d		0916			0923		0931				0938		0946			0953		
Goodmayes (GMY) d		0918			0925		0933				0940		0948			0955		
Chadwell Heath (CTH) d		0920			0927		0935				0942		0950			0957		
Romford (RMF) d		0924			0931		0939	0928			0946		0954			1001		
Gidea Park (GDP) 2 d		0927			0934		0942				0949		0957			1004		
Harold Wood (HRO) d		0930			0937		0945				0952		1000			1007		
Brentwood (BRE) d		0934			0941		0949				0956		1004			1011		
Shenfield (SNF) 3 a		0940	0924		0947		0955	0939	0941		1002		1010	0955		1017	0958	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
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Saturdays

Operator Days of operation/Notes	XR	LE E	XR	XR	LE B	XR	XR	LE A	XR	XR	XR	XR	LE B	LE C	XR	XR	XR	XR
Reading (RDG)	7 d											0859						
Twyford (TWY)	3 d											0904						
Maidenhead (MAI)	3 d					0900						0911					0930	
Taplow (TAP)	d											0914						
Burnham (BNM)	d					0904						0917					0934	
Slough (SLO)	3 d					0908						0921					0938	
Langley (LNY)	d					0912						0925					0942	
Iver (IVR)	d					0914											0944	
West Drayton (WDT)	d					0917						0930					0947	
Heathrow Terminal 5 (HWV)	⊖← d										0920							
Heathrow Terminal 4 (HAF)	⊖← d			0900					0915						0930			
Heathrow Terminals 2 & 3 (HXX)	⊖← d			0906					0921	0925					0936			
Hayes & Harlington (HAY)	3 d			0912		0922			0927	0932	0935				0942		0952	
Southall (STL)	d			0915		0925			0930		0938				0945		0955	
Hanwell (HAN)	d			0918					0933						0948			
West Ealing (WEA)	3 d			0920					0935	0938					0950			
Ealing Broadway (EAL)	⊖ 3 d			0922		0929			0937	0940	0945				0953		1002	
Acton Main Line (AML)	d			0925					0940						0955			
London Paddington EL (PAD)	⊖ 15 d	0930		0934	0937		0941	0945	0949	0952	0956	1000			1004	1007	1011	1015
Bond Street (BDS)	⊖ d	0933		0937	0940		0944	0948	0952	0955	0959	1003			1007	1010	1014	1018
Tottenham Court Road (TCR)	⊖ d	0935		0939	0942		0946	0950	0954	0957	1001	1005			1009	1012	1016	1020
Farringdon (ZFD)	⊖ 3 d	0938		0942	0945		0949	0953	0957	1000	1004	1008			1012	1015	1019	1023
London Liverpool Street EL (LST)	⊖ 4 d	0941		0945	0948		0952	0956	1000	1003	1007	1011			1015	1018	1022	1026
London Liverpool Street (LST)	⊖ 15 d		0948		0950			1002					1013	1018				
Whitechapel (ZLW)	⊖ d	0943		0948	0950		0955	0958	1003	1005	1010	1013			1018	1020	1025	1028
Canary Wharf (CWX)	DLR d			0952			0959		1007		1014				1022		1029	
Custom House (CUS)	d			0956			1003		1011		1018				1026		1033	
Woolwich (WWC)	d			1000			1007		1015		1022				1030		1037	
Abbey Wood (ABW)	a			1004			1011		1019		1026				1034		1041	
Stratford (SRA)	⊖ DLR 7 d	0949	0955		0956	0958		1004	1009		1011		1019	1020	1025		1026	1034
Maryland (MYL)	d	0951			0958			1006			1013						1028	1036
Forest Gate (FOG)	d	0953			1000			1008			1015						1030	1038
Manor Park (MNP)	d	0956			1003			1011			1018						1033	1041
Ilford (IFD)	2 d	0958			1005			1013			1020						1035	1043
Seven Kings (SVK)	d	1001			1008			1016			1023						1038	1046
Goodmayes (GMY)	d	1003			1010			1018			1025						1040	1048
Chadwell Heath (CTH)	d	1005			1012			1020			1027						1042	1050
Romford (RMF)	d	1009			1016	1007		1024			1031		1039	1028			1046	1054
Gidea Park (GDP)	2 d	1012			1019			1027			1034		1042				1049	1057
Harold Wood (HRO)	d	1015			1022			1030			1037		1045				1052	1100
Brentwood (BRE)	d	1019			1026			1034			1041		1049				1056	1104
Shenfield (SNF)	3 a	1025	1011		1032	1016		1041	1024		1047		1055	1039	1041		1102	1111

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Saturdays

Operator Days of operation/Notes	LE B	XR	XR	LE F	XR	XR	LE E	XR	XR	LE B	XR	XR	LE A	XR	XR	XR	XR	LE B
Reading (RDG) 7 d					0929												0959	
Twyford (TWY) 3 d					0934												1004	
Maidenhead (MAI) 3 d					0941						1000						1011	
Taplow (TAP) d					0944												1014	
Burnham (BNM) d					0947						1004						1017	
Slough (SLO) 3 d					0951						1008						1021	
Langley (LNY) d					0955						1012						1025	
Iver (IVR) d											1014							
West Drayton (WDT) d					1000						1017						1030	
Heathrow Terminal 5 (HWV) 7 d			0950												1020			
Heathrow Terminal 4 (HAF) 7 d		0945						1000						1015				
Heathrow Terminals 2 & 3 (HXX) 7 d		0951	0955					1006						1021	1025			
Hayes & Harlington (HAY) 3 d		0957	1002		1005			1012			1022			1027	1032	1035		
Southall (STL) d		1000			1008			1015			1025			1030		1038		
Hanwell (HAN) d		1003						1018						1033				
West Ealing (WEA) 3 d		1005	1009					1020						1035	1039			
Ealing Broadway (EAL) 3 d		1008	1011		1015			1022			1029			1037	1041	1045		
Acton Main Line (AML) d		1010						1025						1040				
London Paddington EL (PAD) 15 d		1019	1022		1026	1030		1034	1037		1041	1045		1049	1052	1056	1100	
Bond Street (BDS) d		1022	1025		1029	1033		1037	1040		1044	1048		1052	1055	1059	1103	
Tottenham Court Road (TCR) d		1024	1027		1031	1035		1039	1042		1046	1050		1054	1057	1101	1105	
Farringdon (ZFD) 3 d		1027	1030		1034	1038		1042	1045		1049	1053		1057	1100	1104	1108	
London Liverpool Street EL (LST) 4 d		1030	1033		1037	1041		1045	1048		1052	1056		1100	1103	1107	1111	
London Liverpool Street (LST) 15 d	1033			1036			1048			1050			1102					1113
Whitechapel (ZLW) d		1033	1035		1040	1043		1048	1050		1054	1058		1103	1105	1110	1113	
Canary Wharf (CWX) DLR d		1037			1044			1052			1058			1107		1114		
Custom House (CUS) d		1041			1048			1055			1102			1111		1118		
Woolwich (WWC) d		1045			1052			1059			1106			1116		1122		
Abbey Wood (ABW) a		1049			1056			1104			1110			1120		1126		
Stratford (SRA) 7 d	1040		1041	1043		1049	1055		1056	1058		1104	1109		1111		1119	1120
Maryland (MYL) d			1043			1051			1058			1106			1113		1121	
Forest Gate (FOG) d			1045			1053			1100			1108			1115		1123	
Manor Park (MNP) d			1048			1056			1103			1111			1118		1126	
Ilford (IFD) 2 d			1050			1059			1106			1114			1121		1129	
Seven Kings (SVK) d			1053			1101			1108			1116			1123		1131	
Goodmayes (GMY) d			1055			1103			1110			1118			1125		1133	
Chadwell Heath (CTH) d			1057			1105			1112			1120			1127		1135	
Romford (RMF) d			1101			1109			1116	1107		1124			1131		1139	1128
Gidea Park (GDP) 2 d			1104			1112			1119			1127			1134		1142	
Harold Wood (HRO) d			1107			1115			1122			1130			1137		1145	
Brentwood (BRE) d			1111			1119			1126			1134			1141		1149	
Shenfield (SNF) 3 a	1055		1117	1058		1125	1111		1132	1116		1141	1124		1147		1155	1139

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Operator Days of operation/Notes	LE C	XR	XR	XR	XR	XR	XR	LE B	LE F	XR	XR	XR	XR	LE E	XR	XR	LE B	XR
Reading (RDG)	7 d												1029					
Twyford (TWY)	3 d												1034					
Maidenhead (MAI)	3 d				1030								1041					1100
Taplow (TAP)	d												1044					
Burnham (BNM)	d				1034								1047					1104
Slough (SLO)	3 d				1038								1051					1108
Langley (LNY)	d				1042								1055					1112
Iver (IVR)	d				1044													1114
West Drayton (WDT)	d				1047								1100					1117
Heathrow Terminal 5 (HWV)	7 d											1050						
Heathrow Terminal 4 (HAF)	7 d		1030							1045					1100			
Heathrow Terminals 2 & 3 (HXX)	7 d		1036							1051	1055				1106			
Hayes & Harlington (HAY)	3 d		1042		1052					1057	1102	1105			1112			1122
Southall (STL)	d		1045		1055					1100		1108			1115			1125
Hanwell (HAN)	d		1048							1103					1118			
West Ealing (WEA)	3 d		1050							1105	1109				1120			
Ealing Broadway (EAL)	3 d		1052		1059					1107	1111	1115			1122			1129
Acton Main Line (AML)	d		1055							1111					1125			
London Paddington EL (PAD)	15 d		1103	1106	1109	1112	1115	1118			1121	1124	1127	1130		1133	1136	1139
Bond Street (BDS)	d		1106	1109	1112	1115	1118	1121			1124	1127	1130	1133		1136	1139	1142
Tottenham Court Road (TCR)	d		1108	1111	1114	1117	1120	1123			1126	1129	1132	1135		1138	1141	1144
Farringdon (ZFD)	3 d		1111	1114	1117	1120	1123	1126			1129	1132	1135	1138		1141	1144	1147
London Liverpool Street EL (LST)	4 d		1114	1117	1120	1123	1126	1129			1132	1135	1138	1141		1144	1147	1150
London Liverpool Street (LST)	15 d	1118							1133	1136				1148			1150	
Whitechapel (ZLW)	d		1117	1120	1123	1125	1129	1131			1135	1137	1141	1143		1147	1150	1153
Canary Wharf (CWX)	DLR d		1121		1127		1133				1139		1145			1151		1157
Custom House (CUS)	d		1124		1130		1136				1142		1148			1154		1200
Woolwich (WWC)	d		1128		1134		1140				1146		1152			1158		1204
Abbey Wood (ABW)	a		1133		1139		1145				1151		1157			1203		1209
Stratford (SRA)	7 d	1125		1127		1131		1137	1140	1143		1143		1149	1155		1157	1158
Maryland (MYL)	d			1129		1133		1139				1145		1151			1159	
Forest Gate (FOG)	d			1131		1135		1141				1147		1153			1201	
Manor Park (MNP)	d			1134		1138		1144				1150		1156			1204	
Ilford (IFD)	2 d			1137		1141		1147				1153		1159			1207	
Seven Kings (SVK)	d			1139		1143		1149				1155		1201			1209	
Goodmayes (GMY)	d			1141		1145		1151				1157		1203			1211	
Chadwell Heath (CTH)	d			1143		1147		1153				1159		1205			1213	
Romford (RMF)	d			1147		1151		1157				1203		1209			1217	1207
Gidea Park (GDP)	2 d			1150		1155a		1200				1206		1212			1220	
Harold Wood (HRO)	d			1153				1203				1209		1215			1223	
Brentwood (BRE)	d			1157				1207				1213		1219			1227	
Shenfield (SNF)	3 a	1141		1202				1213	1155	1158		1219		1225	1211		1232	1216

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Operator Days of operation/Notes	XR	XR	XR	LE A	XR	XR	XR	XR	LE B	LE C	XR	XR	XR	XR	XR	LE B	LE F
Reading (RDG) 7 d							1059										
Twyford (TWY) 3 d							1104										
Maidenhead (MAI) 3 d							1111					1130					
Taplow (TAP) d							1114										
Burnham (BNM) d							1117					1134					
Slough (SLO) 3 d							1121					1138					
Langley (LNY) d							1125					1142					
Iver (IVR) d												1144					
West Drayton (WDT) d							1130					1147					
Heathrow Terminal 5 (HWV) 7 d						1120											
Heathrow Terminal 4 (HAF) 7 d					1115						1130						
Heathrow Terminals 2 & 3 (HXX) 7 d					1121	1125					1136						
Hayes & Harlington (HAY) 3 d					1127	1132	1135				1142		1152				
Southall (STL) d					1130		1138				1145		1155				
Hanwell (HAN) d					1133						1148						
West Ealing (WEA) 3 d					1135	1139					1150						
Ealing Broadway (EAL) 3 d					1137	1141	1145				1152		1159				
Acton Main Line (AML) d					1141						1155						
London Paddington EL (PAD) 15 d	1142	1145	1148		1151	1154	1157	1200			1203	1206	1209	1212	1215	1218	
Bond Street (BDS) d	1145	1148	1151		1154	1157	1200	1203			1206	1209	1212	1215	1218	1221	
Tottenham Court Road (TCR) d	1147	1150	1153		1156	1159	1202	1205			1208	1211	1214	1217	1220	1223	
Farringdon (ZFD) 3 d	1150	1153	1156		1159	1202	1205	1208			1211	1214	1217	1220	1223	1226	
London Liverpool Street EL (LST) 4 d	1153	1156	1159		1202	1205	1208	1211			1214	1217	1220	1223	1226	1229	
London Liverpool Street (LST) 15 d				1202					1213	1218							1233
Whitechapel (ZLW) d	1155	1159	1201		1205	1207	1211	1213			1217	1220	1223	1225	1229	1231	
Canary Wharf (CWX) DLR d		1203			1209		1215				1221		1227		1233		
Custom House (CUS) d		1206			1212		1218				1224		1230		1236		
Woolwich (WWC) d		1210			1216		1222				1228		1234		1240		
Abbey Wood (ABW) a		1215			1221		1227				1233		1239		1245		
Stratford (SRA) 7 d	1201		1207	1209		1213		1219	1220	1225		1227		1231		1237	1240
Maryland (MYL) d	1203		1209			1215		1221				1229		1233		1239	
Forest Gate (FOG) d	1205		1211			1217		1223				1231		1235		1241	
Manor Park (MNP) d	1208		1214			1220		1226				1234		1238		1244	
Ilford (IFD) 2 d	1211		1217			1223		1229				1237		1241		1247	
Seven Kings (SVK) d	1213		1219			1225		1231				1239		1243		1249	
Goodmayes (GMY) d	1215		1221			1227		1233				1241		1245		1251	
Chadwell Heath (CTH) d	1217		1223			1229		1235				1243		1247		1253	
Romford (RMF) d	1221		1227			1233		1239	1228			1247		1251		1257	
Gidea Park (GDP) 2 d	1225a		1230			1236		1242				1250		1255a		1300	
Harold Wood (HRO) d			1233			1239		1245				1253				1303	
Brentwood (BRE) d			1237			1243		1249				1257				1307	
Shenfield (SNF) 3 a			1243	1224		1249		1255	1239	1241		1302				1313	1255

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A To Ipswich
B To Southend Victoria
C To Clacton-on-Sea
F To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	XR	XR	XR	XR	LE E	XR	XR	LE B	XR	XR	XR	XR	LE A	XR	XR	XR	XR	LE B
Reading (RDG)	7 d		1129													1159		
Twyford (TWY)	3 d		1134													1204		
Maidenhead (MAI)	3 d		1141						1200							1211		
Taplow (TAP)	d		1144													1214		
Burnham (BNM)	d		1147						1204							1217		
Slough (SLO)	3 d		1151						1208							1221		
Langley (LNY)	d		1155						1212							1225		
Iver (IVR)	d								1214									
West Drayton (WDT)	d		1200						1217							1229		
Heathrow Terminal 5 (HWV)	7 d	1150													1220			
Heathrow Terminal 4 (HAF)	7 d	1145				1200								1215				
Heathrow Terminals 2 & 3 (HXX)	7 d	1151	1155			1206								1221	1225			
Hayes & Harlington (HAY)	3 d	1157	1202	1205		1212			1222					1227	1232	1235		
Southall (STL)	d	1200		1208		1215			1225					1230		1238		
Hanwell (HAN)	d	1203				1218								1233				
West Ealing (WEA)	3 d	1205	1209			1220								1235	1239			
Ealing Broadway (EAL)	3 d	1207	1211	1215		1222			1229					1237	1241	1245		
Acton Main Line (AML)	d	1211				1225								1241				
London Paddington EL (PAD)	15 d	1221	1224	1227	1230	1233	1236		1239	1242	1245	1248		1251	1254	1257	1300	
Bond Street (BDS)	d	1224	1227	1230	1233	1236	1239		1242	1245	1248	1251		1254	1257	1300	1303	
Tottenham Court Road (TCR)	d	1226	1229	1232	1235	1238	1241		1244	1247	1250	1253		1256	1259	1302	1305	
Farringdon (ZFD)	3 d	1229	1232	1235	1238	1241	1244		1247	1250	1253	1256		1259	1302	1305	1308	
London Liverpool Street EL (LST)	4 d	1232	1235	1238	1241	1244	1247		1250	1253	1256	1259		1302	1305	1308	1311	
London Liverpool Street (LST)	15 d				1248		1250						1302					1313
Whitechapel (ZLW)	d	1235	1237	1241	1243	1247	1250		1253	1255	1259	1301		1305	1307	1311	1313	
Canary Wharf (CWX)	DLR d	1239		1245		1251			1257		1303	1301		1309		1315		
Custom House (CUS)	d	1242		1248		1254			1300		1306			1312		1318		
Woolwich (WWC)	d	1246		1252		1258			1304		1310			1316		1322		
Abbey Wood (ABW)	a	1251		1257		1303			1309		1315			1321		1327		
Stratford (SRA)	7 d		1243		1249	1255		1257	1258		1301		1307	1309		1313		1319
Maryland (MYL)	d		1245		1251			1259			1303		1309			1315		1321
Forest Gate (FOG)	d		1247		1253			1301			1305		1311			1317		1323
Manor Park (MNP)	d		1250		1256			1304			1308		1314			1320		1326
Ilford (IFD)	2 d		1253		1259			1307			1311		1317			1323		1329
Seven Kings (SVK)	d		1255		1301			1309			1313		1319			1325		1331
Goodmayes (GMY)	d		1257		1303			1311			1315		1321			1327		1333
Chadwell Heath (CTH)	d		1259		1305			1313			1317		1323			1329		1335
Romford (RMF)	d		1303		1309			1317	1307		1321		1327			1333		1339
Gidea Park (GDP)	2 d		1306		1312			1320			1325a		1330			1336		1342
Harold Wood (HRO)	d		1309		1315			1323					1333			1339		1345
Brentwood (BRE)	d		1313		1319			1327					1337			1343		1349
Shenfield (SNF)	3 a		1319		1325	1311		1332	1316				1343	1324		1349		1355

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time
- A To Ipswich
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Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	LE C	XR	XR	XR	XR	XR	XR	LE B	LE F	XR	XR	XR	XR	LE E	XR	XR	LE B	XR
Reading (RDG) 7 d													1229					
Twyford (TWY) 3 d													1234					
Maidenhead (MAI) 3 d				1230									1241					1300
Taplow (TAP) d													1244					
Burnham (BNM) d				1234									1247					1304
Slough (SLO) 3 d				1238									1251					1308
Langley (LNY) d				1242									1255					1312
Iver (IVR) d				1244														1314
West Drayton (WDT) d				1247									1300					1317
Heathrow Terminal 5 (HWV) 7 d												1250						
Heathrow Terminal 4 (HAF) 7 d		1230								1245					1300			
Heathrow Terminals 2 & 3 (HXX) 7 d		1236								1251	1255				1306			
Hayes & Harlington (HAY) 3 d		1242		1252						1257	1302	1305			1312			1322
Southall (STL) d		1245		1255						1300		1308			1315			1325
Hanwell (HAN) d		1248								1303					1318			
West Ealing (WEA) 3 d		1250								1305	1309				1320			
Ealing Broadway (EAL) 3 d		1252		1259						1307	1311	1314			1322			1330
Acton Main Line (AML) d		1255								1311					1325			
London Paddington EL (PAD) 15 d		1303	1306	1309	1312	1315	1318			1321	1324	1327	1330		1333	1336		1339
Bond Street (BDS) d		1306	1309	1312	1315	1318	1321			1324	1327	1330	1333		1336	1339		1342
Tottenham Court Road (TCR) d		1308	1311	1314	1317	1320	1323			1326	1329	1332	1335		1338	1341		1344
Farringdon (ZFD) 3 d		1311	1314	1317	1320	1323	1326			1329	1332	1335	1338		1341	1344		1347
London Liverpool Street EL (LST) 4 d		1314	1317	1320	1323	1326	1329			1332	1335	1338	1341		1344	1347		1350
London Liverpool Street (LST) 15 d	1318							1333	1336					1348			1350	
Whitechapel (ZLW) d		1317	1320	1323	1325	1329	1331			1335	1337	1341	1343		1347	1350		1353
Canary Wharf (CWX) DLR d		1321		1327		1333				1339		1345			1351			1357
Custom House (CUS) d		1324		1330		1336				1342		1348			1354			1400
Woolwich (WWC) d		1328		1334		1340				1346		1352			1358			1404
Abbey Wood (ABW) a		1333		1339		1345				1351		1357			1403			1409
Stratford (SRA) 7 d	1325		1327		1331		1337	1340	1343		1343		1349	1355		1357	1358	
Maryland (MYL) d			1329		1333		1339				1345		1351			1359		
Forest Gate (FOG) d			1331		1335		1341				1347		1353			1401		
Manor Park (MNP) d			1334		1338		1344				1350		1356			1404		
Ilford (IFD) 2 d			1337		1341		1347				1353		1359			1407		
Seven Kings (SVK) d			1339		1343		1349				1355		1401			1409		
Goodmayes (GMY) d			1341		1345		1351				1357		1403			1411		
Chadwell Heath (CTH) d			1343		1347		1353				1359		1405			1413		
Romford (RMF) d			1347		1351		1357				1403		1409			1417	1407	
Gidea Park (GDP) 2 d			1350		1355a		1400				1406		1412			1420		
Harold Wood (HRO) d			1353				1403				1409		1415			1423		
Brentwood (BRE) d			1357				1407				1413		1419			1427		
Shenfield (SNF) 3 a	1341		1402				1413	1355	1358		1419		1425	1412		1432	1416	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
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Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	XR	XR	XR	LE A	XR	XR	XR	XR	LE B	LE C	XR	XR	XR	XR	XR	LE B	LE F
Reading (RDG) 7 d							1259										
Twyford (TWY) 3 d							1304										
Maidenhead (MAI) 3 d							1311						1330				
Taplow (TAP) d							1314										
Burnham (BNM) d							1317						1334				
Slough (SLO) 3 d							1321						1338				
Langley (LNY) d							1325						1342				
Iver (IVR) d													1344				
West Drayton (WDT) d							1330						1347				
Heathrow Terminal 5 (HWV) 7 d						1320											
Heathrow Terminal 4 (HAF) 7 d					1315						1330						
Heathrow Terminals 2 & 3 (HXX) 7 d					1321	1325					1336						
Hayes & Harlington (HAY) 3 d					1327	1332	1335				1342		1351				
Southall (STL) d					1330		1338				1345		1354				
Hanwell (HAN) d					1333						1348						
West Ealing (WEA) 3 d					1335	1339					1350						
Ealing Broadway (EAL) 3 d					1337	1342	1345				1352		1359				
Acton Main Line (AML) d					1341						1355						
London Paddington EL (PAD) 15 d	1342	1345	1348		1351	1354	1357	1400			1403	1406	1409	1412	1415	1418	
Bond Street (BDS) d	1345	1348	1351		1354	1357	1400	1403			1406	1409	1412	1415	1418	1421	
Tottenham Court Road (TCR) d	1347	1350	1353		1356	1359	1402	1405			1408	1411	1414	1417	1420	1423	
Farringdon (ZFD) 3 d	1350	1353	1356		1359	1402	1405	1408			1411	1414	1417	1420	1423	1426	
London Liverpool Street EL (LST) 4 d	1353	1356	1359		1402	1405	1408	1411			1414	1417	1420	1423	1426	1429	
London Liverpool Street (LST) 15 d				1402					1413	1418							1433
Whitechapel (ZLW) d	1355	1359	1401		1405	1407	1411	1413			1417	1420	1423	1425	1429	1431	
Canary Wharf (CWX) DLR d					1409		1415				1421		1427		1433		
Custom House (CUS) d					1412		1418				1424		1430		1436		
Woolwich (WWC) d					1416		1422				1428		1434		1440		
Abbey Wood (ABW) a					1421		1427				1433		1439		1445		
Stratford (SRA) 7 d	1401		1407	1409		1413		1419	1420	1425		1427		1431		1437	1440
Maryland (MYL) d	1403		1409			1415		1421				1429		1433		1439	
Forest Gate (FOG) d	1405		1411			1417		1423				1431		1435		1441	
Manor Park (MNP) d	1408		1414			1420		1426				1434		1438		1444	
Ilford (IFD) 2 d	1411		1417			1423		1429				1437		1441		1447	
Seven Kings (SVK) d	1413		1419			1425		1431				1439		1443		1449	
Goodmayes (GMY) d	1415		1421			1427		1433				1441		1445		1451	
Chadwell Heath (CTH) d	1417		1423			1429		1435				1443		1447		1453	
Romford (RMF) d	1421		1427			1433		1439	1428			1447		1451		1457	
Gidea Park (GDP) 2 d	1425a		1430			1436		1442				1450		1455a		1500	
Harold Wood (HRO) d			1433			1439		1445				1453				1503	
Brentwood (BRE) d			1437			1443		1449				1457				1507	
Shenfield (SNF) 3 a			1443	1424		1449		1455	1439	1441		1502				1513	1455

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
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Saturdays

Operator Days of operation/Notes	XR	XR	XR	XR	LE E	XR	XR	LE B	XR	XR	XR	XR	LE A	XR	XR	XR	XR	LE B
Reading (RDG)	7 d		1329													1359		
Twyford (TWY)	3 d		1334													1404		
Maidenhead (MAI)	3 d		1341						1400							1411		
Taplow (TAP)	d		1344													1414		
Burnham (BNM)	d		1347						1404							1417		
Slough (SLO)	3 d		1351						1408							1421		
Langley (LNY)	d		1355						1412							1425		
Iver (IVR)	d								1414									
West Drayton (WDT)	d		1400						1417							1430		
Heathrow Terminal 5 (HWV)	7 d	1350													1420			
Heathrow Terminal 4 (HAF)	7 d	1345				1400								1415				
Heathrow Terminals 2 & 3 (HXX)	7 d	1351	1355			1406								1421	1425			
Hayes & Harlington (HAY)	3 d	1358	1402	1405		1412			1422					1427	1432	1435		
Southall (STL)	d	1401		1408		1415			1425					1430		1438		
Hanwell (HAN)	d	1404				1418								1433				
West Ealing (WEA)	3 d	1406	1409			1420								1435	1439			
Ealing Broadway (EAL)	3 d	1408	1411	1415		1422			1429					1437	1441	1445		
Acton Main Line (AML)	d	1411				1425								1441				
London Paddington EL (PAD)	15 d	1421	1424	1427	1430	1433	1436		1439	1442	1445	1448		1451	1454	1457	1500	
Bond Street (BDS)	d	1424	1427	1430	1433	1436	1439		1442	1445	1448	1451		1454	1457	1500	1503	
Tottenham Court Road (TCR)	d	1426	1429	1432	1435	1438	1441		1444	1447	1450	1453		1456	1459	1502	1505	
Farringdon (ZFD)	3 d	1429	1432	1435	1438	1441	1444		1447	1450	1453	1456		1459	1502	1505	1508	
London Liverpool Street EL (LST)	4 d	1432	1435	1438	1441	1444	1447		1450	1453	1456	1459		1502	1505	1508	1511	
London Liverpool Street (LST)	15 d				1448			1450					1502					1513
Whitechapel (ZLW)	d	1435	1437	1441	1443	1447	1450		1453	1455	1459	1501		1505	1507	1511	1513	
Canary Wharf (CWX)	DLR d	1439		1445		1451			1457		1503			1509		1515		
Custom House (CUS)	d	1442		1448		1454			1500		1506			1512		1518		
Woolwich (WWC)	d	1446		1452		1458			1504		1510			1516		1522		
Abbey Wood (ABW)	a	1451		1457		1503			1509		1515			1521		1527		
Stratford (SRA)	7 d	1443		1449	1455		1457	1458		1501		1507	1509		1513		1519	1520
Maryland (MYL)	d	1445		1451			1459			1503		1509			1515		1521	
Forest Gate (FOG)	d	1447		1453			1501			1505		1511			1517		1523	
Manor Park (MNP)	d	1450		1456			1504			1508		1514			1520		1526	
Ilford (IFD)	2 d	1453		1459			1507			1511		1517			1523		1529	
Seven Kings (SVK)	d	1455		1501			1509			1513		1519			1525		1531	
Goodmayes (GMY)	d	1457		1503			1511			1515		1521			1527		1533	
Chadwell Heath (CTH)	d	1459		1505			1513			1517		1523			1529		1535	
Romford (RMF)	d	1503		1509			1517	1507		1521		1527			1533		1539	1528
Gidea Park (GDP)	2 d	1506		1512			1520			1525a		1530			1536		1542	
Harold Wood (HRO)	d	1509		1515			1523					1533			1539		1545	
Brentwood (BRE)	d	1513		1519			1527					1537			1543		1549	
Shenfield (SNF)	3 a	1519		1525	1511		1532	1516				1543	1524		1549		1555	1539

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Saturdays

Operator Days of operation/Notes	LE C	XR	XR	XR	XR	XR	XR	LE B	LE F	XR	XR	XR	XR	LE E	XR	XR	LE B	XR
Reading (RDG)	7 d												1429					
Twyford (TWY)	3 d												1434					
Maidenhead (MAI)	3 d				1430								1441					1500
Taplow (TAP)	d												1444					
Burnham (BNM)	d				1434								1447					1504
Slough (SLO)	3 d				1438								1451					1508
Langley (LNY)	d				1442								1455					1512
Iver (IVR)	d				1444													1514
West Drayton (WDT)	d				1447								1500					1517
Heathrow Terminal 5 (HWV)	7 d											1450						
Heathrow Terminal 4 (HAF)	7 d		1430								1445				1500			
Heathrow Terminals 2 & 3 (HXX)	7 d		1436								1451	1455			1506			
Hayes & Harlington (HAY)	3 d		1442		1452						1457	1502	1505		1512			1522
Southall (STL)	d		1445		1455						1500		1508		1515			1525
Hanwell (HAN)	d		1448								1503				1518			
West Ealing (WEA)	3 d		1450								1505	1509			1520			
Ealing Broadway (EAL)	3 d		1452		1459						1507	1511	1515		1522			1529
Acton Main Line (AML)	d		1455								1511				1525			
London Paddington EL (PAD)	15 d		1503	1506	1509	1512	1515	1518			1521	1524	1527	1530		1533	1536	1539
Bond Street (BDS)	d		1506	1509	1512	1515	1518	1521			1524	1527	1530	1533		1536	1539	1542
Tottenham Court Road (TCR)	d		1508	1511	1514	1517	1520	1523			1526	1529	1532	1535		1538	1541	1544
Farringdon (ZFD)	3 d		1511	1514	1517	1520	1523	1526			1529	1532	1535	1538		1541	1544	1547
London Liverpool Street EL (LST)	4 d		1514	1517	1520	1523	1526	1529			1532	1535	1538	1541		1544	1547	1550
London Liverpool Street (LST)	15 d	1518							1533	1536				1548			1550	
Whitechapel (ZLW)	d		1517	1520	1523	1525	1529	1531			1535	1537	1541	1543		1547	1550	1553
Canary Wharf (CWX)	DLR	d	1521		1527		1533				1539		1545		1551			1557
Custom House (CUS)	d		1524		1530		1536				1542		1548		1554			1600
Woolwich (WWC)	d		1528		1534		1540				1546		1552		1558			1604
Abbey Wood (ABW)	a		1533		1539		1545				1551		1557		1603			1609
Stratford (SRA)	7 d	1525		1527		1531		1537	1540	1543		1543		1549	1555		1557	1558
Maryland (MYL)	d			1529		1533		1539				1545		1551			1559	
Forest Gate (FOG)	d			1531		1535		1541				1547		1553			1601	
Manor Park (MNP)	d			1534		1538		1544				1550		1556			1604	
Ilford (IFD)	2 d			1537		1541		1547				1553		1559			1607	
Seven Kings (SVK)	d			1539		1543		1549				1555		1601			1609	
Goodmayes (GMY)	d			1541		1545		1551				1557		1603			1611	
Chadwell Heath (CTH)	d			1543		1547		1553				1559		1605			1613	
Romford (RMF)	d			1547		1551		1557				1603		1609			1617	1607
Gidea Park (GDP)	2 d			1550		1555a		1600				1606		1612			1620	
Harold Wood (HRO)	d			1553				1603				1609		1615			1623	
Brentwood (BRE)	d			1557				1607				1613		1619			1627	
Shenfield (SNF)	3 a	1541		1602				1613	1555	1558		1619		1625	1611		1632	1616

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time
- B To Southend Victoria
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F To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	XR	XR	XR	LE A	XR	XR	XR	XR	LE B	LE C	XR	XR	XR	XR	XR	LE B	LE F
Reading (RDG) 7 d							1459										
Twyford (TWY) 3 d							1504										
Maidenhead (MAI) 3 d							1511						1530				
Taplow (TAP) d							1514										
Burnham (BNM) d							1517						1534				
Slough (SLO) 3 d							1521						1538				
Langley (LNY) d							1525						1542				
Iver (IVR) d													1544				
West Drayton (WDT) d							1530						1547				
Heathrow Terminal 5 (HWV) 7 d						1520											
Heathrow Terminal 4 (HAF) 7 d					1515						1530						
Heathrow Terminals 2 & 3 (HXX) 7 d					1521	1525					1536						
Hayes & Harlington (HAY) 3 d					1527	1532	1535				1542		1552				
Southall (STL) d					1530		1538				1545		1555				
Hanwell (HAN) d					1533						1548						
West Ealing (WEA) 3 d					1535	1539					1550						
Ealing Broadway (EAL) 3 d					1537	1541	1545				1552		1559				
Acton Main Line (AML) d					1541						1555						
London Paddington EL (PAD) 15 d	1542	1545	1548		1551	1554	1557	1600			1603	1606	1609	1612	1615	1618	
Bond Street (BDS) d	1545	1548	1551		1554	1557	1600	1603			1606	1609	1612	1615	1618	1621	
Tottenham Court Road (TCR) d	1547	1550	1553		1556	1559	1602	1605			1608	1611	1614	1617	1620	1623	
Farringdon (ZFD) 3 d	1550	1553	1556		1559	1602	1605	1608			1611	1614	1617	1620	1623	1626	
London Liverpool Street EL (LST) 4 d	1553	1556	1559		1602	1605	1608	1611			1614	1617	1620	1623	1626	1629	
London Liverpool Street (LST) 15 d				1602					1613	1618							1633
Whitechapel (ZLW) d	1555	1559	1601		1605	1607	1611	1613			1617	1620	1623	1625	1629	1631	
Canary Wharf (CWX) DLR d		1603			1609		1615				1621		1627		1633		
Custom House (CUS) d		1606			1612		1618				1624		1630		1636		
Woolwich (WWC) d		1610			1616		1622				1628		1634		1640		
Abbey Wood (ABW) a		1615			1621		1627				1633		1639		1645		
Stratford (SRA) 7 d	1601		1607	1609		1613		1619	1620	1625		1627		1631		1637	1640
Maryland (MYL) d	1603		1609			1615		1621				1629		1633		1639	
Forest Gate (FOG) d	1605		1611			1617		1623				1631		1635		1641	
Manor Park (MNP) d	1608		1614			1620		1626				1634		1638		1644	
Ilford (IFD) 2 d	1611		1617			1623		1629				1637		1641		1647	
Seven Kings (SVK) d	1613		1619			1625		1631				1639		1643		1649	
Goodmayes (GMY) d	1615		1621			1627		1633				1641		1645		1651	
Chadwell Heath (CTH) d	1617		1623			1629		1635				1643		1647		1653	
Romford (RMF) d	1621		1627			1633		1639	1628			1647		1651		1657	
Gidea Park (GDP) 2 d	1625a		1630			1636		1642				1650		1655a		1700	
Harold Wood (HRO) d			1633			1639		1645				1653				1703	
Brentwood (BRE) d			1637			1643		1649				1657				1707	
Shenfield (SNF) 3 a			1643	1624		1649		1655	1639	1641		1702				1713	1655























NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A To Ipswich
B To Southend Victoria
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F To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	XR	XR	XR	XR	LE E	XR	XR	LE B	XR	XR	XR	XR	LE A	XR	XR	XR	XR	LE B
Reading (RDG)	 7 d		1529													1559		
Twyford (TWY)	 3 d		1534													1604		
Maidenhead (MAI)	 3 d		1541						1600							1611		
Taplow (TAP)	d		1544													1614		
Burnham (BNM)	d		1547						1604							1617		
Slough (SLO)	 3 d		1551						1608							1621		
Langley (LNY)	d		1555						1612							1625		
Iver (IVR)	d								1614									
West Drayton (WDT)	d		1600						1617							1630		
Heathrow Terminal 5 (HWV)	 d	1550													1620			
Heathrow Terminal 4 (HAF)	 d	1545				1600								1615				
Heathrow Terminals 2 & 3 (HXX)	 d	1551	1555			1606								1621	1625			
Hayes & Harlington (HAY)	 3 d	1557	1602	1605		1612			1622					1627	1632	1635		
Southall (STL)	d	1600		1608		1615			1625					1630		1638		
Hanwell (HAN)	d	1603				1618								1633				
West Ealing (WEA)	 3 d	1605	1609			1620								1635	1639			
Ealing Broadway (EAL)	 3 d	1607	1611	1615		1622			1629					1637	1641	1645		
Acton Main Line (AML)	d	1611				1625								1641				
London Paddington EL (PAD)	 15 d	1621	1624	1627	1630	1633	1636		1639	1642	1645	1648		1651	1654	1657	1700	
Bond Street (BDS)	 d	1624	1627	1630	1633	1636	1639		1642	1645	1648	1651		1654	1657	1700	1703	
Tottenham Court Road (TCR)	 d	1626	1629	1632	1635	1638	1641		1644	1647	1650	1653		1656	1659	1702	1705	
Farringdon (ZFD)	 3 d	1629	1632	1635	1638	1641	1644		1647	1650	1653	1656		1659	1702	1705	1708	
London Liverpool Street EL (LST)	 4 d	1632	1635	1638	1641	1644	1647		1650	1653	1656	1659		1702	1705	1708	1711	
London Liverpool Street (LST)	 15 d				1648		1650						1702					1713
Whitechapel (ZLW)	 d	1635	1637	1641	1643	1647	1650		1653	1655	1659	1701		1705	1707	1711	1713	
Canary Wharf (CWX)	 d	1639		1645		1651			1657		1703			1709		1715		
Custom House (CUS)	d	1642		1648		1654			1700		1706			1712		1718		
Woolwich (WWC)	d	1646		1652		1658			1704		1710			1716		1722		
Abbey Wood (ABW)	a	1651		1657		1703			1709		1715			1721		1727		
Stratford (SRA)	 7 d		1643		1649	1655		1657	1658		1701		1707	1709		1713		1719
Maryland (MYL)	d		1645		1651			1659			1703		1709			1715		1721
Forest Gate (FOG)	d		1647		1653			1701			1705		1711			1717		1723
Manor Park (MNP)	d		1650		1656			1704			1708		1714			1720		1726
Ilford (IFD)	 2 d		1653		1659			1707			1711		1717			1723		1729
Seven Kings (SVK)	d		1655		1701			1709			1713		1719			1725		1731
Goodmayes (GMY)	d		1657		1703			1711			1715		1721			1727		1733
Chadwell Heath (CTH)	d		1659		1705			1713			1717		1723			1729		1735
Romford (RMF)	d		1703		1709			1717	1707		1721		1727			1733		1739
Gidea Park (GDP)	 2 d		1706		1712			1720			1725a		1730			1736		1742
Harold Wood (HRO)	d		1709		1715			1723					1733			1739		1745
Brentwood (BRE)	d		1713		1719			1727					1737			1743		1749
Shenfield (SNF)	 3 a		1719		1725	1711		1732	1716				1743	1724		1749		1755

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
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Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	LE C	XR	XR	XR	XR	XR	XR	LE B	LE F	XR	XR	XR	XR	LE E	XR	XR	LE B	XR
Reading (RDG) 7 d													1629					
Twyford (TWY) 3 d													1634					
Maidenhead (MAI) 3 d				1630									1641					1700
Taplow (TAP) d													1644					
Burnham (BNM) d				1634									1647					1704
Slough (SLO) 3 d				1638									1651					1708
Langley (LNY) d				1642									1655					1712
Iver (IVR) d				1644														1714
West Drayton (WDT) d				1647									1700					1717
Heathrow Terminal 5 (HWV) 7 d												1650						
Heathrow Terminal 4 (HAF) 7 d		1630								1645					1700			
Heathrow Terminals 2 & 3 (HXX) 7 d		1636								1651	1655				1706			
Hayes & Harlington (HAY) 3 d		1642		1652						1657	1702	1705			1712			1721
Southall (STL) d		1645		1655						1700		1708			1715			1724
Hanwell (HAN) d		1648								1703					1718			
West Ealing (WEA) 3 d		1650								1705	1709				1720			
Ealing Broadway (EAL) 3 d		1652		1659						1707	1711	1715			1722			1729
Acton Main Line (AML) d		1655								1711					1725			
London Paddington EL (PAD) 15 d		1703	1706	1709	1712	1715	1718			1721	1724	1727	1730		1733	1736		1739
Bond Street (BDS) d		1706	1709	1712	1715	1718	1721			1724	1727	1730	1733		1736	1739		1742
Tottenham Court Road (TCR) d		1708	1711	1714	1717	1720	1723			1726	1729	1732	1735		1738	1741		1744
Farringdon (ZFD) 3 d		1711	1714	1717	1720	1723	1726			1729	1732	1735	1738		1741	1744		1747
London Liverpool Street EL (LST) 4 d		1714	1717	1720	1723	1726	1729			1732	1735	1738	1741		1744	1747		1750
London Liverpool Street (LST) 15 d	1718							1733	1736					1748			1750	
Whitechapel (ZLW) d		1717	1720	1723	1725	1729	1731			1735	1737	1741	1743		1747	1750		1753
Canary Wharf (CWX) DLR d		1721		1727		1733				1739		1745			1751			1757
Custom House (CUS) d		1724		1730		1736				1742		1748			1754			1800
Woolwich (WWC) d		1728		1734		1740				1746		1752			1758			1804
Abbey Wood (ABW) a		1733		1739		1745				1751		1757			1803			1809
Stratford (SRA) 7 d	1725		1727		1731		1737	1740	1743		1743		1749	1755		1757	1758	
Maryland (MYL) d			1729		1733		1739				1745		1751			1759		
Forest Gate (FOG) d			1731		1735		1741				1747		1753			1801		
Manor Park (MNP) d			1734		1738		1744				1750		1756			1804		
Ilford (IFD) 2 d			1737		1741		1747				1753		1759			1807		
Seven Kings (SVK) d			1739		1743		1749				1755		1801			1809		
Goodmayes (GMY) d			1741		1745		1751				1757		1803			1811		
Chadwell Heath (CTH) d			1743		1747		1753				1759		1805			1813		
Romford (RMF) d			1747		1751		1757				1803		1809			1817	1807	
Gidea Park (GDP) 2 d			1750		1755a		1800				1806		1812			1820		
Harold Wood (HRO) d			1753				1803				1809		1815			1823		
Brentwood (BRE) d			1757				1807				1813		1819			1827		
Shenfield (SNF) 3 a	1741		1802				1813	1755	1758		1819		1825	1811		1832	1816	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
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Saturdays

Operator Days of operation/Notes	XR	XR	XR	LE A	XR	XR	XR	XR	LE B	LE C	XR	XR	XR	XR	XR	LE B	LE F
Reading (RDG) 7 d							1659										
Twyford (TWY) 3 d							1704										
Maidenhead (MAI) 3 d							1711						1730				
Taplow (TAP) d							1714										
Burnham (BNM) d							1717						1734				
Slough (SLO) 3 d							1721						1738				
Langley (LNY) d							1725						1742				
Iver (IVR) d													1744				
West Drayton (WDT) d							1730						1747				
Heathrow Terminal 5 (HWV) 7 d						1720											
Heathrow Terminal 4 (HAF) 7 d					1715						1730						
Heathrow Terminals 2 & 3 (HXX) 7 d					1721	1725					1736						
Hayes & Harlington (HAY) 3 d					1727	1732	1735				1742		1752				
Southall (STL) d					1730		1738				1745		1755				
Hanwell (HAN) d					1733						1748						
West Ealing (WEA) 3 d					1735	1739					1750						
Ealing Broadway (EAL) 3 d					1737	1741	1745				1752		1759				
Acton Main Line (AML) d					1741						1755						
London Paddington EL (PAD) 15 d	1742	1745	1748		1751	1754	1757	1800			1803	1806	1809	1812	1815	1818	
Bond Street (BDS) d	1745	1748	1751		1754	1757	1800	1803			1806	1809	1812	1815	1818	1821	
Tottenham Court Road (TCR) d	1747	1750	1753		1756	1759	1802	1805			1808	1811	1814	1817	1820	1823	
Farringdon (ZFD) 3 d	1750	1753	1756		1759	1802	1805	1808			1811	1814	1817	1820	1823	1826	
London Liverpool Street EL (LST) 4 d	1753	1756	1759		1802	1805	1808	1811			1814	1817	1820	1823	1826	1829	
London Liverpool Street (LST) 15 d				1802					1813	1818							1833
Whitechapel (ZLW) d	1755	1759	1801		1805	1807	1811	1813			1817	1820	1823	1825	1829	1831	
Canary Wharf (CWX) DLR d		1803			1809		1815				1821		1827		1833		
Custom House (CUS) d		1806			1812		1818				1824		1830		1836		
Woolwich (WWC) d		1810			1816		1822				1828		1834		1840		
Abbey Wood (ABW) a		1815			1821		1827				1833		1839		1845		
Stratford (SRA) 7 d	1801		1807	1809		1813		1819	1820	1825		1827		1831		1837	1840
Maryland (MYL) d	1803		1809			1815		1821				1829		1833		1839	
Forest Gate (FOG) d	1805		1811			1817		1823				1831		1835		1841	
Manor Park (MNP) d	1808		1814			1820		1826				1834		1838		1844	
Ilford (IFD) 2 d	1811		1817			1823		1829				1837		1841		1847	
Seven Kings (SVK) d	1813		1819			1825		1831				1839		1843		1849	
Goodmayes (GMY) d	1815		1821			1827		1833				1841		1845		1851	
Chadwell Heath (CTH) d	1817		1823			1829		1835				1843		1847		1853	
Romford (RMF) d	1821		1827			1833		1839	1828			1847		1851		1857	
Gidea Park (GDP) 2 d	1825a		1830			1836		1842				1850		1855a		1900	
Harold Wood (HRO) d			1833			1839		1845				1853				1903	
Brentwood (BRE) d			1837			1843		1849				1857				1907	
Shenfield (SNF) 3 a			1843	1824		1849		1855	1839	1841		1902				1913	1855

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
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Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	XR	XR	XR	XR	LE E	LE B	XR	XR	XR	XR	XR	XR	LE D	XR	XR	XR	XR	LE B
Reading (RDG)	7 d		1729													1759		
Twyford (TWY)	3 d		1734													1804		
Maidenhead (MAI)	3 d		1741						1800							1811		
Taplow (TAP)	d		1744													1814		
Burnham (BNM)	d		1747						1804							1817		
Slough (SLO)	3 d		1751						1808							1821		
Langley (LNY)	d		1755						1812							1825		
Iver (IVR)	d								1814									
West Drayton (WDT)	d		1800						1817							1830		
Heathrow Terminal 5 (HWV)	7 d	1750													1820			
Heathrow Terminal 4 (HAF)	7 d	1745					1800							1815				
Heathrow Terminals 2 & 3 (HXX)	7 d	1751	1755				1806							1821	1825			
Hayes & Harlington (HAY)	3 d	1757	1802	1805			1812		1822					1827	1832	1835		
Southall (STL)	d	1800		1808			1815		1825					1830		1838		
Hanwell (HAN)	d	1803					1818							1833				
West Ealing (WEA)	3 d	1805	1809				1820							1835	1839			
Ealing Broadway (EAL)	3 d	1807	1811	1815			1822		1829					1837	1841	1845		
Acton Main Line (AML)	d	1811					1825							1841				
London Paddington EL (PAD)	15 d	1821	1824	1827	1830		1833	1836	1839	1842	1845	1848		1851	1854	1857	1900	
Bond Street (BDS)	d	1824	1827	1830	1833		1836	1839	1842	1845	1848	1851		1854	1857	1900	1903	
Tottenham Court Road (TCR)	d	1826	1829	1832	1835		1838	1841	1844	1847	1850	1853		1856	1859	1902	1905	
Farringdon (ZFD)	3 d	1829	1832	1835	1838		1841	1844	1847	1850	1853	1856		1859	1902	1905	1908	
London Liverpool Street EL (LST)	4 d	1832	1835	1838	1841		1844	1847	1850	1853	1856	1859		1902	1905	1908	1911	
London Liverpool Street (LST)	15 d					1846	1850						1904					1913
Whitechapel (ZLW)	d	1835	1837	1841	1843		1847	1850	1853	1855	1859	1901		1905	1907	1911	1913	
Canary Wharf (CWX)	DLR d	1839		1845			1851		1857		1903			1909		1915		
Custom House (CUS)	d	1842		1848			1854		1900		1906			1912		1918		
Woolwich (WWC)	d	1846		1852			1858		1904		1910			1916		1922		
Abbey Wood (ABW)	a	1851		1857			1903		1909		1915			1921		1927		
Stratford (SRA)	7 d		1843		1849	1853	1857		1857		1901		1907	1911		1913		1919
Maryland (MYL)	d		1845		1851				1859		1903		1909			1915		1921
Forest Gate (FOG)	d		1847		1853				1901		1905		1911			1917		1923
Manor Park (MNP)	d		1850		1856				1904		1908		1914			1920		1926
Ilford (IFD)	2 d		1853		1859				1907		1911		1917			1923		1929
Seven Kings (SVK)	d		1855		1901				1909		1913		1919			1925		1931
Goodmayes (GMY)	d		1857		1903				1911		1915		1921			1927		1933
Chadwell Heath (CTH)	d		1859		1905				1913		1917		1923			1929		1935
Romford (RMF)	d		1903		1909		1906		1917		1921		1927			1933		1939
Gidea Park (GDP)	2 d		1906		1912				1920		1925a		1930			1936		1942
Harold Wood (HRO)	d		1909		1915				1923				1933			1939		1945
Brentwood (BRE)	d		1913		1919				1927				1937			1943		1949
Shenfield (SNF)	3 a		1919		1925	1908	1915		1932				1943	1926		1949		1955

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time
- B To Southend Victoria
D To Harwich International
E To Braintree

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	LE C	XR	XR	XR	XR	XR	XR	LE B	LE F	XR	XR	XR	XR	LE E	XR	XR	LE B	XR
Reading (RDG)	7 d												1829					
Twyford (TWY)	3 d												1834					
Maidenhead (MAI)	3 d				1830								1841					1900
Taplow (TAP)	d												1844					
Burnham (BNM)	d				1834								1847					1904
Slough (SLO)	3 d				1838								1851					1908
Langley (LNY)	d				1842								1855					1912
Iver (IVR)	d				1844													1914
West Drayton (WDT)	d				1847								1900					1917
Heathrow Terminal 5 (HWV)	7 d											1850						
Heathrow Terminal 4 (HAF)	7 d		1830							1845					1900			
Heathrow Terminals 2 & 3 (HXX)	7 d		1836							1851	1855				1906			
Hayes & Harlington (HAY)	3 d		1842		1852					1857	1902	1905			1912			1922
Southall (STL)	d		1845		1855					1900		1908			1915			1925
Hanwell (HAN)	d		1848							1903					1918			
West Ealing (WEA)	3 d		1850							1905	1909				1920			
Ealing Broadway (EAL)	3 d		1852		1859					1907	1911	1915			1922			1929
Acton Main Line (AML)	d		1855							1911					1925			
London Paddington EL (PAD)	15 d		1903	1906	1909	1912	1915	1918			1921	1924	1927	1930		1933	1936	1939
Bond Street (BDS)	15 d		1906	1909	1912	1915	1918	1921			1924	1927	1930	1933		1936	1939	1942
Tottenham Court Road (TCR)	15 d		1908	1911	1914	1917	1920	1923			1926	1929	1932	1935		1938	1941	1944
Farringdon (ZFD)	15 d		1911	1914	1917	1920	1923	1926			1929	1932	1935	1938		1941	1944	1947
London Liverpool Street EL (LST)	15 d		1914	1917	1920	1923	1926	1929			1932	1935	1938	1941		1944	1947	1950
London Liverpool Street (LST)	15 d	1917							1933	1936				1948			1950	
Whitechapel (ZLW)	15 d		1917	1920	1923	1925	1929	1931			1935	1937	1941	1943		1947	1950	1953
Canary Wharf (CWX)	15 d		1921		1927		1933				1939		1945			1951		1957
Custom House (CUS)	15 d		1924		1930		1936				1942		1948			1954		2000
Woolwich (WWC)	15 d		1928		1934		1940				1946		1952			1958		2004
Abbey Wood (ABW)	15 a		1933		1939		1945				1951		1957			2003		2009
Stratford (SRA)	7 d	1924		1927		1931		1937	1940	1943		1943		1949	1955		1957	1958
Maryland (MYL)	d			1929		1933		1939				1945		1951			1959	
Forest Gate (FOG)	d			1931		1935		1941				1947		1953			2001	
Manor Park (MNP)	d			1934		1938		1944				1950		1956			2004	
Ilford (IFD)	2 d			1937		1941		1947				1953		1959			2007	
Seven Kings (SVK)	d			1939		1943		1949				1955		2001			2009	
Goodmayes (GMY)	d			1941		1945		1951				1957		2003			2011	
Chadwell Heath (CTH)	d			1943		1947		1953				1959		2005			2013	
Romford (RMF)	d			1947		1951		1957				2003		2009			2017	2007
Gidea Park (GDP)	2 d			1950		1955a		2000				2006		2012			2020	
Harold Wood (HRO)	d			1953				2003				2009		2015			2023	
Brentwood (BRE)	d			1957				2007				2013		2019			2027	
Shenfield (SNF)	3 a	1940		2002				2013	1955	1958		2019		2025	2011		2032	2016

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a** Arrival time
- d** Departure time
- B** To Southend Victoria
- C** To Clacton-on-Sea
- E** To Braintree
- F** To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	XR	XR	XR	LE A	XR	XR	XR	XR	LE B	LE C	XR	XR	XR	XR	LE B	XR	XR	LE D
Reading (RDG) 7 d							1859											
Twyford (TWY) 3 d							1904											
Maidenhead (MAI) 3 d							1911						1930					
Taplow (TAP) d							1914											
Burnham (BNM) d							1917						1934					
Slough (SLO) 3 d							1921						1938					
Langley (LNY) d							1925						1942					
Iver (IVR) d													1944					
West Drayton (WDT) d							1930						1947					
Heathrow Terminal 5 (HWV) 7 d						1920											1950	
Heathrow Terminal 4 (HAF) 7 d					1915						1930					1945		
Heathrow Terminals 2 & 3 (HXX) 7 d					1921	1925					1936					1951	1955	
Hayes & Harlington (HAY) 3 d					1927	1932	1935				1942		1952			1957	2002	
Southall (STL) d					1930		1938				1945		1955			2000		
Hanwell (HAN) d					1933						1948					2003		
West Ealing (WEA) 3 d					1935	1939					1950					2005	2009	
Ealing Broadway (EAL) 3 d					1937	1941	1945				1952		1959			2007	2011	
Acton Main Line (AML) d					1941						1955					2010		
London Paddington EL (PAD) 15 d	1942	1945	1948		1951	1954	1957	2000			2004	2007	2011	2015		2019	2022	
Bond Street (BDS) d	1945	1948	1951		1954	1957	2000	2003			2007	2010	2014	2018		2022	2025	
Tottenham Court Road (TCR) d	1947	1950	1953		1956	1959	2002	2005			2009	2012	2016	2020		2024	2027	
Farringdon (ZFD) 3 d	1950	1953	1956		1959	2002	2005	2008			2012	2015	2019	2023		2027	2030	
London Liverpool Street EL (LST) 4 d	1953	1956	1959		2002	2005	2008	2011			2015	2018	2022	2026		2030	2033	
London Liverpool Street (LST) 15 d				2002					2013	2018					2033			2036
Whitechapel (ZLW) d	1955	1959	2001		2005	2007	2011	2013			2018	2020	2025	2028		2033	2035	
Canary Wharf (CWX) DLR d		2003			2009		2015				2022		2029			2037		
Custom House (CUS) d		2006			2012		2018				2026		2033			2041		
Woolwich (WWC) d		2010			2016		2022				2030		2037			2045		
Abbey Wood (ABW) a		2015			2021		2027				2034		2041			2049		
Stratford (SRA) 7 d	2001		2007	2009		2013		2019	2020	2025		2026		2034	2040		2041	2043
Maryland (MYL) d	2003		2009		2015		2021					2028		2036			2043	
Forest Gate (FOG) d	2005		2011		2017		2023					2030		2038			2045	
Manor Park (MNP) d	2008		2014		2020		2026					2033		2041			2048	
Ilford (IFD) 2 d	2011		2017		2023		2028					2035		2043			2050	
Seven Kings (SVK) d	2013		2019		2025		2031					2038		2046			2053	
Goodmayes (GMY) d	2015		2021		2027		2033					2040		2048			2055	
Chadwell Heath (CTH) d	2017		2023		2029		2035					2042		2050			2057	
Romford (RMF) d	2021		2027		2033		2039	2028				2046		2054			2101	
Gidea Park (GDP) 2 d	2025a		2030		2036		2042					2049		2057			2104	
Harold Wood (HRO) d			2033		2039		2045					2052		2100			2107	
Brentwood (BRE) d			2037		2043		2049					2056		2104			2111	
Shenfield (SNF) 3 a			2043	2024		2049		2055	2039	2041		2102		2110	2055		2117	2058

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time
- A To Ipswich
B To Southend Victoria
C To Clacton-on-Sea
D To Harwich International

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	XR	XR	LE E	XR	XR	LE B	XR	XR	LE F	XR	XR	XR	XR	LE B	LE C	XR	XR	XR
Reading (RDG)	7 d	1929											1959					
Twyford (TWY)	3 d	1934											2004					
Maidenhead (MAI)	3 d	1941					2000						2011					2030
Taplow (TAP)	d	1944											2014					
Burnham (BNM)	d	1947					2004						2017					2034
Slough (SLO)	3 d	1951					2008						2021					2038
Langley (LNY)	d	1955					2012						2025					2042
Iver (IVR)	d						2014											2044
West Drayton (WDT)	d	2000					2017						2030					2047
Heathrow Terminal 5 (HWV)	⊖← d											2020						
Heathrow Terminal 4 (HAF)	⊖← d			2000						2015						2030		
Heathrow Terminals 2 & 3 (HXX)	⊖← d			2006						2021	2025					2036		
Hayes & Harlington (HAY)	3 d	2005		2012			2022			2027	2032	2035				2042		2052
Southall (STL)	d	2008		2015			2025			2030		2038				2045		2055
Hanwell (HAN)	d			2018						2033						2048		
West Ealing (WEA)	3 d			2020						2035	2039					2050		
Ealing Broadway (EAL)	⊖ 3 d	2015		2022			2029			2037	2041	2045				2052		2059
Acton Main Line (AML)	d			2025						2040						2055		
London Paddington EL (PAD)	⊖ 15 d	2026	2030		2034	2037		2041	2045		2049	2052	2056	2100		2104	2107	2111
Bond Street (BDS)	⊖ d	2029	2033		2037	2040		2044	2048		2052	2055	2059	2103		2107	2110	2114
Tottenham Court Road (TCR)	⊖ d	2031	2035		2039	2042		2046	2050		2054	2057	2101	2105		2109	2112	2116
Farringdon (ZFD)	⊖ 3 d	2034	2038		2042	2045		2049	2053		2057	2100	2104	2108		2112	2115	2119
London Liverpool Street EL (LST)	⊖ 4 d	2037	2041		2045	2048		2052	2056		2100	2103	2107	2111		2115	2118	2122
London Liverpool Street (LST)	⊖ 15 d			2048		2050			2102						2113	2118		
Whitechapel (ZLW)	⊖ d	2040	2043		2048	2050		2055	2058		2103	2105	2110	2113		2118	2120	2125
Canary Wharf (CWX)	DLR d	2044			2052			2059			2107		2114			2122		2129
Custom House (CUS)	d	2048			2056			2103			2111		2118			2126		2133
Woolwich (WWC)	d	2052			2100			2107			2115		2122			2130		2137
Abbey Wood (ABW)	a	2056			2104			2111			2119		2126			2134		2141
Stratford (SRA)	⊖ DLR 7 d		2049	2055		2056	2058		2104	2109		2111		2119	2120	2125		2126
Maryland (MYL)	d		2051			2058			2106			2113		2121				2128
Forest Gate (FOG)	d		2053			2100			2108			2115		2123				2130
Manor Park (MNP)	d		2056			2103			2111			2118		2126				2133
Ilford (IFD)	2 d		2058			2105			2113			2120		2128				2135
Seven Kings (SVK)	d		2101			2108			2116			2123		2131				2138
Goodmayes (GMY)	d		2103			2110			2118			2125		2133				2140
Chadwell Heath (CTH)	d		2105			2112			2120			2127		2135				2142
Romford (RMF)	d		2109			2116	2107		2124			2131		2139	2128			2146
Gidea Park (GDP)	2 d		2112			2119			2127			2134		2142				2149
Harold Wood (HRO)	d		2115			2122			2130			2137		2145				2152
Brentwood (BRE)	d		2119			2126			2134			2141		2149				2156
Shenfield (SNF)	3 a		2125	2111		2132	2116		2140	2124		2147		2155	2139	2141		2202

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time
- B To Southend Victoria
C To Clacton-on-Sea
E To Braintree
F To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	XR	LE B	XR	XR	LE F	XR	XR	XR	XR	LE B	XR	XR	LE G	XR	XR	LE B	XR
Reading (RDG)	7 d					2029											2059
Twyford (TWY)	3 d					2034											2104
M Maidenhead (MAI)	3 d					2041					2100						2111
Taplow (TAP)	d					2044											2114
Burnham (BNM)	d					2047					2104						2117
Slough (SLO)	3 d					2051					2108						2121
Langley (LNY)	d					2055					2112						2125
Iver (IVR)	d										2114						
West Drayton (WDT)	d					2100					2117						2130
Heathrow Terminal 5 (HWV)	7 d				2050											2120	
Heathrow Terminal 4 (HAF)	7 d			2045				2100						2115			
Heathrow Terminals 2 & 3 (HXX)	7 d			2051	2055			2106						2121	2125		
Hayes & Harlington (HAY)	3 d			2057	2102		2105	2112			2122			2127	2132		2135
Southall (STL)	d			2100			2108	2115			2125			2130			2138
Hanwell (HAN)	d			2103				2118						2133			
West Ealing (WEA)	3 d			2105	2109			2120						2135	2139		
Ealing Broadway (EAL)	3 d			2107	2111		2115	2122			2129			2137	2141		2145
Acton Main Line (AML)	d			2110				2125						2140			
London Paddington EL (PAD)	15 d	2115		2119	2122		2126	2130	2134	2137		2141	2145		2149	2152	2157
Bond Street (BDS)	d	2118		2122	2125		2129	2133	2137	2140		2144	2148		2152	2155	2200
Tottenham Court Road (TCR)	d	2120		2124	2127		2131	2135	2139	2142		2146	2150		2154	2157	2202
Farringdon (ZFD)	3 d	2123		2127	2130		2134	2138	2142	2145		2149	2153		2157	2200	2205
London Liverpool Street EL (LST)	4 d	2126		2130	2133		2137	2141	2145	2148		2152	2156		2200	2203	2208
London Liverpool Street (LST)	15 d		2133			2136					2150		2202			2213	
Whitechapel (ZLW)	d	2128		2133	2135		2140	2143	2148	2150		2155	2158		2203	2205	2212
Canary Wharf (CWX)	DLR d			2137			2144		2152			2159			2207		2216
Custom House (CUS)	d			2141			2148		2156			2203			2211		2220
Woolwich (WWC)	d			2145			2152		2200			2207			2215		2224
Abbey Wood (ABW)	a			2149			2156		2204			2211			2219		2228
Stratford (SRA)	7 d	2134	2140		2141	2143		2149		2156	2158		2204	2209		2211	2220
Maryland (MYL)	d	2136			2143			2151		2158			2206			2213	
Forest Gate (FOG)	d	2138			2145			2153		2200			2208			2215	
Manor Park (MNP)	d	2141			2148			2156		2203			2211			2218	
Ilford (IFD)	2 d	2143			2150			2158		2205			2213			2220	
Seven Kings (SVK)	d	2146			2153			2201		2208			2216			2223	
Goodmayes (GMY)	d	2148			2155			2203		2210			2218			2225	
Chadwell Heath (CTH)	d	2150			2157			2205		2212			2220			2227	
Romford (RMF)	d	2154			2201			2209		2216	2207		2224			2231	2228
Gidea Park (GDP)	2 d	2157			2204			2212		2219			2227			2234	
Harold Wood (HRO)	d	2200			2207			2215		2222			2230			2237	
Brentwood (BRE)	d	2204			2211			2219		2226			2234			2241	
Shenfield (SNF)	3 a	2210	2155		2217	2158		2225		2232	2216		2240	2224		2247	2237

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

B To Southend Victoria
F To Colchester Town
G To Colchester

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	LE C	XR	XR	XR	XR	LE G	XR	XR	LE B	XR	XR	LE A	XR	XR	XR	XR	LE B	LE C
Reading (RDG) 7 d							2129								2159			
Twyford (TWY) 3 d							2134								2204			
Maidenhead (MAI) 3 d							2141								2211			
Taplow (TAP) d							2144								2214			
Burnham (BNM) d							2147								2217			
Slough (SLO) 3 d							2151								2221			
Langley (LNY) d							2155								2225			
Iver (IVR) d							2157								2227			
West Drayton (WDT) d							2200								2230			
Heathrow Terminal 5 (HWV) 7 d					2150									2220				
Heathrow Terminal 4 (HAF) 7 d		2130		2145					2200			2215						
Heathrow Terminals 2 & 3 (HXX) 7 d		2136		2151	2155				2206			2221	2225					
Hayes & Harlington (HAY) 3 d		2142		2157	2202		2205		2212			2227	2232		2235			
Southall (STL) d		2145		2200			2208		2215			2230			2238			
Hanwell (HAN) d		2148		2203					2218			2233						
West Ealing (WEA) 3 d		2150		2205	2209				2220			2235	2239					
Ealing Broadway (EAL) 3 d		2152		2207	2211		2214		2222			2237	2241	2245				
Acton Main Line (AML) d		2155		2210					2225			2240						
London Paddington EL (PAD) 15 d		2207	2212	2218	2222		2227	2232		2237	2242		2248	2252	2257	2302		
Bond Street (BDS) d		2210	2215	2221	2225		2230	2235		2240	2245		2251	2255	2300	2305		
Tottenham Court Road (TCR) d		2212	2217	2223	2227		2232	2237		2242	2247		2253	2257	2302	2307		
Farringdon (ZFD) 3 d		2215	2220	2226	2230		2235	2240		2245	2250		2256	2300	2305	2310		
London Liverpool Street EL (LST) 4 d		2218	2223	2229	2233		2238	2243		2248	2253		2259	2303	2308	2313		
London Liverpool Street (LST) 15 d	2218					2236			2248			2302					2315	2318
Whitechapel (ZLW) d		2221	2225	2232	2235		2242	2245		2252	2255		2302	2305	2311	2315		
Canary Wharf (CWX) DLR d		2225		2236			2246			2256			2306		2315			
Custom House (CUS) d		2228		2240			2250			2300			2309		2318			
Woolwich (WWC) d		2232		2244			2254			2304			2313		2322			
Abbey Wood (ABW) a		2237		2248			2258			2308			2318		2327			
Stratford (SRA) 7 d	2225		2231		2241	2243		2251	2255		2301	2309		2311		2321	2322	2325
Maryland (MYL) d			2233		2243			2253			2303			2313		2323		
Forest Gate (FOG) d			2235		2245			2255			2305			2315		2325		
Manor Park (MNP) d			2238		2248			2258			2308			2318		2328		
Ilford (IFD) 2 d			2240		2250			2300			2310			2320		2330		
Seven Kings (SVK) d			2243		2253			2303			2313			2323		2333		
Goodmayes (GMY) d			2245		2255			2305			2315			2325		2335		
Chadwell Heath (CTH) d			2247		2257			2307			2317			2327		2337		
Romford (RMF) d			2251		2301			2311			2321			2331		2341		
Gidea Park (GDP) 2 d			2254		2304			2314			2324			2334		2344		
Harold Wood (HRO) d			2257		2307			2317			2327			2337		2347		
Brentwood (BRE) d			2301		2311			2321			2331			2341		2351		
Shenfield (SNF) 3 a	2241		2307		2317	2258		2327	2310		2337	2324		2347		2357	2337	2340

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A To Ipswich
B To Southend Victoria
C To Clacton-on-Sea
G To Colchester

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	XR	XR	XR	XR	XR	XR	LE B	LE G	XR	XR	XR	XR	XR	LE SUM B	LE SUM G	XR	XR SUM	XR SUM
Reading (RDG) 7 d					2229								2257					
Twyford (TWY) 3 d					2234								2302					
Maidenhead (MAI) 3 d					2243								2309					
Taplow (TAP) d					2246								2312					
Burnham (BNM) d					2249								2315					
Slough (SLO) 3 d					2253								2319					
Langley (LNY) d					2256								2325					
Iver (IVR) d					2259								2327					
West Drayton (WDT) d					2301								2330					
Heathrow Terminal 5 (HWV) 7 d									2300							2330		
Heathrow Terminal 4 (HAF) 7 d	2230			2245								2315						
Heathrow Terminals 2 & 3 (HXX) 7 d	2236			2251					2306			2321				2336		
Hayes & Harlington (HAY) 3 d	2242			2257	2305				2312			2327	2335			2342		
Southall (STL) d	2245			2300	2308				2315			2330	2338			2345		
Hanwell (HAN) d	2248			2303					2318			2333				2348		
West Ealing (WEA) 3 d	2250			2305					2320			2335				2350		
Ealing Broadway (EAL) 7 d	2252			2307	2315				2322			2337	2345			2352		
Acton Main Line (AML) d	2255			2310					2325			2340				2355		
London Paddington EL (PAD) 15 d	2307	2312	2317	2322	2327	2332			2337	2342	2347	2352	2359			0007	0014	0022
Bond Street (BDS) 7 d	2310	2315	2320	2325	2330	2335			2340	2345	2350	2355	0002			0010	0017	0025
Tottenham Court Road (TCR) 7 d	2312	2317	2322	2327	2332	2337			2342	2347	2352	2357	0004			0012	0019	0027
Farringdon (ZFD) 3 d	2315	2320	2325	2330	2335	2340			2345	2350	2355	0001	0007			0015	0022	0030
London Liverpool Street EL (LST) 4 d	2318	2323	2328	2333	2338	2343			2348	2353	2358	0003	0010			0018	0025	0033
London Liverpool Street (LST) 15 d	2321	2325	2332	2335	2341	2345	2345	2348	2351	2355	0001	0005	0012	0015	0018	0020	0027a	0035
Whitechapel (ZLW) 7 d	2325		2336	2345					2355		0005	0016						
Canary Wharf (CWX) DLR d	2328		2340	2348					2358		0008	0020						
Custom House (CUS) d	2332		2344	2353					0002		0012	0024						
Woolwich (WWC) d	2337		2348	2357					0007		0017	0028						
Abbey Wood (ABW) a																		
Stratford (SRA) 7 d		2331		2341		2351	2352	2355		0001		0011		0022	0025	0028		0041
Maryland (MYL) d		2333		2343		2353				0003		0013				0030		0043
Forest Gate (FOG) d		2335		2345		2355				0005		0015				0032		0045
Manor Park (MNP) d		2338		2348		2358				0008		0017				0035		0048
Ilford (IFD) 2 d		2340		2350		0001				0010		0020				0037		0050
Seven Kings (SVK) d		2343		2353		0003				0013		0023				0040		0053
Goodmayes (GMY) d		2345		2355		0005				0015		0025				0042		0055
Chadwell Heath (CTH) d		2347		2357		0007				0017		0027				0044		0057
Romford (RMF) d		2351		0001		0011				0021		0030		0033		0047		0101
Gidea Park (GDP) 2 d		2354		0004		0014				0024		0033				0050		0104
Harold Wood (HRO) d		2357		0007		0017				0027		0036				0053		0107
Brentwood (BRE) d		0001		0011		0021				0031		0040				0057		0111
Shenfield (SNF) 3 a		0007		0017		0027	0007	0010		0037		0046		0046	0048	0102		0117

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time
- B To Southend Victoria
G To Colchester
- SUM Sunday mornings

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	LE SUM B	XR SUM
Reading (RDG)	7 d	
Twyford (TWY)	3 d	
Maidenhead (MAI)	3 d	
Taplow (TAP)	d	
Burnham (BNM)	d	
Slough (SLO)	3 d	
Langley (LNY)	d	
Iver (IVR)	d	
West Drayton (WDT)	d	
Heathrow Terminal 5 (HWV)	⊖← d	
Heathrow Terminal 4 (HAF)	⊖← d	
Heathrow Terminals 2 & 3 (HXX)	⊖← d	
Hayes & Harlington (HAY)	3 d	
Southall (STL)	d	
Hanwell (HAN)	d	
West Ealing (WEA)	3 d	
Ealing Broadway (EAL)	⊖ 3 d	
Acton Main Line (AML)	d	
London Paddington EL (PAD)	⊖ 15 d	
Bond Street (BDS)	⊖ d	
Tottenham Court Road (TCR)	⊖ d	
Farringdon (ZFD)	⊖ 3 d	
London Liverpool Street EL (LST)	⊖ 4 d	
London Liverpool Street (LST)	⊖ 15 d	0050 0055
Whitechapel (ZLW)	⊖ d	
Canary Wharf (CWX)	DLR d	
Custom House (CUS)	d	
Woolwich (WWC)	d	
Abbey Wood (ABW)	a	
Stratford (SRA)	⊖ DLR 7 d	0057 0102
Maryland (MYL)	d	0104
Forest Gate (FOG)	d	0106
Manor Park (MNP)	d	0109
Ilford (IFD)	2 d	0112
Seven Kings (SVK)	d	0114
Goodmayes (GMY)	d	0116
Chadwell Heath (CTH)	d	0118
Romford (RMF)	d	0108 0122
Gidea Park (GDP)	2 d	0125
Harold Wood (HRO)	d	0128
Brentwood (BRE)	d	0132
Shenfield (SNF)	3 a	0120 0138

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a** Arrival time
d Departure time
B To Southend Victoria
SUM Sunday mornings

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Sundays

Operator Days of operation/Notes	XR	LE A	XR	XR	LE B	XR	XR	LE B	XR	XR	LE C	XR	LE B	XR	XR	XR	LE D	XR
Reading (RDG)	7 d																	
Twyford (TWY)	3 d																	
Maidenhead (MAI)	3 d															0739		
Taplow (TAP)	d																	
Burnham (BNM)	d																	
Slough (SLO)	3 d															0745		
Langley (LNY)	d															0749		
Iver (IVR)	d															0751		
West Drayton (WDT)	d															0754		
Heathrow Terminal 5 (HWV)	7 d																	
Heathrow Terminal 4 (HAF)	7 d															0733		
Heathrow Terminals 2 & 3 (HXX)	7 d															0739		
Hayes & Harlington (HAY)	3 d															0746	0758	
Southall (STL)	d															0749	0801	
Hanwell (HAN)	d																	
West Ealing (WEA)	3 d																	
Ealing Broadway (EAL)	3 d															0753	0806	
Acton Main Line (AML)	d																	
London Paddington EL (PAD)	15 d										0744		0752		0759	0807	0815	0822
Bond Street (BDS)	d										0747		0755		0802	0810	0818	0825
Tottenham Court Road (TCR)	d										0749		0757		0804	0812	0820	0827
Farringdon (ZFD)	3 d										0752		0800		0807	0815	0823	0830
London Liverpool Street EL (LST)	4 d										0755		0803		0810	0818	0826	0833
London Liverpool Street (LST)	15 d	0632	0645	0649	0702	0715	0719	0732	0745	0748		0800		0810			0830	
Whitechapel (ZLW)	d										0758		0805		0813	0820	0831	0835
Canary Wharf (CWX)	DLR d										0802				0817		0835	
Custom House (CUS)	d										0805				0820		0838	
Woolwich (WWC)	d										0809				0824		0842	
Abbey Wood (ABW)	a										0814				0829		0847	
Stratford (SRA)	DLR 7 d	0639	0652	0656	0709	0722	0726	0739	0752	0755		0807	0811	0817		0826	0837	0841
Maryland (MYL)	d	0641		0658	0711		0728	0741		0757			0813			0828		0843
Forest Gate (FOG)	d	0643		0700	0713		0730	0743		0759			0815			0830		0845
Manor Park (MNP)	d	0646		0703	0716		0733	0746		0802			0818			0833		0848
Ilford (IFD)	2 d	0648		0705	0718		0735	0748		0804			0820			0835		0850
Seven Kings (SVK)	d	0651		0708	0721		0738	0751		0807			0823			0838		0853
Goodmayes (GMY)	d	0653		0710	0723		0740	0753		0809			0825			0840		0855
Chadwell Heath (CTH)	d	0655		0712	0725		0742	0755		0811			0827			0842		0857
Romford (RMF)	d	0659	0703	0716	0729	0733	0746	0759	0803	0815		0818	0831	0834		0846		0901
Gidea Park (GDP)	2 d	0702		0719	0732		0749	0802		0818			0834			0849		0904
Harold Wood (HRO)	d	0705		0722	0735		0752	0805		0821			0837			0852		0907
Brentwood (BRE)	d	0709		0726	0739		0756	0809		0825			0841			0856		0911
Shenfield (SNF)	3 a	0715	0716	0732	0745	0745	0802	0815	0831			0831	0847	0847		0902		0917

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time
- A To Harwich International
B To Southend Victoria
C To Colchester
D To Clacton-on-Sea

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Sundays

Operator Days of operation/Notes	XR	LE B	XR	XR	XR	LE E	XR	XR	LE B	XR	XR	LE D	XR	XR	XR	LE B	XR	XR
Reading (RDG)	7 d			0753						0823								0853
Twyford (TWY)	3 d			0758						0828								0858
Maidenhead (MAI)	3 d			0805						0835								0906
Taplow (TAP)	d			0808						0838								0909
Burnham (BNM)	d			0811						0841								0912
Slough (SLO)	3 d			0815						0845								0916
Langley (LNY)	d			0819						0849								0919
Iver (IVR)	d			0821						0851								0922
West Drayton (WDT)	d			0824						0854								0925
Heathrow Terminal 5 (HWV)	7 d	0749					0819						0849					
Heathrow Terminal 4 (HAF)	7 d		0803					0834							0904			
Heathrow Terminals 2 & 3 (HXX)	7 d	0754	0809				0824	0839					0854		0909			
Hayes & Harlington (HAY)	3 d	0804	0816	0828			0833	0846		0858			0903		0916			0930
Southall (STL)	d	0807	0819	0831			0836	0849		0901			0906		0919			0933
Hanwell (HAN)	d	0810	0822				0839	0852					0909		0922			
West Ealing (WEA)	3 d	0812	0824				0841	0854					0911		0924			
Ealing Broadway (EAL)	3 d	0814	0826	0836			0844	0856		0906			0914		0926			0937
Acton Main Line (AML)	d	0817	0829				0846	0859					0916		0929			
London Paddington EL (PAD)	15 d	0829	0837	0845	0852		0859	0907		0915	0922		0927	0932	0937		0942	0947
Bond Street (BDS)	d	0832	0840	0848	0855		0902	0910		0918	0925		0930	0935	0940		0945	0950
Tottenham Court Road (TCR)	d	0834	0842	0850	0857		0904	0912		0920	0927		0932	0937	0942		0947	0952
Farringdon (ZFD)	3 d	0837	0845	0853	0900		0907	0915		0923	0930		0935	0940	0945		0950	0955
London Liverpool Street EL (LST)	4 d	0840	0848	0856	0903		0910	0918		0926	0933		0938	0943	0948		0953	0958
London Liverpool Street (LST)	15 d		0846			0908		0923				0938				0953		
Whitechapel (ZLW)	d	0843	0850	0901	0905		0913	0920		0930	0935		0941	0946	0950		0956	1003
Canary Wharf (CWX)	DLR d	0847		0905			0917			0934			0945	0950			1000	1007
Custom House (CUS)	d	0850		0908			0920			0938			0948	0953			1003	1011
Woolwich (WWC)	d	0854		0912			0924			0942			0952	0957			1007	1015
Abbey Wood (ABW)	a	0859		0917			0929			0946			0957	1002			1012	1019
Stratford (SRA)	DLR 7 d		0853	0856		0911	0915		0926	0930		0941	0945			0956	1000	
Maryland (MYL)	d			0858				0928				0943				0958		
Forest Gate (FOG)	d			0900				0930				0945				1000		
Manor Park (MNP)	d			0903				0933				0948				1003		
Ilford (IFD)	2 d			0905				0935				0950				1005		
Seven Kings (SVK)	d			0908				0938				0953				1008		
Goodmayes (GMY)	d			0910				0940				0955				1010		
Chadwell Heath (CTH)	d			0912				0942				0957				1012		
Romford (RMF)	d		0904	0916				0946	0938			1001				1016	1008	
Gidea Park (GDP)	2 d			0919				0949				1004				1019		
Harold Wood (HRO)	d			0922				0952				1007				1022		
Brentwood (BRE)	d			0926				0956				1011				1026		
Shenfield (SNF)	3 a		0917	0932		0947	0930		1002	0947		1017	1000			1032	1017	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time
- B To Southend Victoria
D To Clacton-on-Sea
E To Ipswich

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Sundays

Operator Days of operation/Notes	XR	LE E	XR	XR	XR	LE B	XR	XR	XR	LE D	XR	XR	XR	XR	LE B	XR	XR	XR
Reading (RDG)	7 d							0924										
Twyford (TWY)	3 d							0929										
Maidenhead (MAI)	3 d							0936								1000		
Taplow (TAP)	d							0939										
Burnham (BNM)	d							0942								1004		
Slough (SLO)	3 d							0946								1008		
Langley (LNY)	d							0950								1012		
Iver (IVR)	d							0952								1014		
West Drayton (WDT)	d							0955								1017		
Heathrow Terminal 5 (HWV)	7 d			0919						0949								
Heathrow Terminal 4 (HAF)	7 d					0934							1000					1015
Heathrow Terminals 2 & 3 (HXX)	7 d			0924		0939				0954			1006					1021
Hayes & Harlington (HAY)	3 d			0933		0946		1000		1003			1012			1022		1027
Southall (STL)	d			0936		0949		1003		1006			1015			1025		1030
Hanwell (HAN)	d			0939		0952				1009			1018					1033
West Ealing (WEA)	3 d			0941		0954				1011			1020					1035
Ealing Broadway (EAL)	3 d			0944		0956		1007		1014			1022			1029		1037
Acton Main Line (AML)	d			0946		0959				1016			1025					1040
London Paddington EL (PAD)	15 d	0952		0957	1002	1007		1012	1017	1022		1026	1030	1034	1037		1041	1045
Bond Street (BDS)	d	0955		1000	1005	1010		1015	1020	1025		1029	1033	1037	1040		1044	1048
Tottenham Court Road (TCR)	d	0957		1002	1007	1012		1017	1022	1027		1031	1035	1039	1042		1046	1050
Farringdon (ZFD)	3 d	1000		1005	1010	1015		1020	1025	1030		1034	1038	1042	1045		1049	1053
London Liverpool Street EL (LST)	4 d	1003		1008	1013	1018		1023	1028	1033		1037	1041	1045	1048		1052	1056
London Liverpool Street (LST)	15 d		1008				1023				1038					1053		
Whitechapel (ZLW)	d	1005		1011	1018	1020		1026	1033	1035		1040	1043	1048	1050		1055	1058
Canary Wharf (CWX)	DLR	d		1015	1022			1030	1037			1044		1052			1059	1107
Custom House (CUS)	d			1018	1026			1033	1041			1048		1056			1103	1111
Woolwich (WWC)	d			1022	1030			1037	1045			1052		1100			1107	1115
Abbey Wood (ABW)	a			1027	1034			1042	1049			1056		1104			1111	1119
Stratford (SRA)	7 d	1011	1015			1026	1030			1041	1045		1049		1056	1100		1104
Maryland (MYL)	d	1013				1028				1043			1051		1058			1106
Forest Gate (FOG)	d	1015				1030				1045			1053		1100			1108
Manor Park (MNP)	d	1018				1033				1048			1056		1103			1111
Ilford (IFD)	2 d	1020				1035				1050			1058		1105			1113
Seven Kings (SVK)	d	1023				1038				1053			1101		1108			1116
Goodmayes (GMY)	d	1025				1040				1055			1103		1110			1118
Chadwell Heath (CTH)	d	1027				1042				1057			1105		1112			1120
Romford (RMF)	d	1031				1046	1038			1101			1109		1116	1108		1124
Gidea Park (GDP)	2 d	1034				1049				1104			1113a		1119			1128a
Harold Wood (HRO)	d	1037				1052				1107					1122			
Brentwood (BRE)	d	1041				1056				1111					1126			
Shenfield (SNF)	3 a	1047	1030			1102	1047			1117	1100				1132	1117		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time
- B To Southend Victoria
D To Clacton-on-Sea
E To Ipswich

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Sundays

Operator Days of operation/Notes	XR	LE E	XR	XR	XR	XR	LE B	XR	XR	XR	XR	LE D	XR	XR	XR	XR	LE B	XR
Reading (RDG)	7 d		0959										1029					
Twyford (TWY)	3 d		1004										1034					
Maidenhead (MAI)	3 d		1011					1030					1041					1100
Taplow (TAP)	d		1014										1044					
Burnham (BNM)	d		1017					1034					1047					1104
Slough (SLO)	3 d		1021					1038					1051					1108
Langley (LNY)	d		1025					1042					1055					1112
Iver (IVR)	d							1044										1114
West Drayton (WDT)	d		1030					1047					1100					1117
Heathrow Terminal 5 (HWV)	7 d		1020									1050						
Heathrow Terminal 4 (HAF)	7 d					1030					1045				1100			
Heathrow Terminals 2 & 3 (HXX)	7 d		1025			1036					1051	1055			1106			
Hayes & Harlington (HAY)	3 d		1032		1035	1042		1052			1057	1102		1105	1112			1122
Southall (STL)	d				1038	1045		1055			1100			1108	1115			1125
Hanwell (HAN)	d					1048					1103				1118			
West Ealing (WEA)	3 d		1039			1050					1105	1109			1120			
Ealing Broadway (EAL)	3 d		1041		1045	1052		1059			1107	1111		1115	1122			1129
Acton Main Line (AML)	d					1055					1110				1125			
London Paddington EL (PAD)	15 d		1052		1056	1100	1104	1107		1111	1115	1119	1122		1126	1130	1134	1137
Bond Street (BDS)	d		1055		1059	1103	1107	1110		1114	1118	1122	1125		1129	1133	1137	1140
Tottenham Court Road (TCR)	d		1057		1101	1105	1109	1112		1116	1120	1124	1127		1131	1135	1139	1142
Farringdon (ZFD)	3 d		1100		1104	1108	1112	1115		1119	1123	1127	1130		1134	1138	1142	1145
London Liverpool Street EL (LST)	4 d		1103		1107	1111	1115	1118		1122	1126	1130	1133		1137	1141	1145	1148
London Liverpool Street (LST)	15 d			1108				1123					1138					1153
Whitechapel (ZLW)	d		1105		1110	1113	1118	1120		1125	1128	1133	1135		1140	1143	1148	1150
Canary Wharf (CWX)	DLR d				1114		1122			1129		1137			1144		1152	
Custom House (CUS)	d				1118		1126			1133		1141			1148		1156	
Woolwich (WWC)	d				1122		1130			1137		1145			1152		1200	
Abbey Wood (ABW)	a				1126		1134			1141		1149			1156		1204	
Stratford (SRA)	7 d		1111	1115		1119		1126	1130		1134		1141	1145		1149		1156
Maryland (MYL)	d		1113			1121		1128			1136		1143			1151		1158
Forest Gate (FOG)	d		1115			1123		1130			1138		1145			1153		1200
Manor Park (MNP)	d		1118			1126		1133			1141		1148			1156		1203
Ilford (IFD)	2 d		1120			1128		1135			1143		1150			1158		1205
Seven Kings (SVK)	d		1123			1131		1138			1146		1153			1201		1208
Goodmayes (GMY)	d		1125			1133		1140			1148		1155			1203		1210
Chadwell Heath (CTH)	d		1127			1135		1142			1150		1157			1205		1212
Romford (RMF)	d		1131			1139		1146	1138		1154		1201			1209		1216
Gidea Park (GDP)	2 d		1134			1143a		1149			1158a		1204			1213a		1219
Harold Wood (HRO)	d		1137					1152					1207					1222
Brentwood (BRE)	d		1141					1156					1211					1226
Shenfield (SNF)	3 a		1147	1130				1202	1147				1217	1200				1232

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Operator Days of operation/Notes	XR	XR	XR	LE E	XR	XR	XR	XR	LE B	XR	XR	XR	XR	LE D	XR	XR	XR	XR
Reading (RDG) 7 d					1059										1129			
Twyford (TWY) 3 d					1104										1134			
Maidenhead (MAI) 3 d					1111					1130					1141			
Taplow (TAP) d					1114										1144			
Burnham (BNM) d					1117					1134					1147			
Slough (SLO) 3 d					1121					1138					1151			
Langley (LNY) d					1125					1142					1155			
Iver (IVR) d										1144								
West Drayton (WDT) d					1130					1147					1200			
Heathrow Terminal 5 (HWV) 7 d			1120										1150					
Heathrow Terminal 4 (HAF) 7 d		1115					1130					1145					1200	
Heathrow Terminals 2 & 3 (HXX) 7 d		1121	1125				1136				1151	1155					1206	
Hayes & Harlington (HAY) 3 d		1127	1132		1135		1142			1152	1157	1202			1205		1212	
Southall (STL) d		1130			1138		1145			1155	1200				1208		1215	
Hanwell (HAN) d		1133					1148				1203						1218	
West Ealing (WEA) 3 d		1135	1139				1150				1205	1209					1220	
Ealing Broadway (EAL) 3 d		1137	1141		1145		1152			1159	1207	1211			1215		1222	
Acton Main Line (AML) d		1140					1155					1210					1225	
London Paddington EL (PAD) 15 d	1145	1149	1152		1156	1200	1204	1207		1211	1215	1219	1222		1226	1230	1234	1237
Bond Street (BDS) d	1148	1152	1155		1159	1203	1207	1210		1214	1218	1222	1225		1229	1233	1237	1240
Tottenham Court Road (TCR) d	1150	1154	1157		1201	1205	1209	1212		1216	1220	1224	1227		1231	1235	1239	1242
Farringdon (ZFD) 3 d	1153	1157	1200		1204	1208	1212	1215		1219	1223	1227	1230		1234	1238	1242	1245
London Liverpool Street EL (LST) 4 d	1156	1200	1203		1207	1211	1215	1218		1222	1226	1230	1233		1237	1241	1245	1248
London Liverpool Street (LST) 15 d				1208					1223					1238				
Whitechapel (ZLW) d	1158	1203	1205		1210	1213	1218	1220		1225	1228	1233	1235		1240	1243	1248	1250
Canary Wharf (CWX) DLR d		1207			1214		1222			1229		1237			1244		1252	
Custom House (CUS) d		1211			1218		1226			1233		1241			1248		1256	
Woolwich (WWC) d		1215			1222		1230			1237		1245			1252		1300	
Abbey Wood (ABW) a		1219			1226		1234			1241		1249			1256		1304	
Stratford (SRA) 7 d	1204		1211	1215		1219		1226	1230		1234		1241	1245		1249		1256
Maryland (MYL) d	1206		1213			1221		1228			1236		1243			1251		1258
Forest Gate (FOG) d	1208		1215			1223		1230			1238		1245			1253		1300
Manor Park (MNP) d	1211		1218			1226		1233			1241		1248			1256		1303
Ilford (IFD) 2 d	1213		1220			1228		1235			1243		1250			1258		1305
Seven Kings (SVK) d	1216		1223			1231		1238			1246		1253			1301		1308
Goodmayes (GMY) d	1218		1225			1233		1240			1248		1255			1303		1310
Chadwell Heath (CTH) d	1220		1227			1235		1242			1250		1257			1305		1312
Romford (RMF) d	1224		1231			1239		1246	1238		1254		1301			1309		1316
Gidea Park (GDP) 2 d	1228a		1234			1243a		1249			1258a		1304			1313a		1319
Harold Wood (HRO) d			1237					1252					1307					1322
Brentwood (BRE) d			1241					1256					1311					1326
Shenfield (SNF) 3 a			1247	1230				1302	1247				1317	1300				1332

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Reading (RDG)	7 d						1159										1229	
Twyford (TWY)	3 d						1204										1234	
Maidenhead (MAI)	3 d		1200				1211					1230					1241	
Taplow (TAP)	d						1214										1244	
Burnham (BNM)	d		1204				1217					1234					1247	
Slough (SLO)	3 d		1208				1221					1238					1251	
Langley (LNY)	d		1212				1225					1242					1255	
Iver (IVR)	d		1214									1244						
West Drayton (WDT)	d		1217				1230					1247					1300	
Heathrow Terminal 5 (HWV)	⊖← d				1220											1250		
Heathrow Terminal 4 (HAF)	⊖← d				1215				1230						1245			
Heathrow Terminals 2 & 3 (HXX)	⊖← d				1221	1225			1236						1251	1255		
Hayes & Harlington (HAY)	3 d		1222		1227	1232		1235	1242			1252			1257	1302		1305
Southall (STL)	d		1225		1230		1238		1245			1255			1300			1308
Hanwell (HAN)	d				1233				1248						1303			
West Ealing (WEA)	3 d				1235	1239			1250						1305	1309		
Ealing Broadway (EAL)	⊖ 3 d		1229		1237	1241		1245				1259			1307	1311		1315
Acton Main Line (AML)	d				1240				1255						1310			
London Paddington EL (PAD)	⊖ 15 d		1241	1245	1249	1252		1256	1300	1304	1307		1311	1315	1319	1322		1326 1330
Bond Street (BDS)	⊖ d		1244	1248	1252	1255		1259	1303	1307	1310		1314	1318	1322	1325		1329 1333
Tottenham Court Road (TCR)	⊖ d		1246	1250	1254	1257		1301	1305	1309	1312		1316	1320	1324	1327		1331 1335
Farringdon (ZFD)	⊖ 3 d		1249	1253	1257	1300		1304	1308	1312	1315		1319	1323	1327	1330		1334 1338
London Liverpool Street EL (LST)	⊖ 4 d		1252	1256	1300	1303		1307	1311	1315	1318		1322	1326	1330	1333		1337 1341
London Liverpool Street (LST)	⊖ 15 d	1253				1308					1323						1338	
Whitechapel (ZLW)	⊖ d		1255	1258	1303	1305		1310	1313	1318	1320		1325	1328	1333	1335		1340 1343
Canary Wharf (CWX)	DLR d		1259		1307			1314		1322			1329		1337			1344
Custom House (CUS)	d		1303		1311			1318		1326			1333		1341			1348
Woolwich (WWC)	d		1307		1315			1322		1330			1337		1345			1352
Abbey Wood (ABW)	a		1311		1319			1326		1334			1341		1349			1356
Stratford (SRA)	⊖ DLR 7 d	1300		1304		1311	1315		1319		1326	1330		1334		1341	1345	1349
Maryland (MYL)	d			1306		1313			1321		1328			1336		1343		1351
Forest Gate (FOG)	d			1308		1315			1323		1330			1338		1345		1353
Manor Park (MNP)	d			1311		1318			1326		1333			1341		1348		1356
Ilford (IFD)	2 d			1313		1320			1328		1335			1343		1350		1358
Seven Kings (SVK)	d			1316		1323			1331		1338			1346		1353		1401
Goodmayes (GMY)	d			1318		1325			1333		1340			1348		1355		1403
Chadwell Heath (CTH)	d			1320		1327			1335		1342			1350		1357		1405
Romford (RMF)	d	1308		1324		1331			1339		1346	1338		1354		1401		1409
Gidea Park (GDP)	2 d			1328a		1334			1343a		1349			1358a		1404		1413a
Harold Wood (HRO)	d					1337					1352					1407		
Brentwood (BRE)	d					1341					1356					1411		
Shenfield (SNF)	3 a	1317				1347	1330				1402	1347				1417	1400	

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Reading (RDG) 7 d									1259									
Twyford (TWY) 3 d									1304									
Maidenhead (MAI) 3 d				1300					1311				1330					
Taplow (TAP) d									1314									
Burnham (BNM) d				1304					1317				1334					
Slough (SLO) 3 d				1308					1321				1338					
Langley (LNY) d				1312					1325				1342					
Iver (IVR) d				1314									1344					
West Drayton (WDT) d				1317					1330				1347					
Heathrow Terminal 5 (HWV) 7 d							1320										1350	
Heathrow Terminal 4 (HAF) 7 d	1300					1315					1330					1345		
Heathrow Terminals 2 & 3 (HXX) 7 d	1306					1321	1325				1336					1351	1355	
Hayes & Harlington (HAY) 3 d	1312			1322		1327	1332		1335		1342		1352			1357	1402	
Southall (STL) d	1315			1325		1330			1338		1345		1355			1400		
Hanwell (HAN) d	1318					1333					1348					1403		
West Ealing (WEA) 3 d	1320					1335	1339				1350					1405	1409	
Ealing Broadway (EAL) 3 d	1322			1329		1337	1341		1345		1352		1359			1407	1411	
Acton Main Line (AML) d	1325					1340					1355					1410		
London Paddington EL (PAD) 15 d	1334	1337		1341	1345	1349	1352		1356	1400	1404	1407		1411	1415	1419	1422	
Bond Street (BDS) d	1337	1340		1344	1348	1352	1355		1359	1403	1407	1410		1414	1418	1422	1425	
Tottenham Court Road (TCR) d	1339	1342		1346	1350	1354	1357		1401	1405	1409	1412		1416	1420	1424	1427	
Farringdon (ZFD) 3 d	1342	1345		1349	1353	1357	1400		1404	1408	1412	1415		1419	1423	1427	1430	
London Liverpool Street EL (LST) 4 d	1345	1348		1352	1356	1400	1403		1407	1411	1415	1418		1422	1426	1430	1433	
London Liverpool Street (LST) 15 d			1353					1408					1423					1438
Whitechapel (ZLW) d	1348	1350		1355	1358	1403	1405		1410	1413	1418	1420		1425	1428	1433	1435	
Canary Wharf (CWX) DLR d	1352			1359		1407			1414		1422			1429		1437		
Custom House (CUS) d	1356			1403		1411			1418		1426			1433		1441		
Woolwich (WWC) d	1400			1407		1415			1422		1430			1437		1445		
Abbey Wood (ABW) a	1404			1411		1419			1426		1434			1441		1449		
Stratford (SRA) 7 d		1356	1400		1404		1411	1415		1419		1426	1430		1434		1441	1445
Maryland (MYL) d		1358			1406		1413			1421		1428			1436		1443	
Forest Gate (FOG) d		1400			1408		1415			1423		1430			1438		1445	
Manor Park (MNP) d		1403			1411		1418			1426		1433			1441		1448	
Ilford (IFD) 2 d		1405			1413		1420			1428		1435			1443		1450	
Seven Kings (SVK) d		1408			1416		1423			1431		1438			1446		1453	
Goodmayes (GMY) d		1410			1418		1425			1433		1440			1448		1455	
Chadwell Heath (CTH) d		1412			1420		1427			1435		1442			1450		1457	
Romford (RMF) d		1416	1408		1424		1431			1439		1446	1438		1454		1501	
Gidea Park (GDP) 2 d		1419			1428a		1434			1443a		1449			1458a		1504	
Harold Wood (HRO) d		1422					1437					1452					1507	
Brentwood (BRE) d		1426					1441					1456					1511	
Shenfield (SNF) 3 a		1432	1417				1447	1430				1502	1447				1517	1500

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Reading (RDG) 7 d	1329										1359							
Twyford (TWY) 3 d	1334										1404							
Maidenhead (MAI) 3 d	1341					1400					1411					1430		
Taplow (TAP) d	1344										1414							
Burnham (BNM) d	1347					1404					1417					1434		
Slough (SLO) 3 d	1351					1408					1421					1438		
Langley (LNY) d	1355					1412					1425					1442		
Iver (IVR) d						1414										1444		
West Drayton (WDT) d	1400					1417					1430					1447		
Heathrow Terminal 5 (HWV) 7 d									1420									
Heathrow Terminal 4 (HAF) 7 d			1400					1415					1430					1445
Heathrow Terminals 2 & 3 (HXX) 7 d			1406					1421	1425				1436					1451
Hayes & Harlington (HAY) 3 d	1405		1412			1422		1427	1432		1435		1442			1452		1457
Southall (STL) d	1408		1415			1425		1430			1438		1445			1455		1500
Hanwell (HAN) d			1418					1433					1448					1503
West Ealing (WEA) 3 d			1420					1435	1439				1450					1505
Ealing Broadway (EAL) 3 d	1415		1422			1429		1437	1441		1445		1452			1459		1507
Acton Main Line (AML) d			1425					1440					1455					1510
London Paddington EL (PAD) 15 d	1426	1430	1434	1437		1441	1445	1449	1452		1456	1500	1504	1507		1511	1515	1519
Bond Street (BDS) d	1429	1433	1437	1440		1444	1448	1452	1455		1459	1503	1507	1510		1514	1518	1522
Tottenham Court Road (TCR) d	1431	1435	1439	1442		1446	1450	1454	1457		1501	1505	1509	1512		1516	1520	1524
Farringdon (ZFD) 3 d	1434	1438	1442	1445		1449	1453	1457	1500		1504	1508	1512	1515		1519	1523	1527
London Liverpool Street EL (LST) 4 d	1437	1441	1445	1448		1452	1456	1500	1503		1507	1511	1515	1518		1522	1526	1530
London Liverpool Street (LST) 15 d					1453					1508					1523			
Whitechapel (ZLW) d	1440	1443	1448	1450		1455	1458	1503	1505		1510	1513	1518	1520		1525	1528	1533
Canary Wharf (CWX) DLR d	1444		1452			1459		1507			1514		1522			1529		1537
Custom House (CUS) d	1448		1456			1503		1511			1518		1526			1533		1541
Woolwich (WWC) d	1452		1500			1507		1515			1522		1530			1537		1545
Abbey Wood (ABW) a	1456		1504			1511		1519			1526		1534			1541		1549
Stratford (SRA) 7 d		1449		1456	1500			1504		1511	1515		1519		1526	1530		1534
Maryland (MYL) d		1451		1458				1506		1513			1521		1528			1536
Forest Gate (FOG) d		1453		1500				1508		1515			1523		1530			1538
Manor Park (MNP) d		1456		1503				1511		1518			1526		1533			1541
Ilford (IFD) 2 d		1458		1505				1513		1520			1528		1535			1543
Seven Kings (SVK) d		1501		1508				1516		1523			1531		1538			1546
Goodmayes (GMY) d		1503		1510				1518		1525			1533		1540			1548
Chadwell Heath (CTH) d		1505		1512				1520		1527			1535		1542			1550
Romford (RMF) d		1509		1516	1508			1524		1531			1539		1546	1538		1554
Gidea Park (GDP) 2 d		1513a		1519				1528a		1534			1543a		1549			1558a
Harold Wood (HRO) d				1522						1537					1552			
Brentwood (BRE) d				1526						1541					1556			
Shenfield (SNF) 3 a				1532	1517					1547	1530				1602	1547		

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Reading (RDG) 7 d			1429										1459					
Twyford (TWY) 3 d			1434										1504					
Maidenhead (MAI) 3 d			1441					1500					1511					1530
Taplow (TAP) d			1444										1514					
Burnham (BNM) d			1447					1504					1517					1534
Slough (SLO) 3 d			1451					1508					1521					1538
Langley (LNY) d			1455					1512					1525					1542
Iver (IVR) d								1514										1544
West Drayton (WDT) d			1500					1517					1530					1547
Heathrow Terminal 5 (HWV) 7 d	1450											1520						
Heathrow Terminal 4 (HAF) 7 d					1500					1515					1530			
Heathrow Terminals 2 & 3 (HXX) 7 d	1455				1506					1521	1525				1536			
Hayes & Harlington (HAY) 3 d	1502		1505		1512			1522		1527	1532		1535		1542			1552
Southall (STL) d			1508		1515			1525		1530			1538		1545			1555
Hanwell (HAN) d					1518					1533					1548			
West Ealing (WEA) 3 d	1509				1520					1535	1539				1550			
Ealing Broadway (EAL) 3 d	1511		1515		1522			1529		1537	1541		1545		1552			1559
Acton Main Line (AML) d					1525					1540					1555			
London Paddington EL (PAD) 15 d	1522		1526	1530	1534	1537		1541	1545	1549	1552		1556	1600	1604	1607		1611
Bond Street (BDS) d	1525		1529	1533	1537	1540		1544	1548	1552	1555		1559	1603	1607	1610		1614
Tottenham Court Road (TCR) d	1527		1531	1535	1539	1542		1546	1550	1554	1557		1601	1605	1609	1612		1616
Farringdon (ZFD) 3 d	1530		1534	1538	1542	1545		1549	1553	1557	1600		1604	1608	1612	1615		1619
London Liverpool Street EL (LST) 4 d	1533		1537	1541	1545	1548		1552	1556	1600	1603		1607	1611	1615	1618		1622
London Liverpool Street (LST) 15 d		1538					1553					1608					1623	
Whitechapel (ZLW) d	1535		1540	1543	1548	1550		1555	1558	1603	1605		1610	1613	1618	1620		1625
Canary Wharf (CWX) DLR d			1544		1552			1559		1607			1614		1622			1629
Custom House (CUS) d			1548		1556			1603		1611			1618		1626			1633
Woolwich (WWC) d			1552		1600			1607		1615			1622		1630			1637
Abbey Wood (ABW) a			1556		1604			1611		1619			1626		1634			1641
Stratford (SRA) 7 d	1541	1545		1549		1556	1600		1604		1611	1615		1619		1626	1630	
Maryland (MYL) d	1543			1551		1558			1606		1613			1621		1628		
Forest Gate (FOG) d	1545			1553		1600			1608		1615			1623		1630		
Manor Park (MNP) d	1548			1556		1603			1611		1618			1626		1633		
Ilford (IFD) 2 d	1550			1558		1605			1613		1620			1628		1635		
Seven Kings (SVK) d	1553			1601		1608			1616		1623			1631		1638		
Goodmayes (GMY) d	1555			1603		1610			1618		1625			1633		1640		
Chadwell Heath (CTH) d	1557			1605		1612			1620		1627			1635		1642		
Romford (RMF) d	1601			1609		1616	1608		1624		1631			1639		1646	1638	
Gidea Park (GDP) 2 d	1604			1613a		1619			1628a		1634			1643a		1649		
Harold Wood (HRO) d	1607					1622					1637					1652		
Brentwood (BRE) d	1611					1626					1641					1656		
Shenfield (SNF) 3 a	1617	1600				1632	1617				1647	1630				1702	1647	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Sundays

Operator Days of operation/Notes	XR	XR	XR	LE D	XR	XR	XR	XR	LE B	XR	XR	XR	XR	LE E	XR	XR	XR	XR
Reading (RDG) 7 d					1529										1559			
Twyford (TWY) 3 d					1534										1604			
Maidenhead (MAI) 3 d					1541					1600					1611			
Taplow (TAP) d					1544										1614			
Burnham (BNM) d					1547					1604					1617			
Slough (SLO) 3 d					1551					1608					1621			
Langley (LNY) d					1555					1612					1625			
Iver (IVR) d										1614								
West Drayton (WDT) d					1600					1617					1630			
Heathrow Terminal 5 (HWV) 7 d			1550										1620					
Heathrow Terminal 4 (HAF) 7 d		1545					1600					1615					1630	
Heathrow Terminals 2 & 3 (HXX) 7 d		1551	1555				1606					1621	1625				1636	
Hayes & Harlington (HAY) 3 d		1557	1602		1605	1612				1622	1627	1632			1635	1642		
Southall (STL) d		1600			1608	1615				1625	1630				1638	1645		
Hanwell (HAN) d		1603				1618					1633					1648		
West Ealing (WEA) 3 d		1605	1609			1620					1635	1639				1650		
Ealing Broadway (EAL) 3 d		1607	1611		1615	1622				1629	1637	1641			1645	1652		
Acton Main Line (AML) d		1610				1625					1640					1655		
London Paddington EL (PAD) 15 d	1615	1619	1622		1626	1630	1634	1637		1641	1645	1649	1652		1656	1700	1704	1707
Bond Street (BDS) d	1618	1622	1625		1629	1633	1637	1640		1644	1648	1652	1655		1659	1703	1707	1710
Tottenham Court Road (TCR) d	1620	1624	1627		1631	1635	1639	1642		1646	1650	1654	1657		1701	1705	1709	1712
Farringdon (ZFD) 3 d	1623	1627	1630		1634	1638	1642	1645		1649	1653	1657	1700		1704	1708	1712	1715
London Liverpool Street EL (LST) 4 d	1626	1630	1633		1637	1641	1645	1648		1652	1656	1700	1703		1707	1711	1715	1718
London Liverpool Street (LST) 15 d				1638					1653					1708				
Whitechapel (ZLW) d	1628	1633	1635		1640	1643	1648	1650		1655	1658	1703	1705		1710	1713	1718	1720
Canary Wharf (CWX) DLR d		1637			1644	1652				1659	1707				1714	1722		
Custom House (CUS) d		1641			1648	1656				1703	1711				1718	1726		
Woolwich (WWC) d		1645			1652	1700				1707	1715				1722	1730		
Abbey Wood (ABW) a		1649			1656	1704				1711	1719				1726	1734		
Stratford (SRA) 7 d	1634		1641	1645		1649		1656	1700		1704		1711	1715		1719		1726
Maryland (MYL) d	1636		1643			1651		1658			1706		1713			1721		1728
Forest Gate (FOG) d	1638		1645			1653		1700			1708		1715			1723		1730
Manor Park (MNP) d	1641		1648			1656		1703			1711		1718			1726		1733
Ilford (IFD) 2 d	1643		1650			1658		1705			1713		1720			1728		1735
Seven Kings (SVK) d	1646		1653			1701		1708			1716		1723			1731		1738
Goodmayes (GMY) d	1648		1655			1703		1710			1718		1725			1733		1740
Chadwell Heath (CTH) d	1650		1657			1705		1712			1720		1727			1735		1742
Romford (RMF) d	1654		1701			1709		1716	1708		1724		1731			1739		1746
Gidea Park (GDP) 2 d	1658a		1704			1713a		1719			1728a		1734			1743a		1749
Harold Wood (HRO) d			1707					1722					1737					1752
Brentwood (BRE) d			1711					1726					1741					1756
Shenfield (SNF) 3 a			1717	1700				1732	1717				1747	1730				1802

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Sundays

Operator Days of operation/Notes	LE B	XR	XR	XR	XR	LE D	XR	XR	XR	XR	LE B	XR	XR	XR	XR	LE E	XR	XR
Reading (RDG)	7 d						1629										1659	
Twyford (TWY)	3 d						1634										1704	
Maidenhead (MAI)	3 d		1630				1641					1700					1711	
Taplow (TAP)	d						1644										1714	
Burnham (BNM)	d		1634				1647					1704					1717	
Slough (SLO)	3 d		1638				1651					1708					1721	
Langley (LNY)	d		1642				1655					1712					1725	
Iver (IVR)	d		1644									1714						
West Drayton (WDT)	d		1647				1700					1717					1730	
Heathrow Terminal 5 (HWV)	⊖← d				1650											1720		
Heathrow Terminal 4 (HAF)	⊖← d				1645				1700						1715			
Heathrow Terminals 2 & 3 (HXX)	⊖← d				1651	1655			1706						1721	1725		
Hayes & Harlington (HAY)	3 d		1652		1657	1702		1705	1712			1722			1727	1732		1735
Southall (STL)	d		1655		1700			1708	1715			1725			1730			1738
Hanwell (HAN)	d				1703				1718						1733			
West Ealing (WEA)	3 d				1705	1709			1720						1735	1739		
Ealing Broadway (EAL)	⊖ 3 d		1659		1707	1711		1715	1722			1729			1737	1741		1745
Acton Main Line (AML)	d				1710				1725						1740			
London Paddington EL (PAD)	⊖ 15 d		1711	1715	1719	1722		1726	1730	1734	1737		1741	1745	1749	1752		1756 1800
Bond Street (BDS)	⊖ d		1714	1718	1722	1725		1729	1733	1737	1740		1744	1748	1752	1755		1759 1803
Tottenham Court Road (TCR)	⊖ d		1716	1720	1724	1727		1731	1735	1739	1742		1746	1750	1754	1757		1801 1805
Farringdon (ZFD)	⊖ 3 d		1719	1723	1727	1730		1734	1738	1742	1745		1749	1753	1757	1800		1804 1808
London Liverpool Street EL (LST)	⊖ 4 d		1722	1726	1730	1733		1737	1741	1745	1748		1752	1756	1800	1803		1807 1811
London Liverpool Street (LST)	⊖ 15 d	1723				1738					1753					1808		
Whitechapel (ZLW)	⊖ d		1725	1728	1733	1735		1740	1743	1748	1750		1755	1758	1803	1805		1810 1813
Canary Wharf (CWX)	DLR d		1729		1737			1744		1752			1759		1807			1814
Custom House (CUS)	d		1733		1741			1748		1756			1803		1811			1818
Woolwich (WWC)	d		1737		1745			1752		1800			1807		1815			1822
Abbey Wood (ABW)	a		1741		1749			1756		1804			1811		1819			1826
Stratford (SRA)	⊖ DLR 7 d	1730		1734		1741 1745		1749		1756	1800		1804		1811	1815		1819
Maryland (MYL)	d			1736		1743			1751		1758			1806		1813		1821
Forest Gate (FOG)	d			1738		1745			1753		1800			1808		1815		1823
Manor Park (MNP)	d			1741		1748			1756		1803			1811		1818		1826
Ilford (IFD)	2 d			1743		1750			1758		1805			1813		1820		1828
Seven Kings (SVK)	d			1746		1753			1801		1808			1816		1823		1831
Goodmayes (GMY)	d			1748		1755			1803		1810			1818		1825		1833
Chadwell Heath (CTH)	d			1750		1757			1805		1812			1820		1827		1835
Romford (RMF)	d	1738		1754		1801			1809		1816	1808		1824		1831		1839
Gidea Park (GDP)	2 d			1758a		1804			1813a		1819			1828a		1834		1843a
Harold Wood (HRO)	d					1807					1822					1837		
Brentwood (BRE)	d					1811					1826					1841		
Shenfield (SNF)	3 a	1747				1817 1800					1832 1817					1847 1830		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Operator Days of operation/Notes	XR	XR	LE B	XR	XR	XR	XR	LE D	XR	XR	XR	XR	LE B	XR	XR	XR	XR	LE E
Reading (RDG) 7 d									1729									
Twyford (TWY) 3 d									1734									
Maidenhead (MAI) 3 d				1730					1741				1800					
Taplow (TAP) d									1744									
Burnham (BNM) d				1734					1747				1804					
Slough (SLO) 3 d				1738					1751				1808					
Langley (LNY) d				1742					1755				1812					
Iver (IVR) d				1744									1814					
West Drayton (WDT) d				1747					1800				1817					
Heathrow Terminal 5 (HWV) 7 d							1750										1820	
Heathrow Terminal 4 (HAF) 7 d	1730					1745					1800					1815		
Heathrow Terminals 2 & 3 (HXX) 7 d	1736					1751	1755				1806					1821	1825	
Hayes & Harlington (HAY) 3 d	1742			1752		1757	1802		1805		1812			1822		1827	1832	
Southall (STL) d	1745			1755		1800			1808		1815			1825		1830		
Hanwell (HAN) d	1748					1803					1818					1833		
West Ealing (WEA) 3 d	1750					1805	1809				1820					1835	1839	
Ealing Broadway (EAL) 3 d	1752			1759		1807	1811		1815		1822			1829		1837	1841	
Acton Main Line (AML) d	1755					1810					1825					1840		
London Paddington EL (PAD) 15 d	1804	1807		1811	1815	1819	1822		1826	1830	1834	1837		1841	1845	1849	1852	
Bond Street (BDS) d	1807	1810		1814	1818	1822	1825		1829	1833	1837	1840		1844	1848	1852	1855	
Tottenham Court Road (TCR) d	1809	1812		1816	1820	1824	1827		1831	1835	1839	1842		1846	1850	1854	1857	
Farringdon (ZFD) 3 d	1812	1815		1819	1823	1827	1830		1834	1838	1842	1845		1849	1853	1857	1900	
London Liverpool Street EL (LST) 4 d	1815	1818		1822	1826	1830	1833		1837	1841	1845	1848		1852	1856	1900	1903	
London Liverpool Street (LST) 15 d	1815		1823					1838					1853					1908
Whitechapel (ZLW) d	1818	1820		1825	1828	1833	1835		1840	1843	1848	1850		1855	1858	1903	1905	
Canary Wharf (CWX) DLR d	1822			1829		1837			1844		1852			1859		1907		
Custom House (CUS) d	1826			1833		1841			1848		1856			1903		1911		
Woolwich (WWC) d	1830			1837		1845			1852		1900			1907		1915		
Abbey Wood (ABW) a	1834			1841		1849			1856		1904			1911		1919		
Stratford (SRA) 7 d		1826	1830		1834		1841	1845		1849		1856	1900		1904		1911	1915
Maryland (MYL) d		1828			1836		1843			1851		1858			1906		1913	
Forest Gate (FOG) d		1830			1838		1845			1853		1900			1908		1915	
Manor Park (MNP) d		1833			1841		1848			1856		1903			1911		1918	
Ilford (IFD) 2 d		1835			1843		1850			1858		1905			1913		1920	
Seven Kings (SVK) d		1838			1846		1853			1901		1908			1916		1923	
Goodmayes (GMY) d		1840			1848		1855			1903		1910			1918		1925	
Chadwell Heath (CTH) d		1842			1850		1857			1905		1912			1920		1927	
Romford (RMF) d		1846	1838		1854		1901			1909		1916	1908		1924		1931	
Gidea Park (GDP) 2 d		1849			1858a		1904			1913a		1919			1928a		1934	
Harold Wood (HRO) d		1852					1907					1922					1937	
Brentwood (BRE) d		1856					1911					1926					1941	
Shenfield (SNF) 3 a		1902	1847				1917	1900				1932	1917				1947	1930

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Reading (RDG) 7 d	1759										1829							
Twyford (TWY) 3 d	1804										1834							
Maidenhead (MAI) 3 d	1811					1830					1841					1900		
Taplow (TAP) d	1814										1844							
Burnham (BNM) d	1817					1834					1847					1904		
Slough (SLO) 3 d	1821					1838					1851					1908		
Langley (LNY) d	1825					1842					1855					1912		
Iver (IVR) d						1844										1914		
West Drayton (WDT) d	1830					1847					1900					1917		
Heathrow Terminal 5 (HWV) 7 d									1850									
Heathrow Terminal 4 (HAF) 7 d			1830					1845					1900					
Heathrow Terminals 2 & 3 (HXX) 7 d			1836					1851	1855				1906					
Hayes & Harlington (HAY) 3 d	1835		1842			1852		1857	1902		1905		1912			1922		
Southall (STL) d	1838		1845			1855		1900			1908		1915			1925		
Hanwell (HAN) d			1848					1903					1918					
West Ealing (WEA) 3 d			1850					1905	1909				1920					
Ealing Broadway (EAL) 3 d	1845		1852			1859		1907	1911		1915		1922			1929		
Acton Main Line (AML) d			1855					1910					1925					
London Paddington EL (PAD) 15 d	1856	1900	1904	1907		1911	1915	1919	1922		1926	1930	1934	1937		1941	1945	
Bond Street (BDS) d	1859	1903	1907	1910		1914	1918	1922	1925		1929	1933	1937	1940		1944	1948	
Tottenham Court Road (TCR) d	1901	1905	1909	1912		1916	1920	1924	1927		1931	1935	1939	1942		1946	1950	
Farringdon (ZFD) 3 d	1904	1908	1912	1915		1919	1923	1927	1930		1934	1938	1942	1945		1949	1953	
London Liverpool Street EL (LST) 4 d	1907	1911	1915	1918		1922	1926	1930	1933		1937	1941	1945	1948		1952	1956	
London Liverpool Street (LST) 15 d				1923						1938					1953			2000
Whitechapel (ZLW) d	1910	1913	1918	1920		1925	1928	1933	1935		1940	1943	1948	1950		1955	1958	
Canary Wharf (CWX) DLR d	1914		1922			1929		1937			1944		1952			1959		
Custom House (CUS) d	1918		1926			1933		1941			1948		1956			2003		
Woolwich (WWC) d	1922		1930			1937		1945			1952		2000			2007		
Abbey Wood (ABW) a	1926		1934			1941		1949			1956		2004			2011		
Stratford (SRA) 7 d		1919		1926	1930		1934		1941	1945		1949		1956	2000		2004	2007
Maryland (MYL) d		1921		1928			1936		1943			1951		1958			2006	
Forest Gate (FOG) d		1923		1930			1938		1945			1953		2000			2008	
Manor Park (MNP) d		1926		1933			1941		1948			1956		2003			2011	
Ilford (IFD) 2 d		1928		1935			1943		1950			1958		2005			2013	
Seven Kings (SVK) d		1931		1938			1946		1953			2001		2008			2016	
Goodmayes (GMY) d		1933		1940			1948		1955			2003		2010			2018	
Chadwell Heath (CTH) d		1935		1942			1950		1957			2005		2012			2020	
Romford (RMF) d		1939		1946	1938		1954		2001			2009		2016	2008		2024	
Gidea Park (GDP) 2 d		1943a		1949			1958a		2004			2013a		2019			2028a	
Harold Wood (HRO) d				1952					2007					2022				
Brentwood (BRE) d				1956					2011					2026				
Shenfield (SNF) 3 a				2002	1947				2017	2000				2032	2017			2022

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Reading (RDG)	7 d			1859										1929				
Twyford (TWY)	3 d			1904										1934				
Maidenhead (MAI)	3 d			1911					1930					1941				
Taplow (TAP)	d			1914										1944				
Burnham (BNM)	d			1917					1934					1947				
Slough (SLO)	3 d			1921					1938					1951				
Langley (LNY)	d			1925					1942					1955				
Iver (IVR)	d								1944									
West Drayton (WDT)	d			1930					1947					2000				
Heathrow Terminal 5 (HWV)	7 d		1920									1950						
Heathrow Terminal 4 (HAF)	7 d	1915				1930					1945					2000		
Heathrow Terminals 2 & 3 (HXX)	7 d	1921	1925			1936					1951	1955				2006		
Hayes & Harlington (HAY)	3 d	1927	1932		1935	1942			1952	1957	2002			2005		2012		
Southall (STL)	d	1930			1938	1945			1955		2000			2008		2015		
Hanwell (HAN)	d	1933				1948					2003					2018		
West Ealing (WEA)	3 d	1935	1939			1950					2005	2009				2020		
Ealing Broadway (EAL)	3 d	1937	1941		1945	1952			1959		2007	2011		2015		2022		
Acton Main Line (AML)	d	1940				1955					2010					2025		
London Paddington EL (PAD)	15 d	1949	1952		1956	2000	2004	2007		2011	2015	2019	2022		2026	2030	2034	2037
Bond Street (BDS)	d	1952	1955		1959	2003	2007	2010		2014	2018	2022	2025		2029	2033	2037	2040
Tottenham Court Road (TCR)	d	1954	1957		2001	2005	2009	2012		2016	2020	2024	2027		2031	2035	2039	2042
Farringdon (ZFD)	3 d	1957	2000		2004	2008	2012	2015		2019	2023	2027	2030		2034	2038	2042	2045
London Liverpool Street EL (LST)	4 d	2000	2003		2007	2011	2015	2018		2022	2026	2030	2033		2037	2041	2045	2048
London Liverpool Street (LST)	15 d		2008					2023					2038					2053
Whitechapel (ZLW)	d	2003	2005		2010	2013	2018	2020		2025	2028	2033	2035		2040	2043	2048	2050
Canary Wharf (CWX)	DLR d	2007			2014		2022			2029		2037			2044		2052	
Custom House (CUS)	d	2011			2018		2026			2033		2041			2048		2056	
Woolwich (WWC)	d	2015			2022		2030			2037		2045			2052		2100	
Abbey Wood (ABW)	a	2019			2026		2034			2041		2049			2056		2104	
Stratford (SRA)	7 d		2015		2019		2026	2030		2034		2041	2045		2049		2056	2100
Maryland (MYL)	d		2013		2021		2028			2036		2043			2051		2058	
Forest Gate (FOG)	d		2015		2023		2030			2038		2045			2053		2100	
Manor Park (MNP)	d		2018		2026		2033			2041		2048			2056		2103	
Ilford (IFD)	2 d		2020		2028		2035			2043		2050			2058		2105	
Seven Kings (SVK)	d		2023		2031		2038			2046		2053			2101		2108	
Goodmayes (GMY)	d		2025		2033		2040			2048		2055			2103		2110	
Chadwell Heath (CTH)	d		2027		2035		2042			2050		2057			2105		2112	
Romford (RMF)	d		2031		2039		2046	2038		2054		2101			2109		2116	2108
Gidea Park (GDP)	2 d		2034		2043a		2049			2058a		2104			2113a		2119	
Harold Wood (HRO)	d		2037				2052					2107					2122	
Brentwood (BRE)	d		2041				2056					2111					2126	
Shenfield (SNF)	3 a		2047	2030			2102	2047				2117	2100				2132	2117

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time
- B To Southend Victoria
D To Clacton-on-Sea
E To Ipswich

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Sundays

Operator Days of operation/Notes	XR	XR	XR	XR	LE E	XR	XR	XR	XR	LE B	XR	XR	XR	XR	LE D	XR	XR	XR
Reading (RDG) 7 d						1959										2029		
Twyford (TWY) 3 d						2004										2034		
Maidenhead (MAI) 3 d	2000					2011					2030					2041		
Taplow (TAP) d						2014										2044		
Burnham (BNM) d	2004					2017					2034					2047		
Slough (SLO) 3 d	2008					2021					2038					2051		
Langley (LNY) d	2012					2025					2042					2055		
Iver (IVR) d	2014										2044							
West Drayton (WDT) d	2017					2030					2047					2100		
Heathrow Terminal 5 (HWV) 7 d				2020											2050			
Heathrow Terminal 4 (HAF) 7 d			2015					2030						2045				2100
Heathrow Terminals 2 & 3 (HXX) 7 d			2021	2025				2036					2051	2055				2106
Hayes & Harlington (HAY) 3 d	2022		2027	2032		2035		2042			2052		2057	2102		2105		2112
Southall (STL) d	2025		2030			2038		2045			2055		2100			2108		2115
Hanwell (HAN) d			2033					2048					2103					2118
West Ealing (WEA) 3 d			2035	2039				2050					2105	2109				2120
Ealing Broadway (EAL) 3 d	2029		2037	2041		2045		2052			2059		2107	2111		2115		2122
Acton Main Line (AML) d			2040					2055					2110					2125
London Paddington EL (PAD) 15 d	2041	2045	2049	2052		2056	2100	2104	2107		2111	2115	2119	2122		2126	2130	2134
Bond Street (BDS) d	2044	2048	2052	2055		2059	2103	2107	2110		2114	2118	2122	2125		2129	2133	2137
Tottenham Court Road (TCR) d	2046	2050	2054	2057		2101	2105	2109	2112		2116	2120	2124	2127		2131	2135	2139
Farringdon (ZFD) 3 d	2049	2053	2057	2100		2104	2108	2112	2115		2119	2123	2127	2130		2134	2138	2142
London Liverpool Street EL (LST) 4 d	2052	2056	2100	2103		2107	2111	2115	2118		2122	2126	2130	2133		2137	2141	2145
London Liverpool Street (LST) 15 d					2108					2123					2138			
Whitechapel (ZLW) d	2055	2058	2103	2105		2110	2113	2118	2120		2125	2128	2133	2135		2140	2143	2148
Canary Wharf (CWX) DLR d	2059		2107			2114		2122			2129		2137			2144		2152
Custom House (CUS) d			2111			2118		2126			2133		2141			2148		2156
Woolwich (WWC) d			2115			2122		2130			2137		2146			2152		2201
Abbey Wood (ABW) a			2119			2126		2134			2141		2150			2156		2205
Stratford (SRA) 7 d		2104		2111	2115		2119		2126	2130		2134		2141	2145		2149	
Maryland (MYL) d		2106		2113			2121		2128			2136		2143			2151	
Forest Gate (FOG) d		2108		2115			2123		2130			2138		2145			2153	
Manor Park (MNP) d		2111		2118			2126		2133			2141		2148			2156	
Ilford (IFD) 2 d		2113		2120			2128		2135			2143		2150			2158	
Seven Kings (SVK) d		2116		2123			2131		2138			2146		2153			2201	
Goodmayes (GMY) d		2118		2125			2133		2140			2148		2155			2203	
Chadwell Heath (CTH) d		2120		2127			2135		2142			2150		2157			2205	
Romford (RMF) d		2124		2131			2139		2146	2138		2154		2201			2209	
Gidea Park (GDP) 2 d		2128a		2134			2143a		2149			2158a		2204			2213a	
Harold Wood (HRO) d				2137					2152					2207				
Brentwood (BRE) d				2141					2156					2211				
Shenfield (SNF) 3 a				2147	2130				2202	2147				2217	2200			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time
- B To Southend Victoria
D To Clacton-on-Sea
E To Ipswich

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Sundays

Operator Days of operation/Notes	XR	LE B	XR	XR	XR	XR	LE E	XR	XR	XR	LE B	XR	XR	LE D	XR	XR	LE B	XR
Reading (RDG)	7 d							2059							2129			
Twyford (TWY)	3 d							2104							2134			
Maidenhead (MAI)	3 d		2100					2111				2130			2141			
Taplow (TAP)	d							2114							2144			
Burnham (BNM)	d		2104					2117				2134			2147			
Slough (SLO)	3 d		2108					2121				2138			2151			
Langley (LNY)	d		2112					2125				2142			2155			
Iver (IVR)	d		2114									2144			2157			
West Drayton (WDT)	d		2117					2131				2147			2201			
Heathrow Terminal 5 (HWV)	⊖← d					2120							2150					
Heathrow Terminal 4 (HAF)	⊖← d				2115					2130						2200		
Heathrow Terminals 2 & 3 (HXX)	⊖← d				2121	2125				2136			2155			2206		
Hayes & Harlington (HAY)	3 d		2122		2127	2132		2136				2152	2202		2206	2212		
Southall (STL)	d		2125		2130			2139		2145		2155			2209	2215		
Hanwell (HAN)	d				2133					2148						2218		
West Ealing (WEA)	3 d				2135	2139				2150			2209			2220		
Ealing Broadway (EAL)	⊖ 3 d		2129		2137	2141		2145		2152		2159	2211		2215	2222		
Acton Main Line (AML)	d				2140					2155						2225		
London Paddington EL (PAD)	⊖ 15 d	2137		2141	2145	2149	2152		2156	2200	2207		2214	2222		2229	2237	2244
Bond Street (BDS)	⊖ d	2140		2144	2148	2152	2155		2159	2203	2210		2217	2225		2232	2240	2247
Tottenham Court Road (TCR)	⊖ d	2142		2146	2150	2154	2157		2201	2205	2212		2219	2227		2234	2242	2249
Farringdon (ZFD)	⊖ 3 d	2145		2149	2153	2157	2200		2204	2208	2215		2222	2230		2237	2245	2252
London Liverpool Street EL (LST)	⊖ 4 d	2148		2152	2156	2200	2203		2207	2211	2218		2225	2233		2240	2248	2255
London Liverpool Street (LST)	⊖ 15 d		2153				2208					2223		2238			2253	
Whitechapel (ZLW)	⊖ d	2150		2155	2158	2203	2205		2211	2213	2220		2228	2235		2243	2250	2258
Canary Wharf (CWX)	⊖ d			2159		2207			2215				2232			2247		2302
Custom House (CUS)	d			2203		2211			2219				2235			2250		2305
Woolwich (WWC)	d			2207		2215			2224				2239			2254		2309
Abbey Wood (ABW)	a			2211		2219			2228				2244			2259		2314
Stratford (SRA)	⊖ 7 d	2156	2200		2204		2211	2215		2219	2226	2230		2241	2245		2256	2300
Maryland (MYL)	d	2158			2206		2213			2221	2228			2243			2258	
Forest Gate (FOG)	d	2200			2208		2215			2223	2230			2245			2300	
Manor Park (MNP)	d	2203			2211		2218			2226	2233			2248			2303	
Ilford (IFD)	2 d	2205			2213		2220			2228	2235			2250			2305	
Seven Kings (SVK)	d	2208			2216		2223			2231	2238			2253			2309	
Goodmayes (GMY)	d	2210			2218		2225			2233	2240			2255			2311	
Chadwell Heath (CTH)	d	2212			2220		2227			2235	2242			2257			2313	
Romford (RMF)	d	2216	2208		2224		2231			2239	2246	2238		2301			2316	2308
Gidea Park (GDP)	2 d	2219			2228a		2234			2243a	2249			2304			2319	
Harold Wood (HRO)	d	2222					2237				2252			2307			2322	
Brentwood (BRE)	d	2226					2241				2256			2311			2326	
Shenfield (SNF)	3 a	2232	2217				2247	2230			2302	2247		2317	2300		2332	2317

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time
- B To Southend Victoria
D To Clacton-on-Sea
E To Ipswich

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Sundays

Operator Days of operation/Notes	XR	LE E	XR	LE B	LE C	XR	LE B	XR	LE MM C	XR MM	LE MM B	XR MM	XR MM B	LE MM	XR MM
Reading (RDG)	7 d														
Twyford (TWY)	3 d														
Maidenhead (MAI)	3 d														
Taplow (TAP)	d														
Burnham (BNM)	d														
Slough (SLO)	3 d														
Langley (LNY)	d														
Iver (IVR)	d														
West Drayton (WDT)	d														
Heathrow Terminal 5 (HWV)	⬅️ 7 d														
Heathrow Terminal 4 (HAF)	⬅️ 3 d														
Heathrow Terminals 2 & 3 (HXX)	⬅️ 3 d														
Hayes & Harlington (HAY)	3 d														
Southall (STL)	d														
Hanwell (HAN)	d														
West Ealing (WEA)	3 d														
Ealing Broadway (EAL)	⬅️ 3 d														
Acton Main Line (AML)	d														
London Paddington EL (PAD)	⬅️ 15 d														
Bond Street (BDS)	⬅️ d														
Tottenham Court Road (TCR)	⬅️ d														
Farringdon (ZFD)	⬅️ 3 d														
London Liverpool Street EL (LST)	⬅️ 4 d														
London Liverpool Street (LST)	⬅️ 15 d	2304	2308	2319	2323	2334	2345	2349	0002	0005	0015	0019	0034	0050	0055
Whitechapel (ZLW)	⬅️ d														
Canary Wharf (CWX)	⬅️ DLR d														
Custom House (CUS)	d														
Woolwich (WWC)	d														
Abbey Wood (ABW)	a														
Stratford (SRA)	⬅️ DLR 7 d	2311	2315	2326	2330	2341	2352	2356	0009	0012	0022	0026	0041	0057	0102
Maryland (MYL)	d	2313		2328				2343		2358		0014		0028	0104
Forest Gate (FOG)	d	2315		2330				2345		0001		0016		0030	0106
Manor Park (MNP)	d	2318		2333				2348		0003		0019		0033	0109
Ilford (IFD)	2 d	2320		2335				2350		0005		0021		0035	0112
Seven Kings (SVK)	d	2323		2338				2353		0008		0024		0038	0114
Goodmayes (GMY)	d	2325		2340				2355		0010		0026		0040	0116
Chadwell Heath (CTH)	d	2327		2342				2357		0012		0028		0042	0118
Romford (RMF)	d	2331		2346	2338		0001	0004	0016		0032	0035	0046	0101	0108
Gidea Park (GDP)	2 d	2334		2349			0004		0019		0035		0049	0104	0125
Harold Wood (HRO)	d	2337		2352			0007		0022		0038		0052	0107	0128
Brentwood (BRE)	d	2341		2356			0011		0026		0042		0056	0111	0132
Shenfield (SNF)	3 a	2347	2330	0002	2347	2356	0017	0017	0032	0032	0048	0048	0102	0117	0138

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time
- B To Southend Victoria
C To Colchester
E To Ipswich
- MM Monday mornings

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	LE A	XR	XR	XR	XR	LE A	XR	XR	LE B	XR	XR	XR	XR	LE A	XR	XR	XR	XR
Shenfield (SNF)	3 d	0437	0444			0504	0509		0524		0524		0533	0539		0541		0548
Brentwood (BRE)	d		0448			0508					0528		0537			0545		0552
Harold Wood (HRO)	d		0452			0512					0532		0541			0549		0556
Gidea Park (GDP)	2 d		0455	0503		0515		0525			0535		0544			0552		0559
Romford (RMF)	d		0458	0506		0518		0528	0531		0538		0547			0555		0602
Chadwell Heath (CTH)	d		0501	0509		0521		0531			0541		0550			0558		0605
Goodmayes (GMY)	d		0503	0511		0523		0533			0543		0552			0600		0607
Seven Kings (SVK)	d		0505	0513		0525		0535	0536s		0545		0554			0602		0609
Ilford (IFD)	2 d		0509	0517		0529		0539			0549		0558			0606		0613
Manor Park (MNP)	d		0511	0519		0531		0541			0551		0600			0608		0615
Forest Gate (FOG)	d		0515	0522		0534		0544			0554		0603			0611		0618
Maryland (MYL)	d		0517	0524		0536		0546			0556		0605			0613		0620
Stratford (SRA)	7 d	0459	0519	0527	0534	0539	0526	0549	0543		0559		0608	0554		0616		0623
Abbey Wood (ABW)	d						0534			0544		0554			0602		0609	
Woolwich (WWC)	d						0537			0547		0557			0605		0612	
Custom House (CUS)	d						0541			0551		0601			0609		0616	
Canary Wharf (CWX)	DLR d						0545			0555		0605			0613		0620	
Whitechapel (ZLW)	DLR d				0539	0544	0549	0554		0559	0604	0609	0613		0617	0621	0624	0628
London Liverpool Street (LST)	15 a	0508	0527	0534		0534		0551					0602					
London Liverpool Street EL (LST)	14 a				0542	0547		0552	0557		0602	0607	0612	0616		0620	0624	0631
Farringdon (ZFD)	3 a				0545	0550		0555	0600		0605	0610	0615	0619		0623	0627	0634
Tottenham Court Road (TCR)	3 a				0548	0553		0558	0603		0608	0613	0618	0622		0626	0630	0637
Bond Street (BDS)	3 a				0550	0555		0600	0605		0610	0615	0620	0624		0628	0632	0639
London Paddington EL (PAD)	15 a				0554	0559		0604	0609		0614	0619	0624	0628		0632	0636	0643
Acton Main Line (AML)	a				0600			0615					0630					0645
Ealing Broadway (EAL)	3 a				0603			0614	0618		0626		0633			0641	0644	0648
West Ealing (WEA)	3 a				0606			0617	0621				0636			0646	0651	
Hanwell (HAN)	a				0608				0623				0638				0653	
Southall (STL)	a				0611				0626		0631		0641			0646		0656
Hayes & Harlington (HAY)	3 a				0614			0622	0629		0634		0644			0649	0652	0700
Heathrow Terminals 2 & 3 (HXX)	3 a				0622			0630	0637				0652				0700	0707
Heathrow Terminal 4 (HAF)	3 a				0628				0643				0658					0713
Heathrow Terminal 5 (HWV)	3 a							0636									0706	
West Drayton (WDT)	a									0638						0653		
Iver (IVR)	a									0640						0655		
Langley (LNY)	a									0643						0658		
Slough (SLO)	3 a									0647						0701		
Burnham (BNM)	a									0650						0705		
Taplow (TAP)	a									0653						0708		
Maidenhead (MAI)	3 a									0656						0711		
Twyford (TWY)	3 a									0703						0718		
Reading (RDG)	7 a									0710						0727		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a** Arrival time
- d** Departure time
- s** Stops to set down only
- A** From Southend Victoria
- B** From Colchester

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	LE B	XR	XR	XR	XR	LE C	XR	XR	LE A	XR	XR	XR	XR	LE D	XR	XR	LE A	XR
Shenfield (SNF)	3 d	0553		0556		0602	0607		0608	0614		0614		0620	0621		0625	0630
Brentwood (BRE)	d			0600		0606			0612			0618		0624			0629	
Harold Wood (HRO)	d			0604		0610			0616			0622		0628			0633	
Gidea Park (GDP)	2 d			0607		0613			0619			0625		0631			0636	
Romford (RMF)	d	0601		0610		0616			0622			0628		0634	0629s		0639	
Chadwell Heath (CTH)	d			0613		0619			0625			0631		0637			0642	
Goodmayes (GMY)	d			0615		0621			0627			0633		0639			0644	
Seven Kings (SVK)	d			0617		0623			0629			0635		0641			0646	
Ilford (IFD)	2 d			0621		0627			0633			0639		0645			0650	
Manor Park (MNP)	d			0623		0629			0635			0641		0647			0652	
Forest Gate (FOG)	d			0626		0632			0638			0644		0650			0655	
Maryland (MYL)	d			0628		0634			0640			0646		0652			0657	
Stratford (SRA)	7 d	0611		0631		0637	0622s		0643	0630		0649		0655	0639		0700	0645
Abbey Wood (ABW)	d			0617		0624			0630			0636		0642			0648	0654
Woolwich (WWC)	d			0620		0627			0633			0639		0645			0651	0657
Custom House (CUS)	d			0624		0631			0637			0643		0649			0655	0701
Canary Wharf (CWX)	DLR d			0628		0635			0641			0647		0653			0659	0705
Whitechapel (ZLW)	DLR d			0632	0636	0639	0642		0645	0648		0651	0654	0657	0700		0703	0706
London Liverpool Street (LST)	15 a	0619					0631			0638					0647		0653	
London Liverpool Street EL (LST)	14 a			0635	0639	0642	0645		0648	0651		0654	0657	0700	0703		0706	0709
Farringdon (ZFD)	3 a			0638	0642	0645	0648		0651	0654		0657	0700	0703	0706		0709	0712
Tottenham Court Road (TCR)	3 a			0641	0645	0648	0651		0654	0657		0700	0703	0706	0709		0712	0715
Bond Street (BDS)	3 a			0643	0647	0650	0653		0656	0659		0702	0705	0708	0711		0714	0717
London Paddington EL (PAD)	15 a			0647	0651	0654	0657		0700	0703		0706	0709	0712	0715		0718	0721
Acton Main Line (AML)	a					0700						0713						0730
Ealing Broadway (EAL)	3 a			0656		0703			0711	0714		0717				0726		0733
West Ealing (WEA)	3 a					0706				0716		0719						0736
Hanwell (HAN)	a					0708						0721						0738
Southall (STL)	a			0702		0711			0715			0724				0732		0741
Hayes & Harlington (HAY)	3 a			0706		0714			0719	0722		0728				0736		0744
Heathrow Terminals 2 & 3 (HXX)	3 a					0722				0730		0737						0752
Heathrow Terminal 4 (HAF)	3 a					0728						0741						0758
Heathrow Terminal 5 (HWV)	3 a								0736									
West Drayton (WDT)	a			0709					0722							0739		
Iver (IVR)	a			0712					0725							0742		
Langley (LNY)	a			0714					0727							0744		
Slough (SLO)	3 a			0718					0731							0748		
Burnham (BNM)	a			0722					0735							0752		
Taplow (TAP)	a			0724					0737							0754		
Maidenhead (MAI)	3 a			0728					0741							0758		
Twyford (TWY)	3 a			0735					0747							0805		
Reading (RDG)	7 a			0744					0755							0812		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a** Arrival time
- d** Departure time
- s** Stops to set down only
- A** From Southend Victoria
- B** From Colchester
- C** From Ipswich
- D** From Clacton-on-Sea

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	XR	LE E	XR	XR	XR	XR	XR	LE A	LE D	XR	XR	LE F	XR	XR	XR	XR	LE A	XR
Shenfield (SNF)	3 d	0630	0637			0637		0644	0646	0649		0650	0652		0654		0658	0659
Brentwood (BRE)	d	0634				0641		0648				0654			0658		0702	
Harold Wood (HRO)	d	0638				0645		0652				0658			0702		0706	
Gidea Park (GDP)	2 d	0641		0645		0649		0655				0701			0705		0709	
Romford (RMF)	d	0644		0648		0652		0658				0704			0708		0712	
Chadwell Heath (CTH)	d	0647		0651		0655		0701				0707			0711		0715	
Goodmayes (GMY)	d	0649		0653		0657		0703				0709			0713		0717	
Seven Kings (SVK)	d	0651		0655		0659		0705				0711			0715		0719	
Ilford (IFD)	2 d	0655		0659		0703		0709				0715			0719		0723	
Manor Park (MNP)	d	0657		0701		0705		0711				0717			0721		0725	
Forest Gate (FOG)	d	0700		0704		0708		0714				0720			0724		0728	
Maryland (MYL)	d	0702		0706		0710		0716				0722			0726		0730	
Stratford (SRA)	7 d	0705	0654s	0709		0713		0719	0703s	0706s		0725	0709s		0729		0733	0716s
Abbey Wood (ABW)	d				0700		0706				0712			0718		0724		0729
Woolwich (WWC)	d				0704		0710				0715			0721		0727		0732
Custom House (CUS)	d				0709		0714				0719			0725		0731		0736
Canary Wharf (CWX)	DLR d				0713		0718				0723			0729		0735		0740
Whitechapel (ZLW)	DLR d	0712		0714	0717	0719	0722	0724			0727	0730		0733	0736	0739	0741	0744
London Liverpool Street (LST)	15 a		0705						0713	0716			0719				0727	
London Liverpool Street EL (LST)	4 a	0715		0717	0720	0722	0725	0727			0730	0733		0736	0739	0742	0744	0747
Farringdon (ZFD)	3 a	0717		0720	0722	0725	0727	0730			0733	0736		0739	0741	0744	0746	0749
Tottenham Court Road (TCR)	3 a	0720		0723	0725	0728	0730	0733			0736	0739		0742	0744	0747	0749	0752
Bond Street (BDS)	3 a	0722		0725	0727	0730	0732	0735			0738	0741		0744	0746	0749	0751	0754
London Paddington EL (PAD)	15 a	0727		0729	0731	0734	0736	0739			0742	0745		0748	0751	0753	0756	0758
Acton Main Line (AML)	a						0743									0800		
Ealing Broadway (EAL)	3 a				0741	0744	0747							0757		0803		0811
West Ealing (WEA)	3 a					0747	0750									0806		
Hanwell (HAN)	a						0752									0808		
Southall (STL)	a				0747		0755							0801		0811		0816
Hayes & Harlington (HAY)	3 a				0750	0753	0758							0805		0814		0820
Heathrow Terminals 2 & 3 (HXX)	3 a					0801	0807									0822		
Heathrow Terminal 4 (HAF)	3 a						0811									0827		
Heathrow Terminal 5 (HWV)	3 a					0807												
West Drayton (WDT)	a				0754									0808				0823
Iver (IVR)	a				0756									0811				0826
Langley (LNY)	a				0759									0813				0828
Slough (SLO)	3 a				0803									0817				0833
Burnham (BNM)	a				0806									0821				0836
Taplow (TAP)	a				0809									0823				0839
Maidenhead (MAI)	3 a				0812									0827				0842
Twyford (TWY)	3 a				0819									0833				0849
Reading (RDG)	7 a				0826									0842				0858

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time
s Stops to set down only

A From Southend Victoria
D From Clacton-on-Sea
E From Witham
F From Southminster

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	XR	XR	LE G	LE D	XR	XR	XR	XR	LE A	XR	XR	LE H	XR	XR	LE A	XR	XR	LE F
Shenfield (SNF)	3 d	0704	0706	0710		0710		0715	0716		0720	0722		0724	0728		0728	0732
Brentwood (BRE)	d	0708				0714		0719			0724			0728			0732	
Harold Wood (HRO)	d	0712				0718		0723			0728			0732			0736	
Gidea Park (GDP)	2 d	0713	0717			0722		0727			0731			0735			0739	
Romford (RMF)	d	0716	0720			0725		0730			0734			0738			0742	
Chadwell Heath (CTH)	d	0719	0723			0728		0733			0737			0741			0745	
Goodmayes (GMY)	d	0721	0725			0730		0735			0739			0743			0747	
Seven Kings (SVK)	d	0723	0727			0732		0737			0741			0745			0749	
Ilford (IFD)	2 d	0727	0731			0736		0741			0745			0749			0753	
Manor Park (MNP)	d	0729	0733			0738		0743			0747			0751			0755	
Forest Gate (FOG)	d	0732	0736			0741		0746			0750			0754			0758	
Maryland (MYL)	d	0734	0738			0743		0748			0752			0756			0800	
Stratford (SRA)	7 d	0737	0741	0723s	0727s	0746		0751	0733s		0755	0739s		0759	0745s		0803	0749s
Abbey Wood (ABW)	d					0734		0739			0744			0749			0754	
Woolwich (WWC)	d					0737		0742			0747			0752			0757	
Custom House (CUS)	d					0741		0746			0751			0756			0801	
Canary Wharf (CWX)	DLR d					0745		0750			0755			0800			0805	
Whitechapel (ZLW)	7 d		0746			0749	0751	0754	0756		0759	0801		0804	0806		0809	0811
London Liverpool Street (LST)	15 a	0744		0733	0739				0744			0750			0756			0759
London Liverpool Street EL (LST)	4 a		0749			0752	0754	0757	0759		0802	0804		0807	0809		0812	0814
Farringdon (ZFD)	3 a		0751			0754	0756	0759	0801		0804	0806		0809	0811		0814	0816
Tottenham Court Road (TCR)	7 a		0754			0757	0759	0802	0804		0807	0809		0812	0814		0817	0819
Bond Street (BDS)	7 a		0756			0759	0801	0804	0806		0809	0811		0814	0816		0819	0821
London Paddington EL (PAD)	15 a		0801			0804	0805	0808	0811		0813	0816		0819	0821		0823	0826
Acton Main Line (AML)	a							0815									0830	
Ealing Broadway (EAL)	3 a						0814	0818			0826						0833	
West Ealing (WEA)	3 a						0817	0821									0836	
Hanwell (HAN)	a							0823									0838	
Southall (STL)	a							0826			0832						0841	
Hayes & Harlington (HAY)	3 a						0823	0829			0835						0844	
Heathrow Terminals 2 & 3 (HXX)	7 a						0830	0837									0852	
Heathrow Terminal 4 (HAF)	7 a							0842									0857	
Heathrow Terminal 5 (HWV)	7 a						0836											
West Drayton (WDT)	a										0839							
Iver (IVR)	a										0841							
Langley (LNY)	a										0844							
Slough (SLO)	3 a										0848							
Burnham (BNM)	a										0851							
Taplow (TAP)	a										0854							
Maidenhead (MAI)	3 a										0857							
Twyford (TWY)	3 a										0904							
Reading (RDG)	7 a										0911							

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	LE G	XR	XR	XR	LE A	XR	XR	LE D	XR	XR	LE A	XR	XR	LE D	XR	XR	LE A	XR
Shenfield (SNF)	3 d	0734			0734	0740		0740	0743		0745	0750		0750	0753		0754	0758
Brentwood (BRE)	d				0738			0744			0749			0754			0758	
Harold Wood (HRO)	d				0742			0748			0753			0758			0802	
Gidea Park (GDP)	2 d			0743	0747			0752			0757			0801			0805	
Romford (RMF)	d			0746	0750			0755			0800			0804			0808	
Chadwell Heath (CTH)	d			0749	0753			0758			0803			0807			0811	
Goodmayes (GMY)	d			0751	0755			0800			0805			0809			0813	
Seven Kings (SVK)	d			0753	0757			0802			0807			0811			0815	
Ilford (IFD)	2 d			0757	0801			0806			0811			0815			0819	
Manor Park (MNP)	d			0759	0803			0808			0813			0817			0821	
Forest Gate (FOG)	d			0802	0806			0811			0816			0820			0824	
Maryland (MYL)	d			0804	0808			0813			0818			0822			0826	
Stratford (SRA)	7 d	0751s		0807	0811	0757s		0816	0800s		0821	0807s		0825	0810s		0829	0815s
Abbey Wood (ABW)	d		0759			0804			0809			0814			0819			0824
Woolwich (WWC)	d		0802			0807			0812			0817			0822			0827
Custom House (CUS)	d		0806			0811			0816			0821			0826			0831
Canary Wharf (CWX)	DLR d		0810			0815			0820			0825			0830			0835
Whitechapel (ZLW)	DLR d		0814		0816	0819	0821		0824	0826		0829	0831		0834	0836		0839
London Liverpool Street (LST)	15 a	0802	0814		0808			0811			0818			0821			0826	
London Liverpool Street EL (LST)	4 a		0817		0819		0822	0824		0827	0829		0832	0834		0837	0839	0842
Farringdon (ZFD)	3 a		0819		0821		0824	0826		0829	0831		0834	0836		0839	0841	0844
Tottenham Court Road (TCR)	3 a		0822		0824		0827	0829		0832	0834		0837	0839		0842	0844	0847
Bond Street (BDS)	3 a		0824		0826		0829	0831		0834	0836		0839	0841		0844	0846	0849
London Paddington EL (PAD)	15 a		0828		0831		0834	0835		0838	0841		0843	0846		0849	0851	0853
Acton Main Line (AML)	a								0845									0900
Ealing Broadway (EAL)	3 a		0841					0844	0848			0852						0903
West Ealing (WEA)	3 a							0846	0851									0906
Hanwell (HAN)	a								0853									0908
Southall (STL)	a		0845						0856			0859						0911
Hayes & Harlington (HAY)	3 a		0849					0852	0859			0902						0914
Heathrow Terminals 2 & 3 (HXX)	3 a							0900	0907									0922
Heathrow Terminal 4 (HAF)	3 a								0912									0927
Heathrow Terminal 5 (HWV)	3 a							0906										
West Drayton (WDT)	a		0854									0906						
Iver (IVR)	a		0856									0908						
Langley (LNY)	a		0859									0911						
Slough (SLO)	3 a		0903									0915						
Burnham (BNM)	a		0906									0918						
Taplow (TAP)	a		0909									0921						
Maidenhead (MAI)	3 a		0912									0924						
Twyford (TWY)	3 a		0919									0931						
Reading (RDG)	7 a		0926									0938						

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	XR	LE H	XR	XR	XR	LE A	LE E	XR	XR	XR	XR	LE A	XR	XR	LE F	XR	XR	LE J	
Shenfield (SNF)	3 d	0758	0804			0804	0806	0809		0810		0816	0817		0821	0822		0826	0827
Brentwood (BRE)	d	0802				0808				0814		0820			0825			0830	
Harold Wood (HRO)	d	0806				0812				0818		0824			0829			0834	
Gidea Park (GDP)	2 d	0809			0813	0817				0822		0827			0832			0837	
Romford (RMF)	d	0812			0816	0820				0825		0830			0835			0840	
Chadwell Heath (CTH)	d	0815			0819	0823				0828		0833			0838			0843	
Goodmayes (GMY)	d	0817			0821	0825				0830		0835			0840			0845	
Seven Kings (SVK)	d	0819			0823	0827				0832		0837			0842			0847	
Ilford (IFD)	2 d	0823			0827	0831				0836		0841			0846			0851	
Manor Park (MNP)	d	0825			0829	0833				0838		0843			0848			0853	
Forest Gate (FOG)	d	0828			0832	0836				0841		0846			0851			0856	
Maryland (MYL)	d	0830			0834	0838				0843		0848			0853			0858	
Stratford (SRA)	DLR 7 d	0833	0821s		0837	0841	0823s	0826s		0846		0851	0834s		0856	0839s		0901	0844s
Abbey Wood (ABW)	d			0829					0834		0839			0844			0849		
Woolwich (WWC)	d			0832					0837		0842			0847			0852		
Custom House (CUS)	d			0836					0841		0846			0851			0856		
Canary Wharf (CWX)	DLR d			0840					0845		0850			0855			0900		
Whitechapel (ZLW)	D	0841		0844		0846			0849	0851	0854	0856		0859	0901		0904	0906	
London Liverpool Street (LST)	15 a		0831		0844		0834	0836					0845		0851				0854
London Liverpool Street EL (LST)	4 a	0844		0847		0849			0852	0854	0857	0859		0902	0904		0907	0909	
Farringdon (ZFD)	3 a	0846		0849		0851			0854	0856	0859	0901		0904	0906		0909	0912	
Tottenham Court Road (TCR)	D	0849		0852		0854			0857	0859	0902	0904		0907	0909		0912	0915	
Bond Street (BDS)	D	0851		0854		0856			0859	0901	0904	0906		0909	0911		0914	0917	
London Paddington EL (PAD)	15 a	0856		0858		0901			0904	0905	0908	0911		0913	0916		0919	0921	
Acton Main Line (AML)	a										0915								
Ealing Broadway (EAL)	D 3 a			0911					0914	0918			0926						
West Ealing (WEA)	3 a								0916	0921									
Hanwell (HAN)	a									0923									
Southall (STL)	a			0915						0926			0932						
Hayes & Harlington (HAY)	3 a			0919					0922	0929			0935						
Heathrow Terminals 2 & 3 (HXX)	D 3 a								0930	0937									
Heathrow Terminal 4 (HAF)	D 3 a									0942									
Heathrow Terminal 5 (HWV)	D 3 a								0936										
West Drayton (WDT)	a			0924									0939						
Iver (IVR)	a			0926															
Langley (LNY)	a			0929										0944					
Slough (SLO)	3 a			0933										0948					
Burnham (BNM)	a			0936										0951					
Taplow (TAP)	a													0954					
Maidenhead (MAI)	3 a			0942										0957					
Twyford (TWY)	3 a													1004					
Reading (RDG)	7 a													1011					

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	XR	XR	LE A	LE E	XR	XR	XR	XR	XR	LE D	LE A	XR	XR	LE H	XR	XR	XR	XR
Shenfield (SNF)	3 d	0831	0832	0834		0836			0843	0844	0847		0850	0856		0856		0901
Brentwood (BRE)	d	0835				0840			0847				0854			0900		0905
Harold Wood (HRO)	d	0839				0844			0851				0858			0904		0909
Gidea Park (GDP)	2 d	0842				0847		0851	0855				0901			0907		0912
Romford (RMF)	d	0845				0850		0854	0858		0855		0904			0910		0915
Chadwell Heath (CTH)	d	0848				0853		0857	0901				0907			0913		0918
Goodmayes (GMY)	d	0850				0855		0859	0903				0909			0915		0920
Seven Kings (SVK)	d	0852				0857		0901	0905				0911			0917		0922
Ilford (IFD)	2 d	0856				0901		0905	0909				0915			0921		0926
Manor Park (MNP)	d	0858				0903		0907	0911				0917			0923		0928
Forest Gate (FOG)	d	0901				0906		0910	0914				0920			0926		0931
Maryland (MYL)	d	0903				0908		0912	0916				0922			0928		0933
Stratford (SRA)	7 d	0906	0849s	0851s		0911		0915	0919	0901s	0906s		0925	0912s		0931		0936
Abbey Wood (ABW)	d	0854				0900		0906					0911			0918		0924
Woolwich (WWC)	d	0857				0903		0909					0915			0921		0927
Custom House (CUS)	d	0901				0907		0913					0919			0925		0931
Canary Wharf (CWX)	DLR d	0905				0911		0917					0923			0929		0935
Whitechapel (ZLW)	DLR d	0909	0912			0915	0918	0921		0924			0927	0930		0933	0936	0942
London Liverpool Street (LST)	15 a		0859	0902				0922		0912	0916			0922				
London Liverpool Street EL (LST)	4 a	0912	0915			0918	0921	0924		0927			0930	0933		0936	0939	0945
Farringdon (ZFD)	3 a	0915	0918			0921	0924	0927		0930			0933	0936		0939	0942	0948
Tottenham Court Road (TCR)	3 a	0918	0921			0924	0927	0930		0933			0936	0939		0942	0945	0951
Bond Street (BDS)	3 a	0920	0923			0926	0929	0932		0935			0938	0941		0944	0947	0953
London Paddington EL (PAD)	15 a	0924	0927			0930	0933	0936		0939			0942	0945		0948	0951	0957
Acton Main Line (AML)	a	0930						0945										1000
Ealing Broadway (EAL)	3 a	0933				0941	0944	0948								0956		1003
West Ealing (WEA)	3 a	0936					0946	0951										1006
Hanwell (HAN)	a	0938						0953										1008
Southall (STL)	a	0941				0947		0956								1002		1011
Hayes & Harlington (HAY)	3 a	0944				0950	0953	0959								1005		1014
Heathrow Terminals 2 & 3 (HXX)	3 a	0952					1001	1007										1022
Heathrow Terminal 4 (HAF)	3 a	0958						1011										1028
Heathrow Terminal 5 (HWV)	3 a						1006											
West Drayton (WDT)	a					0954										1009		
Iver (IVR)	a					0956												
Langley (LNY)	a					0959										1013		
Slough (SLO)	3 a					1003										1017		
Burnham (BNM)	a					1006										1020		
Taplow (TAP)	a															1023		
Maidenhead (MAI)	3 a					1014										1026		
Twyford (TWY)	3 a															1033		
Reading (RDG)	7 a															1042		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time
s Stops to set down only

A From Southend Victoria
D From Clacton-on-Sea
E From Witham
H From Braintree

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	LE A	XR	XR	XR	XR	XR	LE K	XR	XR	LE A	XR	XR	XR	XR	LE C	LE H	XR	XR
Shenfield (SNF)	3 d	0904		0906			0913	0917		0920	0924		0926		0933	0934	0940	0941
Brentwood (BRE)	d			0910			0917			0924			0930		0937			0945
Harold Wood (HRO)	d			0914			0921			0928			0934		0941			0949
Gidea Park (GDP)	2 d			0917		0921	0925			0931			0937		0944			0952
Romford (RMF)	d			0920		0924	0928			0934			0940		0947			0955
Chadwell Heath (CTH)	d			0923		0927	0931			0937			0943		0950			0958
Goodmayes (GMY)	d			0925		0929	0933			0939			0945		0952			1000
Seven Kings (SVK)	d			0927		0931	0935			0941			0947		0954			1002
Ilford (IFD)	2 d			0931		0935	0939			0945			0951		0958			1006
Manor Park (MNP)	d			0933		0937	0941			0947			0953		1000			1008
Forest Gate (FOG)	d			0936		0940	0944			0950			0956		1003			1011
Maryland (MYL)	d			0938		0942	0946			0952			0958		1005			1013
Stratford (SRA)	7 d	0921s		0941		0945	0949	0933s		0955	0941s		1001		1008	0950s	0955	1016
Abbey Wood (ABW)	d			0930		0936			0942			0948		0954			1002	
Woolwich (WWC)	d			0933		0939			0945			0951		0957			1005	
Custom House (CUS)	d			0937		0943			0949			0955		1001			1009	
Canary Wharf (CWX)	DLR d			0941		0947			0953			0959		1005			1013	
Whitechapel (ZLW)	DLR d			0945	0948	0951		0954	0957	1000		1003	1006	1009	1013		1017	1021
London Liverpool Street (LST)	15 a	0931				0952		0944			0951				1000	1003		
London Liverpool Street EL (LST)	4 a		0948	0951	0954		0957		1000	1003		1006	1009	1012	1016		1020	1024
Farringdon (ZFD)	3 a		0951	0954	0957		1000		1003	1006		1009	1012	1015	1019		1023	1027
Tottenham Court Road (TCR)	3 a		0954	0957	1000		1003		1006	1009		1012	1015	1018	1022		1026	1030
Bond Street (BDS)	3 a		0956	0959	1002		1005		1008	1011		1014	1017	1020	1024		1028	1032
London Paddington EL (PAD)	15 a		1000	1003	1006		1009		1012	1015		1018	1021	1024	1028		1032	1036
Acton Main Line (AML)	a				1015									1030				
Ealing Broadway (EAL)	3 a		1011	1014	1018							1026		1033			1041	1044
West Ealing (WEA)	3 a			1016	1021									1036				1046
Hanwell (HAN)	a				1023									1038				
Southall (STL)	a		1015		1026							1032		1041			1045	
Hayes & Harlington (HAY)	3 a		1019	1022	1029							1035		1044			1049	1052
Heathrow Terminals 2 & 3 (HXX)	3 a			1030	1037									1052				1100
Heathrow Terminal 4 (HAF)	3 a				1041									1058				
Heathrow Terminal 5 (HWV)	3 a			1036														1106
West Drayton (WDT)	a		1022									1039					1052	
Iver (IVR)	a		1025														1055	
Langley (LNY)	a		1027									1043					1057	
Slough (SLO)	3 a		1031									1047					1101	
Burnham (BNM)	a		1035									1050					1105	
Taplow (TAP)	a											1053						
Maidenhead (MAI)	3 a		1042									1056					1112	
Twyford (TWY)	3 a											1103						
Reading (RDG)	7 a											1112						

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a** Arrival time
- d** Departure time
- s** Stops to set down only
- A** From Southend Victoria
- C** From Ipswich
- H** From Braintree
- K** From Walton-on-the-Naze

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	LE A	XR	XR	LE L	XR	XR	XR	XR	LE A	LE D	XR	XR	XR	LE G	LE A	XR	XR		
Shenfield (SNF)	3 d	0946		0948	0953		0956		1003	1005	1008		1011		1018	1021	1026	1026	
Brentwood (BRE)	d			0952			1000		1007				1015		1022			1030	
Harold Wood (HRO)	d			0956			1004		1011				1019		1026			1034	
Gidea Park (GDP)	2 d			0959			1007		1014				1022		1029			1037	
Romford (RMF)	d	0953		1002			1010		1017				1025		1032		1033	1040	
Chadwell Heath (CTH)	d			1005			1013		1020				1028		1035			1043	
Goodmayes (GMY)	d			1007			1015		1022				1030		1037			1045	
Seven Kings (SVK)	d			1009			1017		1024				1032		1039			1047	
Ilford (IFD)	2 d			1013			1021		1028				1036		1043			1051	
Manor Park (MNP)	d			1015			1023		1030				1038		1045			1053	
Forest Gate (FOG)	d			1018			1026		1033				1041		1048			1056	
Maryland (MYL)	d			1020			1028		1035				1043		1050			1058	
Stratford (SRA)	DLR 7 d	1003		1023	1008		1031		1038	1020	1023		1046		1053	1036	1043	1101	
Abbey Wood (ABW)	d		1009				1017		1024				1032		1039			1047	
Woolwich (WWC)	d		1012				1020		1027				1035		1042			1050	
Custom House (CUS)	d		1016				1024		1031				1039		1046			1054	
Canary Wharf (CWX)	DLR d		1020				1028		1035				1043		1050			1058	
Whitechapel (ZLW)	DLR d		1024	1028			1032	1036	1039	1043			1047	1051	1054	1058		1102	1106
London Liverpool Street (LST)	DLR 15 a	1011			1017					1028	1033					1044	1054		
London Liverpool Street EL (LST)	DLR 4 a		1027	1031			1035	1039	1042	1046			1050	1054	1057	1101		1105	1109
Farringdon (ZFD)	DLR 3 a		1030	1034			1038	1042	1045	1049			1053	1057	1100	1104		1108	1112
Tottenham Court Road (TCR)	DLR a		1033	1037			1041	1045	1048	1052			1056	1100	1103	1107		1111	1115
Bond Street (BDS)	DLR a		1035	1039			1043	1047	1050	1054			1058	1102	1105	1109		1113	1117
London Paddington EL (PAD)	DLR 15 a		1039	1043			1047	1051	1054	1058			1102	1106	1109	1113		1117	1121
Acton Main Line (AML)	a		1045					1100							1115				
Ealing Broadway (EAL)	DLR 3 a		1048				1056		1103				1111	1114	1118			1126	
West Ealing (WEA)	3 a		1052						1106					1116	1121				
Hanwell (HAN)	a		1054						1108						1123				
Southall (STL)	a		1057				1102		1111				1116		1126			1132	
Hayes & Harlington (HAY)	3 a		1100				1105		1114				1120	1123	1129			1135	
Heathrow Terminals 2 & 3 (HXX)	DLR a		1108						1122					1130	1137				
Heathrow Terminal 4 (HAF)	DLR a		1113						1128						1143				
Heathrow Terminal 5 (HWV)	DLR a													1136					
West Drayton (WDT)	a						1109						1125					1139	
Iver (IVR)	a												1128						
Langley (LNY)	a						1113						1130					1143	
Slough (SLO)	3 a						1117						1134					1147	
Burnham (BNM)	a						1120						1138					1150	
Taplow (TAP)	a						1123											1153	
Maidenhead (MAI)	3 a						1126						1145					1156	
Twyford (TWY)	3 a						1133											1203	
Reading (RDG)	7 a						1141											1211	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a** Arrival time
d Departure time
A From Southend Victoria
D From Clacton-on-Sea
G From Colchester Town
L From Harwich Town

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	XR	XR	LE H	XR	XR	LE A	XR	XR	LE C	XR	XR	XR	XR	LE A	LE D	XR	XR	XR
Shenfield (SNF)	3 d	1033	1038		1041	1046		1048	1051		1056		1103	1105	1108		1111	
Brentwood (BRE)	d	1037			1045			1052			1100		1107				1115	
Harold Wood (HRO)	d	1041			1049			1056			1104		1111				1119	
Gidea Park (GDP)	2 d	1044			1052			1059			1107		1114				1122	
Romford (RMF)	d	1047			1055	1053		1102			1110		1117				1125	
Chadwell Heath (CTH)	d	1050			1058			1105			1113		1120				1128	
Goodmayes (GMY)	d	1052			1100			1107			1115		1122				1130	
Seven Kings (SVK)	d	1054			1102			1109			1117		1124				1132	
Ilford (IFD)	2 d	1058			1106			1113			1121		1128				1136	
Manor Park (MNP)	d	1100			1108			1115			1123		1130				1138	
Forest Gate (FOG)	d	1103			1111			1118			1126		1133				1141	
Maryland (MYL)	d	1105			1113			1120			1128		1135				1143	
Stratford (SRA)	7 d	1108	1053		1116	1103		1123	1106		1131		1138	1120	1123		1146	
Abbey Wood (ABW)	d	1054			1102			1109			1117		1124				1132	1139
Woolwich (WWC)	d	1057			1105			1112			1120		1127				1135	1142
Custom House (CUS)	d	1101			1109			1116			1124		1131				1139	1146
Canary Wharf (CWX)	DLR d	1105			1113			1120			1128		1135				1143	1150
Whitechapel (ZLW)	DLR d	1109	1113		1117	1121		1124	1128		1132	1136	1139	1143			1147	1154
London Liverpool Street (LST)	15 a			1101		1111			1114					1128	1131			
London Liverpool Street EL (LST)	4 a	1112	1116		1120	1124		1127	1131		1135	1139	1142	1146			1150	1157
Farringdon (ZFD)	3 a	1115	1119		1123	1127		1130	1134		1138	1142	1145	1149			1153	1200
Tottenham Court Road (TCR)	3 a	1118	1122		1126	1130		1133	1137		1141	1145	1148	1152			1156	1203
Bond Street (BDS)	3 a	1120	1124		1128	1132		1135	1139		1143	1147	1150	1154			1158	1205
London Paddington EL (PAD)	15 a	1124	1128		1132	1136		1139	1143		1147	1151	1154	1158			1202	1209
Acton Main Line (AML)	a	1130						1145					1201					1215
Ealing Broadway (EAL)	3 a	1133			1141	1144		1148			1157		1204				1211	1218
West Ealing (WEA)	3 a	1136			1146			1151					1207				1216	1221
Hanwell (HAN)	a	1138						1153					1209					1223
Southall (STL)	a	1141			1145			1156			1202		1212				1216	1226
Hayes & Harlington (HAY)	3 a	1144			1149	1152		1159			1205		1215				1220	1229
Heathrow Terminals 2 & 3 (HXX)	3 a	1152				1200		1207					1223				1230	1237
Heathrow Terminal 4 (HAF)	3 a	1158						1213					1228					1243
Heathrow Terminal 5 (HWV)	3 a				1206												1236	
West Drayton (WDT)	a				1152						1209						1223	
Iver (IVR)	a				1155												1226	
Langley (LNY)	a				1157						1213						1228	
Slough (SLO)	3 a				1201						1217						1232	
Burnham (BNM)	a				1205						1220						1236	
Taplow (TAP)	a										1223							
Maidenhead (MAI)	3 a				1212						1226						1243	
Twyford (TWY)	3 a										1233							
Reading (RDG)	7 a										1241							

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a** Arrival time
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- A** From Southend Victoria
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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	XR	LE G	LE A	XR	XR	XR	XR	LE H	XR	XR	LE A	XR	XR	LE C	XR	XR	XR	XR
Shenfield (SNF)	3 d	1118	1121	1126		1126		1133	1138		1141	1146		1148	1151		1156	1203
Brentwood (BRE)	d	1122				1130		1137			1145			1152			1200	1207
Harold Wood (HRO)	d	1126				1134		1141			1149			1156			1204	1211
Gidea Park (GDP)	2 d	1129				1137		1144			1152			1159			1207	1214
Romford (RMF)	d	1132		1134		1140		1147			1155	1153		1202			1210	1217
Chadwell Heath (CTH)	d	1135				1143		1150			1158			1205			1213	1220
Goodmayes (GMY)	d	1137				1145		1152			1200			1207			1215	1222
Seven Kings (SVK)	d	1139				1147		1154			1202			1209			1217	1224
Ilford (IFD)	2 d	1143				1151		1158			1206			1213			1221	1228
Manor Park (MNP)	d	1145				1153		1200			1208			1215			1223	1230
Forest Gate (FOG)	d	1148				1156		1203			1211			1218			1226	1233
Maryland (MYL)	d	1150				1158		1205			1213			1220			1228	1235
Stratford (SRA)	DLR 7 d	1153	1136	1144		1201		1208	1153		1216	1203		1223	1206		1231	1238
Abbey Wood (ABW)	d				1147		1154		1202			1209				1217		1224
Woolwich (WWC)	d				1150		1157		1205			1212				1220		1227
Custom House (CUS)	d				1154		1201		1209			1216				1224		1231
Canary Wharf (CWX)	DLR d				1158		1205		1213			1220				1228		1235
Whitechapel (ZLW)	DLR d	1158			1202	1206	1209	1213	1217	1221		1224	1228			1232	1236	1243
London Liverpool Street (LST)	DLR 15 a		1144	1152				1201			1211			1214				
London Liverpool Street EL (LST)	DLR 4 a	1201			1205	1209	1212	1216		1220	1224		1227	1231		1235	1239	1246
Farringdon (ZFD)	DLR 3 a	1204			1208	1212	1215	1219		1223	1227		1230	1234		1238	1242	1249
Tottenham Court Road (TCR)	DLR a	1207			1211	1215	1218	1222		1226	1230		1233	1237		1241	1245	1252
Bond Street (BDS)	DLR a	1209			1213	1217	1220	1224		1228	1232		1235	1239		1243	1247	1254
London Paddington EL (PAD)	DLR 15 a	1213			1217	1221	1224	1228		1232	1236		1239	1243		1247	1251	1258
Acton Main Line (AML)	a						1230					1245						1300
Ealing Broadway (EAL)	DLR 3 a				1227		1233		1241	1244		1248				1256		1303
West Ealing (WEA)	3 a						1236			1246		1251						1306
Hanwell (HAN)	a						1238					1253						1308
Southall (STL)	a				1233		1241		1246			1256				1301		1311
Hayes & Harlington (HAY)	3 a				1237		1244		1250	1253		1259				1305		1314
Heathrow Terminals 2 & 3 (HXX)	DLR a						1252			1300		1307						1322
Heathrow Terminal 4 (HAF)	DLR a						1258					1313						1328
Heathrow Terminal 5 (HWV)	DLR a									1306								
West Drayton (WDT)	a				1240				1253							1308		
Iver (IVR)	a								1256									
Langley (LNY)	a				1244				1258							1312		
Slough (SLO)	3 a				1248				1302							1318		
Burnham (BNM)	a				1252				1306							1321		
Taplow (TAP)	a				1254											1324		
Maidenhead (MAI)	3 a				1258				1313							1327		
Twyford (TWY)	3 a				1304											1334		
Reading (RDG)	7 a				1312											1343		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	LE A	LE D	XR	XR	XR	XR	LE G	LE A	XR	XR	XR	XR	LE H	XR	XR	LE A	XR	XR
Shenfield (SNF)	3 d	1205	1208		1211		1218	1221	1226		1226		1233	1238		1241	1246	1248
Brentwood (BRE)	d				1215		1222				1230		1237			1245		1252
Harold Wood (HRO)	d				1219		1226				1234		1241			1249		1256
Gidea Park (GDP)	2 d				1222		1229				1237		1244			1252		1259
Romford (RMF)	d				1225		1232		1233		1240		1247			1255	1253	1302
Chadwell Heath (CTH)	d				1228		1235				1243		1250			1258		1305
Goodmayes (GMY)	d				1230		1237				1245		1252			1300		1307
Seven Kings (SVK)	d				1232		1239				1247		1254			1302		1309
Ilford (IFD)	2 d				1236		1243				1251		1258			1306		1313
Manor Park (MNP)	d				1238		1245				1253		1300			1308		1315
Forest Gate (FOG)	d				1241		1248				1256		1303			1311		1318
Maryland (MYL)	d				1243		1250				1258		1305			1313		1320
Stratford (SRA)	DLR 7 d	1220	1223		1246		1253	1236	1243		1301		1308	1253		1316	1304	1323
Abbey Wood (ABW)	d			1232		1239				1247		1254			1302			1309
Woolwich (WWC)	d			1235		1242				1250		1257			1305			1312
Custom House (CUS)	d			1239		1246				1254		1301			1309			1316
Canary Wharf (CWX)	DLR d			1243		1250				1258		1305			1313			1320
Whitechapel (ZLW)	DLR d			1247	1251	1254	1258			1302	1306	1309	1313		1317	1321		1324
London Liverpool Street (LST)	DLR 15 a	1228	1231					1244	1253					1301			1312	
London Liverpool Street EL (LST)	DLR 4 a			1250	1254	1257	1301			1305	1309	1312	1316		1320	1324		1327
Farringdon (ZFD)	DLR 3 a			1253	1257	1300	1304			1308	1312	1315	1319		1323	1327		1330
Tottenham Court Road (TCR)	DLR a			1256	1300	1303	1307			1311	1315	1318	1322		1326	1330		1333
Bond Street (BDS)	DLR a			1258	1302	1305	1309			1313	1317	1320	1324		1328	1332		1335
London Paddington EL (PAD)	DLR 15 a			1302	1306	1309	1313			1317	1321	1324	1328		1332	1336		1339
Acton Main Line (AML)	a					1315						1330						1345
Ealing Broadway (EAL)	DLR 3 a			1311	1314	1318				1327		1333			1341	1344		1348
West Ealing (WEA)	DLR a			1316	1321							1336				1346		1351
Hanwell (HAN)	a					1323						1338						1353
Southall (STL)	a			1315		1326				1334		1341			1347			1356
Hayes & Harlington (HAY)	DLR a			1319	1322	1329				1337		1344			1350	1353		1359
Heathrow Terminals 2 & 3 (HXX)	DLR DLR a				1330	1337						1352				1401		1407
Heathrow Terminal 4 (HAF)	DLR a					1343						1358						1413
Heathrow Terminal 5 (HWV)	DLR DLR a				1336											1406		
West Drayton (WDT)	a			1322						1341					1355			
Iver (IVR)	a			1325											1358			
Langley (LNY)	a			1327						1345					1400			
Slough (SLO)	DLR a			1332						1349					1404			
Burnham (BNM)	a			1336						1352					1408			
Taplow (TAP)	a									1355								
Maidenhead (MAI)	DLR a			1343						1358					1415			
Twyford (TWY)	DLR a									1405								
Reading (RDG)	DLR a									1412								

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays



























Operator Days of operation/Notes	LE C	XR	XR	XR	XR	LE A	LE D	XR	XR	XR	XR	LE G	LE A	XR	XR	XR	XR	LE H	
Shenfield (SNF)	3 d	1251		1255		1303	1305	1308		1311		1318	1321	1326		1326		1333	1338
Brentwood (BRE)	d			1259		1307				1315		1322				1330		1337	
Harold Wood (HRO)	d			1303		1311				1319		1326				1334		1341	
Gidea Park (GDP)	2 d			1306		1314				1322		1329				1337		1344	
Romford (RMF)	d			1309		1317				1325		1332		1333		1340		1347	
Chadwell Heath (CTH)	d			1312		1320				1328		1335				1343		1350	
Goodmayes (GMY)	d			1314		1322				1330		1337				1345		1352	
Seven Kings (SVK)	d			1316		1324				1332		1339				1347		1354	
Ilford (IFD)	2 d			1320		1328				1336		1343				1351		1358	
Manor Park (MNP)	d			1322		1330				1338		1345				1353		1400	
Forest Gate (FOG)	d			1325		1333				1341		1348				1356		1403	
Maryland (MYL)	d			1327		1335				1343		1350				1358		1405	
Stratford (SRA)	DLR 7 d	1307		1331		1338	1320	1323		1346		1353	1336	1343		1401		1408	1353
Abbey Wood (ABW)	d		1317		1324				1332		1339				1347		1354		
Woolwich (WWC)	d		1320		1327				1335		1342				1350		1357		
Custom House (CUS)	d		1324		1331				1339		1346				1354		1401		
Canary Wharf (CWX)	DLR d		1328		1335				1343		1350				1358		1405		
Whitechapel (ZLW)	DLR d		1332	1336	1339	1343			1347	1351	1354	1358			1402	1406	1409	1413	
London Liverpool Street (LST)	15 a	1315					1328	1331					1344	1351					1401
London Liverpool Street EL (LST)	4 a		1335	1339	1342	1346			1350	1354	1357	1401			1405	1409	1412	1416	
Farringdon (ZFD)	3 a		1338	1342	1345	1349			1353	1357	1400	1404			1408	1412	1415	1419	
Tottenham Court Road (TCR)	3 a		1341	1345	1348	1352			1356	1400	1403	1407			1411	1415	1418	1422	
Bond Street (BDS)	3 a		1343	1347	1350	1354			1358	1402	1405	1409			1413	1417	1420	1424	
London Paddington EL (PAD)	15 a		1347	1351	1354	1358			1402	1406	1409	1413			1417	1421	1424	1428	
Acton Main Line (AML)	a				1402						1415						1430		
Ealing Broadway (EAL)	3 a		1356		1405				1413	1416	1419				1426		1433		
West Ealing (WEA)	3 a				1408					1418	1422						1436		
Hanwell (HAN)	a				1410						1424						1438		
Southall (STL)	a		1402		1413				1417		1427				1432		1441		
Hayes & Harlington (HAY)	3 a		1405		1416				1421	1424	1430				1436		1444		
Heathrow Terminals 2 & 3 (HXX)	3 a				1424					1431	1438						1452		
Heathrow Terminal 4 (HAF)	3 a				1428						1443						1458		
Heathrow Terminal 5 (HWV)	3 a									1436									
West Drayton (WDT)	a		1409						1424						1439				
Iver (IVR)	a								1427										
Langley (LNY)	a		1413						1429						1443				
Slough (SLO)	3 a		1417						1433						1447				
Burnham (BNM)	a		1420						1437						1451				
Taplow (TAP)	a		1423												1453				
Maidenhead (MAI)	3 a		1426						1444						1457				
Twyford (TWY)	3 a		1433												1503				
Reading (RDG)	7 a		1441												1511				

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	XR	XR	LE A	XR	XR	LE C	XR	XR	XR	XR	LE A	LE D	XR	XR	XR	XR	LE G	LE A
Shenfield (SNF)	 d	1341	1346		1348	1351		1356		1403	1405	1408		1411		1418	1421	1426
Brentwood (BRE)	d	1345			1352			1400		1407				1415		1422		
Harold Wood (HRO)	d	1349			1356			1404		1411				1419		1426		
Gidea Park (GDP)	 d	1352			1359			1407		1414				1422		1429		
Romford (RMF)	d	1355	1353		1402			1410		1417				1425		1432		1434
Chadwell Heath (CTH)	d	1358			1405			1413		1420				1428		1435		
Goodmayes (GMY)	d	1400			1407			1415		1422				1430		1437		
Seven Kings (SVK)	d	1402			1409			1417		1424				1432		1439		
Ilford (IFD)	 d	1406			1413			1421		1428				1436		1443		
Manor Park (MNP)	d	1408			1415			1423		1430				1438		1445		
Forest Gate (FOG)	d	1411			1418			1426		1433				1441		1448		
Maryland (MYL)	d	1413			1420			1428		1435				1443		1450		
Stratford (SRA)	  d	1416	1403		1423	1406		1431		1438	1420	1423		1446		1453	1436	1444
Abbey Wood (ABW)	d	1402			1409			1417		1424				1432		1439		
Woolwich (WWC)	d	1405			1412			1420		1427				1435		1442		
Custom House (CUS)	d	1409			1416			1424		1431				1439		1446		
Canary Wharf (CWX)	 d	1413			1420			1428		1435				1443		1450		
Whitechapel (ZLW)	 d	1417	1421		1424	1428		1432	1436	1439	1443			1447	1451	1454	1458	
London Liverpool Street (LST)	 a			1411		1415						1428	1431				1444	1452
London Liverpool Street EL (LST)	 a	1420	1424		1427	1431		1435	1439	1442	1446			1450	1454	1457	1501	
Farringdon (ZFD)	 a	1423	1427		1430	1434		1438	1442	1445	1449			1453	1457	1500	1504	
Tottenham Court Road (TCR)	 a	1426	1430		1433	1437		1441	1445	1448	1452			1456	1500	1503	1507	
Bond Street (BDS)	 a	1428	1432		1435	1439		1443	1447	1450	1454			1458	1502	1505	1509	
London Paddington EL (PAD)	 a	1432	1436		1439	1443		1447	1451	1454	1458			1502	1506	1509	1513	
Acton Main Line (AML)	a				1445					1500						1515		
Ealing Broadway (EAL)	 a	1441	1444		1448			1456		1503				1511	1514	1518		
West Ealing (WEA)	 a		1446		1451					1506					1516	1521		
Hanwell (HAN)	a				1453					1508						1523		
Southall (STL)	a	1445			1456			1502		1511				1515		1526		
Hayes & Harlington (HAY)	 a	1449	1452		1459			1505		1514				1519	1522	1529		
Heathrow Terminals 2 & 3 (HXX)	  a		1500		1507					1522					1530	1537		
Heathrow Terminal 4 (HAF)	  a				1513					1528						1543		
Heathrow Terminal 5 (HWV)	  a		1506												1536			
West Drayton (WDT)	a	1452						1511						1522				
Iver (IVR)	a	1455												1525				
Langley (LNY)	a	1457						1515						1527				
Slough (SLO)	 a	1501						1519						1532				
Burnham (BNM)	a	1505						1522						1536				
Taplow (TAP)	a							1525										
Maidenhead (MAI)	 a	1512						1528						1543				
Twyford (TWY)	 a							1535										
Reading (RDG)	 a							1542										

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Mondays to Fridays

Operator Days of operation/Notes	XR	XR	XR	XR	LE H	XR	XR	LE A	XR	XR	LE C	XR	XR	XR	XR	LE A	LE D	XR
Shenfield (SNF)	3 d	1426		1433	1438		1441	1446		1448	1452		1456		1503	1505	1508	
Brentwood (BRE)	d	1430		1437			1445			1452			1500		1507			
Harold Wood (HRO)	d	1434		1441			1449			1456			1504		1511			
Gidea Park (GDP)	2 d	1437		1444			1452			1459			1507		1514			
Romford (RMF)	d	1440		1447			1455	1453		1502			1510		1517			
Chadwell Heath (CTH)	d	1443		1450			1458			1505			1513		1520			
Goodmayes (GMY)	d	1445		1452			1500			1507			1515		1522			
Seven Kings (SVK)	d	1447		1454			1502			1509			1517		1524			
Ilford (IFD)	2 d	1451		1458			1506			1513			1521		1528			
Manor Park (MNP)	d	1453		1500			1508			1515			1523		1530			
Forest Gate (FOG)	d	1456		1503			1511			1518			1526		1533			
Maryland (MYL)	d	1458		1505			1513			1520			1528		1535			
Stratford (SRA)	7 d	1501		1508	1453		1516	1503		1523	1507		1531		1538	1520	1523	
Abbey Wood (ABW)	d	1447		1454			1502			1509			1517		1524			1532
Woolwich (WWC)	d	1450		1457			1505			1512			1520		1527			1535
Custom House (CUS)	d	1454		1501			1509			1516			1524		1531			1539
Canary Wharf (CWX)	DLR d	1458		1505			1513			1520			1528		1535			1543
Whitechapel (ZLW)	DLR d	1502	1506	1509	1513		1517	1521		1524	1528		1532	1536	1539	1543		1547
London Liverpool Street (LST)	15 a				1501			1511			1515					1528	1531	
London Liverpool Street EL (LST)	4 a	1505	1509	1512	1516		1520	1524		1527	1531		1535	1539	1542	1546		1550
Farringdon (ZFD)	3 a	1508	1512	1515	1519		1523	1527		1530	1534		1538	1542	1545	1549		1553
Tottenham Court Road (TCR)	3 a	1511	1515	1518	1522		1526	1530		1533	1537		1541	1545	1548	1552		1556
Bond Street (BDS)	3 a	1513	1517	1520	1524		1528	1532		1535	1539		1543	1547	1550	1554		1558
London Paddington EL (PAD)	15 a	1517	1521	1524	1528		1532	1536		1539	1543		1547	1551	1554	1558		1602
Acton Main Line (AML)	a			1530						1545					1600			
Ealing Broadway (EAL)	3 a	1526		1533			1541	1544		1548			1556		1603			1611
West Ealing (WEA)	3 a			1536				1546		1551					1606			
Hanwell (HAN)	a			1538						1553					1608			
Southall (STL)	a	1531		1541			1545			1556			1602		1611			1616
Hayes & Harlington (HAY)	3 a	1535		1544			1549	1552		1559			1606		1614			1620
Heathrow Terminals 2 & 3 (HXX)	3 a			1552				1600		1607					1622			
Heathrow Terminal 4 (HAF)	3 a			1558						1613					1628			
Heathrow Terminal 5 (HWV)	3 a							1606										
West Drayton (WDT)	a	1538					1552						1609					1625
Iver (IVR)	a						1555						1612					1627
Langley (LNY)	a	1542					1557						1614					1630
Slough (SLO)	3 a	1546					1601						1618					1634
Burnham (BNM)	a	1550					1605						1622					1637
Taplow (TAP)	a	1552					1607						1624					1640
M Maidenhead (MAI)	3 a	1556					1611						1628					1643
Twyford (TWY)	3 a	1602					1617						1634					1650
Reading (RDG)	7 a	1611					1626						1642					1657

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Mondays to Fridays

Operator Days of operation/Notes	XR	XR	XR	LE G	LE A	XR	XR	XR	XR	LE H	XR	XR	XR	XR	LE A	XR	XR	LE C	
Shenfield (SNF)	3 d	1511		1518	1521	1526		1526		1532	1538		1538		1544	1546		1550	1551
Brentwood (BRE)	d	1515		1522				1530		1536			1542		1548			1554	
Harold Wood (HRO)	d	1519		1526				1534		1540			1546		1552			1558	
Gidea Park (GDP)	2 d	1522		1529				1537		1543			1549		1555			1601	
Romford (RMF)	d	1525		1532		1533		1540		1546			1552		1558	1553		1604	
Chadwell Heath (CTH)	d	1528		1535				1543		1549			1555		1601			1607	
Goodmayes (GMY)	d	1530		1537				1545		1551			1557		1603			1609	
Seven Kings (SVK)	d	1532		1539				1547		1553			1559		1605			1611	
Ilford (IFD)	2 d	1536		1543				1551		1557			1603		1609			1615	
Manor Park (MNP)	d	1538		1545				1553		1559			1605		1611			1617	
Forest Gate (FOG)	d	1541		1548				1556		1602			1608		1614			1620	
Maryland (MYL)	d	1543		1550				1558		1604			1610		1616			1622	
Stratford (SRA)	DLR 7 d	1546		1553	1536	1543		1601		1607	1553		1613		1619	1603		1625	1606
Abbey Wood (ABW)	d		1539					1547		1554			1600		1606			1612	
Woolwich (WWC)	d		1542					1550		1557			1603		1609			1615	
Custom House (CUS)	d		1546					1554		1601			1607		1613			1619	
Canary Wharf (CWX)	DLR d		1550					1558		1605			1611		1617			1623	
Whitechapel (ZLW)	DLR d	1551	1554	1558				1602	1606	1609	1612		1615	1618	1621	1624		1627	1630
London Liverpool Street (LST)	DLR 15 a				1544	1551					1601					1612			1614
London Liverpool Street EL (LST)	DLR 4 a	1554	1557	1601				1605	1609	1612	1615		1618	1621	1624	1627		1630	1633
Farringdon (ZFD)	DLR 3 a	1557	1600	1604				1608	1612	1615	1618		1621	1624	1627	1630		1633	1636
Tottenham Court Road (TCR)	DLR a	1600	1603	1607				1611	1615	1618	1621		1624	1627	1630	1633		1636	1639
Bond Street (BDS)	DLR a	1602	1605	1609				1613	1617	1620	1623		1626	1629	1632	1635		1638	1641
London Paddington EL (PAD)	DLR 15 a	1606	1609	1613				1617	1621	1624	1627		1630	1633	1636	1639		1642	1645
Acton Main Line (AML)	a		1615							1630					1645				
Ealing Broadway (EAL)	DLR 3 a	1614	1618			1626			1633			1641	1644	1648			1653		
West Ealing (WEA)	3 a	1616	1621						1636				1646	1651					
Hanwell (HAN)	a		1623						1638					1653					
Southall (STL)	a		1626			1631			1641			1646		1656					
Hayes & Harlington (HAY)	3 a	1623	1629			1635			1644			1650	1653	1659					
Heathrow Terminals 2 & 3 (HXX)	DLR 4 a	1630	1637						1652				1700	1707					
Heathrow Terminal 4 (HAF)	DLR 4 a		1643						1658					1711					
Heathrow Terminal 5 (HWV)	DLR 4 a	1636											1706						
West Drayton (WDT)	a							1638				1653					1705		
Iver (IVR)	a							1641				1656							
Langley (LNY)	a							1643				1658							
Slough (SLO)	3 a							1647				1702					1711		
Burnham (BNM)	a							1651				1706					1714		
Taplow (TAP)	a							1653				1708							
Maidenhead (MAI)	3 a							1657				1714					1719		
Twyford (TWY)	3 a							1703									1726		
Reading (RDG)	7 a							1711									1735		

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Mondays to Fridays

Operator Days of operation/Notes	XR	XR	XR	XR	LE A	LE D	XR	XR	XR	XR	XR	XR	LE G	XR	XR	LE A	XR	XR
Shenfield (SNF)	3 d	1556		1602	1605	1608		1608		1613		1618	1622		1623	1625		1628
Brentwood (BRE)	d	1600		1606				1612		1617		1622			1627			1632
Harold Wood (HRO)	d	1604		1610				1616		1621		1626			1631			1636
Gidea Park (GDP)	2 d	1607		1613				1619		1624		1629			1634			1639
Romford (RMF)	d	1610		1616		1615		1622		1627		1632			1637			1642
Chadwell Heath (CTH)	d	1613		1619				1625		1630		1635			1640			1645
Goodmayes (GMY)	d	1615		1621				1627		1632		1637			1642			1647
Seven Kings (SVK)	d	1617		1623				1629		1634		1639			1644			1649
Ilford (IFD)	2 d	1621		1627				1633		1638		1643			1648			1653
Manor Park (MNP)	d	1623		1629				1635		1640		1645			1650			1655
Forest Gate (FOG)	d	1626		1632				1638		1643		1648			1653			1658
Maryland (MYL)	d	1628		1634				1640		1645		1650			1655			1700
Stratford (SRA)	7 d	1631		1637	1620	1625		1643		1648		1653	1637		1658	1640		1703
Abbey Wood (ABW)	d	1618		1624				1630		1636		1641			1646			1651
Woolwich (WWC)	d	1621		1627				1633		1639		1644			1649			1654
Custom House (CUS)	d	1625		1631				1637		1643		1648			1653			1658
Canary Wharf (CWX)	DLR d	1629		1635				1641		1647		1652			1657			1702
Whitechapel (ZLW)	DLR d	1633	1636	1639	1642			1645	1648	1651	1653	1656	1658		1701	1703		1706
London Liverpool Street (LST)	15 a				1628	1633							1646			1648		
London Liverpool Street EL (LST)	4 a	1636	1639	1642	1645			1648	1651	1654	1656	1659	1701		1704	1706		1709
Farringdon (ZFD)	3 a	1639	1642	1645	1648			1651	1653	1656	1658	1701	1703		1706	1708		1711
Tottenham Court Road (TCR)	3 a	1642	1645	1648	1651			1654	1656	1659	1701	1704	1706		1709	1711		1714
Bond Street (BDS)	3 a	1644	1647	1650	1653			1656	1658	1701	1703	1706	1708		1711	1713		1716
London Paddington EL (PAD)	15 a	1648	1651	1654	1657			1700	1703	1706	1707	1710	1713		1715	1718		1719
Acton Main Line (AML)	a			1700								1716						
Ealing Broadway (EAL)	3 a	1656		1703				1708				1715	1719		1724			1728
West Ealing (WEA)	3 a			1706								1718	1722					
Hanwell (HAN)	a			1708									1724					
Southall (STL)	a	1701		1711				1714					1727					1732
Hayes & Harlington (HAY)	3 a	1705		1714				1718				1723	1730					1736
Heathrow Terminals 2 & 3 (HXX)	3 a			1722								1731	1738					
Heathrow Terminal 4 (HAF)	3 a			1728									1744					
Heathrow Terminal 5 (HWV)	3 a											1737						
West Drayton (WDT)	a	1709						1721							1736			1739
Iver (IVR)	a	1711						1724										1742
Langley (LNY)	a	1714						1726										1744
Slough (SLO)	3 a	1718						1730							1742			1748
Burnham (BNM)	a	1721						1734							1745			1752
Taplow (TAP)	a	1724						1736										1754
Maidenhead (MAI)	3 a	1727						1744							1750			1757
Twyford (TWY)	3 a	1734													1757			1804
Reading (RDG)	7 a	1742													1806			1813

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a** Arrival time
- d** Departure time
- A** From Southend Victoria
- D** From Clacton-on-Sea
- G** From Colchester Town

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

































Operator Days of operation/Notes	XR	XR	LE H	XR	XR	XR	XR	LE A	XR	XR	LE C	XR	XR	XR	XR	XR	LE A
Shenfield (SNF)	3 d	1633	1638		1638		1643	1646		1648	1652		1653		1658		1703 1705
Brentwood (BRE)	d	1637			1642		1647			1652			1657		1702		1707
Harold Wood (HRO)	d	1641			1646		1651			1656			1701		1706		1711
Gidea Park (GDP)	2 d	1644			1649		1654			1659			1704		1709		1714
Romford (RMF)	d	1647			1652		1657	1653		1702			1707		1712		1717
Chadwell Heath (CTH)	d	1650			1655		1700			1705			1710		1715		1720
Goodmayes (GMY)	d	1652			1657		1702			1707			1712		1717		1722
Seven Kings (SVK)	d	1654			1659		1704			1709			1714		1719		1724
Ilford (IFD)	2 d	1658			1703		1708			1713			1718		1723		1728
Manor Park (MNP)	d	1700			1705		1710			1715			1720		1725		1730
Forest Gate (FOG)	d	1703			1708		1713			1718			1723		1728		1733
Maryland (MYL)	d	1705			1710		1715			1720			1725		1730		1735
Stratford (SRA)	7 d	1708	1653		1713		1718	1703		1723	1707		1728		1733		1738 1720
Abbey Wood (ABW)	d	1656			1701		1706			1711			1716		1721		1726
Woolwich (WWC)	d	1659			1704		1709			1714			1719		1724		1729
Custom House (CUS)	d	1703			1708		1713			1718			1723		1728		1733
Canary Wharf (CWX)	DLR d	1707			1712		1717			1722			1727		1732		1737
Whitechapel (ZLW)	DLR d	1711	1713		1716	1718	1721	1723		1726	1728		1731	1733	1736	1738	1741 1743
London Liverpool Street (LST)	15 a			1701				1712			1715						1728
London Liverpool Street EL (LST)	4 a	1714	1716		1719	1721	1724	1726		1729	1731		1734	1736	1739	1741	1744 1746
Farringdon (ZFD)	3 a	1716	1718		1721	1723	1726	1728		1731	1733		1736	1738	1741	1743	1746 1748
Tottenham Court Road (TCR)	3 a	1719	1721		1724	1726	1729	1731		1734	1736		1739	1741	1744	1746	1749 1751
Bond Street (BDS)	3 a	1721	1723		1726	1728	1731	1733		1736	1738		1741	1743	1746	1748	1751 1753
London Paddington EL (PAD)	15 a	1725	1728		1730	1733	1736	1737		1740	1743		1745	1748	1750	1753	1755 1758
Acton Main Line (AML)	a	1732								1746							1802
Ealing Broadway (EAL)	3 a	1735			1738			1745		1749			1754		1758		1805
West Ealing (WEA)	3 a	1737						1748		1752							1807
Hanwell (HAN)	a	1739								1754							1809
Southall (STL)	a	1742			1745					1757					1803		1812
Hayes & Harlington (HAY)	3 a	1746			1749			1753		1800					1806		1816
Heathrow Terminals 2 & 3 (HXX)	3 a	1753						1801		1808							1823
Heathrow Terminal 4 (HAF)	3 a	1759								1814							1829
Heathrow Terminal 5 (HWV)	3 a							1807									
West Drayton (WDT)	a				1752								1806		1810		
Iver (IVR)	a				1755										1812		
Langley (LNY)	a				1757										1815		
Slough (SLO)	3 a				1801								1812		1819		
Burnham (BNM)	a				1805								1815		1822		
Taplow (TAP)	a				1807										1825		
Maidenhead (MAI)	3 a				1814								1820		1828		
Twyford (TWY)	3 a												1827		1835		
Reading (RDG)	7 a												1836		1844		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a** Arrival time
d Departure time
A From Southend Victoria
C From Ipswich
H From Braintree

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	LE D	XR	XR	XR	XR	XR	XR	LE G	XR	XR	LE B	LE A	XR	XR	XR	XR	LE H	XR
Shenfield (SNF)	 d	1708		1708		1713		1718	1721		1723	1725	1727		1728		1733	1738
Brentwood (BRE)	d			1712		1717		1722			1727				1732		1737	
Harold Wood (HRO)	d			1716		1721		1726			1731				1736		1741	
Gidea Park (GDP)	 d			1719		1724		1729			1734				1739		1744	
Romford (RMF)	d			1722		1727		1732			1737				1742		1747	
Chadwell Heath (CTH)	d			1725		1730		1735			1740				1745		1750	
Goodmayes (GMY)	d			1727		1732		1737			1742				1747		1752	
Seven Kings (SVK)	d			1729		1734		1739			1744				1749		1754	
Ilford (IFD)	 d			1733		1738		1743			1748				1753		1758	
Manor Park (MNP)	d			1735		1740		1745			1750				1755		1800	
Forest Gate (FOG)	d			1738		1743		1748			1753				1758		1803	
Maryland (MYL)	d			1740		1745		1750			1755				1800		1805	
Stratford (SRA)	   d	1723		1743		1748		1753	1737		1758	1740	1743		1803		1808	1753
Abbey Wood (ABW)	d			1731		1736		1741			1746				1751		1756	
Woolwich (WWC)	d			1734		1739		1744			1749				1754		1759	
Custom House (CUS)	d			1738		1743		1748			1753				1758		1803	
Canary Wharf (CWX)	 d			1742		1747		1752			1757				1802		1807	
Whitechapel (ZLW)	 d			1746	1748	1751	1753	1756	1758		1801	1803			1806	1808	1811	1813
London Liverpool Street (LST)	  a	1732							1746			1749	1751					1801
London Liverpool Street EL (LST)	  a			1749	1751	1754	1756	1759	1801		1804	1806			1809	1811	1814	1816
Farringdon (ZFD)	  a			1751	1753	1756	1758	1801	1803		1806	1808			1811	1813	1816	1818
Tottenham Court Road (TCR)	 a			1754	1756	1759	1801	1804	1806		1809	1811			1814	1816	1819	1821
Bond Street (BDS)	 a			1756	1758	1801	1803	1806	1808		1811	1813			1816	1818	1821	1823
London Paddington EL (PAD)	  a			1800	1803	1806	1807	1810	1813		1815	1818			1820	1823	1825	1828
Acton Main Line (AML)	a						1816										1832	
Ealing Broadway (EAL)	  a			1808			1815	1819			1824				1828		1835	
West Ealing (WEA)	 a						1818	1822									1837	
Hanwell (HAN)	a							1824									1839	
Southall (STL)	a			1815				1827							1833		1842	
Hayes & Harlington (HAY)	 a			1819			1823	1830							1836		1846	
Heathrow Terminals 2 & 3 (HXX)	  a						1831	1838									1853	
Heathrow Terminal 4 (HAF)	  a							1844									1859	
Heathrow Terminal 5 (HWV)	  a						1837											
West Drayton (WDT)	a			1822							1836				1840			
Iver (IVR)	a			1825											1842			
Langley (LNY)	a			1827											1845			
Slough (SLO)	 a			1831							1842				1849			
Burnham (BNM)	a			1835							1845				1852			
Taplow (TAP)	a			1837											1855			
Maidenhead (MAI)	 a			1844							1850				1858			
Twyford (TWY)	 a										1857				1905			
Reading (RDG)	 a										1906				1914			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a** Arrival time
- d** Departure time
- A** From Southend Victoria
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- G** From Colchester Town
- H** From Braintree

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	XR	LE A	XR	XR	XR	XR	LE M	LE A	XR	XR	XR	XR	LE D	XR	XR	LE A	XR	XR
Shenfield (SNF)	3 d	1738	1740		1744		1750	1751	1754		1756		1802	1807		1808	1810	1814
Brentwood (BRE)	d	1742			1748		1754				1800		1806			1812		1818
Harold Wood (HRO)	d	1746			1752		1758				1804		1810			1816		1822
Gidea Park (GDP)	2 d	1749			1755		1801				1807		1813			1819		1825
Romford (RMF)	d	1752	1747		1758		1804				1810		1816			1822		1828
Chadwell Heath (CTH)	d	1755			1801		1807				1813		1819			1825		1831
Goodmayes (GMY)	d	1757			1803		1809				1815		1821			1827		1833
Seven Kings (SVK)	d	1759			1805		1811				1817		1823			1829		1835
Ilford (IFD)	2 d	1803			1809		1815				1821		1827			1833		1839
Manor Park (MNP)	d	1805			1811		1817				1823		1829			1835		1841
Forest Gate (FOG)	d	1808			1814		1820				1826		1832			1838		1844
Maryland (MYL)	d	1810			1816		1822				1828		1834			1840		1846
Stratford (SRA)	DLR 7 d	1813	1757		1819		1825	1806	1809		1831		1837	1822		1843	1825	1849
Abbey Wood (ABW)	d			1806		1812				1817		1822			1827			1836
Woolwich (WWC)	d			1809		1815				1821		1826			1831			1839
Custom House (CUS)	d			1813		1819				1825		1830			1836			1843
Canary Wharf (CWX)	DLR d			1817		1823				1829		1834			1840			1847
Whitechapel (ZLW)	DLR d	1818		1821	1824	1827	1830			1833	1836	1839	1842		1845	1848		1851
London Liverpool Street (LST)	DLR 15 a		1805					1814	1817					1830			1833	
London Liverpool Street EL (LST)	DLR 4 a	1821		1824	1827	1830	1833			1836	1839	1842	1845		1848	1851		1854
Farringdon (ZFD)	DLR 3 a	1824		1827	1830	1833	1836			1839	1842	1845	1848		1851	1854		1857
Tottenham Court Road (TCR)	DLR a	1827		1830	1833	1836	1839			1842	1845	1848	1851		1854	1857		1900
Bond Street (BDS)	DLR a	1829		1832	1835	1838	1841			1844	1847	1850	1853		1856	1859		1902
London Paddington EL (PAD)	DLR 15 a	1833		1836	1839	1842	1845			1848	1851	1854	1857		1900	1903		1906
Acton Main Line (AML)	a			1845								1900						1915
Ealing Broadway (EAL)	DLR 3 a	1844		1848		1853				1856		1903			1911	1914		1918
West Ealing (WEA)	3 a	1846		1851								1906				1916		1921
Hanwell (HAN)	a			1853								1908						1923
Southall (STL)	a			1856						1901		1911			1916			1926
Hayes & Harlington (HAY)	3 a	1852		1859						1905		1914			1920	1923		1929
Heathrow Terminals 2 & 3 (HXX)	DLR a	1901		1907								1922				1930		1937
Heathrow Terminal 4 (HAF)	DLR a			1911								1928						1941
Heathrow Terminal 5 (HWV)	DLR a	1906														1936		
West Drayton (WDT)	a					1905				1909					1923			
Iver (IVR)	a									1911					1926			
Langley (LNY)	a									1914					1928			
Slough (SLO)	3 a					1911				1918					1932			
Burnham (BNM)	a					1914				1921					1936			
Taplow (TAP)	a									1924					1938			
Maidenhead (MAI)	3 a					1919				1927					1944			
Twyford (TWY)	3 a					1926				1934								
Reading (RDG)	7 a					1935				1942								

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a** Arrival time
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- A** From Southend Victoria
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- M** From Ipswich/Colchester Town

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays























Operator Days of operation/Notes	XR	XR	LE G	XR	XR	LE A	XR	XR	LE E	XR	XR	XR	XR	LE A	XR	XR	LE C	XR
Shenfield (SNF)	d	1820	1821		1826	1828		1832	1838		1838		1844	1846		1850	1851	
Brentwood (BRE)	d	1824			1830			1836			1842		1848			1854		
Harold Wood (HRO)	d	1828			1834			1840			1846		1852			1858		
Gidea Park (GDP)	d	1831			1837			1843			1849		1855			1901		
Romford (RMF)	d	1834			1840	1835		1846			1852		1858	1853		1904		
Chadwell Heath (CTH)	d	1837			1843			1849			1855		1901			1907		
Goodmayes (GMY)	d	1839			1845			1851			1857		1903			1909		
Seven Kings (SVK)	d	1841			1847			1853			1859		1905			1911		
Ilford (IFD)	d	1845			1851			1857			1903		1909			1915		
Manor Park (MNP)	d	1847			1853			1859			1905		1911			1917		
Forest Gate (FOG)	d	1850			1856			1902			1908		1914			1920		
Maryland (MYL)	d	1852			1858			1904			1910		1916			1922		
Stratford (SRA)	d	1855	1836		1901	1845		1907	1853		1913		1919	1903		1925	1906	
Abbey Wood (ABW)	d	1841			1848			1854			1900		1906			1912		1918
Woolwich (WWC)	d	1845			1851			1857			1903		1909			1915		1921
Custom House (CUS)	d	1849			1855			1901			1907		1913			1919		1925
Canary Wharf (CWX)	d	1853			1859			1905			1911		1917			1923		1929
Whitechapel (ZLW)	d	1857	1900		1903	1906		1909	1912		1915	1918	1921	1924		1927	1930	1933
London Liverpool Street (LST)	a			1844		1853			1902						1912		1915	
London Liverpool Street EL (LST)	a	1900	1903		1906	1909		1912	1915		1918	1921	1924	1927		1930	1933	1936
Farringdon (ZFD)	a	1903	1906		1909	1912		1915	1918		1921	1924	1927	1930		1933	1936	1939
Tottenham Court Road (TCR)	a	1906	1909		1912	1915		1918	1921		1924	1927	1930	1933		1936	1939	1942
Bond Street (BDS)	a	1908	1911		1914	1917		1920	1923		1926	1929	1932	1935		1938	1941	1944
London Paddington EL (PAD)	a	1912	1915		1918	1921		1924	1927		1930	1933	1936	1939		1942	1945	1948
Acton Main Line (AML)	a							1930					1945					
Ealing Broadway (EAL)	a				1926			1933			1941	1944	1948					1956
West Ealing (WEA)	a							1936				1946	1951					
Hanwell (HAN)	a							1938					1953					
Southall (STL)	a				1930			1941			1945		1956					2001
Hayes & Harlington (HAY)	a				1934			1944			1949	1952	1959					2005
Heathrow Terminals 2 & 3 (HXX)	a							1952				2000	2007					
Heathrow Terminal 4 (HAF)	a							1958					2011					
Heathrow Terminal 5 (HWV)	a											2006						
West Drayton (WDT)	a				1937						1952							2008
Iver (IVR)	a				1940						1955							
Langley (LNY)	a				1942						1957							2012
Slough (SLO)	a				1946						2002							2016
Burnham (BNM)	a				1950						2006							2020
Taplow (TAP)	a				1952													2022
Maidenhead (MAI)	a				1956						2013							2026
Twyford (TWY)	a				2002													2032
Reading (RDG)	a				2012													2042

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	XR	XR	XR	LE A	LE D	LE H	XR	XR	XR	XR	LE G	LE A	XR	XR	XR	XR	LE E	XR
Shenfield (SNF)	 d	1856		1903	1905	1908	1911		1911		1918	1921	1924		1926		1933	1938
Brentwood (BRE)	d	1900		1907					1915		1922				1930		1937	
Harold Wood (HRO)	d	1904		1911					1919		1926				1934		1941	
Gidea Park (GDP)	 d	1907		1914					1922		1929				1937		1944	
Romford (RMF)	d	1910		1917					1925		1932		1931		1940		1947	
Chadwell Heath (CTH)	d	1913		1920					1928		1935				1943		1950	
Goodmayes (GMY)	d	1915		1922					1930		1937				1945		1952	
Seven Kings (SVK)	d	1917		1924					1932		1939				1947		1954	
Ilford (IFD)	 d	1921		1928					1936		1943				1951		1958	
Manor Park (MNP)	d	1923		1930					1938		1945				1953		2000	
Forest Gate (FOG)	d	1926		1933					1941		1948				1956		2003	
Maryland (MYL)	d	1928		1935					1943		1950				1958		2005	
Stratford (SRA)	 d	1931		1938	1920	1923	1926		1946		1953	1937	1941		2001		2008	1953
Abbey Wood (ABW)	d		1924					1930		1939				1947		1954		2002
Woolwich (WWC)	d		1927					1934		1942				1950		1957		2005
Custom House (CUS)	d		1931					1938		1946				1954		2001		2009
Canary Wharf (CWX)	 d		1935					1942		1950				1958		2005		2013
Whitechapel (ZLW)	 d	1936	1939	1943				1947	1951	1954	1958			2002	2006	2009	2013	2017
London Liverpool Street (LST)	 a				1928	1931	1934					1945	1949				2001	
London Liverpool Street EL (LST)	 a	1939	1942	1946				1950	1954	1957	2001			2005	2009	2012	2016	2020
Farringdon (ZFD)	 a	1942	1945	1949				1953	1957	2000	2004			2008	2012	2015	2019	2023
Tottenham Court Road (TCR)	 a	1945	1948	1952				1956	2000	2003	2007			2011	2015	2018	2022	2026
Bond Street (BDS)	 a	1947	1950	1954				1958	2002	2005	2009			2013	2017	2020	2024	2028
London Paddington EL (PAD)	 a	1951	1954	1958				2002	2006	2009	2013			2017	2021	2024	2028	2032
Acton Main Line (AML)	a		2000							2015						2030		
Ealing Broadway (EAL)	 a		2003					2011	2014	2018				2026		2033		2041
West Ealing (WEA)	 a		2006						2016	2021						2036		
Hanwell (HAN)	a		2008							2023						2038		
Southall (STL)	a		2011					2016		2026				2031		2041		2045
Hayes & Harlington (HAY)	 a		2014					2020	2023	2029				2035		2044		2049
Heathrow Terminals 2 & 3 (HXX)	 a		2022						2030	2037						2052		
Heathrow Terminal 4 (HAF)	 a		2028							2043						2058		
Heathrow Terminal 5 (HWV)	 a								2036									
West Drayton (WDT)	a							2023						2038				2052
Iver (IVR)	a							2026										2055
Langley (LNY)	a							2028						2042				2057
Slough (SLO)	 a							2032						2046				2101
Burnham (BNM)	a							2036						2050				2105
Taplow (TAP)	a													2052				
Maidenhead (MAI)	 a							2043						2056				2112
Twyford (TWY)	 a													2102				
Reading (RDG)	 a													2111				

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Mondays to Fridays

































Operator Days of operation/Notes	XR	LE A	XR	XR	LE C	XR	XR	XR	XR	LE A	LE D	XR	XR	XR	XR	LE G	LE A	XR
Shenfield (SNF)	3 d	1941	1946		1948	1951		1956		2003	2005	2008		2011		2018	2021	2026
Brentwood (BRE)	d	1945			1952			2000		2007				2015		2022		
Harold Wood (HRO)	d	1949			1956			2004		2011				2019		2026		
Gidea Park (GDP)	2 d	1952			1959			2007		2014				2022		2029		
Romford (RMF)	d	1955	1953		2002			2010		2017				2025		2032		2033
Chadwell Heath (CTH)	d	1958			2005			2013		2020				2028		2035		
Goodmayes (GMY)	d	2000			2007			2015		2022				2030		2037		
Seven Kings (SVK)	d	2002			2009			2017		2024				2032		2039		
Ilford (IFD)	2 d	2006			2013			2021		2028				2036		2043		
Manor Park (MNP)	d	2008			2015			2023		2030				2038		2045		
Forest Gate (FOG)	d	2011			2018			2026		2033				2041		2048		
Maryland (MYL)	d	2013			2020			2028		2035				2043		2050		
Stratford (SRA)	7 d	2016	2004		2023	2007		2031		2038	2020	2023		2046		2053	2036	2043
Abbey Wood (ABW)	d			2009			2017		2024				2032		2039			2047
Woolwich (WWC)	d			2012			2020		2027				2035		2042			2050
Custom House (CUS)	d			2016			2024		2031				2039		2046			2054
Canary Wharf (CWX)	DLR d			2020			2028		2035				2043		2050			2058
Whitechapel (ZLW)	7 d	2021		2024	2028		2032	2036	2039	2043			2047	2051	2054	2058		2102
London Liverpool Street (LST)	15 a		2012			2015					2028	2031					2044	2051
London Liverpool Street EL (LST)	4 a	2024		2027	2031		2035	2039	2042	2046			2050	2054	2057	2101		2105
Farringdon (ZFD)	3 a	2027		2030	2034		2038	2042	2045	2049			2053	2057	2100	2104		2108
Tottenham Court Road (TCR)	3 a	2030		2033	2037		2041	2045	2048	2052			2056	2100	2103	2107		2111
Bond Street (BDS)	3 a	2032		2035	2039		2043	2047	2050	2054			2058	2102	2105	2109		2113
London Paddington EL (PAD)	15 a	2036		2039	2043		2047	2051	2054	2058			2102	2106	2109	2113		2117
Acton Main Line (AML)	a			2045					2100						2115			
Ealing Broadway (EAL)	3 a	2044		2048			2055		2103				2111	2114	2118			2126
West Ealing (WEA)	3 a	2046		2051					2106					2116	2121			
Hanwell (HAN)	a			2053					2108						2123			
Southall (STL)	a			2056			2101		2111				2116		2126			2132
Hayes & Harlington (HAY)	3 a	2052		2059			2104		2114				2120	2123	2129			2135
Heathrow Terminals 2 & 3 (HXX)	3 a	2100		2107					2122					2130	2137			
Heathrow Terminal 4 (HAF)	3 a			2113					2128						2143			
Heathrow Terminal 5 (HWV)	3 a	2106												2136				
West Drayton (WDT)	a						2110						2123					2139
Iver (IVR)	a												2126					
Langley (LNY)	a						2114						2129					2143
Slough (SLO)	3 a						2118						2133					2147
Burnham (BNM)	a						2121						2137					2150
Taplow (TAP)	a						2124											2153
Maidenhead (MAI)	3 a						2127						2144					2156
Twyford (TWY)	3 a						2134											2203
Reading (RDG)	7 a						2141											2211

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Mondays to Fridays
























Operator Days of operation/Notes	XR	XR	XR	XR	XR	LE H	LE A	XR	XR	LE G	XR	XR	XR	XR	LE A	LE D	XR	XR
Shenfield (SNF)	 d	2026		2033		2041	2046	2048		2048	2052		2056		2103	2105	2108	2111
Brentwood (BRE)	d	2030		2037		2045				2052			2100		2107			2115
Harold Wood (HRO)	d	2034		2041		2049				2056			2104		2111			2119
Gidea Park (GDP)	 d	2037		2044		2052				2059			2107		2114			2122
Romford (RMF)	d	2040		2047		2055		2055		2102			2110		2117			2125
Chadwell Heath (CTH)	d	2043		2050		2058				2105			2113		2120			2128
Goodmayes (GMY)	d	2045		2052		2100				2107			2115		2122			2130
Seven Kings (SVK)	d	2047		2054		2102				2109			2117		2124			2132
Ilford (IFD)	 d	2051		2058		2106				2113			2121		2128			2136
Manor Park (MNP)	d	2053		2100		2108				2115			2123		2130			2138
Forest Gate (FOG)	d	2056		2103		2111				2118			2126		2133			2141
Maryland (MYL)	d	2058		2105		2113				2120			2128		2135			2143
Stratford (SRA)	   d	2101		2108		2116		2105		2123	2108		2131		2138	2120	2123	2146
Abbey Wood (ABW)	d		2054		2102				2109			2117		2124			2132	
Woolwich (WWC)	d		2057		2105				2112			2120		2127			2135	
Custom House (CUS)	d		2101		2109				2116			2124		2131			2139	
Canary Wharf (CWX)	 d		2105		2113				2120			2128		2135			2143	
Whitechapel (ZLW)	 d	2106	2109	2113	2117	2121			2124	2128		2132	2136	2139	2143		2147	2151
London Liverpool Street (LST)	  a						2110	2113			2116				2128	2131		
London Liverpool Street EL (LST)	  a	2109	2112	2116	2120	2124			2127	2131		2135	2139	2142	2146		2150	2154
Farringdon (ZFD)	  a	2112	2115	2119	2123	2127			2130	2134		2138	2142	2145	2149		2153	2157
Tottenham Court Road (TCR)	 a	2115	2118	2122	2126	2130			2133	2137		2141	2145	2148	2152		2156	2200
Bond Street (BDS)	 a	2117	2120	2124	2128	2132			2135	2139		2143	2147	2150	2154		2158	2202
London Paddington EL (PAD)	  a	2121	2124	2128	2132	2136			2139	2143		2147	2151	2154	2158		2202	2206
Acton Main Line (AML)	a		2130						2145					2200				
Ealing Broadway (EAL)	  a		2133		2141	2144			2148			2156		2203			2211	2214
West Ealing (WEA)	 a		2136			2146			2151					2206				2216
Hanwell (HAN)	a		2138						2153					2208				
Southall (STL)	a		2141		2145				2156			2202		2211			2215	
Hayes & Harlington (HAY)	 a		2144		2149	2152			2159			2205		2214			2219	2222
Heathrow Terminals 2 & 3 (HXX)	  a		2152			2200			2207					2222				2230
Heathrow Terminal 4 (HAF)	  a		2158						2213					2228				
Heathrow Terminal 5 (HWV)	  a					2206												2236
West Drayton (WDT)	a				2152							2209					2222	
Iver (IVR)	a				2155												2225	
Langley (LNY)	a				2157							2213					2227	
Slough (SLO)	 a				2201							2217					2231	
Burnham (BNM)	a				2205							2220					2235	
Taplow (TAP)	a											2223						
Maidenhead (MAI)	 a				2212							2226				2246		
Twyford (TWY)	 a											2233						
Reading (RDG)	 a											2241						

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Operator Days of operation/Notes	XR	XR	LE G	XR	XR	LE A	XR	XR	LE H	XR	XR	XR	XR	LE N	XR	XR	LE A	XR
Shenfield (SNF)	 d	2118	2122		2126	2133		2133	2138		2141		2148	2151		2156	2203	
Brentwood (BRE)	d	2122			2130			2137			2145		2152			2200		
Harold Wood (HRO)	d	2126			2134			2141			2149		2156			2204		
Gidea Park (GDP)	 d	2129			2137			2144			2152		2159			2207		
Romford (RMF)	d	2132			2140	2140		2147			2155		2202			2210	2210	
Chadwell Heath (CTH)	d	2135			2143			2150			2158		2205			2213		
Goodmayes (GMY)	d	2137			2145			2152			2200		2207			2215		
Seven Kings (SVK)	d	2139			2147			2154			2202		2209			2217		
Ilford (IFD)	 d	2143			2151			2158			2206		2213			2221		
Manor Park (MNP)	d	2145			2153			2200			2208		2215			2223		
Forest Gate (FOG)	d	2148			2156			2203			2211		2218			2226		
Maryland (MYL)	d	2150			2158			2205			2213		2220			2228		
Stratford (SRA)	  d	2153	2138		2201	2150		2208	2153		2216		2223	2206		2231	2220	
Abbey Wood (ABW)	d	2139			2147			2154			2202		2209			2217		2224
Woolwich (WWC)	d	2142			2150			2157			2205		2212			2220		2227
Custom House (CUS)	d	2146			2154			2201			2209		2216			2224		2231
Canary Wharf (CWX)	 d	2150			2158			2205			2213		2220			2228		2235
Whitechapel (ZLW)	 d	2154	2158		2202	2206		2209	2213		2217	2221	2224	2228		2232	2236	2239
London Liverpool Street (LST)	 a		2146			2158			2201					2214			2228	
London Liverpool Street EL (LST)	 a	2157	2201		2205	2209		2212	2216		2220	2224	2227	2231		2235	2239	2242
Farringdon (ZFD)	 a	2200	2204		2208	2212		2215	2219		2223	2227	2230	2234		2238	2242	2245
Tottenham Court Road (TCR)	 a	2203	2207		2211	2215		2218	2222		2226	2230	2233	2237		2241	2245	2248
Bond Street (BDS)	 a	2205	2209		2213	2217		2220	2224		2228	2232	2235	2239		2243	2247	2250
London Paddington EL (PAD)	 a	2209	2213		2217	2221		2224	2228		2232	2236	2239	2243		2247	2251	2254
Acton Main Line (AML)	a	2215						2230					2245					2300
Ealing Broadway (EAL)	 a	2218			2226			2233			2241		2248			2256		2303
West Ealing (WEA)	 a	2221						2236					2251					2306
Hanwell (HAN)	a	2223						2238					2253					2308
Southall (STL)	a	2226			2231			2241			2245		2256			2301		2311
Hayes & Harlington (HAY)	 a	2229			2235			2244			2249		2259			2305		2314
Heathrow Terminals 2 & 3 (HXX)	 a	2237						2252					2307					2322
Heathrow Terminal 4 (HAF)	 a	2243						2258										2328
Heathrow Terminal 5 (HWV)	 a												2312					
West Drayton (WDT)	a				2238						2252					2308		
Iver (IVR)	a										2255					2311		
Langley (LNY)	a				2242						2257					2313		
Slough (SLO)	 a				2246						2301					2317		
Burnham (BNM)	a				2250						2305					2321		
Taplow (TAP)	a				2252											2323		
Maidenhead (MAI)	 a				2256						2312					2327		
Twyford (TWY)	 a				2302											2333		
Reading (RDG)	 a				2311											2341		

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Operator Days of operation/Notes Catering facilities	XR	LE D	XR	XR	XR	XR	LE G	XR	XR	LE P CP	LE A	XR	XR	XR	XR	LE C	XR	
Shenfield (SNF)	3 d	2203	2208		2211		2218	2221		2226	2232	2234			2236		2246	2251
Brentwood (BRE)	d	2207			2215		2222			2230					2240		2250	
Harold Wood (HRO)	d	2211			2219		2226			2234					2244		2254	
Gidea Park (GDP)	2 d	2214			2222		2229			2237					2247		2257	
Romford (RMF)	d	2217			2225		2232			2240		2241			2250		2300	
Chadwell Heath (CTH)	d	2220			2228		2235			2243					2253		2303	
Goodmayes (GMY)	d	2222			2230		2237			2245					2255		2305	
Seven Kings (SVK)	d	2224			2232		2239			2247					2257		2307	
Ilford (IFD)	2 d	2228			2236		2243			2251					2301		2311	
Manor Park (MNP)	d	2230			2238		2245			2253					2303		2313	
Forest Gate (FOG)	d	2233			2241		2248			2256					2306		2316	
Maryland (MYL)	d	2235			2243		2250			2258					2308		2318	
Stratford (SRA)	DLR 7 d	2238	2223		2246		2253	2236		2301	2247s	2251			2311		2321	2306
Abbey Wood (ABW)	d			2232		2238			2247				2254	2258		2306		2316
Woolwich (WWC)	d			2235		2242			2250				2257	2301		2309		2319
Custom House (CUS)	d			2239		2246			2254				2301	2305		2313		2323
Canary Wharf (CWX)	DLR d			2243		2250			2258				2305	2309		2317		2327
Whitechapel (ZLW)	DLR d	2243		2247	2251	2254	2258		2302	2306			2309	2313	2316	2321	2326	2331
London Liverpool Street (LST)	DLR 15 a		2231					2244			2255	2259					2314	
London Liverpool Street EL (LST)	DLR 4 a	2246		2250	2254	2257	2301		2305	2309			2312	2316	2319	2324	2329	2334
Farringdon (ZFD)	DLR 3 a	2249		2253	2257	2300	2304		2308	2312			2315	2319	2322	2327	2332	2337
Tottenham Court Road (TCR)	DLR a	2252		2256	2300	2303	2307		2311	2315			2318	2322	2325	2330	2335	2340
Bond Street (BDS)	DLR a	2254		2258	2302	2305	2309		2313	2317			2320	2324	2327	2332	2337	2342
London Paddington EL (PAD)	DLR 15 a	2258		2302	2306	2309	2313		2317	2321			2324	2328	2331	2336	2341	2346
Acton Main Line (AML)	a					2315							2330			2342		
Ealing Broadway (EAL)	DLR 3 a					2318			2326				2333			2345		2358
West Ealing (WEA)	3 a					2321							2336			2348		
Hanwell (HAN)	a					2323							2338			2350		
Southall (STL)	a					2326			2330				2341			2353		0003
Hayes & Harlington (HAY)	3 a					2330			2334				2344			2357		0007
Heathrow Terminals 2 & 3 (HXX)	DLR 4 a					2337							2352					
Heathrow Terminal 4 (HAF)	DLR 4 a												2358					
Heathrow Terminal 5 (HWV)	DLR 4 a					2342												
West Drayton (WDT)	a								2337									0010
Iver (IVR)	a								2340									0013
Langley (LNY)	a								2342									0015
Slough (SLO)	3 a								2349									0019
Burnham (BNM)	a								2353									
Taplow (TAP)	a								2355									
Maidenhead (MAI)	3 a								0001									0031
Twyford (TWY)	3 a																	
Reading (RDG)	7 a																	























NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time
s Stops to set down only

A From Southend Victoria
C From Ipswich
D From Clacton-on-Sea
G From Colchester Town
P From Norwich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	XR	LE A	LE D	XR	XR	LE C	XR	XR	LE P	LE A	LE F	XR	XR	XR
Shenfield (SNF)  d	2256	2303	2308		2311	2321		2326	2333	2335	2339		2341	2356
Brentwood (BRE) d	2300				2315			2330					2345	2359
Harold Wood (HRO) d	2304				2319			2334					2349	0004
Gidea Park (GDP)  d	2307				2322			2337					2352	0007
Romford (RMF) d	2310	2310			2325			2340			2346		2355	0010
Chadwell Heath (CTH) d	2313				2328			2343					2358	0013
Goodmayes (GMY) d	2315				2330			2345					0001	0015
Seven Kings (SVK) d	2317				2332			2347					0002	0017
Ilford (IFD)  d	2321				2336			2351					0006	0021
Manor Park (MNP) d	2323				2338			2353					0008	0023
Forest Gate (FOG) d	2326				2341			2356					0011	0026
Maryland (MYL) d	2328				2343			2358					0013	0028
Stratford (SRA)  d	2331	2320	2323		2346	2336		0001	2348s	2351	2356		0016	0031
Abbey Wood (ABW) d				2328			2343					2358		
Woolwich (WWC) d				2331			2346					0001		
Custom House (CUS) d				2335			2350					0005		
Canary Wharf (CWX)  d				2339			2354					0009		
Whitechapel (ZLW)  d	2336			2343	2351		2358	0006				0013	0021	
London Liverpool Street (LST)  a		2328	2331			2344			2357	0001	0005			0039
London Liverpool Street EL (LST)  a	2339			2346	2354		0001	0009				0016	0024	
Farringdon (ZFD)  a	2342			2349	2357		0004	0012				0019	0027	
Tottenham Court Road (TCR)  a	2345			2352	2359		0007	0015				0022	0030	
Bond Street (BDS)  a	2347			2354	0002		0009	0017				0024	0032	
London Paddington EL (PAD)  a	2351			2358	0006		0013	0021				0028	0036	
Acton Main Line (AML) a														
Ealing Broadway (EAL)  a														
West Ealing (WEA)  a														
Hanwell (HAN) a														
Southall (STL) a														
Hayes & Harlington (HAY)  a														
Heathrow Terminals 2 & 3 (HXX)  a														
Heathrow Terminal 4 (HAF)  a														
Heathrow Terminal 5 (HWV)  a														
West Drayton (WDT) a														
Iver (IVR) a														
Langley (LNY) a														
Slough (SLO)  a														
Burnham (BNM) a														
Taplow (TAP) a														
Maidenhead (MAI)  a														
Twyford (TWY)  a														
Reading (RDG)  a														

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time
s Stops to set down only

A From Southend Victoria
C From Ipswich
D From Clacton-on-Sea
F From Southminster
P From Norwich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	LE A	XR	XR	XR	XR	LE A	XR	XR	LE B	XR	XR	XR	XR	LE A	XR	XR	XR	XR
Shenfield (SNF)	3 d	0439	0444			0504	0511		0524		0524		0533	0535		0541		0548
Brentwood (BRE)	d		0448			0508					0528		0537			0545		0552
Harold Wood (HRO)	d		0452			0512					0532		0541			0549		0556
Gidea Park (GDP)	2 d		0455	0505		0515		0525			0535		0544			0552		0559
Romford (RMF)	d		0458	0508		0518		0528	0531		0538		0547	0542		0555		0602
Chadwell Heath (CTH)	d		0502	0511		0522		0531			0542		0550			0558		0605
Goodmayes (GMY)	d		0504	0513		0524		0533			0544		0552			0600		0607
Seven Kings (SVK)	d		0506	0515		0526		0535	0536s		0546		0554			0602		0609
Ilford (IFD)	2 d		0509	0518		0529		0539			0549		0558			0606		0613
Manor Park (MNP)	d		0512	0521		0532		0541			0552		0600			0608		0615
Forest Gate (FOG)	d		0514	0524		0534		0544			0554		0603			0611		0618
Maryland (MYL)	d		0516	0526		0536		0546			0556		0605			0613		0620
Stratford (SRA)	7 d	0456	0519	0529	0534	0539	0526	0549	0543		0559		0608	0552		0616		0623
Abbey Wood (ABW)	d						0534			0544		0554			0602		0609	
Woolwich (WWC)	d						0537			0547		0557			0605		0612	
Custom House (CUS)	d						0541			0551		0601			0609		0616	
Canary Wharf (CWX)	DLR d						0545			0555		0605			0613		0620	
Whitechapel (ZLW)	DLR d				0539	0544		0549	0554	0559	0604	0609	0613		0617	0621	0624	0628
London Liverpool Street (LST)	15 a	0504	0527	0536		0534			0551					0600				
London Liverpool Street EL (LST)	4 a				0542	0547		0552	0557	0602	0607	0612	0616		0620	0624	0627	0631
Farringdon (ZFD)	3 a				0545	0550		0555	0600	0605	0610	0615	0619		0623	0627	0630	0634
Tottenham Court Road (TCR)	3 a				0548	0553		0558	0603	0608	0613	0618	0622		0626	0630	0633	0637
Bond Street (BDS)	3 a				0550	0555		0600	0605	0610	0615	0620	0624		0628	0632	0635	0639
London Paddington EL (PAD)	15 a				0554	0559		0604	0609	0614	0619	0624	0628		0632	0636	0639	0643
Acton Main Line (AML)	a				0600			0615				0630						0645
Ealing Broadway (EAL)	3 a				0604			0618		0626		0633						0648
West Ealing (WEA)	3 a				0606			0621				0636						0651
Hanwell (HAN)	a				0608			0623				0638						0653
Southall (STL)	a				0611			0626		0631		0641						0656
Hayes & Harlington (HAY)	3 a				0615			0629		0634		0644						0659
Heathrow Terminals 2 & 3 (HXX)	3 a				0622			0637				0652						0707
Heathrow Terminal 4 (HAF)	3 a							0643										0713
Heathrow Terminal 5 (HWV)	3 a				0627							0657						
West Drayton (WDT)	a									0638								
Iver (IVR)	a									0640								
Langley (LNY)	a									0643								
Slough (SLO)	3 a									0647								
Burnham (BNM)	a									0650								
Taplow (TAP)	a									0653								
Maidenhead (MAI)	3 a									0656								
Twyford (TWY)	3 a									0703								
Reading (RDG)	7 a									0710								

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a** Arrival time
d Departure time
s Stops to set down only
A From Southend Victoria
B From Colchester

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	LE B	XR	XR	XR	XR	LE A	XR	XR	XR	XR	LE B	XR	XR	XR	XR	LE A	XR	XR
Shenfield (SNF)	3 d	0554		0556		0603	0605		0611		0618		0626		0633	0635		0641
Brentwood (BRE)	d			0600		0607			0615		0622		0630		0637			0645
Harold Wood (HRO)	d			0604		0611			0619		0626		0634		0641			0649
Gidea Park (GDP)	2 d			0607		0614			0622		0629		0637		0644			0652
Romford (RMF)	d	0601		0610		0617			0625		0632		0640		0647	0642		0655
Chadwell Heath (CTH)	d			0613		0620			0628		0635		0643		0650			0658
Goodmayes (GMY)	d			0615		0622			0630		0637		0645		0652			0700
Seven Kings (SVK)	d			0617		0624			0632		0639		0647		0654			0702
Ilford (IFD)	2 d			0621		0628			0636		0643		0651		0658			0706
Manor Park (MNP)	d			0623		0630			0638		0645		0653		0700			0708
Forest Gate (FOG)	d			0626		0633			0641		0648		0656		0703			0711
Maryland (MYL)	d			0628		0635			0643		0650		0658		0705			0713
Stratford (SRA)	7 d	0611		0631		0638	0620		0646		0653	0636		0701		0708	0652	0716
Abbey Wood (ABW)	d			0617		0624			0632		0639		0647		0654			0702
Woolwich (WWC)	d			0620		0627			0635		0642		0650		0657			0705
Custom House (CUS)	d			0624		0631			0639		0646		0654		0701			0709
Canary Wharf (CWX)	DLR d			0628		0635			0643		0650		0658		0705			0713
Whitechapel (ZLW)	DLR d			0632	0636	0639	0643		0647	0651	0654	0658	0702	0706	0709	0713		0717 0721
London Liverpool Street (LST)	15 a	0619					0628					0644				0700		
London Liverpool Street EL (LST)	4 a			0635	0639	0642	0646		0650	0654	0657	0701		0705	0709	0712	0716	0720 0724
Farringdon (ZFD)	3 a			0638	0642	0645	0649		0653	0657	0700	0704		0708	0712	0715	0719	0723 0727
Tottenham Court Road (TCR)	3 a			0641	0645	0648	0652		0656	0700	0703	0707		0711	0715	0718	0722	0726 0730
Bond Street (BDS)	3 a			0643	0647	0650	0654		0658	0702	0705	0709		0713	0717	0720	0724	0728 0732
London Paddington EL (PAD)	15 a			0647	0651	0654	0658		0702	0706	0709	0713		0717	0721	0724	0728	0732 0736
Acton Main Line (AML)	a					0700					0715				0730			
Ealing Broadway (EAL)	3 a			0656		0703					0718		0726		0733			
West Ealing (WEA)	3 a					0706					0721				0736			
Hanwell (HAN)	a					0708					0723				0738			
Southall (STL)	a			0701		0711					0726		0732		0741			
Hayes & Harlington (HAY)	3 a			0704		0714					0729		0735		0744			
Heathrow Terminals 2 & 3 (HXX)	3 a					0722					0737				0752			
Heathrow Terminal 4 (HAF)	3 a										0743							
Heathrow Terminal 5 (HWV)	3 a					0727									0757			
West Drayton (WDT)	a			0708									0739					
Iver (IVR)	a			0710									0741					
Langley (LNY)	a			0713									0744					
Slough (SLO)	3 a			0717									0748					
Burnham (BNM)	a			0720									0751					
Taplow (TAP)	a			0723									0754					
Maidenhead (MAI)	3 a			0726									0757					
Twyford (TWY)	3 a			0733									0804					
Reading (RDG)	7 a			0741									0811					

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a** Arrival time
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- A** From Southend Victoria
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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	LE C	XR	XR	XR	XR	XR	XR	LE A	LE C	XR	XR	XR	XR	LE D	LE A	XR	XR	XR
Shenfield (SNF)	3 d	0644		0648		0656		0703		0705	0708		0711		0718	0721	0726	0726
Brentwood (BRE)	d			0652		0700		0707					0715		0722			0730
Harold Wood (HRO)	d			0656		0704		0711					0719		0726			0734
Gidea Park (GDP)	2 d			0659		0707		0714					0722		0729			0737
Romford (RMF)	d	0651		0702		0710		0717					0725		0732		0733	0740
Chadwell Heath (CTH)	d			0705		0713		0720					0728		0735			0743
Goodmayes (GMY)	d			0707		0715		0722					0730		0737			0745
Seven Kings (SVK)	d			0709		0717		0724					0732		0739			0747
Ilford (IFD)	2 d			0713		0721		0728					0736		0743			0751
Manor Park (MNP)	d			0715		0723		0730					0738		0745			0753
Forest Gate (FOG)	d			0718		0726		0733					0741		0748			0756
Maryland (MYL)	d			0720		0728		0735					0743		0750			0758
Stratford (SRA)	7 d	0701		0723		0731		0738		0720	0723		0746		0753	0736	0743	0801
Abbey Wood (ABW)	d			0709		0717		0724					0732		0739			0754
Woolwich (WWC)	d			0712		0720		0727					0735		0742			0757
Custom House (CUS)	d			0716		0724		0731					0739		0746			0801
Canary Wharf (CWX)	DLR d			0720		0728		0735					0743		0750			0805
Whitechapel (ZLW)	DLR d			0724	0728	0732	0736	0739	0743				0747	0751	0754	0758		0809
London Liverpool Street (LST)	15 a	0709							0728	0731						0744	0751	
London Liverpool Street EL (LST)	4 a			0727	0731	0735	0739	0742	0746				0750	0754	0757	0801		0812
Farringdon (ZFD)	3 a			0730	0734	0738	0742	0745	0749				0753	0757	0800	0804		0815
Tottenham Court Road (TCR)	3 a			0733	0737	0741	0745	0748	0752				0756	0800	0803	0807		0818
Bond Street (BDS)	3 a			0735	0739	0743	0747	0750	0754				0758	0802	0805	0809		0820
London Paddington EL (PAD)	15 a			0739	0743	0747	0751	0754	0758				0802	0806	0809	0813		0824
Acton Main Line (AML)	a			0745		0800									0815			0830
Ealing Broadway (EAL)	3 a			0748		0756		0803					0814	0818			0826	0833
West Ealing (WEA)	3 a			0751		0806		0808					0816	0821				0836
Hanwell (HAN)	a			0753		0808								0823				0838
Southall (STL)	a			0756		0802		0811						0826			0831	0841
Hayes & Harlington (HAY)	3 a			0759		0805		0814					0822	0829			0834	0844
Heathrow Terminals 2 & 3 (HXX)	3 a			0807		0822		0828					0830	0837				0852
Heathrow Terminal 4 (HAF)	3 a			0813		0828								0843				0858
Heathrow Terminal 5 (HWV)	3 a												0836					
West Drayton (WDT)	a					0809											0838	
Iver (IVR)	a					0811											0840	
Langley (LNY)	a					0814											0843	
Slough (SLO)	3 a					0818											0847	
Burnham (BNM)	a					0821											0850	
Taplow (TAP)	a					0824											0853	
Maidenhead (MAI)	3 a					0827											0856	
Twyford (TWY)	3 a					0834											0903	
Reading (RDG)	7 a					0841											0911	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a** Arrival time
- d** Departure time
- A** From Southend Victoria
- C** From Clacton-on-Sea
- D** From Colchester Town

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	XR	LE E	XR	XR	LE A	XR	XR	LE F	XR	XR	XR	XR	LE A	LE C	XR	XR	XR	XR
Shenfield (SNF)	3 d	0733	0738		0741	0746		0748	0751		0756		0803	0805	0808		0811	0818
Brentwood (BRE)	d	0737			0745			0752			0800		0807				0815	0822
Harold Wood (HRO)	d	0741			0749			0756			0804		0811				0819	0826
Gidea Park (GDP)	2 d	0744			0752			0759			0807		0814				0822	0829
Romford (RMF)	d	0747			0755	0753		0802			0810		0817				0825	0832
Chadwell Heath (CTH)	d	0750			0758			0805			0813		0820				0828	0835
Goodmayes (GMY)	d	0752			0800			0807			0815		0822				0830	0837
Seven Kings (SVK)	d	0754			0802			0809			0817		0824				0832	0839
Ilford (IFD)	2 d	0758			0806			0813			0821		0828				0836	0843
Manor Park (MNP)	d	0800			0808			0815			0823		0830				0838	0845
Forest Gate (FOG)	d	0803			0811			0818			0826		0833				0841	0848
Maryland (MYL)	d	0805			0813			0820			0828		0835				0843	0850
Stratford (SRA)	DLR 7 d	0808	0753		0816	0803		0823	0806		0831		0838	0820	0823		0846	0853
Abbey Wood (ABW)	d			0802			0809			0817		0824				0832		0839
Woolwich (WWC)	d			0805			0812			0820		0827				0835		0842
Custom House (CUS)	d			0809			0816			0824		0831				0839		0846
Canary Wharf (CWX)	DLR d			0813			0820			0828		0835				0843		0850
Whitechapel (ZLW)	DLR d	0813		0817	0821		0824	0828		0832	0836	0839	0843			0847	0851	0854
London Liverpool Street (LST)	DLR 15 a		0801			0811		0814						0828	0831			
London Liverpool Street EL (LST)	DLR 4 a	0816		0820	0824		0827	0831		0835	0839	0842	0846			0850	0854	0857
Farringdon (ZFD)	DLR 3 a	0819		0823	0827		0830	0834		0838	0842	0845	0849			0853	0857	0900
Tottenham Court Road (TCR)	DLR a	0822		0826	0830		0833	0837		0841	0845	0848	0852			0856	0900	0903
Bond Street (BDS)	DLR a	0824		0828	0832		0835	0839		0843	0847	0850	0854			0858	0902	0905
London Paddington EL (PAD)	DLR 15 a	0828		0832	0836		0839	0843		0847	0851	0854	0858			0902	0906	0909
Acton Main Line (AML)	a						0845					0900						0915
Ealing Broadway (EAL)	DLR 3 a				0844		0848			0856		0903				0911	0914	0918
West Ealing (WEA)	DLR a				0846		0851					0906					0916	0921
Hanwell (HAN)	a						0853					0908						0923
Southall (STL)	a						0856			0901		0911				0915		0926
Hayes & Harlington (HAY)	DLR 3 a				0852		0859			0905		0914				0919	0922	0929
Heathrow Terminals 2 & 3 (HXX)	DLR DLR a				0900		0907					0922					0930	0937
Heathrow Terminal 4 (HAF)	DLR a						0913					0928						0943
Heathrow Terminal 5 (HWV)	DLR DLR a				0906												0936	
West Drayton (WDT)	a									0908						0922		
Iver (IVR)	a									0911						0925		
Langley (LNY)	a									0913						0927		
Slough (SLO)	DLR 3 a									0917						0931		
Burnham (BNM)	a									0921						0935		
Taplow (TAP)	a									0923								
M Maidenhead (MAI)	DLR 3 a									0927						0942		
Twyford (TWY)	DLR 3 a									0933								
Reading (RDG)	DLR 7 a									0941								

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a** Arrival time
- d** Departure time
- A** From Southend Victoria
- C** From Clacton-on-Sea
- E** From Braintree
- F** From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	LE G	LE A	XR	XR	XR	XR	LE E	XR	XR	LE A	XR	XR	LE F	XR	XR	XR	XR	LE A	
Shenfield (SNF)	3 d	0821	0826		0826		0833	0838		0841	0846		0848	0851		0856		0903	0905
Brentwood (BRE)	d				0830		0837			0845			0852			0900		0907	
Harold Wood (HRO)	d				0834		0841			0849			0856			0904		0911	
Gidea Park (GDP)	2 d				0837		0844			0852			0859			0907		0914	
Romford (RMF)	d		0833		0840		0847			0855	0853		0902			0910		0917	
Chadwell Heath (CTH)	d				0843		0850			0858			0905			0913		0920	
Goodmayes (GMY)	d				0845		0852			0900			0907			0915		0922	
Seven Kings (SVK)	d				0847		0854			0902			0909			0917		0924	
Ilford (IFD)	2 d				0851		0858			0906			0913			0921		0928	
Manor Park (MNP)	d				0853		0900			0908			0915			0923		0930	
Forest Gate (FOG)	d				0856		0903			0911			0918			0926		0933	
Maryland (MYL)	d				0858		0905			0913			0920			0928		0935	
Stratford (SRA)	DLR 7 d	0836	0843		0901		0908	0853		0916	0903		0923	0906		0931		0938	0920
Abbey Wood (ABW)	d			0847		0854			0902			0909			0917		0924		
Woolwich (WWC)	d			0850		0857			0905			0912			0920		0927		
Custom House (CUS)	d			0854		0901			0909			0916			0924		0931		
Canary Wharf (CWX)	DLR d			0858		0905			0913			0920			0928		0935		
Whitechapel (ZLW)	7 d			0902	0906	0909	0913		0917	0921		0924	0928		0932	0936	0939	0943	
London Liverpool Street (LST)	15 a	0844	0851				0901			0911			0914						0928
London Liverpool Street EL (LST)	4 a			0905	0909	0912	0916		0920	0924		0927	0931		0935	0939	0942	0946	
Farringdon (ZFD)	3 a			0908	0912	0915	0919		0923	0927		0930	0934		0938	0942	0945	0949	
Tottenham Court Road (TCR)	3 a			0911	0915	0918	0922		0926	0930		0933	0937		0941	0945	0948	0952	
Bond Street (BDS)	3 a			0913	0917	0920	0924		0928	0932		0935	0939		0943	0947	0950	0954	
London Paddington EL (PAD)	15 a			0917	0921	0924	0928		0932	0936		0939	0943		0947	0951	0954	0958	
Acton Main Line (AML)	a					0930						0945				1000			
Ealing Broadway (EAL)	3 a			0926		0933		0941	0944		0948			0955		1003			
West Ealing (WEA)	3 a					0936			0946		0951					1006			
Hanwell (HAN)	a					0938					0953					1008			
Southall (STL)	a			0932		0941		0945			0956			0959		1011			
Hayes & Harlington (HAY)	3 a			0935		0944		0949	0952		0959			1004		1014			
Heathrow Terminals 2 & 3 (HXX)	3 a					0952			1000		1007					1022			
Heathrow Terminal 4 (HAF)	3 a					0958					1013					1028			
Heathrow Terminal 5 (HWV)	3 a								1006										
West Drayton (WDT)	a			0941				0952						1008					
Iver (IVR)	a							0955											
Langley (LNY)	a			0945				0957						1012					
Slough (SLO)	3 a			0949				1001						1016					
Burnham (BNM)	a			0952				1005						1020					
Taplow (TAP)	a			0955										1022					
Maidenhead (MAI)	3 a			0958				1012						1025					
Twyford (TWY)	3 a			1005										1032					
Reading (RDG)	7 a			1012										1041					

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a** Arrival time
- d** Departure time
- A** From Southend Victoria
- E** From Braintree
- F** From Ipswich
- G** From Harwich International

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	LE C	XR	XR	XR	XR	LE D	LE A	XR	XR	XR	XR	LE E	XR	XR	LE A	XR	XR	LE F	
Shenfield (SNF)	3 d	0908		0911		0918	0921	0926		0926		0933	0938		0941	0946		0948	0951
Brentwood (BRE)	d			0915		0922				0930		0937			0945			0952	
Harold Wood (HRO)	d			0919		0926				0934		0941			0949			0956	
Gidea Park (GDP)	2 d			0922		0929				0937		0944			0952			0959	
Romford (RMF)	d			0925		0932		0933		0940		0947			0955	0953		1002	
Chadwell Heath (CTH)	d			0928		0935				0943		0950			0958			1005	
Goodmayes (GMY)	d			0930		0937				0945		0952			1000			1007	
Seven Kings (SVK)	d			0932		0939				0947		0954			1002			1009	
Ilford (IFD)	2 d			0936		0943				0951		0958			1006			1013	
Manor Park (MNP)	d			0938		0945				0953		1000			1008			1015	
Forest Gate (FOG)	d			0941		0948				0956		1003			1011			1018	
Maryland (MYL)	d			0943		0950				0958		1005			1013			1020	
Stratford (SRA)	DLR 7 d	0923		0946		0953	0936	0943		1001		1008	0953		1016	1003		1023	1006
Abbey Wood (ABW)	d			0932		0939				0947		0954			1002			1009	
Woolwich (WWC)	d			0935		0942				0950		0957			1005			1012	
Custom House (CUS)	d			0939		0946				0954		1001			1009			1016	
Canary Wharf (CWX)	DLR d			0943		0950				0958		1005			1013			1020	
Whitechapel (ZLW)	DLR d			0947	0951	0954	0958			1002	1006	1009	1013		1017	1021		1024	1028
London Liverpool Street (LST)	15 a	0931					0944	0951					1001			1011			1014
London Liverpool Street EL (LST)	4 a			0950	0954	0957	1001			1005	1009	1012	1016		1020	1024		1027	1031
Farringdon (ZFD)	3 a			0953	0957	1000	1004			1008	1012	1015	1019		1023	1027		1030	1034
Tottenham Court Road (TCR)	3 a			0956	1000	1003	1007			1011	1015	1018	1022		1026	1030		1033	1037
Bond Street (BDS)	3 a			0958	1002	1005	1009			1013	1017	1020	1024		1028	1032		1035	1039
London Paddington EL (PAD)	15 a			1002	1006	1009	1013			1017	1021	1024	1028		1032	1036		1039	1043
Acton Main Line (AML)	a					1015						1030						1045	
Ealing Broadway (EAL)	3 a			1011	1014	1018				1026		1033			1041	1044		1048	
West Ealing (WEA)	3 a				1016	1021						1036				1046		1051	
Hanwell (HAN)	a					1023						1038						1053	
Southall (STL)	a			1015		1026				1032		1041			1045			1056	
Hayes & Harlington (HAY)	3 a			1019	1022	1029				1035		1044			1049	1052		1059	
Heathrow Terminals 2 & 3 (HXX)	3 a				1030	1037						1052				1100		1107	
Heathrow Terminal 4 (HAF)	3 a					1043						1058						1113	
Heathrow Terminal 5 (HWV)	3 a				1036											1106			
West Drayton (WDT)	a			1022						1039					1052				
Iver (IVR)	a			1025											1055				
Langley (LNY)	a			1027						1043					1057				
Slough (SLO)	3 a			1031						1047					1101				
Burnham (BNM)	a			1035						1050					1105				
Taplow (TAP)	a									1053									
Maidenhead (MAI)	3 a			1042						1056					1112				
Twyford (TWY)	3 a									1103									
Reading (RDG)	7 a									1111									

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a** Arrival time
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- A** From Southend Victoria
- C** From Clacton-on-Sea
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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	XR	XR	XR	XR	LE A	LE C	XR	XR	XR	XR	LE A	XR	XR	LE D	LE E	XR	XR	XR
Shenfield (SNF)	3 d	0956		1003	1005	1008		1011		1018	1025		1026	1028	1038			
Brentwood (BRE)	d	1000		1007				1015		1022			1030					
Harold Wood (HRO)	d	1004		1011				1019		1026			1034					
Gidea Park (GDP)	2 d	1007		1014				1022		1029			1037				1043	
Romford (RMF)	d	1010		1017				1025		1032	1032		1040				1046	
Chadwell Heath (CTH)	d	1013		1020				1028		1035			1043				1049	
Goodmayes (GMY)	d	1015		1022				1030		1037			1045				1051	
Seven Kings (SVK)	d	1017		1024				1032		1039			1047				1053	
Ilford (IFD)	2 d	1021		1028				1036		1043			1051				1056	
Manor Park (MNP)	d	1023		1030				1038		1045			1053				1059	
Forest Gate (FOG)	d	1026		1033				1041		1048			1056				1102	
Maryland (MYL)	d	1028		1035				1043		1050			1058				1104	
Stratford (SRA)	7 d	1031		1038	1020	1027		1046		1053	1042		1101	1048	1053		1107	
Abbey Wood (ABW)	d	1017		1024				1032		1039			1047				1054	1100
Woolwich (WWC)	d	1020		1027				1035		1042			1050				1057	1103
Custom House (CUS)	d	1024		1031				1039		1046			1054				1101	1107
Canary Wharf (CWX)	DLR d	1028		1035				1043		1050			1058				1105	1111
Whitechapel (ZLW)	DLR d	1032	1036	1039	1043			1047	1051	1054	1058		1102	1106			1109	1112
London Liverpool Street (LST)	15 a				1028	1035					1050			1056	1101			1115
London Liverpool Street EL (LST)	4 a	1035	1039	1042	1046			1050	1054	1057	1101		1105	1109			1112	1118
Farringdon (ZFD)	3 a	1038	1042	1045	1049			1053	1057	1100	1104		1108	1112			1115	1121
Tottenham Court Road (TCR)	3 a	1041	1045	1048	1052			1056	1100	1103	1107		1111	1115			1118	1124
Bond Street (BDS)	3 a	1043	1047	1050	1054			1058	1102	1105	1109		1113	1117			1120	1126
London Paddington EL (PAD)	15 a	1047	1051	1054	1058			1102	1106	1109	1113		1117	1121			1124	1130
Acton Main Line (AML)	a			1100						1115							1130	
Ealing Broadway (EAL)	3 a	1056		1103				1111	1114	1118			1126				1133	1141
West Ealing (WEA)	3 a			1106					1116	1121							1136	
Hanwell (HAN)	a			1108						1123							1138	
Southall (STL)	a	1102		1111				1115		1126			1132				1141	1145
Hayes & Harlington (HAY)	3 a	1105		1114				1119	1122	1129			1135				1144	1149
Heathrow Terminals 2 & 3 (HXX)	3 a			1122					1130	1137							1152	
Heathrow Terminal 4 (HAF)	3 a			1128						1143							1158	
Heathrow Terminal 5 (HWV)	3 a							1136										
West Drayton (WDT)	a	1109						1122					1139					1152
Iver (IVR)	a							1125										1155
Langley (LNY)	a	1113						1127					1143					1157
Slough (SLO)	3 a	1117						1131					1147					1201
Burnham (BNM)	a	1120						1135					1150					1205
Taplow (TAP)	a	1123											1153					
Maidenhead (MAI)	3 a	1126						1142					1156					1212
Twyford (TWY)	3 a	1133											1203					
Reading (RDG)	7 a	1141											1211					

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	XR	XR	XR	LE A	XR	XR	LE D	XR	XR	LE A	LE C	XR	XR	XR	XR	XR	XR
Shenfield (SNF)	3 d	1038		1044	1046		1050	1051		1056	1105	1108				1108	1114
Brentwood (BRE)	d	1042		1048			1054			1100						1112	1118
Harold Wood (HRO)	d	1046		1052			1058			1104						1116	1122
Gidea Park (GDP)	2 d	1049		1055			1101			1107						1119	1125
Romford (RMF)	d	1052		1058	1053		1104			1110					1116	1122	1128
Chadwell Heath (CTH)	d	1055		1101			1107			1113					1119	1125	1131
Goodmayes (GMY)	d	1057		1103			1109			1115					1121	1127	1133
Seven Kings (SVK)	d	1059		1105			1111			1117					1123	1129	1135
Ilford (IFD)	2 d	1102		1108			1114			1120					1126	1132	1138
Manor Park (MNP)	d	1105		1111			1117			1123					1129	1135	1141
Forest Gate (FOG)	d	1108		1114			1120			1126					1132	1138	1144
Maryland (MYL)	d	1110		1116			1122			1128					1134	1140	1146
Stratford (SRA)	7 d	1113		1119	1103		1125	1106		1131	1120	1123			1137	1143	1149
Abbey Wood (ABW)	d		1106				1112			1118				1124	1130	1136	1142
Woolwich (WWC)	d		1109				1115			1121				1127	1133	1139	1145
Custom House (CUS)	d		1113				1119			1125				1131	1137	1143	1149
Canary Wharf (CWX)	DLR d		1117				1123			1129				1135	1141	1147	1153
Whitechapel (ZLW)	DLR d	1118	1121	1124			1127	1130		1133	1136			1139	1142	1145	1148
London Liverpool Street (LST)	15 a				1111			1114			1128	1131					
London Liverpool Street EL (LST)	4 a	1121	1124	1127			1130	1133		1136	1139			1142	1145	1148	1151
Farringdon (ZFD)	3 a	1124	1127	1130			1133	1136		1139	1142			1145	1148	1151	1154
Tottenham Court Road (TCR)	3 a	1127	1130	1133			1136	1139		1142	1145			1148	1151	1154	1157
Bond Street (BDS)	3 a	1129	1132	1135			1138	1141		1144	1147			1150	1153	1156	1159
London Paddington EL (PAD)	15 a	1133	1136	1139			1142	1145		1148	1151			1154	1157	1200	1203
Acton Main Line (AML)	a		1145											1200			1215
Ealing Broadway (EAL)	3 a	1144	1148							1156				1203		1211	1214
West Ealing (WEA)	3 a	1146	1151											1206			1216
Hanwell (HAN)	a		1153											1208			1223
Southall (STL)	a		1156							1202				1211		1215	1226
Hayes & Harlington (HAY)	3 a	1152	1159							1205				1214		1219	1222
Heathrow Terminals 2 & 3 (HXX)	3 a	1200	1207											1222			1230
Heathrow Terminal 4 (HAF)	3 a		1211											1228			1237
Heathrow Terminal 5 (HWV)	3 a	1206															1241
West Drayton (WDT)	a									1209						1222	
Iver (IVR)	a															1225	
Langley (LNY)	a									1213						1227	
Slough (SLO)	3 a									1217						1231	
Burnham (BNM)	a									1220						1235	
Taplow (TAP)	a									1223							
Maidenhead (MAI)	3 a									1226						1242	
Twyford (TWY)	3 a									1233							
Reading (RDG)	7 a									1242							

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	XR	LE D	XR	XR	LE A	LE E	XR	XR	XR	XR	XR	XR	LE A	XR	XR	LE F	XR	XR
Shenfield (SNF)	3 d	1120	1121		1126	1128	1138					1138		1144	1146		1150	1156
Brentwood (BRE)	d	1124			1130							1142		1148			1154	1200
Harold Wood (HRO)	d	1128			1134							1146		1152			1158	1204
Gidea Park (GDP)	2 d	1131			1137				1143			1149		1155			1201	1207
Romford (RMF)	d	1134			1140	1135			1146			1152		1158	1153		1204	1210
Chadwell Heath (CTH)	d	1137			1143				1149			1155		1201			1207	1213
Goodmayes (GMY)	d	1139			1145				1151			1157		1203			1209	1215
Seven Kings (SVK)	d	1141			1147				1153			1159		1205			1211	1217
Ilford (IFD)	2 d	1144			1150				1156			1202		1208			1214	1220
Manor Park (MNP)	d	1147			1153				1159			1205		1211			1217	1223
Forest Gate (FOG)	d	1150			1156				1202			1208		1214			1220	1226
Maryland (MYL)	d	1152			1158				1204			1210		1216			1222	1228
Stratford (SRA)	7 d	1155	1136		1201	1146	1153		1207			1213		1219	1203		1225	1231
Abbey Wood (ABW)	d			1148				1154		1200		1206			1212			1218
Woolwich (WWC)	d			1151				1157		1203		1209			1215			1221
Custom House (CUS)	d			1155				1201		1207		1213			1219			1225
Canary Wharf (CWX)	DLR d			1159				1205		1211		1217			1223			1229
Whitechapel (ZLW)	7 d	1200		1203	1206			1209	1212	1215	1218	1221	1224		1227	1230	1233	1236
London Liverpool Street (LST)	15 a		1144			1154	1201							1212			1214	
London Liverpool Street EL (LST)	4 a	1203		1206	1209			1212	1215	1218	1221	1224	1227		1230	1233		1236
Farringdon (ZFD)	3 a	1206		1209	1212			1215	1218	1221	1224	1227	1230		1233	1236		1239
Tottenham Court Road (TCR)	7 a	1209		1212	1215			1218	1221	1224	1227	1230	1233		1236	1239		1242
Bond Street (BDS)	7 a	1211		1214	1217			1220	1223	1226	1229	1232	1235		1238	1241		1244
London Paddington EL (PAD)	15 a	1215		1218	1221			1224	1227	1230	1233	1236	1239		1242	1245		1248
Acton Main Line (AML)	a							1230				1245						
Ealing Broadway (EAL)	3 a			1226				1233		1241	1244	1248					1256	
West Ealing (WEA)	3 a							1236			1246	1251						
Hanwell (HAN)	a							1238				1253						
Southall (STL)	a			1232				1241		1245		1256					1302	
Hayes & Harlington (HAY)	3 a			1235				1244		1249	1252	1259					1305	
Heathrow Terminals 2 & 3 (HXX)	7 a							1252			1300	1307						
Heathrow Terminal 4 (HAF)	7 a							1258				1311						
Heathrow Terminal 5 (HWV)	7 a										1306							
West Drayton (WDT)	a			1239						1252							1309	
Iver (IVR)	a									1255								
Langley (LNY)	a			1243						1257							1313	
Slough (SLO)	3 a			1247						1301							1317	
Burnham (BNM)	a			1250						1305							1320	
Taplow (TAP)	a			1253													1323	
Maidenhead (MAI)	3 a			1256						1312							1326	
Twyford (TWY)	3 a			1303													1333	
Reading (RDG)	7 a			1312													1342	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	LE A	LE C	XR	XR	XR	XR	XR	XR	XR	XR	XR	LE D	XR	XR	LE A	LE E	XR	XR	XR
Shenfield (SNF)	3 d	1205	1208					1208			1214		1220		1226		1228	1238	
Brentwood (BRE)	d							1212			1218		1224		1230				
Harold Wood (HRO)	d							1216			1222		1228		1234				
Gidea Park (GDP)	2 d				1213			1219			1225		1231		1237			1243	
Romford (RMF)	d				1216			1222			1228		1234		1240	1235			1246
Chadwell Heath (CTH)	d				1219			1225			1231		1237		1243				1249
Goodmayes (GMY)	d				1221			1227			1233		1239		1245				1251
Seven Kings (SVK)	d				1223			1229			1235		1241		1247				1253
Ilford (IFD)	2 d				1226			1232			1238		1244		1250				1256
Manor Park (MNP)	d				1229			1235			1241		1247		1253				1259
Forest Gate (FOG)	d				1232			1238			1244		1250		1256				1302
Maryland (MYL)	d				1234			1240			1246		1252		1258				1304
Stratford (SRA)	7 d	1220	1223		1237			1243			1249		1255	1236	1301	1246	1253		1307
Abbey Wood (ABW)	d			1224		1230		1236			1242			1248				1254	1300
Woolwich (WWC)	d			1227		1233		1239			1245			1251				1257	1303
Custom House (CUS)	d			1231		1237		1243			1249			1255				1301	1307
Canary Wharf (CWX)	DLR d			1235		1241		1247			1253			1259				1305	1311
Whitechapel (ZLW)	DLR d			1239	1242	1245	1248	1251	1254	1257	1300			1303	1306			1309	1312
London Liverpool Street (LST)	15 a	1228	1231									1244				1254	1301		
London Liverpool Street EL (LST)	4 a			1242	1245	1248	1251	1254	1257	1300	1303			1306	1309			1312	1315
Farringdon (ZFD)	3 a			1245	1248	1251	1254	1257	1300	1303	1306			1309	1312			1315	1318
Tottenham Court Road (TCR)	3 a			1248	1251	1254	1257	1300	1303	1306	1309			1312	1315			1318	1321
Bond Street (BDS)	3 a			1250	1253	1256	1259	1302	1305	1308	1311			1314	1317			1320	1323
London Paddington EL (PAD)	15 a			1254	1257	1300	1303	1306	1309	1312	1315			1318	1321			1324	1327
Acton Main Line (AML)	a			1300				1315										1331	
Ealing Broadway (EAL)	3 a			1303		1311	1314	1318						1326				1334	1341
West Ealing (WEA)	3 a			1306			1316	1321										1337	
Hanwell (HAN)	a			1308				1323										1339	
Southall (STL)	a			1311		1315		1326						1332				1342	1345
Hayes & Harlington (HAY)	3 a			1314		1319	1322	1329						1335				1345	1349
Heathrow Terminals 2 & 3 (HXX)	3 a			1322			1330	1337										1353	
Heathrow Terminal 4 (HAF)	3 a			1328				1341										1358	
Heathrow Terminal 5 (HWV)	3 a						1336												
West Drayton (WDT)	a					1322								1339					1352
Iver (IVR)	a					1325													1355
Langley (LNY)	a					1327								1343					1357
Slough (SLO)	3 a					1331								1347					1401
Burnham (BNM)	a					1335								1350					1405
Taplow (TAP)	a													1353					
Maidenhead (MAI)	3 a					1342								1356					1412
Twyford (TWY)	3 a													1403					
Reading (RDG)	7 a													1412					

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a** Arrival time
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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	XR	XR	XR	LE A	XR	XR	LE F	XR	XR	LE A	LE C	XR	XR	XR	XR	XR	XR
Shenfield (SNF)	d	1238		1244	1246		1250	1251		1256	1305	1308				1308	1314
Brentwood (BRE)	d	1242		1248			1254			1300						1312	1318
Harold Wood (HRO)	d	1246		1252			1258			1304						1316	1322
Gidea Park (GDP)	d	1249		1255			1301			1307						1319	1325
Romford (RMF)	d	1252		1258	1253		1304			1310					1316	1322	1328
Chadwell Heath (CTH)	d	1255		1301			1307			1313					1319	1325	1331
Goodmayes (GMY)	d	1257		1303			1309			1315					1321	1327	1333
Seven Kings (SVK)	d	1259		1306			1311			1317					1323	1329	1335
Ilford (IFD)	d	1302		1309			1314			1320					1326	1332	1338
Manor Park (MNP)	d	1305		1311			1317			1323					1329	1335	1341
Forest Gate (FOG)	d	1308		1314			1320			1326					1332	1338	1344
Maryland (MYL)	d	1310		1316			1322			1328					1334	1340	1346
Stratford (SRA)	d	1313		1319	1303		1325	1306		1331	1320	1323			1337	1343	1349
Abbey Wood (ABW)	d		1306			1312			1318				1324		1330	1336	1342
Woolwich (WWC)	d		1309			1315			1321				1327		1333	1339	1345
Custom House (CUS)	d		1313			1319			1325				1331		1337	1343	1349
Canary Wharf (CWX)	d		1317			1323			1329				1335		1341	1347	1353
Whitechapel (ZLW)	d	1318	1321	1324		1327	1330		1333	1336			1339	1342	1345	1348	1351
London Liverpool Street (LST)	a				1311			1314			1328	1331					
London Liverpool Street EL (LST)	a	1321	1324	1327		1330	1333		1336	1339			1342	1345	1348	1351	1354
Farringdon (ZFD)	a	1324	1327	1330		1333	1336		1339	1342			1345	1348	1351	1354	1357
Tottenham Court Road (TCR)	a	1327	1330	1333		1336	1339		1342	1345			1348	1351	1354	1357	1400
Bond Street (BDS)	a	1329	1332	1335		1338	1341		1344	1347			1350	1353	1356	1359	1403
London Paddington EL (PAD)	a	1333	1336	1339		1342	1345		1348	1351			1354	1357	1400	1403	1406
Acton Main Line (AML)	a		1345										1400				1415
Ealing Broadway (EAL)	a	1344	1348					1356					1403		1411	1414	1418
West Ealing (WEA)	a	1346	1351										1406			1416	1421
Hanwell (HAN)	a		1353										1408				1423
Southall (STL)	a		1356					1402					1411		1415		1426
Hayes & Harlington (HAY)	a	1352	1359					1405					1414		1419	1422	1429
Heathrow Terminals 2 & 3 (HXX)	a	1400	1407										1422			1430	1437
Heathrow Terminal 4 (HAF)	a		1411										1428				1441
Heathrow Terminal 5 (HWV)	a	1406														1436	
West Drayton (WDT)	a							1409							1422		
Iver (IVR)	a														1425		
Langley (LNY)	a							1413							1427		
Slough (SLO)	a							1417							1431		
Burnham (BNM)	a							1420							1435		
Taplow (TAP)	a							1423									
Maidenhead (MAI)	a							1426							1442		
Twyford (TWY)	a							1433									
Reading (RDG)	a							1442									

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	XR	LE D	LE A	XR	XR	LE E	XR	XR	XR	XR	XR	XR	LE A	XR	XR	LE F	XR	XR
Shenfield (SNF)	3 d	1320	1321	1326		1326	1338				1338		1344	1346		1350	1351	1356
Brentwood (BRE)	d	1324				1330					1342		1348			1354		1400
Harold Wood (HRO)	d	1328				1334					1346		1352			1358		1404
Gidea Park (GDP)	2 d	1331				1337			1343		1349		1355			1401		1407
Romford (RMF)	d	1334		1333		1340			1346		1352		1358	1353		1404		1410
Chadwell Heath (CTH)	d	1337				1343			1349		1355		1401			1407		1413
Goodmayes (GMY)	d	1339				1345			1351		1357		1403			1409		1415
Seven Kings (SVK)	d	1341				1347			1353		1359		1405			1411		1417
Ilford (IFD)	2 d	1344				1350			1356		1402		1408			1414		1420
Manor Park (MNP)	d	1347				1353			1359		1405		1411			1417		1423
Forest Gate (FOG)	d	1350				1356			1402		1408		1414			1420		1426
Maryland (MYL)	d	1352				1358			1404		1410		1416			1422		1428
Stratford (SRA)	DLR 7 d	1355	1336	1343		1401	1353		1407		1413		1419	1403		1425	1406	1431
Abbey Wood (ABW)	d				1348			1354		1400		1406			1412			1418
Woolwich (WWC)	d				1351			1357		1403		1409			1415			1421
Custom House (CUS)	d				1355			1401		1407		1413			1419			1425
Canary Wharf (CWX)	DLR d				1359			1405		1411		1417			1423			1429
Whitechapel (ZLW)	DLR d	1400			1403	1406		1409	1412	1415	1418	1421	1424		1427	1430		1433
London Liverpool Street (LST)	DLR 15 a		1344	1351			1401							1411			1414	
London Liverpool Street EL (LST)	DLR 4 a	1403			1406	1409		1412	1415	1418	1421	1424	1427		1430	1433		1436
Farringdon (ZFD)	DLR 3 a	1406			1409	1412		1415	1418	1421	1424	1427	1430		1433	1436		1439
Tottenham Court Road (TCR)	DLR a	1409			1412	1415		1418	1421	1424	1427	1430	1433		1436	1439		1442
Bond Street (BDS)	DLR a	1411			1414	1417		1420	1423	1426	1429	1432	1435		1438	1441		1444
London Paddington EL (PAD)	DLR 15 a	1415			1418	1421		1424	1427	1430	1433	1436	1439		1442	1445		1448
Acton Main Line (AML)	a							1430				1445						
Ealing Broadway (EAL)	DLR 3 a				1426			1433		1441	1444	1448						1456
West Ealing (WEA)	3 a							1436			1446	1451						
Hanwell (HAN)	a							1438				1453						
Southall (STL)	a				1432			1441		1445		1456						1502
Hayes & Harlington (HAY)	3 a				1435			1444		1449	1452	1459						1505
Heathrow Terminals 2 & 3 (HXX)	DLR a							1452			1500	1507						
Heathrow Terminal 4 (HAF)	DLR a							1458				1511						
Heathrow Terminal 5 (HWV)	DLR a										1506							
West Drayton (WDT)	a				1439					1452								1509
Iver (IVR)	a									1455								
Langley (LNY)	a				1443					1457								1513
Slough (SLO)	3 a				1447					1501								1517
Burnham (BNM)	a				1450					1505								1520
Taplow (TAP)	a				1453													1523
Maidenhead (MAI)	3 a				1456					1512								1526
Twyford (TWY)	3 a				1503													1533
Reading (RDG)	7 a				1512													1542

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	LE A	LE C	XR	XR	XR	XR	XR	XR	XR	XR	XR	LE D	LE A	XR	XR	LE E	XR	XR	XR
Shenfield (SNF)	3 d	1405	1408				1408		1414		1420	1421	1426		1426	1438			
Brentwood (BRE)	d						1412		1418		1424				1430				
Harold Wood (HRO)	d						1416		1422		1428				1434				
Gidea Park (GDP)	2 d				1413		1419		1425		1431				1437			1443	
Romford (RMF)	d				1416		1422		1428		1434		1433		1440			1446	
Chadwell Heath (CTH)	d				1419		1425		1431		1437				1443			1449	
Goodmayes (GMY)	d				1421		1427		1433		1439				1445			1451	
Seven Kings (SVK)	d				1423		1429		1435		1441				1447			1453	
Ilford (IFD)	2 d				1426		1432		1438		1444				1450			1456	
Manor Park (MNP)	d				1429		1435		1441		1447				1453			1459	
Forest Gate (FOG)	d				1432		1438		1444		1450				1456			1502	
Maryland (MYL)	d				1434		1440		1446		1452				1458			1504	
Stratford (SRA)	7 d	1420	1423		1437		1443		1449		1455	1436	1443		1501	1453		1507	
Abbey Wood (ABW)	d			1424		1430		1436		1442				1448			1454		1500
Woolwich (WWC)	d			1427		1433		1439		1445				1451			1457		1503
Custom House (CUS)	d			1431		1437		1443		1449				1455			1501		1507
Canary Wharf (CWX)	DLR d			1435		1441		1447		1453				1459			1505		1511
Whitechapel (ZLW)	DLR d			1439	1442	1445	1448	1451	1454	1457	1500			1503	1506		1509	1512	1515
London Liverpool Street (LST)	15 a	1428	1431									1444	1451			1501			
London Liverpool Street EL (LST)	4 a			1442	1445	1448	1451	1454	1457	1500	1503			1506	1509		1512	1515	1518
Farringdon (ZFD)	3 a			1445	1448	1451	1454	1457	1500	1503	1506			1509	1512		1515	1518	1521
Tottenham Court Road (TCR)	3 a			1448	1451	1454	1457	1500	1503	1506	1509			1512	1515		1518	1521	1524
Bond Street (BDS)	3 a			1450	1453	1456	1459	1502	1505	1508	1511			1514	1517		1520	1523	1526
London Paddington EL (PAD)	15 a			1454	1457	1500	1503	1506	1509	1512	1515			1518	1521		1524	1527	1530
Acton Main Line (AML)	a			1500				1515									1530		
Ealing Broadway (EAL)	3 a			1503		1511	1514	1518						1526			1533		1541
West Ealing (WEA)	3 a			1506			1516	1521									1536		
Hanwell (HAN)	a			1508				1523									1538		
Southall (STL)	a			1511		1515		1526						1532			1541		1545
Hayes & Harlington (HAY)	3 a			1514		1519	1522	1529						1535			1544		1549
Heathrow Terminals 2 & 3 (HXX)	3 a			1522			1530	1537									1552		
Heathrow Terminal 4 (HAF)	3 a			1528				1541									1558		
Heathrow Terminal 5 (HWV)	3 a						1536												
West Drayton (WDT)	a					1522								1539					1552
Iver (IVR)	a					1525													1555
Langley (LNY)	a					1527								1543					1557
Slough (SLO)	3 a					1531								1547					1601
Burnham (BNM)	a					1535								1550					1605
Taplow (TAP)	a													1553					
Maidenhead (MAI)	3 a					1542								1556					1612
Twyford (TWY)	3 a													1603					
Reading (RDG)	7 a													1612					

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Saturdays

Operator Days of operation/Notes	XR	XR	XR	LE A	XR	XR	LE F	XR	XR	LE A	LE C	XR	XR	XR	XR	XR	XR
Shenfield (SNF)	3 d	1438		1444	1446		1450	1451		1456	1505	1508				1508	1514
Brentwood (BRE)	d	1442		1448			1454			1500						1512	1518
Harold Wood (HRO)	d	1446		1452			1458			1504						1516	1522
Gidea Park (GDP)	2 d	1449		1455			1501			1507						1519	1525
Romford (RMF)	d	1452		1458	1453		1504			1510					1516	1522	1528
Chadwell Heath (CTH)	d	1455		1501			1507			1513					1519	1525	1531
Goodmayes (GMY)	d	1457		1503			1509			1515					1521	1527	1533
Seven Kings (SVK)	d	1459		1505			1511			1517					1523	1529	1535
Ilford (IFD)	2 d	1502		1508			1514			1520					1526	1532	1538
Manor Park (MNP)	d	1505		1511			1517			1523					1529	1535	1541
Forest Gate (FOG)	d	1508		1514			1520			1526					1532	1538	1544
Maryland (MYL)	d	1510		1516			1522			1528					1534	1540	1546
Stratford (SRA)	7 d	1513		1519	1503		1525	1506		1531	1520	1523			1537	1543	1549
Abbey Wood (ABW)	d		1506				1512			1518			1524		1530	1536	1542
Woolwich (WWC)	d		1509				1515			1521			1527		1533	1539	1545
Custom House (CUS)	d		1513				1519			1525			1531		1537	1543	1549
Canary Wharf (CWX)	DLR d		1517				1523			1529			1535		1541	1547	1553
Whitechapel (ZLW)	DLR d	1518	1521	1524		1527	1530		1533	1536			1539	1542	1545	1548	1551
London Liverpool Street (LST)	15 a				1511			1514			1528	1531					
London Liverpool Street EL (LST)	4 a	1521	1524	1527		1530	1533		1536	1539			1542	1545	1548	1551	1554
Farringdon (ZFD)	3 a	1524	1527	1530		1533	1536		1539	1542			1545	1548	1551	1554	1557
Tottenham Court Road (TCR)	3 a	1527	1530	1533		1536	1539		1542	1545			1548	1551	1554	1557	1600
Bond Street (BDS)	3 a	1529	1532	1535		1538	1541		1544	1547			1550	1553	1556	1559	1603
London Paddington EL (PAD)	15 a	1533	1536	1539		1542	1545		1548	1551			1554	1557	1600	1603	1606
Acton Main Line (AML)	a		1545										1600				1615
Ealing Broadway (EAL)	3 a	1544	1548					1556					1603		1611	1614	1618
West Ealing (WEA)	3 a	1546	1551										1606			1616	1621
Hanwell (HAN)	a		1553										1608				1623
Southall (STL)	a		1556					1602					1611		1615		1626
Hayes & Harlington (HAY)	3 a	1552	1559					1605					1614		1619	1622	1629
Heathrow Terminals 2 & 3 (HXX)	3 a	1600	1607										1622			1630	1637
Heathrow Terminal 4 (HAF)	3 a		1611										1628				1641
Heathrow Terminal 5 (HWV)	3 a	1606														1636	
West Drayton (WDT)	a							1609							1622		
Iver (IVR)	a														1625		
Langley (LNY)	a							1613							1627		
Slough (SLO)	3 a							1617							1631		
Burnham (BNM)	a							1620							1635		
Taplow (TAP)	a							1623									
Maidenhead (MAI)	3 a							1626							1642		
Twyford (TWY)	3 a							1633									
Reading (RDG)	7 a							1642									

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Saturdays

Operator Days of operation/Notes	XR	LE D	LE A	XR	XR	LE E	XR	XR	XR	XR	XR	XR	LE A	XR	XR	LE F	XR	XR
Shenfield (SNF)	3 d	1520	1521	1526		1526	1538				1538		1544	1546		1550	1551	1556
Brentwood (BRE)	d	1524				1530					1542		1548			1554		1600
Harold Wood (HRO)	d	1528				1534					1546		1552			1558		1604
Gidea Park (GDP)	2 d	1531				1537			1543		1549		1555			1601		1607
Romford (RMF)	d	1534		1533		1540			1546		1552		1558	1553		1604		1610
Chadwell Heath (CTH)	d	1537				1543			1549		1555		1601			1607		1613
Goodmayes (GMY)	d	1539				1545			1551		1557		1603			1609		1615
Seven Kings (SVK)	d	1541				1547			1553		1559		1606			1611		1617
Ilford (IFD)	2 d	1544				1550			1556		1602		1609			1614		1620
Manor Park (MNP)	d	1547				1553			1559		1605		1611			1617		1623
Forest Gate (FOG)	d	1550				1556			1602		1608		1614			1620		1626
Maryland (MYL)	d	1552				1558			1604		1610		1616			1622		1628
Stratford (SRA)	7 d	1555	1536	1544		1601	1553		1607		1613		1619	1603		1625	1606	1631
Abbey Wood (ABW)	d				1548		1554		1600		1606			1612			1618	
Woolwich (WWC)	d				1551		1557		1603		1609			1615			1621	
Custom House (CUS)	d				1555		1601		1607		1613			1619			1625	
Canary Wharf (CWX)	DLR d				1559		1605		1611		1617			1623			1629	
Whitechapel (ZLW)	7 d	1600			1603	1606	1609	1612	1615	1618	1621	1624		1627	1630		1633	1636
London Liverpool Street (LST)	15 a		1544	1552		1601							1611			1614		
London Liverpool Street EL (LST)	4 a	1603			1606	1609		1612	1615	1618	1621	1624	1627		1630	1633		1636
Farringdon (ZFD)	3 a	1606			1609	1612		1615	1618	1621	1624	1627	1630		1633	1636		1639
Tottenham Court Road (TCR)	7 a	1609			1612	1615		1618	1621	1624	1627	1630	1633		1636	1639		1642
Bond Street (BDS)	7 a	1611			1614	1617		1620	1623	1626	1629	1632	1635		1638	1641		1644
London Paddington EL (PAD)	15 a	1615			1618	1621		1624	1627	1630	1633	1636	1639		1642	1645		1648
Acton Main Line (AML)	a						1630				1645							
Ealing Broadway (EAL)	3 a				1626		1633		1641	1644	1648						1656	
West Ealing (WEA)	3 a						1636			1646	1651							
Hanwell (HAN)	a						1638				1653							
Southall (STL)	a				1632		1641		1645		1656						1702	
Hayes & Harlington (HAY)	3 a				1635		1644		1649	1652	1659						1705	
Heathrow Terminals 2 & 3 (HXX)	7 a						1652			1700	1707							
Heathrow Terminal 4 (HAF)	7 a						1658				1711							
Heathrow Terminal 5 (HWV)	7 a									1706								
West Drayton (WDT)	a				1639				1652								1709	
Iver (IVR)	a								1655									
Langley (LNY)	a				1643				1657								1713	
Slough (SLO)	3 a				1647				1701								1717	
Burnham (BNM)	a				1650				1705								1720	
Taplow (TAP)	a				1653												1723	
Maidenhead (MAI)	3 a				1656				1712								1726	
Twyford (TWY)	3 a				1703												1733	
Reading (RDG)	7 a				1712												1742	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A From Southend Victoria
D From Colchester Town
E From Braintree
F From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	LE A	LE C	XR	XR	XR	XR	XR	XR	XR	XR	XR	LE D	LE A	XR	XR	LE E	XR	XR	XR
Shenfield (SNF)	3 d	1605	1608				1608		1614		1620	1621	1626		1626	1638			
Brentwood (BRE)	d						1612		1618		1624				1630				
Harold Wood (HRO)	d						1616		1622		1628				1634				
Gidea Park (GDP)	2 d				1613		1619		1625		1631				1637			1643	
Romford (RMF)	d				1616		1622		1628		1634		1633		1640			1646	
Chadwell Heath (CTH)	d				1619		1625		1631		1637				1643			1649	
Goodmayes (GMY)	d				1621		1627		1633		1639				1645			1651	
Seven Kings (SVK)	d				1623		1629		1635		1641				1647			1653	
Ilford (IFD)	2 d				1626		1632		1638		1644				1650			1656	
Manor Park (MNP)	d				1629		1635		1641		1647				1653			1659	
Forest Gate (FOG)	d				1632		1638		1644		1650				1656			1702	
Maryland (MYL)	d				1634		1640		1646		1652				1658			1704	
Stratford (SRA)	7 d	1620	1623		1637		1643		1649		1655	1636	1643		1701	1654		1707	
Abbey Wood (ABW)	d			1624		1630		1636		1642				1648			1654		1700
Woolwich (WWC)	d			1627		1633		1639		1645				1651			1657		1703
Custom House (CUS)	d			1631		1637		1643		1649				1655			1701		1707
Canary Wharf (CWX)	DLR d			1635		1641		1647		1653				1659			1705		1711
Whitechapel (ZLW)	DLR d			1639	1642	1645	1648	1651	1654	1657	1700			1703	1706		1709	1712	1715
London Liverpool Street (LST)	15 a	1628	1631									1644	1651			1702			
London Liverpool Street EL (LST)	4 a			1642	1645	1648	1651	1654	1657	1700	1703			1706	1709		1712	1715	1718
Farringdon (ZFD)	3 a			1645	1648	1651	1654	1657	1700	1703	1706			1709	1712		1715	1718	1721
Tottenham Court Road (TCR)	3 a			1648	1651	1654	1657	1700	1703	1706	1709			1712	1715		1718	1721	1724
Bond Street (BDS)	3 a			1650	1653	1656	1659	1702	1705	1708	1711			1714	1717		1720	1723	1726
London Paddington EL (PAD)	15 a			1654	1657	1700	1703	1706	1709	1712	1715			1718	1721		1724	1727	1730
Acton Main Line (AML)	a			1700				1715									1730		
Ealing Broadway (EAL)	3 a			1703		1711	1714	1718						1726			1733		1741
West Ealing (WEA)	3 a			1706			1716	1721									1736		
Hanwell (HAN)	a			1708				1723									1738		
Southall (STL)	a			1711		1715		1726						1732			1741		1745
Hayes & Harlington (HAY)	3 a			1714		1719	1722	1729						1735			1744		1749
Heathrow Terminals 2 & 3 (HXX)	3 a			1722			1730	1737									1752		
Heathrow Terminal 4 (HAF)	3 a			1728				1741									1758		
Heathrow Terminal 5 (HWV)	3 a						1736												
West Drayton (WDT)	a					1722								1739					1752
Iver (IVR)	a					1725													1755
Langley (LNY)	a					1727								1743					1757
Slough (SLO)	3 a					1731								1747					1801
Burnham (BNM)	a					1735								1750					1805
Taplow (TAP)	a													1753					
Maidenhead (MAI)	3 a					1742								1756					1812
Twyford (TWY)	3 a													1803					
Reading (RDG)	7 a													1812					

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a** Arrival time
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- A** From Southend Victoria
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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	XR	XR	XR	LE A	XR	XR	LE F	XR	XR	LE A	LE C	XR	XR	XR	XR	XR	XR
Shenfield (SNF)	3 d	1638		1644	1646		1650	1651		1656	1705	1708				1708	1714
Brentwood (BRE)	d	1642		1648			1654			1700						1712	1718
Harold Wood (HRO)	d	1646		1652			1658			1704						1716	1722
Gidea Park (GDP)	2 d	1649		1655			1701			1707						1719	1725
Romford (RMF)	d	1652		1658	1653		1704			1710					1716	1722	1728
Chadwell Heath (CTH)	d	1655		1701			1707			1713					1719	1725	1731
Goodmayes (GMY)	d	1657		1703			1709			1715					1721	1727	1733
Seven Kings (SVK)	d	1659		1705			1711			1717					1723	1729	1735
Ilford (IFD)	2 d	1702		1708			1714			1720					1726	1732	1738
Manor Park (MNP)	d	1705		1711			1717			1723					1729	1735	1741
Forest Gate (FOG)	d	1708		1714			1720			1726					1732	1738	1744
Maryland (MYL)	d	1710		1716			1722			1728					1734	1740	1746
Stratford (SRA)	7 d	1713		1719	1703		1725	1706		1731	1720	1723			1737	1743	1749
Abbey Wood (ABW)	d		1706				1712			1718			1724		1730	1736	1742
Woolwich (WWC)	d		1709				1715			1721			1727		1733	1739	1745
Custom House (CUS)	d		1713				1719			1725			1731		1737	1743	1749
Canary Wharf (CWX)	DLR d		1717				1723			1729			1735		1741	1747	1753
Whitechapel (ZLW)	7 d	1718	1721	1724		1727	1730		1733	1736			1739	1742	1745	1748	1751
London Liverpool Street (LST)	15 a				1711			1714			1728	1731					
London Liverpool Street EL (LST)	4 a	1721	1724	1727		1730	1733		1736	1739			1742	1745	1748	1751	1754
Farringdon (ZFD)	3 a	1724	1727	1730		1733	1736		1739	1742			1745	1748	1751	1754	1757
Tottenham Court Road (TCR)	3 a	1727	1730	1733		1736	1739		1742	1745			1748	1751	1754	1757	1800
Bond Street (BDS)	3 a	1729	1732	1735		1738	1741		1744	1747			1750	1753	1756	1759	1803
London Paddington EL (PAD)	15 a	1733	1736	1739		1742	1745		1748	1751			1754	1757	1800	1803	1806
Acton Main Line (AML)	a		1745										1800			1815	
Ealing Broadway (EAL)	3 a	1744	1748					1756					1803		1811	1814	1818
West Ealing (WEA)	3 a	1746	1751										1806			1816	1821
Hanwell (HAN)	a		1753										1808			1823	
Southall (STL)	a		1756					1802					1811		1815	1826	
Hayes & Harlington (HAY)	3 a	1752	1759					1805					1814		1819	1822	1829
Heathrow Terminals 2 & 3 (HXX)	3 a	1800	1807										1822			1830	1837
Heathrow Terminal 4 (HAF)	3 a		1811										1828			1841	
Heathrow Terminal 5 (HWV)	3 a	1806														1836	
West Drayton (WDT)	a							1809							1822		
Iver (IVR)	a														1825		
Langley (LNY)	a							1813							1827		
Slough (SLO)	3 a							1817							1831		
Burnham (BNM)	a							1820							1835		
Taplow (TAP)	a							1823									
Maidenhead (MAI)	3 a							1826							1842		
Twyford (TWY)	3 a							1833									
Reading (RDG)	7 a							1842									

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a** Arrival time
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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	XR	LE D	LE A	XR	XR	LE E	XR	XR	XR	XR	XR	XR	LE A	XR	XR	LE F	XR	XR
Shenfield (SNF)	3 d	1720	1721	1726		1726	1738				1738		1744	1746		1750	1751	1756
Brentwood (BRE)	d	1724				1730					1742		1748			1754		1800
Harold Wood (HRO)	d	1728				1734					1746		1752			1758		1804
Gidea Park (GDP)	2 d	1731				1737			1743		1749		1755			1801		1807
Romford (RMF)	d	1734		1733		1740			1746		1752		1758	1753		1804		1810
Chadwell Heath (CTH)	d	1737				1743			1749		1755		1801			1807		1813
Goodmayes (GMY)	d	1739				1745			1751		1757		1803			1809		1815
Seven Kings (SVK)	d	1741				1747			1753		1759		1805			1811		1817
Ilford (IFD)	2 d	1744				1750			1756		1802		1808			1814		1820
Manor Park (MNP)	d	1747				1753			1759		1805		1811			1817		1823
Forest Gate (FOG)	d	1750				1756			1802		1808		1814			1820		1826
Maryland (MYL)	d	1752				1758			1804		1810		1816			1822		1828
Stratford (SRA)	7 d	1755	1736	1743		1801	1753		1807		1813		1819	1803		1825	1806	1831
Abbey Wood (ABW)	d				1748			1754		1800		1806			1812			1818
Woolwich (WWC)	d				1751			1757		1803		1809			1815			1821
Custom House (CUS)	d				1755			1801		1807		1813			1819			1825
Canary Wharf (CWX)	DLR d				1759			1805		1811		1817			1823			1829
Whitechapel (ZLW)	7 d	1800			1803	1806		1809	1812	1815	1818	1821	1824		1827	1830		1833
London Liverpool Street (LST)	15 a		1744	1751			1801							1811			1814	
London Liverpool Street EL (LST)	4 a	1803			1806	1809		1812	1815	1818	1821	1824	1827		1830	1833		1836
Farringdon (ZFD)	3 a	1806			1809	1812		1815	1818	1821	1824	1827	1830		1833	1836		1839
Tottenham Court Road (TCR)	7 a	1809			1812	1815		1818	1821	1824	1827	1830	1833		1836	1839		1842
Bond Street (BDS)	7 a	1811			1814	1817		1820	1823	1826	1829	1832	1835		1838	1841		1844
London Paddington EL (PAD)	15 a	1815			1818	1821		1824	1827	1830	1833	1836	1839		1842	1845		1848
Acton Main Line (AML)	a							1830				1845						
Ealing Broadway (EAL)	3 a				1826			1833		1841	1844	1848						1856
West Ealing (WEA)	3 a							1836			1846	1851						
Hanwell (HAN)	a							1838				1853						
Southall (STL)	a				1832			1841		1845		1856						1902
Hayes & Harlington (HAY)	3 a				1835			1844		1849	1852	1859						1905
Heathrow Terminals 2 & 3 (HXX)	7 a							1852			1900	1907						
Heathrow Terminal 4 (HAF)	7 a							1858				1911						
Heathrow Terminal 5 (HWV)	7 a										1906							
West Drayton (WDT)	a				1839					1852								1909
Iver (IVR)	a									1855								
Langley (LNY)	a				1843					1857								1913
Slough (SLO)	3 a				1847					1901								1917
Burnham (BNM)	a				1850					1905								1920
Taplow (TAP)	a				1853													1923
Maidenhead (MAI)	3 a				1856					1912								1926
Twyford (TWY)	3 a				1903													1933
Reading (RDG)	7 a				1912													1942

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	LE A	LE C	XR	XR	XR	XR	XR	XR	XR	XR	XR	LE D	LE A	XR	XR	LE E	XR	XR	XR
Shenfield (SNF)	3 d	1805	1808				1808		1814		1820	1821	1826		1826	1838			
Brentwood (BRE)	d						1812		1818		1824				1830				
Harold Wood (HRO)	d						1816		1822		1828				1834				
Gidea Park (GDP)	2 d				1813		1819		1825		1831				1837			1843	
Romford (RMF)	d				1816		1822		1828		1834		1833		1840			1846	
Chadwell Heath (CTH)	d				1819		1825		1831		1837				1843			1849	
Goodmayes (GMY)	d				1821		1827		1833		1839				1845			1851	
Seven Kings (SVK)	d				1823		1829		1835		1841				1847			1853	
Ilford (IFD)	2 d				1826		1832		1838		1844				1850			1856	
Manor Park (MNP)	d				1829		1835		1841		1847				1853			1859	
Forest Gate (FOG)	d				1832		1838		1844		1850				1856			1902	
Maryland (MYL)	d				1834		1840		1846		1852				1858			1904	
Stratford (SRA)	7 d	1820	1823		1837		1843		1849		1855	1836	1843		1901	1853		1907	
Abbey Wood (ABW)	d			1824		1830		1836		1842				1848			1854		1900
Woolwich (WWC)	d			1827		1833		1839		1845				1851			1857		1903
Custom House (CUS)	d			1831		1837		1843		1849				1855			1901		1907
Canary Wharf (CWX)	DLR d			1835		1841		1847		1853				1859			1905		1911
Whitechapel (ZLW)	7 d			1839	1842	1845	1848	1851	1854	1857	1900			1903	1906		1909	1912	1915
London Liverpool Street (LST)	15 a	1828	1831									1844	1851			1901			
London Liverpool Street EL (LST)	4 a			1842	1845	1848	1851	1854	1857	1900	1903			1906	1909		1912	1915	1918
Farringdon (ZFD)	3 a			1845	1848	1851	1854	1857	1900	1903	1906			1909	1912		1915	1918	1921
Tottenham Court Road (TCR)	3 a			1848	1851	1854	1857	1900	1903	1906	1909			1912	1915		1918	1921	1924
Bond Street (BDS)	3 a			1850	1853	1856	1859	1902	1905	1908	1911			1914	1917		1920	1923	1926
London Paddington EL (PAD)	15 a			1854	1857	1900	1903	1906	1909	1912	1915			1918	1921		1924	1927	1930
Acton Main Line (AML)	a			1900				1915									1930		
Ealing Broadway (EAL)	3 a			1903		1911	1914	1918						1926			1933		1941
West Ealing (WEA)	3 a			1906			1916	1921									1936		
Hanwell (HAN)	a			1908				1923									1938		
Southall (STL)	a			1911		1915		1926						1932			1941		1945
Hayes & Harlington (HAY)	3 a			1914		1919	1922	1929						1935			1944		1949
Heathrow Terminals 2 & 3 (HXX)	3 a			1922			1930	1937									1952		
Heathrow Terminal 4 (HAF)	3 a			1928				1941									1958		
Heathrow Terminal 5 (HWV)	3 a						1936												
West Drayton (WDT)	a					1922								1939					1952
Iver (IVR)	a					1925													1955
Langley (LNY)	a					1927								1943					1957
Slough (SLO)	3 a					1931								1947					2001
Burnham (BNM)	a					1935								1950					2005
Taplow (TAP)	a													1953					
Maidenhead (MAI)	3 a					1942								1956					2012
Twyford (TWY)	3 a													2003					
Reading (RDG)	7 a													2012					

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Saturdays

Operator Days of operation/Notes	XR	XR	XR	LE A	XR	XR	LE F	XR	XR	LE A	LE C	XR	XR	XR	XR	XR	XR
Shenfield (SNF)	3 d	1838		1844	1846		1850	1851		1856	1905	1908				1908	1914
Brentwood (BRE)	d	1842		1848			1854			1900						1912	1918
Harold Wood (HRO)	d	1846		1852			1858			1904						1916	1922
Gidea Park (GDP)	2 d	1849		1855			1901			1907				1913		1919	1925
Romford (RMF)	d	1852		1858	1853		1904			1910				1916		1922	1928
Chadwell Heath (CTH)	d	1855		1901			1907			1913				1919		1925	1931
Goodmayes (GMY)	d	1857		1903			1909			1915				1921		1927	1933
Seven Kings (SVK)	d	1859		1905			1911			1917				1923		1929	1935
Ilford (IFD)	2 d	1902		1908			1914			1920				1926		1932	1938
Manor Park (MNP)	d	1905		1911			1917			1923				1929		1935	1941
Forest Gate (FOG)	d	1908		1914			1920			1926				1932		1938	1944
Maryland (MYL)	d	1910		1916			1922			1928				1934		1940	1946
Stratford (SRA)	7 d	1913		1919	1903		1925	1906		1931	1920	1923		1937		1943	1949
Abbey Wood (ABW)	d		1906			1912			1918				1924		1930	1936	1942
Woolwich (WWC)	d		1909			1915			1921				1927		1933	1939	1945
Custom House (CUS)	d		1913			1919			1925				1931		1937	1943	1949
Canary Wharf (CWX)	DLR d		1917			1923			1929				1935		1941	1947	1953
Whitechapel (ZLW)	DLR d	1918	1921	1924		1927	1930		1933	1936			1939	1942	1945	1948	1951
London Liverpool Street (LST)	15 a				1911			1914			1928	1931					
London Liverpool Street EL (LST)	4 a	1921	1924	1927		1930	1933		1936	1939			1942	1945	1948	1951	1954
Farringdon (ZFD)	3 a	1924	1927	1930		1933	1936		1939	1942			1945	1948	1951	1954	1957
Tottenham Court Road (TCR)	3 a	1927	1930	1933		1936	1939		1942	1945			1948	1951	1954	1957	2000
Bond Street (BDS)	3 a	1929	1932	1935		1938	1941		1944	1947			1950	1953	1956	1959	2002
London Paddington EL (PAD)	15 a	1933	1936	1939		1942	1945		1948	1951			1954	1957	2000	2003	2006
Acton Main Line (AML)	a		1945										2000				2015
Ealing Broadway (EAL)	3 a	1944	1948					1956					2003		2011	2014	2018
West Ealing (WEA)	3 a	1946	1951										2006			2016	2021
Hanwell (HAN)	a		1953										2008				2023
Southall (STL)	a		1956					2002					2011		2015		2026
Hayes & Harlington (HAY)	3 a	1952	1959					2005					2014		2019	2022	2029
Heathrow Terminals 2 & 3 (HXX)	3 a	2000	2007										2022			2030	2037
Heathrow Terminal 4 (HAF)	3 a		2011										2028				2041
Heathrow Terminal 5 (HWV)	3 a	2006														2036	
West Drayton (WDT)	a							2009								2022	
Iver (IVR)	a															2025	
Langley (LNY)	a							2013								2027	
Slough (SLO)	3 a							2017								2031	
Burnham (BNM)	a							2020								2035	
Taplow (TAP)	a							2023									
Maidenhead (MAI)	3 a							2026							2042		
Twyford (TWY)	3 a							2033									
Reading (RDG)	7 a							2042									

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a** Arrival time
- d** Departure time
- A** From Southend Victoria
- C** From Clacton-on-Sea
- F** From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	XR	LE D	LE A	XR	XR	LE E	XR	XR	XR	XR	LE A	XR	XR	LE F	XR	XR	XR	XR
Shenfield (SNF)	3 d	1920	1921	1926		1926	1938				1941	1946		1948	1951		1956	2003
Brentwood (BRE)	d	1924				1930					1945			1952			2000	2007
Harold Wood (HRO)	d	1928				1934					1949			1956			2004	2011
Gidea Park (GDP)	2 d	1931				1937			1944		1952			1959			2007	2014
Romford (RMF)	d	1934		1933		1940			1947		1955	1953		2002			2010	2017
Chadwell Heath (CTH)	d	1937				1943			1950		1958			2005			2013	2020
Goodmayes (GMY)	d	1939				1945			1952		2000			2007			2015	2022
Seven Kings (SVK)	d	1941				1947			1954		2002			2009			2017	2024
Ilford (IFD)	2 d	1944				1950			1957		2005			2012			2020	2028
Manor Park (MNP)	d	1947				1953			2000		2008			2015			2023	2030
Forest Gate (FOG)	d	1950				1956			2003		2011			2018			2026	2033
Maryland (MYL)	d	1952				1958			2005		2013			2020			2028	2035
Stratford (SRA)	DLR 7 d	1955	1936	1943		2001	1953		2008		2016	2003		2023	2006		2031	2038
Abbey Wood (ABW)	d				1948			1954		2000			2009			2017		2024
Woolwich (WWC)	d				1951			1957		2004			2012			2020		2027
Custom House (CUS)	d				1955			2001		2008			2016			2024		2031
Canary Wharf (CWX)	DLR d				1959			2005		2012			2020			2028		2035
Whitechapel (ZLW)	DLR d	2000			2003	2006		2009	2013	2017	2021		2024	2028		2032	2036	2039
London Liverpool Street (LST)	DLR 15 a		1944	1951			2001					2011			2014			
London Liverpool Street EL (LST)	DLR 4 a	2003			2006	2009		2012	2016	2020	2024		2027	2031		2035	2039	2042
Farringdon (ZFD)	DLR 3 a	2006			2009	2012		2015	2019	2023	2027		2030	2034		2038	2042	2045
Tottenham Court Road (TCR)	DLR a	2009			2012	2015		2018	2022	2026	2030		2033	2037		2041	2045	2048
Bond Street (BDS)	DLR a	2011			2014	2017		2020	2024	2028	2032		2035	2039		2043	2047	2050
London Paddington EL (PAD)	DLR 15 a	2015			2018	2021		2024	2028	2032	2036		2039	2043		2047	2051	2054
Acton Main Line (AML)	a							2030					2045					2100
Ealing Broadway (EAL)	DLR 3 a				2026			2033		2041	2044		2048			2056		2103
West Ealing (WEA)	3 a							2036			2046		2051					2106
Hanwell (HAN)	a							2038					2053					2108
Southall (STL)	a				2032			2041		2045			2056			2102		2111
Hayes & Harlington (HAY)	3 a				2035			2044		2049	2052		2059			2105		2114
Heathrow Terminals 2 & 3 (HXX)	DLR a							2052			2100		2107					2122
Heathrow Terminal 4 (HAF)	DLR a							2058					2113					2128
Heathrow Terminal 5 (HWV)	DLR a										2106							
West Drayton (WDT)	a				2039					2052						2109		
Iver (IVR)	a									2055								
Langley (LNY)	a				2043					2057						2113		
Slough (SLO)	3 a				2047					2101						2117		
Burnham (BNM)	a				2050					2105						2120		
Taplow (TAP)	a				2053											2123		
Maidenhead (MAI)	3 a				2056					2112						2126		
Twyford (TWY)	3 a				2103											2133		
Reading (RDG)	7 a				2112											2141		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a** Arrival time
- d** Departure time
- A** From Southend Victoria
- D** From Colchester Town
- E** From Braintree
- F** From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	LE A	LE C	XR	XR	XR	XR	LE D	LE A	XR	XR	XR	XR	LE E	XR	XR	LE A	XR	XR
Shenfield (SNF)	3 d	2005	2008		2011		2018	2021	2026		2026		2033	2038		2041	2046	2048
Brentwood (BRE)	d				2015		2022				2030		2037			2045		2052
Harold Wood (HRO)	d				2019		2026				2034		2041			2049		2056
Gidea Park (GDP)	2 d				2022		2029				2037		2044			2052		2059
Romford (RMF)	d				2025		2032		2033		2040		2047			2055	2053	2102
Chadwell Heath (CTH)	d				2028		2035				2043		2050			2058		2105
Goodmayes (GMY)	d				2030		2037				2045		2052			2100		2107
Seven Kings (SVK)	d				2032		2039				2047		2054			2102		2109
Ilford (IFD)	2 d				2036		2043				2051		2058			2106		2113
Manor Park (MNP)	d				2038		2045				2053		2100			2108		2115
Forest Gate (FOG)	d				2041		2048				2056		2103			2111		2118
Maryland (MYL)	d				2043		2050				2058		2105			2113		2120
Stratford (SRA)	7 d	2020	2023		2046		2053	2036	2043		2101		2108	2053		2116	2103	2123
Abbey Wood (ABW)	d			2032		2039				2047		2054			2102		2109	
Woolwich (WWC)	d			2035		2042				2050		2057			2105		2112	
Custom House (CUS)	d			2039		2046				2054		2101			2109		2116	
Canary Wharf (CWX)	DLR d			2043		2050				2058		2105			2113		2120	
Whitechapel (ZLW)	DLR d			2047	2051	2054	2058			2102	2106	2109	2113		2117	2121	2124	2128
London Liverpool Street (LST)	15 a	2028	2031					2044	2051					2101		2111		
London Liverpool Street EL (LST)	4 a			2050	2054	2057	2101			2105	2109	2112	2116		2120	2124	2127	2131
Farringdon (ZFD)	3 a			2053	2057	2100	2104			2108	2112	2115	2119		2123	2127	2130	2134
Tottenham Court Road (TCR)	3 a			2056	2100	2103	2107			2111	2115	2118	2122		2126	2130	2133	2137
Bond Street (BDS)	3 a			2058	2102	2105	2109			2113	2117	2120	2124		2128	2132	2135	2139
London Paddington EL (PAD)	15 a			2102	2106	2109	2113			2117	2121	2124	2128		2132	2136	2139	2143
Acton Main Line (AML)	a					2115						2130					2145	
Ealing Broadway (EAL)	3 a			2111	2114	2118				2126		2133			2141	2144	2148	
West Ealing (WEA)	3 a				2116	2121						2136				2146	2151	
Hanwell (HAN)	a					2123						2138					2153	
Southall (STL)	a			2115		2126				2132		2141			2145		2156	
Hayes & Harlington (HAY)	3 a			2119	2122	2129				2135		2144			2149	2152	2159	
Heathrow Terminals 2 & 3 (HXX)	3 a				2130	2137						2152				2200	2207	
Heathrow Terminal 4 (HAF)	3 a					2143						2158					2213	
Heathrow Terminal 5 (HWV)	3 a				2136											2206		
West Drayton (WDT)	a			2122						2139					2152			
Iver (IVR)	a			2125											2155			
Langley (LNY)	a			2127						2143					2157			
Slough (SLO)	3 a			2131						2147					2201			
Burnham (BNM)	a			2135						2150					2205			
Taplow (TAP)	a									2153								
M Maidenhead (MAI)	3 a			2142						2156					2212			
Twyford (TWY)	3 a									2203								
Reading (RDG)	7 a									2211								

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a** Arrival time
- d** Departure time
- A** From Southend Victoria
- C** From Clacton-on-Sea
- D** From Colchester Town
- E** From Braintree

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	LE F	XR	XR	XR	XR	LE A	LE C	XR	XR	XR	XR	LE D	XR	XR	LE A	XR	XR	XR
Shenfield (SNF)	3 d	2051		2056		2103	2105	2108		2111		2118	2121		2126	2133		2136
Brentwood (BRE)	d			2100		2107				2115		2122			2130			2140
Harold Wood (HRO)	d			2104		2111				2119		2126			2134			2144
Gidea Park (GDP)	2 d			2107		2114				2122		2129			2137			2147
Romford (RMF)	d			2110		2117				2125		2132			2140	2140		2150
Chadwell Heath (CTH)	d			2113		2120				2128		2135			2143			2153
Goodmayes (GMY)	d			2115		2122				2130		2137			2145			2155
Seven Kings (SVK)	d			2117		2124				2132		2139			2147			2157
Ilford (IFD)	2 d			2121		2128				2136		2143			2151			2201
Manor Park (MNP)	d			2123		2130				2138		2145			2153			2203
Forest Gate (FOG)	d			2126		2133				2141		2148			2156			2206
Maryland (MYL)	d			2128		2135				2143		2150			2158			2208
Stratford (SRA)	7 d	2106		2131		2138	2120	2123		2146		2153	2136		2201	2150		2211
Abbey Wood (ABW)	d			2117		2124				2132		2139			2147		2154	2158
Woolwich (WWC)	d			2120		2127				2135		2142			2150		2157	2201
Custom House (CUS)	d			2124		2131				2139		2146			2154		2201	2205
Canary Wharf (CWX)	DLR d			2128		2135				2143		2150			2158		2205	2209
Whitechapel (ZLW)	DLR d			2132	2136	2139	2143			2147	2151	2154	2158		2202	2206	2209	2213
London Liverpool Street (LST)	15 a	2114					2128	2131					2144			2158		2217
London Liverpool Street EL (LST)	4 a			2135	2139	2142	2146			2150	2154	2157	2201		2205	2209	2212	2216
Farringdon (ZFD)	3 a			2138	2142	2145	2149			2153	2157	2200	2204		2208	2212	2215	2219
Tottenham Court Road (TCR)	3 a			2141	2145	2148	2152			2156	2200	2203	2207		2211	2215	2218	2222
Bond Street (BDS)	3 a			2143	2147	2150	2154			2158	2202	2205	2209		2213	2217	2220	2224
London Paddington EL (PAD)	15 a			2147	2151	2154	2158			2202	2206	2209	2213		2217	2221	2224	2228
Acton Main Line (AML)	a					2200						2215				2230		
Ealing Broadway (EAL)	3 a			2156		2203				2211	2214	2218			2226	2233		
West Ealing (WEA)	3 a					2206					2216	2221				2236		
Hanwell (HAN)	a					2208						2223				2238		
Southall (STL)	a			2202		2211				2215		2226			2232	2241		
Hayes & Harlington (HAY)	3 a			2205		2214				2219	2222	2229			2235	2244		
Heathrow Terminals 2 & 3 (HXX)	3 a					2222					2230	2237				2252		
Heathrow Terminal 4 (HAF)	3 a					2228						2243				2256		
Heathrow Terminal 5 (HWV)	3 a										2236							
West Drayton (WDT)	a			2209						2222					2239			
Iver (IVR)	a									2225					2241			
Langley (LNY)	a			2213						2227					2244			
Slough (SLO)	3 a			2217						2231					2248			
Burnham (BNM)	a			2220						2235					2251			
Taplow (TAP)	a			2223											2254			
Maidenhead (MAI)	3 a			2226						2242					2257			
Twyford (TWY)	3 a			2233											2304			
Reading (RDG)	7 a			2241											2311			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a** Arrival time
- d** Departure time
- A** From Southend Victoria
- C** From Clacton-on-Sea
- D** From Colchester Town
- F** From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes Catering facilities	LE E	XR	XR	LE G	XR	XR	LE A	XR	XR	LE C	XR	XR	LE D	XR	XR	LE H CP	LE A	XR
Shenfield (SNF)	3 d	2138		2146	2151		2156	2203		2206	2208		2216	2221		2226	2232	2234
Brentwood (BRE)	d			2150			2200			2210			2220			2230		
Harold Wood (HRO)	d			2154			2204			2214			2224			2234		
Gidea Park (GDP)	2 d			2157			2207			2217			2227			2237		
Romford (RMF)	d			2200			2210	2210		2220			2230			2240	2241	
Chadwell Heath (CTH)	d			2203			2213			2223			2233			2243		
Goodmayes (GMY)	d			2205			2215			2225			2235			2245		
Seven Kings (SVK)	d			2207			2217			2227			2237			2247		
Ilford (IFD)	2 d			2211			2221			2231			2241			2251		
Manor Park (MNP)	d			2213			2223			2233			2243			2253		
Forest Gate (FOG)	d			2216			2226			2237			2246			2256		
Maryland (MYL)	d			2218			2228			2239			2248			2258		
Stratford (SRA)	7 d	2153		2221	2206		2231	2220		2241	2223		2251	2236		2301	2247s	2251
Abbey Wood (ABW)	d			2206			2216			2226			2236			2246		2256
Woolwich (WWC)	d			2209			2219			2229			2239			2249		2259
Custom House (CUS)	d			2213			2223			2233			2243			2253		2303
Canary Wharf (CWX)	d			2217			2227			2237			2247			2257		2307
Whitechapel (ZLW)	d			2221			2231			2241			2251			2301	2306	2311
London Liverpool Street (LST)	15 a	2201		2226	2214		2236	2228		2246	2231		2256	2244		2306	2255	2259
London Liverpool Street EL (LST)	4 a			2224	2229		2234	2239		2244	2249		2254	2259		2304	2309	2314
Farringdon (ZFD)	3 a			2227	2232		2237	2242		2247	2252		2257	2302		2307	2312	2317
Tottenham Court Road (TCR)	a			2230	2235		2240	2245		2250	2255		2300	2305		2310	2315	2320
Bond Street (BDS)	a			2232	2237		2242	2247		2252	2257		2302	2307		2312	2317	2322
London Paddington EL (PAD)	15 a			2236	2241		2246	2251		2256	2301		2306	2311		2316	2323	2326
Acton Main Line (AML)	a			2245			2300						2315			2330		
Ealing Broadway (EAL)	3 a			2248			2303						2318			2333		
West Ealing (WEA)	3 a			2251			2306						2321			2336		
Hanwell (HAN)	a			2253			2308						2323			2338		
Southall (STL)	a			2256			2302	2311					2326			2332	2341	
Hayes & Harlington (HAY)	3 a			2259			2305	2314					2329			2335	2344	
Heathrow Terminals 2 & 3 (HXX)	a			2307				2322					2337				2352	
Heathrow Terminal 4 (HAF)	a							2327									2357	
Heathrow Terminal 5 (HWV)	a			2311									2341					
West Drayton (WDT)	a						2309									2339		
Iver (IVR)	a						2311									2341		
Langley (LNY)	a						2314									2348		
Slough (SLO)	3 a						2318									2353		
Burnham (BNM)	a						2321									2356		
Taplow (TAP)	a						2324									2359		
Maidenhead (MAI)	3 a						2327									0003		
Twyford (TWY)	3 a						2334											
Reading (RDG)	7 a						2342											

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only
- A From Southend Victoria
- C From Clacton-on-Sea
- D From Colchester Town
- E From Braintree
- G From Harwich International
- H From Norwich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	XR	XR	XR	LE F	XR	XR	LE A	LE C	XR	XR	LE F	XR	XR	LE H	LE A	XR	XR	XR	
Shenfield (SNF)	3 d	2236		2246	2251		2256	2303	2308		2311	2321		2326	2332	2339		2341	2356
Brentwood (BRE)	d	2240		2250			2300				2315			2330				2345	2359
Harold Wood (HRO)	d	2244		2254			2304				2319			2334				2349	0004
Gidea Park (GDP)	2 d	2247		2257			2307				2322			2337				2352	0007
Romford (RMF)	d	2250		2300			2310	2310			2325			2340		2346		2355	0010
Chadwell Heath (CTH)	d	2253		2303			2313				2328			2343				2358	0013
Goodmayes (GMY)	d	2255		2305			2315				2330			2345				0001	0015
Seven Kings (SVK)	d	2257		2307			2317				2332			2347				0002	0017
Ilford (IFD)	2 d	2301		2311			2321				2336			2351				0006	0021
Manor Park (MNP)	d	2303		2313			2323				2338			2353				0008	0023
Forest Gate (FOG)	d	2306		2316			2326				2341			2356				0011	0026
Maryland (MYL)	d	2308		2318			2328				2343			2358				0013	0028
Stratford (SRA)	DLR 7 d	2311		2321	2307		2331	2320	2323		2346	2336		0001	2347s	2356		0016	0031
Abbey Wood (ABW)	d		2306			2316				2328			2343				2358		
Woolwich (WWC)	d		2309			2319				2331			2346				0001		
Custom House (CUS)	d		2313			2323				2335			2350				0005		
Canary Wharf (CWX)	DLR d		2317			2327				2339			2354				0009		
Whitechapel (ZLW)	DLR d	2316	2321	2326		2331	2336			2343	2351		2358	0006			0013	0021	
London Liverpool Street (LST)	15 a				2315			2328	2331			2344		2355	0004				0039
London Liverpool Street EL (LST)	4 a	2319	2324	2329		2334	2339			2346	2354		0001	0009			0016	0024	
Farringdon (ZFD)	3 a	2322	2327	2332		2337	2342			2349	2357		0004	0012			0019	0027	
Tottenham Court Road (TCR)	3 a	2325	2330	2335		2340	2345			2352	2359		0007	0015			0022	0030	
Bond Street (BDS)	3 a	2327	2332	2337		2342	2347			2354	0002		0009	0017			0024	0032	
London Paddington EL (PAD)	15 a	2331	2336	2341		2346	2351			2358	0006		0013	0021			0028	0036	
Acton Main Line (AML)	a		2342																
Ealing Broadway (EAL)	3 a		2345							0008			0028						
West Ealing (WEA)	3 a		2348																
Hanwell (HAN)	a		2350																
Southall (STL)	a		2353							0012			0032						
Hayes & Harlington (HAY)	3 a		2357							0016			0036						
Heathrow Terminals 2 & 3 (HXX)	3 ← a																		
Heathrow Terminal 4 (HAF)	3 ← a																		
Heathrow Terminal 5 (HWV)	3 ← a																		
West Drayton (WDT)	a									0019			0039						
Iver (IVR)	a									0022			0042						
Langley (LNY)	a									0024			0044						
Slough (SLO)	3 a									0028			0048						
Burnham (BNM)	a																		
Taplow (TAP)	a																		
Maidenhead (MAI)	3 a									0038			0058						
Twyford (TWY)	3 a																		
Reading (RDG)	7 a																		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time
s Stops to set down only

A From Southend Victoria
C From Clacton-on-Sea
F From Ipswich
H From Norwich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Sundays

Operator Days of operation/Notes	XR	XR	XR	XR	XR	XR	LE A	XR	XR	LE B	XR	XR	LE A	XR	XR	LE C	XR	XR
Shenfield (SNF) 3 d						0641	0652		0656	0708		0711	0722		0726	0737		0741
Brentwood (BRE) d						0645			0700			0715			0730			0745
Harold Wood (HRO) d						0649			0704			0719			0734			0749
Gidea Park (GDP) 2 d	0552	0607	0622	0637		0652			0707			0722			0737			0752
Romford (RMF) d	0555	0610	0625	0640		0655	0704		0710	0720		0725	0734		0740	0749		0755
Chadwell Heath (CTH) d	0558	0613	0628	0643		0658			0713			0728			0743			0758
Goodmayes (GMY) d	0600	0615	0630	0645		0700			0715			0730			0745			0800
Seven Kings (SVK) d	0602	0617	0632	0647		0702			0717			0732			0747			0802
Ilford (IFD) 2 d	0606	0621	0636	0651		0706			0721			0736			0751			0806
Manor Park (MNP) d	0608	0623	0638	0653		0708			0723			0738			0753			0808
Forest Gate (FOG) d	0611	0626	0641	0656		0711			0726			0741			0756			0811
Maryland (MYL) d	0613	0628	0643	0658		0713			0728			0743			0758			0813
Stratford (SRA) 7 d	0616	0631	0646	0701		0716	0719		0731	0734		0746	0749		0801	0804		0816
Abbey Wood (ABW) d					0658			0713			0729			0744			0759	
Woolwich (WWC) d					0701			0716			0732			0747			0802	
Custom House (CUS) d					0705			0720			0736			0751			0806	
Canary Wharf (CWX) DLR d					0709			0724			0740			0755			0810	
Whitechapel (ZLW) 7 d					0713			0728			0744	0751		0759	0806		0814	0821
London Liverpool Street (LST) 15 a	0623	0638	0653	0708		0724	0727		0739	0742			0757			0812		
London Liverpool Street EL (LST) 4 a					0716			0731			0747	0754		0802	0809		0817	0824
Farringdon (ZFD) 3 a					0719			0734			0750	0757		0805	0812		0820	0827
Tottenham Court Road (TCR) 7 a					0722			0737			0753	0800		0808	0815		0823	0830
Bond Street (BDS) 7 a					0724			0739			0755	0802		0810	0817		0825	0832
London Paddington EL (PAD) 15 a					0728			0743			0759	0806		0814	0821		0829	0836
Acton Main Line (AML) a											0809				0829		0839	
Ealing Broadway (EAL) 3 a											0812			0826	0832		0842	
West Ealing (WEA) 3 a											0815				0835		0845	
Hanwell (HAN) a											0817				0837		0847	
Southall (STL) a											0820			0831	0840		0850	
Hayes & Harlington (HAY) 3 a											0823			0834	0843		0853	
Heathrow Terminals 2 & 3 (HXX) 7 a											0832				0851		0902	
Heathrow Terminal 4 (HAF) 7 a															0857			
Heathrow Terminal 5 (HWV) 7 a											0836						0906	
West Drayton (WDT) a														0838				
Iver (IVR) a														0840				
Langley (LNY) a														0843				
Slough (SLO) 3 a														0847				
Burnham (BNM) a														0850				
Taplow (TAP) a														0853				
Maidenhead (MAI) 3 a														0856				
Twyford (TWY) 3 a														0903				
Reading (RDG) 7 a														0910				

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time
- A From Southend Victoria
B From Chelmsford
C From Colchester

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Sundays

Operator Days of operation/Notes	LE A	XR	XR	LE C	XR	XR	LE A	XR	XR	LE D	XR	XR	XR	XR	LE A	XR	XR	LE E
Shenfield (SNF) 3 d	0752		0756	0807		0811	0823		0826	0838		0841		0856	0900		0911	0912
Brentwood (BRE) d			0800			0815			0830			0845		0900			0915	
Harold Wood (HRO) d			0804			0819			0834			0849		0904			0919	
Gidea Park (GDP) 2 d			0807			0822			0837			0852		0907			0922	
Romford (RMF) d	0804		0810			0825	0834		0840			0855		0910	0907		0925	
Chadwell Heath (CTH) d			0813			0828			0843			0858		0913			0928	
Goodmayes (GMY) d			0815			0830			0845			0900		0915			0930	
Seven Kings (SVK) d			0817			0832			0847			0902		0917			0932	
Ilford (IFD) 2 d			0821			0836			0851			0906		0921			0936	
Manor Park (MNP) d			0823			0838			0853			0908		0923			0938	
Forest Gate (FOG) d			0826			0841			0856			0911		0926			0941	
Maryland (MYL) d			0828			0843			0858			0913		0928			0943	
Stratford (SRA) DLR 7 d	0819		0831	0834		0846	0852		0901	0904		0916		0931	0917		0946	0927
Abbey Wood (ABW) d			0814			0829			0844			0859		0914			0929	
Woolwich (WWC) d			0817			0832			0847			0902		0917			0932	
Custom House (CUS) d			0821			0836			0851			0906		0921			0936	
Canary Wharf (CWX) DLR d			0825			0840			0855			0910		0925			0940	
Whitechapel (ZLW) DLR d			0829	0836		0844	0851		0859	0906		0914	0921	0929	0936		0944	0951
London Liverpool Street (LST) DLR 15 a	0827			0842			0900			0912					0925			0935
London Liverpool Street EL (LST) DLR 4 a			0832	0839		0847	0854		0902	0909		0917	0924	0932	0939		0947	0954
Farringdon (ZFD) DLR 3 a			0835	0842		0850	0857		0905	0912		0920	0927	0935	0942		0950	0957
Tottenham Court Road (TCR) DLR a			0838	0845		0853	0900		0908	0915		0923	0930	0938	0945		0953	1000
Bond Street (BDS) DLR a			0840	0847		0855	0902		0910	0917		0925	0932	0940	0947		0955	1002
London Paddington EL (PAD) DLR 15 a			0844	0851		0859	0906		0914	0921		0929	0936	0944	0951		0959	1006
Acton Main Line (AML) a			0859			0909			0930						1000			
Ealing Broadway (EAL) DLR 3 a			0856	0902		0912			0926	0933		0944		0956	1003		1014	
West Ealing (WEA) DLR a			0905			0915			0936			0946			1006		1016	
Hanwell (HAN) a			0907			0917			0938						1008			
Southall (STL) a			0901	0910		0920			0931	0941				1001	1011			
Hayes & Harlington (HAY) DLR a			0904	0913		0923			0934	0944		0952		1004	1014		1022	
Heathrow Terminals 2 & 3 (HXX) DLR a				0921		0932				0952		1000			1022		1030	
Heathrow Terminal 4 (HAF) DLR a				0927						0957					1027			
Heathrow Terminal 5 (HWV) DLR a						0936						1006					1036	
West Drayton (WDT) a			0908						0938					1008				
Iver (IVR) a			0910						0940					1010				
Langley (LNY) a			0913						0943					1013				
Slough (SLO) DLR a			0917						0947					1017				
Burnham (BNM) a			0920						0950					1020				
Taplow (TAP) a			0923						0953					1023				
Maidenhead (MAI) DLR a			0926						0956					1026				
Twyford (TWY) DLR a			0933						1003					1033				
Reading (RDG) DLR a			0940						1010					1040				

































NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A From Southend Victoria
C From Colchester
D From Clacton-on-Sea
E From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Sundays

Operator Days of operation/Notes	XR	XR	LE A	XR	XR	XR	LE D	XR	XR	XR	XR	LE A	XR	XR	XR	XR	LE E	XR
Shenfield (SNF)	 d	0926	0927			0941	0942				0956	0957				1011	1012	
Brentwood (BRE)	d	0930				0945					1000					1015		
Harold Wood (HRO)	d	0934				0949					1004					1019		
Gidea Park (GDP)	 d	0937		0944		0952		0959			1007			1014		1022		
Romford (RMF)	d	0940	0934	0947		0955		1002		1010	1004			1017		1025		
Chadwell Heath (CTH)	d	0943		0950		0958		1005		1013				1020		1028		
Goodmayes (GMY)	d	0945		0952		1000		1007		1015				1022		1030		
Seven Kings (SVK)	d	0947		0954		1002		1009		1017				1024		1032		
Ilford (IFD)	 d	0951		0958		1006		1013		1021				1028		1036		
Manor Park (MNP)	d	0953		1000		1008		1015		1023				1030		1038		
Forest Gate (FOG)	d	0956		1003		1011		1018		1026				1033		1041		
Maryland (MYL)	d	0958		1005		1013		1020		1028				1035		1043		
Stratford (SRA)	   d	1001	0944	1008		1016	0957		1023		1031	1014		1038		1046	1027	
Abbey Wood (ABW)	d	0944			0959			1009		1017			1024		1032			1039
Woolwich (WWC)	d	0947			1003			1012		1020			1027		1035			1042
Custom House (CUS)	d	0951			1008			1016		1024			1031		1039			1046
Canary Wharf (CWX)	 d	0955			1012			1020		1028			1035		1043			1050
Whitechapel (ZLW)	 d	0959	1006		1013	1017	1021	1024	1028	1032	1036		1039	1043	1047	1051		1054
London Liverpool Street (LST)	  a			0952			1005					1022					1035	
London Liverpool Street EL (LST)	  a	1002	1009		1016	1020	1024	1027	1031	1035	1039		1042	1046	1050	1054		1057
Farringdon (ZFD)	  a	1005	1012		1019	1023	1027	1030	1034	1038	1042		1045	1049	1053	1057		1100
Tottenham Court Road (TCR)	 a	1008	1015		1022	1026	1030	1033	1037	1041	1045		1048	1052	1056	1100		1103
Bond Street (BDS)	 a	1010	1017		1024	1028	1032	1035	1039	1043	1047		1050	1054	1058	1102		1105
London Paddington EL (PAD)	  a	1014	1021		1028	1032	1036	1039	1043	1047	1051		1054	1058	1102	1106		1109
Acton Main Line (AML)	a		1030					1045					1100					1115
Ealing Broadway (EAL)	  a	1026	1033		1041	1044		1048		1056			1103		1111	1114		1118
West Ealing (WEA)	 a		1036			1046		1051					1106			1116		1121
Hanwell (HAN)	a		1038					1053					1108					1123
Southall (STL)	a	1031	1041		1045			1056		1102			1111		1115			1126
Hayes & Harlington (HAY)	 a	1034	1044		1049	1052		1059		1105			1114		1119	1122		1129
Heathrow Terminals 2 & 3 (HXX)	  a		1052			1100		1107					1122			1130		1137
Heathrow Terminal 4 (HAF)	  a		1057					1113					1128					1143
Heathrow Terminal 5 (HWV)	  a					1106										1136		
West Drayton (WDT)	a	1038			1052					1109					1122			
Iver (IVR)	a	1040			1055										1125			
Langley (LNY)	a	1043			1057					1113					1127			
Slough (SLO)	 a	1047			1101					1117					1131			
Burnham (BNM)	a	1050			1105					1120					1135			
Taplow (TAP)	a	1053								1123								
Maidenhead (MAI)	 a	1056			1112					1126					1142			
Twyford (TWY)	 a	1103								1133								
Reading (RDG)	 a	1110								1141								

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A From Southend Victoria
D From Clacton-on-Sea
E From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Sundays

Operator Days of operation/Notes	XR	XR	XR	LE A	XR	XR	XR	XR	LE D	XR	XR	XR	XR	LE A	XR	XR	XR	XR
Shenfield (SNF)	3 d		1026	1027				1041	1042				1056	1057				1111
Brentwood (BRE)	d		1030					1045					1100					1115
Harold Wood (HRO)	d		1034					1049					1104					1119
Gidea Park (GDP)	2 d	1029	1037			1044		1052			1059		1107			1114		1122
Romford (RMF)	d	1032	1040	1034		1047		1055			1102		1110	1104		1117		1125
Chadwell Heath (CTH)	d	1035	1043			1050		1058			1105		1113			1120		1128
Goodmayes (GMY)	d	1037	1045			1052		1100			1107		1115			1122		1130
Seven Kings (SVK)	d	1039	1047			1054		1102			1109		1117			1124		1132
Ilford (IFD)	2 d	1043	1051			1058		1106			1113		1121			1128		1136
Manor Park (MNP)	d	1045	1053			1100		1108			1115		1123			1130		1138
Forest Gate (FOG)	d	1048	1056			1103		1111			1118		1126			1133		1141
Maryland (MYL)	d	1050	1058			1105		1113			1120		1128			1135		1143
Stratford (SRA)	7 d	1053	1101	1044		1108		1116	1057		1123		1131	1114		1138		1146
Abbey Wood (ABW)	d		1047			1054		1102			1109		1117			1124		1132
Woolwich (WWC)	d		1050			1057		1105			1112		1120			1127		1135
Custom House (CUS)	d		1054			1101		1109			1116		1124			1131		1139
Canary Wharf (CWX)	DLR d		1058			1105		1113			1120		1128			1135		1143
Whitechapel (ZLW)	7 d	1058	1102	1106		1109	1113	1117	1121		1124	1128	1132	1136		1139	1143	1147
London Liverpool Street (LST)	15 a			1052					1105					1122				1151
London Liverpool Street EL (LST)	4 a	1101	1105	1109		1112	1116	1120	1124		1127	1131	1135	1139		1142	1146	1150
Farringdon (ZFD)	3 a	1104	1108	1112		1115	1119	1123	1127		1130	1134	1138	1142		1145	1149	1153
Tottenham Court Road (TCR)	3 a	1107	1111	1115		1118	1122	1126	1130		1133	1137	1141	1145		1148	1152	1156
Bond Street (BDS)	3 a	1109	1113	1117		1120	1124	1128	1132		1135	1139	1143	1147		1150	1154	1158
London Paddington EL (PAD)	15 a	1113	1117	1121		1124	1128	1132	1136		1139	1143	1147	1151		1154	1158	1202
Acton Main Line (AML)	a					1130					1145					1200		
Ealing Broadway (EAL)	3 a		1126			1133		1141	1144		1148		1156			1203		1214
West Ealing (WEA)	3 a					1136			1146		1151					1206		1216
Hanwell (HAN)	a					1138					1153					1208		
Southall (STL)	a		1132			1141		1145			1156		1202			1211		1215
Hayes & Harlington (HAY)	3 a		1135			1144		1149	1152		1159		1205			1214		1219
Heathrow Terminals 2 & 3 (HXX)	3 a					1152			1200		1207					1222		1230
Heathrow Terminal 4 (HAF)	3 a					1158					1213					1228		
Heathrow Terminal 5 (HWV)	3 a								1206									1236
West Drayton (WDT)	a		1139					1152					1209					1222
Iver (IVR)	a							1155										1225
Langley (LNY)	a		1143					1157					1213					1227
Slough (SLO)	3 a		1147					1201					1217					1231
Burnham (BNM)	a		1150					1205					1220					1235
Taplow (TAP)	a		1153										1223					
Maidenhead (MAI)	3 a		1156					1212					1226				1242	
Twyford (TWY)	3 a		1203										1233					
Reading (RDG)	7 a		1211										1241					

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A From Southend Victoria
D From Clacton-on-Sea

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Sundays

Operator Days of operation/Notes	LE E	XR	XR	XR	XR	LE A	XR	XR	XR	XR	LE D	XR	XR	XR	XR	LE A	XR	XR
Shenfield (SNF)	3 d	1112				1126	1127				1141	1142				1156	1157	
Brentwood (BRE)	d					1130					1145					1200		
Harold Wood (HRO)	d					1134					1149					1204		
Gidea Park (GDP)	2 d			1129		1137			1144		1152			1159		1207		1214
Romford (RMF)	d			1132		1140	1134		1147		1155			1202		1210	1204	1217
Chadwell Heath (CTH)	d			1135		1143			1150		1158			1205		1213		1220
Goodmayes (GMY)	d			1137		1145			1152		1200			1207		1215		1222
Seven Kings (SVK)	d			1139		1147			1154		1202			1209		1217		1224
Ilford (IFD)	2 d			1143		1151	d		1158		1206			1213		1221		1228
Manor Park (MNP)	d			1145		1153			1200		1208			1215		1223		1230
Forest Gate (FOG)	d			1148		1156			1203		1211			1218		1226		1233
Maryland (MYL)	d			1150		1158			1205		1213			1220		1228		1235
Stratford (SRA)	7 d	1127		1153		1201	1144		1208		1216	1157		1223		1231	1214	1238
Abbey Wood (ABW)	d		1139		1147			1154		1202			1209		1217		1224	
Woolwich (WWC)	d		1142		1150			1157		1205			1212		1220		1227	
Custom House (CUS)	d		1146		1154			1201		1209			1216		1224		1231	
Canary Wharf (CWX)	DLR d		1150		1158			1205		1213			1220		1228		1235	
Whitechapel (ZLW)	DLR d		1154	1158	1202	1206		1209	1213	1217	1221		1224	1228	1232	1236	1239	1243
London Liverpool Street (LST)	15 a	1135					1152					1205					1222	
London Liverpool Street EL (LST)	4 a		1157	1201	1205	1209		1212	1216	1220	1224		1227	1231	1235	1239		1242
Farringdon (ZFD)	3 a		1200	1204	1208	1212		1215	1219	1223	1227		1230	1234	1238	1242		1245
Tottenham Court Road (TCR)	3 a		1203	1207	1211	1215		1218	1222	1226	1230		1233	1237	1241	1245		1248
Bond Street (BDS)	3 a		1205	1209	1213	1217		1220	1224	1228	1232		1235	1239	1243	1247		1250
London Paddington EL (PAD)	15 a		1209	1213	1217	1221		1224	1228	1232	1236		1239	1243	1247	1251		1254
Acton Main Line (AML)	a		1215					1230					1245					1300
Ealing Broadway (EAL)	3 a		1218		1226			1233		1241	1244		1248		1256			1303
West Ealing (WEA)	3 a		1221					1236			1246		1251					1306
Hanwell (HAN)	a		1223					1238					1253					1308
Southall (STL)	a		1226		1232			1241		1245			1256		1302			1311
Hayes & Harlington (HAY)	3 a		1229		1235			1244		1249	1252		1259		1305			1314
Heathrow Terminals 2 & 3 (HXX)	3 a		1237					1252			1300		1307					1322
Heathrow Terminal 4 (HAF)	3 a		1243					1258					1313					1328
Heathrow Terminal 5 (HWV)	3 a										1306							
West Drayton (WDT)	a				1239					1252					1309			
Iver (IVR)	a									1255								
Langley (LNY)	a				1243					1257					1313			
Slough (SLO)	3 a				1247					1301					1317			
Burnham (BNM)	a				1250					1305					1320			
Taplow (TAP)	a				1253										1323			
Maidenhead (MAI)	3 a				1256					1312					1326			
Twyford (TWY)	3 a				1303										1333			
Reading (RDG)	7 a				1311										1341			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A From Southend Victoria
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E From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Sundays

Operator	XR	XR	LE	XR	XR	XR	XR	LE	XR	XR	XR	XR	LE	XR	XR	XR	XR	LE
Days of operation/Notes			E					A					D					A
Shenfield (SNF) 3 d		1211	1212				1226	1227				1241	1242				1256	1257
Brentwood (BRE) d		1215					1230					1245					1300	
Harold Wood (HRO) d		1219					1234					1249					1304	
Gidea Park (GDP) 2 d		1222			1229		1237			1244		1252			1259		1307	
Romford (RMF) d		1225			1232		1240	1234		1247		1255			1302		1310	1304
Chadwell Heath (CTH) d		1228			1235		1243			1250		1258			1305		1313	
Goodmayes (GMY) d		1230			1237		1245			1252		1300			1307		1315	
Seven Kings (SVK) d		1232			1239		1247			1254		1302			1309		1317	
Ilford (IFD) 2 d		1236			1243		1251			1258		1306			1313		1321	
Manor Park (MNP) d		1238			1245		1253			1300		1308			1315		1323	
Forest Gate (FOG) d		1241			1248		1256			1303		1311			1318		1326	
Maryland (MYL) d		1243			1250		1258			1305		1313			1320		1328	
Stratford (SRA) DLR 7 d		1246	1227		1253		1301	1244		1308		1316	1257		1323		1331	1314
Abbey Wood (ABW) d	1232			1239		1247			1254		1302			1309		1317		
Woolwich (WWC) d	1235			1242		1250			1257		1305			1312		1320		
Custom House (CUS) d	1239			1246		1254			1301		1309			1316		1324		
Canary Wharf (CWX) DLR d	1243			1250		1258			1305		1313			1320		1328		
Whitechapel (ZLW) DLR d	1247	1251		1254	1258	1302	1306		1309	1313	1317	1321		1324	1328	1332	1336	
London Liverpool Street (LST) DLR 15 a			1235					1252					1305					1322
London Liverpool Street EL (LST) DLR 4 a	1250	1254		1257	1301	1305	1309		1312	1316	1320	1324		1327	1331	1335	1339	
Farringdon (ZFD) DLR 3 a	1253	1257		1300	1304	1308	1312		1315	1319	1323	1327		1330	1334	1338	1342	
Tottenham Court Road (TCR) DLR a	1256	1300		1303	1307	1311	1315		1318	1322	1326	1330		1333	1337	1341	1345	
Bond Street (BDS) DLR a	1258	1302		1305	1309	1313	1317		1320	1324	1328	1332		1335	1339	1343	1347	
London Paddington EL (PAD) DLR 15 a	1302	1306		1309	1313	1317	1321		1324	1328	1332	1336		1339	1343	1347	1351	
Acton Main Line (AML) a				1315					1330					1345				
Ealing Broadway (EAL) DLR 3 a	1311	1314		1318		1326			1333		1341	1344		1348		1356		
West Ealing (WEA) 3 a		1316		1321					1336			1346		1351				
Hanwell (HAN) a				1323					1338					1353				
Southall (STL) a	1315			1326		1332			1341		1345			1356		1402		
Hayes & Harlington (HAY) 3 a	1319	1322		1329		1335			1344		1349	1352		1359		1405		
Heathrow Terminals 2 & 3 (HXX) DLR a		1330		1337					1352			1400		1407				
Heathrow Terminal 4 (HAF) DLR a				1343					1358					1413				
Heathrow Terminal 5 (HWV) DLR a		1336										1406						
West Drayton (WDT) a	1322					1339					1352					1409		
Iver (IVR) a	1325										1355							
Langley (LNY) a	1327					1343					1357					1413		
Slough (SLO) 3 a	1331					1347					1401					1417		
Burnham (BNM) a	1335					1350					1405					1420		
Taplow (TAP) a						1353										1423		
Maidenhead (MAI) 3 a	1342					1356				1412						1426		
Twyford (TWY) 3 a						1403										1433		
Reading (RDG) 7 a						1411										1441		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Sundays

Operator Days of operation/Notes	XR	XR	XR	XR	LE E	XR	XR	XR	XR	LE A	XR	XR	XR	XR	LE D	XR	XR	XR
Shenfield (SNF) 3 d				1311	1312				1326	1327				1341	1342			
Brentwood (BRE) d				1315					1330					1345				
Harold Wood (HRO) d				1319					1334					1349				
Gidea Park (GDP) 2 d		1314		1322			1329		1337			1344		1352			1359	
Romford (RMF) d		1317		1325			1332		1340	1334		1347		1355			1402	
Chadwell Heath (CTH) d		1320		1328			1335		1343			1350		1358			1405	
Goodmayes (GMY) d		1322		1330			1337		1345			1352		1400			1407	
Seven Kings (SVK) d		1324		1332			1339		1347			1354		1402			1409	
Ilford (IFD) 2 d		1328		1336			1343		1351			1358		1406			1413	
Manor Park (MNP) d		1330		1338			1345		1353			1400		1408			1415	
Forest Gate (FOG) d		1333		1341			1348		1356			1403		1411			1418	
Maryland (MYL) d		1335		1343			1350		1358			1405		1413			1420	
Stratford (SRA) 7 d		1338		1346	1327		1353		1401	1344		1408		1416	1357		1423	
Abbey Wood (ABW) d	1324		1332			1339		1347			1354		1402			1409		1417
Woolwich (WWC) d	1327		1335			1342		1350			1357		1405			1412		1420
Custom House (CUS) d	1331		1339			1346		1354			1401		1409			1416		1424
Canary Wharf (CWX) DLR d	1335		1343			1350		1358			1405		1413			1420		1428
Whitechapel (ZLW) 7 d	1339	1343	1347	1351		1354	1358	1402	1406		1409	1413	1417	1421		1424	1428	1432
London Liverpool Street (LST) 15 a					1335					1352					1405			
London Liverpool Street EL (LST) 4 a	1342	1346	1350	1354		1357	1401	1405	1409		1412	1416	1420	1424		1427	1431	1435
Farringdon (ZFD) 3 a	1345	1349	1353	1357		1400	1404	1408	1412		1415	1419	1423	1427		1430	1434	1438
Tottenham Court Road (TCR) 3 a	1348	1352	1356	1400		1403	1407	1411	1415		1418	1422	1426	1430		1433	1437	1441
Bond Street (BDS) 3 a	1350	1354	1358	1402		1405	1409	1413	1417		1420	1424	1428	1432		1435	1439	1443
London Paddington EL (PAD) 15 a	1354	1358	1402	1406		1409	1413	1417	1421		1424	1428	1432	1436		1439	1443	1447
Acton Main Line (AML) a	1400					1415					1430					1445		
Ealing Broadway (EAL) 3 a	1403		1411	1414		1418		1426			1433		1441	1444		1448		1456
West Ealing (WEA) 3 a	1406			1416		1421					1436			1446		1451		
Hanwell (HAN) a	1408					1423					1438					1453		
Southall (STL) a	1411		1415			1426		1432			1441		1445			1456		1502
Hayes & Harlington (HAY) 3 a	1414		1419	1422		1429		1435			1444		1449	1452		1459		1505
Heathrow Terminals 2 & 3 (HXX) 3 a	1422			1430		1437					1452			1500		1507		
Heathrow Terminal 4 (HAF) 3 a	1428					1443					1458					1513		
Heathrow Terminal 5 (HWV) 3 a				1436										1506				
West Drayton (WDT) a			1422					1439					1452					1509
Iver (IVR) a			1425										1455					
Langley (LNY) a			1427					1443					1457					1513
Slough (SLO) 3 a			1431					1447					1501					1517
Burnham (BNM) a			1435					1450					1505					1520
Taplow (TAP) a								1453										1523
Maidenhead (MAI) 3 a			1442					1456					1512					1526
Twyford (TWY) 3 a								1503										1533
Reading (RDG) 7 a								1511										1541

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Sundays

Operator Days of operation/Notes	XR	LE A	XR	XR	XR	XR	LE E	XR	XR	XR	XR	LE A	XR	XR	XR	XR	LE D	XR
Shenfield (SNF)	3 d	1356	1357				1411	1412				1426	1427				1441	1442
Brentwood (BRE)	d	1400					1415					1430					1445	
Harold Wood (HRO)	d	1404					1419					1434					1449	
Gidea Park (GDP)	2 d	1407			1414		1422			1429		1437			1444		1452	
Romford (RMF)	d	1410	1404		1417		1425			1432		1440	1434		1447		1455	
Chadwell Heath (CTH)	d	1413			1420		1428			1435		1443			1450		1458	
Goodmayes (GMY)	d	1415			1422		1430			1437		1445			1452		1500	
Seven Kings (SVK)	d	1417			1424		1432			1439		1447			1454		1502	
Ilford (IFD)	2 d	1421			1428		1436			1443		1451			1458		1506	
Manor Park (MNP)	d	1423			1430		1438			1445		1453			1500		1508	
Forest Gate (FOG)	d	1426			1433		1441			1448		1456			1503		1511	
Maryland (MYL)	d	1428			1435		1443			1450		1458			1505		1513	
Stratford (SRA)	7 d	1431	1414		1438		1446	1427		1453		1501	1444		1508		1516	1457
Abbey Wood (ABW)	d			1424		1432			1439		1447		1454		1502			1509
Woolwich (WWC)	d			1427		1435			1442		1450		1457		1505			1512
Custom House (CUS)	d			1431		1439			1446		1454		1501		1509			1516
Canary Wharf (CWX)	DLR d			1435		1443			1450		1458		1505		1513			1520
Whitechapel (ZLW)	7 d	1436		1439	1443	1447	1451		1454	1458	1502	1506		1509	1513	1517	1521	1524
London Liverpool Street (LST)	15 a		1422				1435					1452					1505	
London Liverpool Street EL (LST)	4 a	1439		1442	1446	1450	1454		1457	1501	1505	1509		1512	1516	1520	1524	1527
Farringdon (ZFD)	3 a	1442		1445	1449	1453	1457		1500	1504	1508	1512		1515	1519	1523	1527	1530
Tottenham Court Road (TCR)	3 a	1445		1448	1452	1456	1500		1503	1507	1511	1515		1518	1522	1526	1530	1533
Bond Street (BDS)	3 a	1447		1450	1454	1458	1502		1505	1509	1513	1517		1520	1524	1528	1532	1535
London Paddington EL (PAD)	15 a	1451		1454	1458	1502	1506		1509	1513	1517	1521		1524	1528	1532	1536	1539
Acton Main Line (AML)	a			1500					1515					1530				1545
Ealing Broadway (EAL)	3 a			1503		1511	1514		1518		1526			1533		1541	1544	1548
West Ealing (WEA)	3 a			1506			1516		1521					1536			1546	1551
Hanwell (HAN)	a			1508					1523					1538				1553
Southall (STL)	a			1511		1515			1526		1532			1541		1545		1556
Hayes & Harlington (HAY)	3 a			1514		1519	1522		1529		1535			1544		1549	1552	1559
Heathrow Terminals 2 & 3 (HXX)	3 a			1522			1530		1537					1552			1600	1607
Heathrow Terminal 4 (HAF)	3 a			1528					1543					1558				1613
Heathrow Terminal 5 (HWV)	3 a						1536										1606	
West Drayton (WDT)	a					1522					1539					1552		
Iver (IVR)	a					1525										1555		
Langley (LNY)	a					1527					1543					1557		
Slough (SLO)	3 a					1531					1547					1601		
Burnham (BNM)	a					1535					1550					1605		
Taplow (TAP)	a										1553							
Maidenhead (MAI)	3 a					1542					1556					1612		
Twyford (TWY)	3 a										1603							
Reading (RDG)	7 a										1611							

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Sundays

Operator Days of operation/Notes	XR	XR	XR	LE A	XR	XR	XR	XR	LE E	XR	XR	XR	XR	LE A	XR	XR	XR	XR
Shenfield (SNF)	3 d		1456	1457				1511	1512				1526	1527				1541
Brentwood (BRE)	d		1500					1515					1530					1545
Harold Wood (HRO)	d		1504					1519					1534					1549
Gidea Park (GDP)	2 d	1459	1507			1514		1522			1529		1537			1544		1552
Romford (RMF)	d	1502	1510	1504		1517		1525			1532		1540	1534		1547		1555
Chadwell Heath (CTH)	d	1505	1513			1520		1528			1535		1543			1550		1558
Goodmayes (GMY)	d	1507	1515			1522		1530			1537		1545			1552		1600
Seven Kings (SVK)	d	1509	1517			1524		1532			1539		1547			1554		1602
Ilford (IFD)	2 d	1513	1521			1528		1536			1543		1551			1558		1606
Manor Park (MNP)	d	1515	1523			1530		1538			1545		1553			1600		1608
Forest Gate (FOG)	d	1518	1526			1533		1541			1548		1556			1603		1611
Maryland (MYL)	d	1520	1528			1535		1543			1550		1558			1605		1613
Stratford (SRA)	7 d	1523	1531	1514		1538		1546	1527		1553		1601	1544		1608		1616
Abbey Wood (ABW)	d		1517			1524		1532			1539		1547			1554		1602
Woolwich (WWC)	d		1520			1527		1535			1542		1550			1557		1605
Custom House (CUS)	d		1524			1531		1539			1546		1554			1601		1609
Canary Wharf (CWX)	DLR d		1528			1535		1543			1550		1558			1605		1613
Whitechapel (ZLW)	7 d	1528	1532	1536		1539	1543	1547	1551		1554	1558	1602	1606		1609	1613	1621
London Liverpool Street (LST)	15 a			1522					1535					1552				
London Liverpool Street EL (LST)	4 a	1531	1535	1539		1542	1546	1550	1554		1557	1601	1605	1609		1612	1616	1624
Farringdon (ZFD)	3 a	1534	1538	1542		1545	1549	1553	1557		1600	1604	1608	1612		1615	1619	1627
Tottenham Court Road (TCR)	3 a	1537	1541	1545		1548	1552	1556	1600		1603	1607	1611	1615		1618	1622	1630
Bond Street (BDS)	3 a	1539	1543	1547		1550	1554	1558	1602		1605	1609	1613	1617		1620	1624	1632
London Paddington EL (PAD)	15 a	1543	1547	1551		1554	1558	1602	1606		1609	1613	1617	1621		1624	1628	1636
Acton Main Line (AML)	a					1600					1615					1630		
Ealing Broadway (EAL)	3 a		1556			1603		1611	1614		1618		1626			1633		1644
West Ealing (WEA)	3 a					1606			1616		1621					1636		1646
Hanwell (HAN)	a					1608					1623					1638		
Southall (STL)	a		1602			1611		1615			1626		1632			1641		1645
Hayes & Harlington (HAY)	3 a		1605			1614		1619	1622		1629		1635			1644		1649
Heathrow Terminals 2 & 3 (HXX)	3 a					1622			1630		1637					1652		1700
Heathrow Terminal 4 (HAF)	3 a					1628					1643					1658		
Heathrow Terminal 5 (HWV)	3 a								1636									1706
West Drayton (WDT)	a		1609					1622					1639					1652
Iver (IVR)	a							1625										1655
Langley (LNY)	a		1613					1627					1643					1657
Slough (SLO)	3 a		1617					1631					1647					1701
Burnham (BNM)	a		1620					1635					1650					1705
Taplow (TAP)	a		1623										1653					
Maidenhead (MAI)	3 a		1626					1642					1656				1712	
Twyford (TWY)	3 a		1633										1703					
Reading (RDG)	7 a		1641										1711					

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Operator Days of operation/Notes	LE D	XR	XR	XR	XR	LE A	XR	XR	XR	XR	LE E	XR	XR	XR	XR	LE A	XR	XR
Shenfield (SNF)	3 d	1542			1556	1557				1611	1612				1626	1627		
Brentwood (BRE)	d				1600					1615					1630			
Harold Wood (HRO)	d				1604					1619					1634			
Gidea Park (GDP)	2 d			1559	1607			1614		1622			1629		1637			1644
Romford (RMF)	d			1602	1610	1604		1617		1625			1632		1640	1634		1647
Chadwell Heath (CTH)	d			1605	1613			1620		1628			1635		1643			1650
Goodmayes (GMY)	d			1607	1615			1622		1630			1637		1645			1652
Seven Kings (SVK)	d			1609	1617			1624		1632			1639		1647			1654
Ilford (IFD)	2 d			1613	1621			1628		1636			1643		1651			1658
Manor Park (MNP)	d			1615	1623			1630		1638			1645		1653			1700
Forest Gate (FOG)	d			1618	1626			1633		1641			1648		1656			1703
Maryland (MYL)	d			1620	1628			1635		1643			1650		1658			1705
Stratford (SRA)	7 d	1557		1623	1631	1614		1638		1646	1627		1653		1701	1644		1708
Abbey Wood (ABW)	d		1609		1617			1624		1632			1639		1647		1654	
Woolwich (WWC)	d		1612		1620			1627		1635			1642		1650		1657	
Custom House (CUS)	d		1616		1624			1631		1639			1646		1654		1701	
Canary Wharf (CWX)	DLR d		1620		1628			1635		1643			1650		1658		1705	
Whitechapel (ZLW)	DLR d		1624	1628	1632	1636		1639	1643	1647	1651		1654	1658	1702	1706	1709	1713
London Liverpool Street (LST)	15 a	1605				1622					1635					1652		
London Liverpool Street EL (LST)	4 a		1627	1631	1635	1639		1642	1646	1650	1654		1657	1701	1705	1709	1712	1716
Farringdon (ZFD)	3 a		1630	1634	1638	1642		1645	1649	1653	1657		1700	1704	1708	1712	1715	1719
Tottenham Court Road (TCR)	3 a		1633	1637	1641	1645		1648	1652	1656	1700		1703	1707	1711	1715	1718	1722
Bond Street (BDS)	3 a		1635	1639	1643	1647		1650	1654	1658	1702		1705	1709	1713	1717	1720	1724
London Paddington EL (PAD)	15 a		1639	1643	1647	1651		1654	1658	1702	1706		1709	1713	1717	1721	1724	1728
Acton Main Line (AML)	a		1645					1700					1715				1730	
Ealing Broadway (EAL)	3 a		1648		1656			1703		1711	1714		1718		1726		1733	
West Ealing (WEA)	3 a		1651					1706			1716		1721				1736	
Hanwell (HAN)	a		1653					1708					1723				1738	
Southall (STL)	a		1656		1702			1711		1715			1726		1732		1741	
Hayes & Harlington (HAY)	3 a		1659		1705			1714		1719	1722		1729		1735		1744	
Heathrow Terminals 2 & 3 (HXX)	3 a		1707					1722			1730		1737				1752	
Heathrow Terminal 4 (HAF)	3 a		1713					1728					1743				1758	
Heathrow Terminal 5 (HWV)	3 a										1736							
West Drayton (WDT)	a				1709					1722					1739			
Iver (IVR)	a									1725								
Langley (LNY)	a				1713					1727					1743			
Slough (SLO)	3 a				1717					1731					1747			
Burnham (BNM)	a				1720					1735					1750			
Taplow (TAP)	a				1723										1753			
Maidenhead (MAI)	3 a				1726					1742					1756			
Twyford (TWY)	3 a				1733										1803			
Reading (RDG)	7 a				1741										1811			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A From Southend Victoria
D From Clacton-on-Sea
E From Ipswich

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Sundays

Operator Days of operation/Notes	XR	XR	LE D	XR	XR	XR	XR	LE A	XR	XR	XR	XR	LE E	XR	XR	XR	XR	LE A
Shenfield (SNF)	3 d	1641	1642				1656	1657					1711	1712			1726	1727
Brentwood (BRE)	d	1645					1700						1715				1730	
Harold Wood (HRO)	d	1649					1704						1719				1734	
Gidea Park (GDP)	2 d	1652			1659		1707			1714			1722			1729	1737	
Romford (RMF)	d	1655			1702		1710	1704		1717			1725			1732	1740	1734
Chadwell Heath (CTH)	d	1658			1705		1713			1720			1728			1735	1743	
Goodmayes (GMY)	d	1700			1707		1715			1722			1730			1737	1745	
Seven Kings (SVK)	d	1702			1709		1717			1724			1732			1739	1747	
Ilford (IFD)	2 d	1706			1713		1721			1728			1736			1743	1751	
Manor Park (MNP)	d	1708			1715		1723			1730			1738			1745	1753	
Forest Gate (FOG)	d	1711			1718		1726			1733			1741			1748	1756	
Maryland (MYL)	d	1713			1720		1728			1735			1743			1750	1758	
Stratford (SRA)	DLR 7 d	1716	1657		1723		1731	1714		1738			1746	1727		1753	1801	1744
Abbey Wood (ABW)	d	1702			1709		1717			1724			1732			1739	1747	
Woolwich (WWC)	d	1705			1712		1720			1727			1735			1742	1750	
Custom House (CUS)	d	1709			1716		1724			1731			1739			1746	1754	
Canary Wharf (CWX)	DLR d	1713			1720		1728			1735			1743			1750	1758	
Whitechapel (ZLW)	DLR d	1717	1721		1724	1728	1732	1736		1739	1743	1747	1751			1754	1758	1802
London Liverpool Street (LST)	DLR 15 a		1705					1722						1735				1752
London Liverpool Street EL (LST)	DLR 4 a	1720	1724		1727	1731	1735	1739		1742	1746	1750	1754			1757	1801	1805
Farringdon (ZFD)	DLR 3 a	1723	1727		1730	1734	1738	1742		1745	1749	1753	1757			1800	1804	1808
Tottenham Court Road (TCR)	DLR 3 a	1726	1730		1733	1737	1741	1745		1748	1752	1756	1800			1803	1807	1811
Bond Street (BDS)	DLR 3 a	1728	1732		1735	1739	1743	1747		1750	1754	1758	1802			1805	1809	1813
London Paddington EL (PAD)	DLR 15 a	1732	1736		1739	1743	1747	1751		1754	1758	1802	1806			1809	1813	1817
Acton Main Line (AML)	a				1745					1800						1815		
Ealing Broadway (EAL)	DLR 3 a	1741	1744		1748		1756			1803		1811	1814			1818		1826
West Ealing (WEA)	DLR 3 a		1746		1751					1806			1816			1821		
Hanwell (HAN)	a				1753					1808						1823		
Southall (STL)	a	1745			1756		1802			1811		1815				1826		1832
Hayes & Harlington (HAY)	DLR 3 a	1749	1752		1759		1805			1814		1819	1822			1829		1835
Heathrow Terminals 2 & 3 (HXX)	DLR 3 a		1800		1807					1822			1830			1837		
Heathrow Terminal 4 (HAF)	DLR 3 a				1813					1828						1843		
Heathrow Terminal 5 (HWV)	DLR 3 a		1806										1836					
West Drayton (WDT)	a	1752					1809						1822				1839	
Iver (IVR)	a	1755											1825					
Langley (LNY)	a	1757					1813						1827				1843	
Slough (SLO)	DLR 3 a	1801					1817						1831				1847	
Burnham (BNM)	a	1805					1820						1835				1850	
Taplow (TAP)	a						1823										1853	
Maidenhead (MAI)	DLR 3 a	1812					1826						1842				1856	
Twyford (TWY)	DLR 3 a						1833										1903	
Reading (RDG)	DLR 7 a						1841										1911	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Sundays

Operator Days of operation/Notes	XR	XR	XR	XR	LE D	XR	XR	XR	XR	LE A	XR	XR	XR	XR	LE E	XR	XR	XR
Shenfield (SNF)	3 d			1741	1742				1756	1757				1811	1812			
Brentwood (BRE)	d			1745					1800					1815				
Harold Wood (HRO)	d			1749					1804					1819				
Gidea Park (GDP)	2 d	1744		1752			1759		1807			1814		1822			1829	
Romford (RMF)	d	1747		1755			1802		1810	1804		1817		1825			1832	
Chadwell Heath (CTH)	d	1750		1758			1805		1813			1820		1828			1835	
Goodmayes (GMY)	d	1752		1800			1807		1815			1822		1830			1837	
Seven Kings (SVK)	d	1754		1802			1809		1817			1824		1832			1839	
Ilford (IFD)	2 d	1758		1806			1813		1821			1828		1836			1843	
Manor Park (MNP)	d	1800		1808			1815		1823			1830		1838			1845	
Forest Gate (FOG)	d	1803		1811			1818		1826			1833		1841			1848	
Maryland (MYL)	d	1805		1813			1820		1828			1835		1843			1850	
Stratford (SRA)	7 d	1808		1816	1757		1823		1831	1814		1838		1846	1827		1853	
Abbey Wood (ABW)	d	1754		1802			1809		1817			1824		1832			1839	1847
Woolwich (WWC)	d	1757		1805			1812		1820			1827		1835			1842	1850
Custom House (CUS)	d	1801		1809			1816		1824			1831		1839			1846	1854
Canary Wharf (CWX)	DLR d	1805		1813			1820		1828			1835		1843			1850	1858
Whitechapel (ZLW)	DLR d	1809	1813	1817	1821		1824	1828	1832	1836		1839	1843	1847	1851		1854	1858
London Liverpool Street (LST)	15 a				1805					1822					1835			1902
London Liverpool Street EL (LST)	4 a	1812	1816	1820	1824		1827	1831	1835	1839		1842	1846	1850	1854		1857	1905
Farringdon (ZFD)	3 a	1815	1819	1823	1827		1830	1834	1838	1842		1845	1849	1853	1857		1900	1908
Tottenham Court Road (TCR)	3 a	1818	1822	1826	1830		1833	1837	1841	1845		1848	1852	1856	1900		1903	1911
Bond Street (BDS)	3 a	1820	1824	1828	1832		1835	1839	1843	1847		1850	1854	1858	1902		1905	1913
London Paddington EL (PAD)	15 a	1824	1828	1832	1836		1839	1843	1847	1851		1854	1858	1902	1906		1909	1917
Acton Main Line (AML)	a	1830					1845					1900					1915	
Ealing Broadway (EAL)	3 a	1833		1841	1844		1848		1856			1903		1911	1914		1918	1926
West Ealing (WEA)	3 a	1836			1846		1851					1906			1916		1921	
Hanwell (HAN)	a	1838					1853					1908					1923	
Southall (STL)	a	1841		1845			1856		1902			1911		1915			1926	1932
Hayes & Harlington (HAY)	3 a	1844		1849	1852		1859		1905			1914		1919	1922		1929	1935
Heathrow Terminals 2 & 3 (HXX)	3 a	1852			1900		1907					1922			1930		1937	
Heathrow Terminal 4 (HAF)	3 a	1858					1913					1928					1943	
Heathrow Terminal 5 (HWV)	3 a				1906										1936			
West Drayton (WDT)	a			1852					1909					1922				1939
Iver (IVR)	a			1855										1925				
Langley (LNY)	a			1857					1913					1927				1943
Slough (SLO)	3 a			1901					1917					1931				1947
Burnham (BNM)	a			1905					1920					1935				1950
Taplow (TAP)	a								1923									1953
M Maidenhead (MAI)	3 a			1912					1926					1942				1956
Twyford (TWY)	3 a								1933									2003
Reading (RDG)	7 a								1941									2011

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
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Sundays

Operator Days of operation/Notes	XR	LE A	XR	XR	XR	XR	LE D	XR	XR	XR	XR	LE A	XR	XR	XR	XR	LE E	XR
Shenfield (SNF)	3 d	1826	1827				1841	1842				1856	1857				1911	1912
Brentwood (BRE)	d	1830					1845					1900					1915	
Harold Wood (HRO)	d	1834					1849					1904					1919	
Gidea Park (GDP)	2 d	1837			1844		1852		1859			1907			1914		1922	
Romford (RMF)	d	1840	1834		1847		1855		1902			1910	1904		1917		1925	
Chadwell Heath (CTH)	d	1843			1850		1858		1905			1913			1920		1928	
Goodmayes (GMY)	d	1845			1852		1900		1907			1915			1922		1930	
Seven Kings (SVK)	d	1847			1854		1902		1909			1917			1924		1932	
Ilford (IFD)	2 d	1851			1858		1906		1913			1921			1928		1936	
Manor Park (MNP)	d	1853			1900		1908		1915			1923			1930		1938	
Forest Gate (FOG)	d	1856			1903		1911		1918			1926			1933		1941	
Maryland (MYL)	d	1858			1905		1913		1920			1928			1935		1943	
Stratford (SRA)	7 d	1901	1844		1908		1916	1857		1923		1931	1914		1938		1946	1927
Abbey Wood (ABW)	d			1854		1902			1909		1917			1924		1932		1939
Woolwich (WWC)	d			1857		1905			1912		1920			1927		1935		1942
Custom House (CUS)	d			1901		1909			1916		1924			1931		1939		1946
Canary Wharf (CWX)	DLR d			1905		1913			1920		1928			1935		1943		1950
Whitechapel (ZLW)	DLR d	1906		1909	1913	1917	1921		1924	1928	1932	1936		1939	1943	1947	1951	1954
London Liverpool Street (LST)	15 a		1852					1905					1922					1935
London Liverpool Street EL (LST)	4 a	1909		1912	1916	1920	1924		1927	1931	1935	1939		1942	1946	1950	1954	1957
Farringdon (ZFD)	3 a	1912		1915	1919	1923	1927		1930	1934	1938	1942		1945	1949	1953	1957	2000
Tottenham Court Road (TCR)	3 a	1915		1918	1922	1926	1930		1933	1937	1941	1945		1948	1952	1956	2000	2003
Bond Street (BDS)	3 a	1917		1920	1924	1928	1932		1935	1939	1943	1947		1950	1954	1958	2002	2005
London Paddington EL (PAD)	15 a	1921		1924	1928	1932	1936		1939	1943	1947	1951		1954	1958	2002	2006	2009
Acton Main Line (AML)	a			1930					1945					2000				2015
Ealing Broadway (EAL)	3 a			1933		1941	1944		1948		1956			2003		2011	2014	2018
West Ealing (WEA)	3 a			1936			1946		1951					2006			2016	2021
Hanwell (HAN)	a			1938					1953					2008				2023
Southall (STL)	a			1941		1945			1956		2002			2011		2015		2026
Hayes & Harlington (HAY)	3 a			1944		1949	1952		1959		2005			2014		2019	2022	2029
Heathrow Terminals 2 & 3 (HXX)	3 a			1952			2000		2007					2022			2030	2037
Heathrow Terminal 4 (HAF)	3 a			1958					2013					2028				2043
Heathrow Terminal 5 (HWV)	3 a						2006										2036	
West Drayton (WDT)	a					1952					2009						2022	
Iver (IVR)	a					1955											2025	
Langley (LNY)	a					1957					2013						2027	
Slough (SLO)	3 a					2001					2017						2031	
Burnham (BNM)	a					2005					2020						2035	
Taplow (TAP)	a										2023							
M Maidenhead (MAI)	3 a					2012					2026					2042		
Twyford (TWY)	3 a										2033							
Reading (RDG)	7 a										2041							

































NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Operator Days of operation/Notes	XR	XR	XR	LE A	XR	XR	XR	XR	LE D	XR	XR	XR	XR	LE A	XR	XR	XR	XR
Shenfield (SNF)	 d		1926	1927				1941	1942				1956	1957				2011
Brentwood (BRE)	d		1930					1945					2000					2015
Harold Wood (HRO)	d		1934					1949					2004					2019
Gidea Park (GDP)	 d	1929	1937			1944		1952			1959		2007			2014		2022
Romford (RMF)	d	1932	1940	1934		1947		1955			2002		2010	2004		2017		2025
Chadwell Heath (CTH)	d	1935	1943			1950		1958			2005		2013			2020		2028
Goodmayes (GMY)	d	1937	1945			1952		2000			2007		2015			2022		2030
Seven Kings (SVK)	d	1939	1947			1954		2002			2009		2017			2024		2032
Ilford (IFD)	 d	1943	1951			1958		2006			2013		2021			2028		2036
Manor Park (MNP)	d	1945	1953			2000		2008			2015		2023			2030		2038
Forest Gate (FOG)	d	1948	1956			2003		2011			2018		2026			2033		2041
Maryland (MYL)	d	1950	1958			2005		2013			2020		2028			2035		2043
Stratford (SRA)	   d	1953	2001	1944		2008		2016	1957		2023		2031	2014		2038		2046
Abbey Wood (ABW)	d		1947			1954		2002			2009		2017			2024		2032
Woolwich (WWC)	d		1950			1957		2005			2012		2020			2027		2035
Custom House (CUS)	d		1954			2001		2009			2016		2024			2031		2039
Canary Wharf (CWX)	 d		1958			2005		2013			2020		2028			2035		2043
Whitechapel (ZLW)	 d	1958	2002	2006		2009	2013	2017	2021		2024	2028	2032	2036		2039	2043	2047
London Liverpool Street (LST)	  a			1952					2005					2022				2051
London Liverpool Street EL (LST)	  a	2001	2005	2009		2012	2016	2020	2024		2027	2031	2035	2039		2042	2046	2050
Farringdon (ZFD)	  a	2004	2008	2012		2015	2019	2023	2027		2030	2034	2038	2042		2045	2049	2053
Tottenham Court Road (TCR)	 a	2007	2011	2015		2018	2022	2026	2030		2033	2037	2041	2045		2048	2052	2056
Bond Street (BDS)	 a	2009	2013	2017		2020	2024	2028	2032		2035	2039	2043	2047		2050	2054	2058
London Paddington EL (PAD)	  a	2013	2017	2021		2024	2028	2032	2036		2039	2043	2047	2051		2054	2058	2102
Acton Main Line (AML)	a					2030					2045					2100		
Ealing Broadway (EAL)	  a		2026			2033		2041	2044		2048		2056			2103		2111
West Ealing (WEA)	 a					2036			2046		2051					2106		2116
Hanwell (HAN)	a					2038					2053					2108		
Southall (STL)	a		2032			2041		2045			2056		2102			2111		2115
Hayes & Harlington (HAY)	 a		2035			2044		2049	2052		2059		2105			2114		2119
Heathrow Terminals 2 & 3 (HXX)	  a					2052			2100		2107					2122		2130
Heathrow Terminal 4 (HAF)	  a					2058					2113					2128		
Heathrow Terminal 5 (HWV)	  a								2106									2136
West Drayton (WDT)	a		2039					2052					2109					2122
Iver (IVR)	a							2055										2125
Langley (LNY)	a		2043					2057					2113					2127
Slough (SLO)	 a		2047					2101					2117					2131
Burnham (BNM)	a		2050					2105					2120					2135
Taplow (TAP)	a		2053										2123					
Maidenhead (MAI)	 a		2056					2112					2126				2142	
Twyford (TWY)	 a		2103										2133					
Reading (RDG)	 a		2111										2141					

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Sundays

Operator Days of operation/Notes	LE E	XR	XR	XR	XR	LE A	XR	XR	XR	XR	LE D	XR	XR	XR	XR	LE A	XR	XR
Shenfield (SNF)	3 d	2012				2026	2027				2041	2042				2056	2057	
Brentwood (BRE)	d					2030					2045					2100		
Harold Wood (HRO)	d					2034					2049					2104		
Gidea Park (GDP)	2 d			2029		2037			2044		2052			2059		2107		2114
Romford (RMF)	d			2032		2040	2034		2047		2055			2102		2110	2104	2117
Chadwell Heath (CTH)	d			2035		2043			2050		2058			2105		2113		2120
Goodmayes (GMY)	d			2037		2045			2052		2100			2107		2115		2122
Seven Kings (SVK)	d			2039		2047			2054		2102			2109		2117		2124
Ilford (IFD)	2 d			2043		2051	d		2058		2106			2113		2121		2128
Manor Park (MNP)	d			2045		2053			2100		2108			2115		2123		2130
Forest Gate (FOG)	d			2048		2056			2103		2111			2118		2126		2133
Maryland (MYL)	d			2050		2058			2105		2113			2120		2128		2135
Stratford (SRA)	7 d	2027		2053		2101	2044		2108		2116	2057		2123		2131	2114	2138
Abbey Wood (ABW)	d		2039		2047			2054		2102			2109		2117			2124
Woolwich (WWC)	d		2042		2050			2057		2105			2112		2120			2127
Custom House (CUS)	d		2046		2054			2101		2109			2116		2124			2131
Canary Wharf (CWX)	DLR d		2050		2058			2105		2113			2120		2128			2135
Whitechapel (ZLW)	DLR d		2054	2058	2102	2106		2109	2113	2117	2121		2124	2128	2132	2136		2143
London Liverpool Street (LST)	15 a	2035					2052					2105					2122	
London Liverpool Street EL (LST)	4 a		2057	2101	2105	2109		2112	2116	2120	2124		2127	2131	2135	2139		2146
Farringdon (ZFD)	3 a		2100	2104	2108	2112		2115	2119	2123	2127		2130	2134	2138	2142		2149
Tottenham Court Road (TCR)	3 a		2103	2107	2111	2115		2118	2122	2126	2130		2133	2137	2141	2145		2152
Bond Street (BDS)	3 a		2105	2109	2113	2117		2120	2124	2128	2132		2135	2139	2143	2147		2154
London Paddington EL (PAD)	15 a		2109	2113	2117	2121		2124	2128	2132	2136		2139	2143	2147	2151		2158
Acton Main Line (AML)	a		2115					2130			2142				2155			
Ealing Broadway (EAL)	3 a		2118		2126			2133		2141	2145		2151		2158			
West Ealing (WEA)	3 a		2121					2136			2148				2201			
Hanwell (HAN)	a		2123					2138			2150				2203			
Southall (STL)	a		2126		2132			2141		2145	2153		2155		2206			
Hayes & Harlington (HAY)	3 a		2129		2135			2144		2149	2156		2159		2209			
Heathrow Terminals 2 & 3 (HXX)	3 a		2137					2152			2207				2220			
Heathrow Terminal 4 (HAF)	3 a		2143					2158			2211							
Heathrow Terminal 5 (HWV)	3 a														2224			
West Drayton (WDT)	a				2139					2152			2203					
Iver (IVR)	a									2155								
Langley (LNY)	a				2143					2157			2207					
Slough (SLO)	3 a				2147					2201			2211					
Burnham (BNM)	a				2150					2205			2214					
Taplow (TAP)	a				2153								2217					
Maidenhead (MAI)	3 a				2156					2212			2220					
Twyford (TWY)	3 a				2203								2227					
Reading (RDG)	7 a				2211								2234					

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A From Southend Victoria
D From Clacton-on-Sea
E From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Sundays



























Operator Days of operation/Notes	XR	XR	LE E	LE F	XR	XR	XR	LE A	XR	XR	XR	LE D	XR	XR	LE A	XR	XR	LE E
Shenfield (SNF) 3 d		2111	2112	2120			2126	2127			2141	2142		2156	2157		2211	2212
Brentwood (BRE) d		2115					2130				2145			2200			2215	
Harold Wood (HRO) d		2119					2134				2149			2204			2219	
Gidea Park (GDP) 2 d		2122					2137				2152			2207			2222	
Romford (RMF) d		2125					2140	2134			2155			2210	2204		2225	
Chadwell Heath (CTH) d		2128					2143				2158			2213			2228	
Goodmayes (GMY) d		2130					2145				2200			2215			2230	
Seven Kings (SVK) d		2132					2147				2202			2217			2232	
Ilford (IFD) 2 d		2136					2151				2206			2221			2236	
Manor Park (MNP) d		2138					2153				2208			2223			2238	
Forest Gate (FOG) d		2141					2156				2211			2226			2241	
Maryland (MYL) d		2143					2158				2213			2228			2243	
Stratford (SRA) DLR 7 d		2146	2127	2135s			2201	2144			2216	2157		2231	2214		2246	2227
Abbey Wood (ABW) d	2132				2139	2146			2154	2201			2213			2228		
Woolwich (WWC) d	2135				2142	2149			2157	2204			2216			2231		
Custom House (CUS) d	2139				2146	2153			2201	2208			2220			2235		
Canary Wharf (CWX) DLR d	2143				2150	2157			2205	2212			2224			2239		
Whitechapel (ZLW) DLR d	2147	2151			2156	2201	2206		2211	2216	2221		2228	2236		2243		
London Liverpool Street (LST) 15 a			2135	2143				2152				2205			2222		2254	2235
London Liverpool Street EL (LST) 4 a	2150	2154			2159	2204	2209		2214	2219	2224		2231	2239		2246		
Farringdon (ZFD) 3 a	2153	2157			2202	2207	2212		2217	2222	2227		2234	2242		2249		
Tottenham Court Road (TCR) 3 a	2156	2200			2205	2210	2215		2220	2225	2230		2237	2245		2252		
Bond Street (BDS) 3 a	2158	2202			2207	2212	2217		2222	2227	2232		2239	2247		2254		
London Paddington EL (PAD) 15 a	2202	2206			2211	2216	2221		2226	2231	2236		2243	2251		2258		
Acton Main Line (AML) a		2212				2225				2240								
Ealing Broadway (EAL) 3 a	2210	2215			2221	2228				2243			2256			2311		
West Ealing (WEA) 3 a		2218				2231				2246								
Hanwell (HAN) a		2220				2233				2248								
Southall (STL) a	2215	2223			2225	2236				2251			2300			2316		
Hayes & Harlington (HAY) 3 a	2219	2226			2229	2239				2254			2304			2319		
Heathrow Terminals 2 & 3 (HXX) DLR a		2234				2247				2302			2311			2327		
Heathrow Terminal 4 (HAF) DLR a		2240								2307						2333		
Heathrow Terminal 5 (HWV) DLR a						2251							2317					
West Drayton (WDT) a	2222				2233													
Iver (IVR) a	2225				2235													
Langley (LNY) a	2227				2238													
Slough (SLO) 3 a	2231				2242													
Burnham (BNM) a	2235				2245													
Taplow (TAP) a					2248													
Maidenhead (MAI) 3 a	2245				2251													
Twyford (TWY) 3 a					2258													
Reading (RDG) 7 a					2305													

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
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- s Stops to set down only
- A From Southend Victoria
- D From Clacton-on-Sea
- E From Ipswich
- F From Harwich International

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Sundays

Operator Days of operation/Notes	XR	LE A	XR	LE D	XR	LE A	XR	LE E	XR	LE G	LE A	XR	XR
Shenfield (SNF)  d	2226	2227	2241	2242	2256	2257	2311	2312	2326	2334	2336	2341	2356
Brentwood (BRE) d	2230		2245		2300		2315		2330			2345	2359
Harold Wood (HRO) d	2234		2249		2304		2319		2334			2349	0004
Gidea Park (GDP)  d	2237		2252		2307		2322		2337			2352	0007
Romford (RMF) d	2240	2234	2255		2310	2304	2325		2340		2344	2355	0010
Chadwell Heath (CTH) d	2243		2258		2313		2328		2343			2358	0013
Goodmayes (GMY) d	2245		2300		2315		2330		2345			0001	0015
Seven Kings (SVK) d	2247		2302		2317		2332		2347			0002	0017
Ilford (IFD)  d	2251		2306		2321		2336		2351			0006	0021
Manor Park (MNP) d	2253		2308		2323		2338		2353			0008	0023
Forest Gate (FOG) d	2256		2311		2326		2341		2356			0011	0026
Maryland (MYL) d	2258		2313		2328		2343		2358			0013	0028
Stratford (SRA)   d	2301	2244	2316	2257	2331	2314	2346	2327	0001	2350s	2355	0016	0031
Abbey Wood (ABW) d													
Woolwich (WWC) d													
Custom House (CUS) d													
Canary Wharf (CWX)  d													
Whitechapel (ZLW)  d													
London Liverpool Street (LST)  a	2309	2252	2324	2305	2339	2322	2354	2335	0009	0001	0004	0024	0039
London Liverpool Street EL (LST)  a													
Farringdon (ZFD)  a													
Tottenham Court Road (TCR)  a													
Bond Street (BDS)  a													
London Paddington EL (PAD)  a													
Acton Main Line (AML) a													
Ealing Broadway (EAL)  a													
West Ealing (WEA)  a													
Hanwell (HAN) a													
Southall (STL) a													
Hayes & Harlington (HAY)  a													
Heathrow Terminals 2 & 3 (HXX)   a													
Heathrow Terminal 4 (HAF)   a													
Heathrow Terminal 5 (HWV)   a													
West Drayton (WDT) a													
Iver (IVR) a													
Langley (LNY) a													
Slough (SLO)  a													
Burnham (BNM) a													
Taplow (TAP) a													
Maidenhead (MAI)  a													
Twyford (TWY)  a													
Reading (RDG)  a													

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time
s Stops to set down only

A From Southend Victoria
D From Clacton-on-Sea
E From Ipswich
G From Norwich